

ACT ATOD services quick reference guide:  
**by service type**

This list is a snapshot of ACT alcohol, tobacco and other drug services by service type. It lists the service name, description, and phone number. Services are listed alphabetically. Information was collected from the Directory version 16 ([www.directory.atoda.org.au](http://www.directory.atoda.org.au)) on August 2018.

### Aboriginal and Torres Strait Islander Specific

Aboriginal and Torres Strait Islander Liaison Officer (Alcohol and Drug Services, Canberra Health Services)	Provides support to Aboriginal and/or Torres Strait Islander people to access and participate in ATOD services.	Ph: (02) 6207 9977
Alcohol, Tobacco and Other Drug Services (Winnunga Nimmityjah Aboriginal Health and Community Services)	Aboriginal and Torres Strait Islander community-controlled primary healthcare which includes clinical and non-clinical interventions for drug and alcohol issues.	Ph: (02) 6284 6222
Drug and Alcohol Program (Gugan Gulwan Youth Aboriginal Corporation)	Provides ATOD information, support, advocacy, case management and court support for young Aboriginal and Torres Strait Islander people aged 12 – 25 years.	Ph: (02) 6296 8900
The Connection (CAHMA)	Provides a peer based support and education service for Aboriginal and/or Torres Strait Islander people and their friends and family. The Connection service aims to reduce the harms associated with alcohol & other drugs, with a focus on illicit and/or injecting drug use.	Ph: (02) 6279 1670

### Case Management

AOD Support Connections (CatholicCare Canberra & Goulburn)	Provides short term case management and assertive outreach for individuals experiencing issues related to alcohol and other drug use.	Ph: (02) 6163 7600
Integrated Multi-agencies for Parents and Children Together – IMPACT (Alcohol and Drug Services, Canberra Health Services)	Provides support to people and their partners who are receiving opioid maintenance therapy who are pregnant or have a child under the age of 2 years.	Ph: 1800 211 274
Treatment and Support Service (Directions Health Services)	Provides assessment, specialist alcohol, tobacco and other drug counselling, case management and support services for individuals, their partners, families and friends impacted by alcohol, tobacco and other drugs.	Ph: (02) 6132 4800

### Clinical Advice / consultation & Liaison from the Canberra Hospital

Consultation and Liaison and Comorbidity Service (Alcohol and Drug Services, Canberra Health Services)	Provides consultation and liaison support, assessment information and referrals for people in The Canberra Hospital who are experiencing ATOD issues.	Ph: (02) 6244 2591
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### Counselling

Alcohol and Other Drug (AOD) Counselling	Provides counselling for women with AOD issues and other complex traumas.	Ph: (02) 6122 7070 or (02) 6241 7233
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Service (Toora Women Inc.)		
Counselling and Treatment Service (Alcohol and Drug Services, Canberra Health Services)	Provides ATOD counselling for adults, young people, family members and carers including a range of therapeutic and education groups	Ph: (02) 6207 9977
Karralika Justice Counselling (Karralika Programs Inc.)	Provides specialised alcohol, tobacco and other drug counselling support for community based individuals connected to Justice Services in the ACT (e.g. Community Corrections and Alexander Maconochie Centre), or those who have concluded with these services within the last three months. The program focusses on supporting people to transition back to the community.	Ph: (02) 6185 1300 1800 KARRA (1800 1 52 772)
Reaching Out (CatholicCare Canberra & Goulburn)	Provides specialist AOD counselling and therapeutic interventions through an outreach approach.	Ph: (02) 6163 7600
Treatment and Support Service (Directions Health Services)	Provides assessment, specialist alcohol, tobacco and other drug counselling, case management and support services for individuals, their partners, families and friends impacted by alcohol, tobacco and other drugs.	Ph: (02) 6132 4800

### Day Program

Alcohol and Other Drug (AOD) Day Program (Toora Women Inc.)	8-week AOD day rehabilitation program that provides information, education, case management and counselling, to women to minimise the harms associated with AOD and other dependency.	Ph: (02) 6241 7233
Arcadia House (Directions Health Services)	Provides withdrawal, residential and day treatments for clients who wish to cease their use of alcohol, tobacco and other drugs, including: 7 – 14 day non-medicated withdrawal support for people experiencing withdrawal from ATOD; 12 week day program; and 12 week combined residential rehabilitation and day program.	Ph: (02) 6129 5900
Community Outreach Outclient Program – COOP (Ted Noffs Foundation)	Supports young people aged 12 – 17 years who are experiencing AOD issues in the community, and who do not want or need residential rehabilitation services.	Ph: (02) 6123 2409

### Drop-in

Continuing Adolescent Life Management – CALM (Ted Noffs Foundation)	Provides up to three years of aftercare for young people who have completed the PALM program.	Ph: (02) 6123 2400
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### Information and Education

Alcohol and Drug Driving Awareness - including Sober Driver Program and REVERSED (Karralika Programs Inc.)	Provides education programs for people who have been charged with, or are facing charges for, drink/drug-driving offences; specifically for drug driving offenders, mid to high range prescribed content of alcohol and repeat offenders.	Ph: (02) 6185 1300 1800 KARRA (1800 1 52 772)
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### Medical Service

Alcohol, Tobacco and Other Drug Services	Aboriginal and Torres Strait Islander community-controlled primary healthcare which includes clinical	Ph: (02) 6284 6222
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(Winnunga Nimmitjiah Aboriginal Health and Community Services)	and non-clinical interventions for drug and alcohol issues.	
Althea Wellness Centre (Directions Health Services)	Provides primary health care for people impacted by alcohol, tobacco and other drug issues.	Ph: (02) 6132 4800

### Needle and Syringe Program

Needle and Syringe Program - NSP: Pharmacy (Directions Health Services)	Pharmacy Needle and Syringe Programs (NSPs) are community retail pharmacies that distribute a range of injecting equipment. Pharmacy NSPs may supply injecting equipment and disposal containers for sale or free of charge and disposal containers free of charge for either sale or distribution to NSP clients.	Ph: (02) 6132 4800
Needle and Syringe Program - NSP: Primary (Directions Health Services)	Provides an extended range of sterile injecting equipment and other services to people who inject drugs including information and education, crisis support, brief interventions and referrals to health and social services.	Ph: (02) 6143 5800 (Civic); (02) 6132 4900 (Phillip)
Needle and Syringe Program - NSP: Secondary (Directions Health Services)	Secondary NSPs operate within an existing health or community service and typically distribute 4 & 8 packs (sterile needle, syringes, water, spoons, cotton wool and disposal containers), condoms and a variety of different sized sharps disposal containers. They do not provide the additional specialised equipment available through primary NSPs.	Ph: (02) 6132 4800
Needle and Syringe Program - NSP: Syringe Vending Machines (Directions Health Services)	Syringe Vending Machines (SVMs) are self-contained units that dispense injecting equipment mostly for a small fee. In the ACT, SVMs contain 4 packs only (sterile needles, syringes, swabs, water, spoons and cotton wool within a safe disposal container), at a cost of \$2 per pack. SVMs operate after NSP service hours or provide 24-hour access to injecting equipment.	Email: <a href="mailto:nsp@directionshealth.com">nsp@directionshealth.com</a>

### Opioid Pharmacotherapy Treatment

Opioid Treatment Services (Alcohol and Drug Services, Canberra Health Services)	Provides opioid substitution treatment and coordinated care by working with other health and pharmacotherapy services.	Ph: (02) 6207 9977
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### Police and Court Diversion

Police and Court Drug Diversion Service (Alcohol and Drug Services, Canberra Health Services)	Provides programs that aim to divert people apprehended for ATOD use or ATOD related offences from the judicial system into the health system.	Ph: (02) 6205 4515
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### Rehabilitation

Arcadia House (Directions Health Services)	Provides withdrawal, residential and day treatments for clients who wish to cease their use of alcohol, tobacco and other drugs, including: 7 – 14 day non-medicated withdrawal support for people experiencing withdrawal from ATOD; 12 week day program; and 12 week combined residential rehabilitation and day program.	Ph: (02) 6129 5900
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Canberra Recovery Services - Bridge Program (The Salvation Army)	Provides a residential rehabilitation program for people experiencing AOD and/or gambling dependencies.	Ph: (02) 6295 1256
Karralika Family Program (Karralika Programs Inc.)	Provides up to 12 months of residential rehabilitation within a therapeutic community setting for adults with ATOD problems with accompanying children up to the age of 12.	Ph: (02) 6185 1300 1800 KARRA (1800 1 52 772)
Karuna Short Stay Program (Karralika Programs Inc.)	Provides 8 weeks of residential rehabilitation within a therapeutic community setting for single adults and couples with ATOD issues.	Ph: (02) 6185 1300 1800 KARRA (1800 1 52 772)
Karralika Therapeutic Community Adult Program (Karralika Programs Inc.)	Provides up to 12 months of residential rehabilitation within a therapeutic community setting for single adults and couples with ATOD problems.	Ph: (02) 6185 1300 1800 KARRA (1800 1 52 772)
Program for Adolescent Life Management – PALM (Ted Noffs Foundation)	Provides up to 3 months residential rehabilitation for young people aged between 13 – 17 years experiencing AOD issues.	Ph: (02) 6123 2400
Solaris Therapeutic Community Program (Karralika Programs Inc. and ACT Corrective Services)	Provides a therapeutic community approach for adult males in the Alexander Maconochie Centre (AMC) with moderate to severe alcohol and other drug dependence.	Ph: (02) 6185 1300 1800 KARRA (1800 1 52 772)

### Self Help / Peer Support

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	A peer based users group run by and for past or current illicit/injecting drug users, their families and friends.	Ph: (02) 6279 1670
Support and Self Help Groups (Directions Health Services)	Provides a range of support and self help groups for people experiencing ATOD issues, their families and friends.	Ph: (02) 6132 4800
The Connection (CAHMA)	Provides a peer based support and education service for Aboriginal and/or Torres Strait Islander people and their friends and family. The Connection service aims to reduce the harms associated with alcohol & other drugs, with a focus on illicit and/or injecting drug use.	Ph: (02) 6279 1670

### Sobering Up Shelter

Sobering Up Shelter (CatholicCare Canberra & Goulburn)	Provides overnight support, care and monitoring for people over the age of 18 who are intoxicated from alcohol and other drugs.	Ph: (02) 6163 3711 (program operating hours) or (02) 6163 7600 (office hours)
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### Supported Accommodation

Lesley's Place Drug and Alcohol Residential and Outreach Service (Toora Women Inc.)	Provides up to three months of supported accommodation and outreach support for women (including those with accompanying children) who are experiencing ATOD problems.	Ph: (02) 6241 7233
Marzenna Drug and Alcohol Residential Service (Toora Women Inc.)	Provides transitional supported accommodation, for a maximum of 12 months depending on individual circumstances, for women experiencing AOD problems and accompanying children.	Ph: (02) 6241 7233
Nexus Program (Karralika Programs Inc.)	Provides a community-based residential transition program for men experiencing AOD problems.	Ph: (02) 6185 1300 1800 KARRA (1800 1 52 772)

## Withdrawal

Adolescent Drug Withdrawal Unit – ADWU (Ted Noffs Foundation)	Provides up to 14 days of non-medicated residential support for young people aged 13 – 17 years experiencing withdrawal from AOD.	Ph: (02) 6123 2400
Arcadia House (Directions Health Services)	Provides withdrawal, residential and day treatments for clients who wish to cease their use of alcohol, tobacco and other drugs, including: 7 – 14 day non-medicated withdrawal support for people experiencing withdrawal from ATOD; 12 week day program; and 12 week combined residential rehabilitation and day program.	Ph: (02) 6129 5900
Inpatient Withdrawal Unit (Alcohol and Drug Services, Canberra Health Services)	Provides up to 7 days of medicated residential inpatient support for people experiencing withdrawal from AOD.	Ph: (02) 6207 9977