

ACT ATOD services quick reference guide:

**by service type**

This list is a snapshot of ACT alcohol, tobacco and other drug services by service type. It lists the service name, description, and phone number. Services are listed alphabetically.

Information was collected from the Directory version 14 ([www.directory.atoda.org.au](http://www.directory.atoda.org.au)) on September 2016.

**Aboriginal and Torres Strait Islander Specific**

Aboriginal and Torres Strait Islander Liaison Officer (Alcohol and Drug Services, ACT Health)	Provides support to Aboriginal and/or Torres Strait Islander people to access and participate in ATOD services.	Ph: (02) 6207 9977
Alcohol, Tobacco and Other Drug Services (Winnunga Nimmityjah Aboriginal Health Service)	Aboriginal and Torres Strait Islander community-controlled primary healthcare which includes clinical and non-clinical interventions for drug and alcohol issues.	Ph: (02) 6284 6222
Drug and Alcohol Program (Gugan Gulwan Youth Aboriginal Corporation)	Provides ATOD information, support, advocacy, case management and court support for young Aboriginal and Torres Strait Islander people aged 12 – 25 years.	Ph: (02) 6296 8900
The Connection (CAHMA)	Provides a peer based support and education service for Aboriginal and/or Torres Strait Islander people. The Connection service aims to reduce the harms associated with alcohol & other drugs, with a focus on illicit and/or injecting drug use.	Ph: (02) 6279 1670

**Case Management**

Integrated Multi-agencies for Parents and Children Together – IMPACT (Alcohol and Drug Services, ACT Health)	Provides support to people and their partners who are receiving opioid maintenance therapy who are pregnant or have a child under the age of 2 years.	Ph: 1800 211 274
Treatment and Support Service (Directions Health Services)	Provides assessment, counselling, case management and support services for individuals, their partner, families and friends impacted by ATOD.	Ph: (02) 6132 4800

**Clinical Advice / consultation & Liaison from the Canberra Hospital**

Consultation and Liaison and Comorbidity Service (Alcohol and Drug Services, ACT Health)	Provides consultation and liaison support, assessment information and referrals for people in The Canberra Hospital who are experiencing ATOD issues. The Comorbidity Officer works specifically with people experiencing comorbid ATOD and mental health issues.	Ph: (02) 6244 2591
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**Counselling**

Counselling and Treatment Service (Alcohol and Drug Services, ACT Health)	Provides ATOD counselling for adults, young people, family members and carers including a range of therapeutic and education groups.	Ph: (02) 6207 9977
Support and Self Help Groups (Directions Health Services)	Provides a range of support and self help groups for people experiencing ATOD issues, their families and friends.	Ph: (02) 6132 4800

Treatment and Support Service (Directions Health Services)	Provides assessment, counselling, case management and support services for individuals, their partner, families and friends impacted by ATOD.	Ph: (02) 6132 4800
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### Day Program

Alcohol and Other Drug (AOD) Day Program (Toora Women Inc.)	Provides an 8-week ATOD day program including information, education, counselling and resources to women to minimise the harms associated with ATOD and other dependency.	Ph: (02) 6241 7233
Arcadia House (Directions Health Services)	Provides 7 days of non-medicated residential support for people experiencing withdrawal from ATOD; a 12-week transition program (incorporating residential and day program elements); and a 12-week non-residential day program.	Ph: (02) 6129 5900

### Drop-in

Continuing Adolescent Life Management – CALM (Ted Noffs Foundation)	Provides up to three years of aftercare for young people leaving the PALM program.	Ph: (02) 6123 2400
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### Information and Education

Alcohol and Drug Driving Awareness - including Sober Driver Program and REVERSED (Karralika Programs Inc.)	Provides education programs for people who have been charged with or are facing charges for drink/drug-driving offences. The programs specifically cater for drug driving offenders, mid to high range alcohol and repeat offenders.	Ph: (02) 6163 0200
Alcohol and Other Drug (AOD) Day Program (Toora Women Inc.)	Provides an 8-week ATOD day program including information, education, counselling and resources to women to minimise the harms associated with ATOD and other dependency.	Ph: (02) 6241 7233

### Medical Service

Althea Wellness Centre (Directions Health Services)	Provides primary health care for people impacted by ATOD issues.	Ph: (02) 6132 4800
Alcohol, Tobacco and Other Drug Services (Winnunga Nimmityjah Aboriginal Health Service)	Aboriginal and Torres Strait Islander community-controlled primary healthcare which includes clinical and non-clinical interventions for drug and alcohol issues.	Ph: (02) 6284 6222

### Needle and Syringe Program

Needle and Syringe Program - NSP: Pharmacy (Directions Health Services)	Pharmacy NSPs are community retail pharmacies that distribute a range of injecting equipment. Pharmacy NSPs may supply injecting equipment and disposal containers free of charge for either sale or distribution to NSP clients.	Ph: (02) 6132 4800
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Needle and Syringe Program - NSP: Primary (Directions Health Services)	Primary NSPs are services dedicated to the provision of an extended range of injecting equipment and other services to people who inject drugs. They deliver information and education on issues relating to injecting drug use and health, and make referrals to range of health and social services, including drug treatment services.	Ph: (02) 6143 5800 (Civic); (02) 6132 4900 (Phillip)
Needle and Syringe Program - NSP: Secondary (Directions Health Services)	Secondary NSPs operate within an existing health or community service and may provide the same range of services as primary NSPs but typically have a limited capacity to deliver services in addition to injecting equipment and disposal facilities.	Ph: (02) 6132 4800
Needle and Syringe Program - NSP: Syringe Vending Machines (Directions Health Services)	Syringe Vending Machines (SVMs) are self-contained units that dispense injecting equipment mostly for a small fee. SVMs operate after NSP service hours or provide 24-hour access to injecting equipment.	Ph: (02) 6207 9977

### Opioid Pharmacotherapy Treatment

Opioid Treatment Services (Alcohol and Drug Services, ACT Health)	Provides opioid substitution treatment and coordinated care by working with other health and pharmacotherapy services.	Ph: (02) 6207 9977
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### Police and Court Diversion

Police and Court Drug Diversion Service (Alcohol and Drug Services, ACT Health)	Provides programs that aim to divert people apprehended for ATOD use or ATOD related offences from the judicial system into the health system.	Ph: (02) 6205 4515
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### Rehabilitation

Arcadia House (Directions Health Services)	Provides 7 days of non-medicated residential support for people experiencing withdrawal from ATOD; a 12-week transition program (incorporating residential and day program elements); and a 12-week non-residential day program.	Ph: (02) 6129 5900
Canberra Recovery Services - Bridge Program (The Salvation Army)	Provides a residential rehabilitation program for people experiencing AOD and/or gambling dependencies.	Ph: (02) 6295 1256
Karralika Family Program (Karralika Programs Inc.)	Provides up to 12 months of residential rehabilitation within a therapeutic community setting for adults with ATOD problems with accompanying children up to the age of 12.	Ph: (02) 6163 0200
Karralika Therapeutic Community Adult Program (Karralika Programs Inc.)	Provides up to 12 months of residential rehabilitation within a therapeutic community setting for single adults and couples with ATOD problems.	Ph: (02) 6163 0200
Karuna Short Stay Program (Karralika Programs Inc.)	Provides 8 weeks of residential rehabilitation within a therapeutic community setting for single adults and couples with ATOD issues.	Ph: (02) 6163 0200
Program for Adolescent Life Management – PALM (Ted Noffs)	Provides up to 3 months residential rehabilitation for young people aged between 13 – 17 years experiencing AOD issues.	Ph: (02) 6123 2400

Foundation)		
Solaris Therapeutic Community (Karralika Programs Inc.)	Provides a therapeutic community approach for adult males in the Alexander Maconochie Centre (AMC) with moderate to severe alcohol and other drug dependence.	Ph: (02) 6163 0200

### Self Help / Peer Support

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	A peer based users group run by and for past or current illicit/injecting drug users, their families and friends.	Ph: (02) 6279 1670
The Connection (CAHMA)	Provides a peer based support and education service for Aboriginal and/or Torres Strait Islander people. The Connection service aims to reduce the harms associated with alcohol & other drugs, with a focus on illicit and/or injecting drug use.	Ph: (02) 6279 1670

### Sobering Up Shelter

Sobering Up Shelter (CatholicCare Canberra & Goulburn)	Provides overnight support, care and monitoring for people over the age of 18 who are intoxicated from alcohol and other drugs.	Ph: (02) 6163 3711 (program operating hours) or (02) 6163 7600 (office hours)
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### Supported Accommodation

Lesley's Place Drug and Alcohol Residential and Outreach Service (Toora Women Inc.)	Provides supported accommodation for up to three months and outreach support for women experiencing ATOD problems and women with accompanying children.	Ph: (02) 6241 7233
Marzenna Drug and Alcohol Residential Service (Toora Women Inc.)	Provides transitional supported accommodation, for a maximum of 12 months depending on individual circumstances, for women experiencing AOD problems and accompanying children.	Ph: (02) 6241 7233
Nexus (Karralika Programs Inc.)	Provides a men's aftercare program for men experiencing AOD problems.	Ph: (02) 6163 0200

### Withdrawal

Adolescent Drug Withdrawal Unit – ADWU (Ted Noffs Foundation)	Provides up to 14 days of non-medicated residential support for young people aged 13 – 17 years experiencing withdrawal from AOD.	Ph: (02) 6123 2400
Arcadia House (Directions Health Services)	Provides 7 days of non-medicated residential support for people experiencing withdrawal from ATOD; a 12-week transition program (incorporating residential and day program elements); and a 12-week non-residential day program.	Ph: (02) 6129 5900
Inpatient Withdrawal Unit (Alcohol and Drug Services, ACT Health)	Provides up to 7 days of medicated residential inpatient support for people experiencing withdrawal from AOD.	Ph: (02) 6207 9977