

▶ ALCOHOL AND DRUG SERVICE, HEALTH DIRECTORATE

Aboriginal Liaison Officer (ALO), Alcohol and Drug Service (ADS)

Provides support to Aboriginal and Torres Strait Islander people to access and participate in ATOD services.

Phone:	(02) 6207 9977 or (02) 6205 8387
Fax:	(02) 6205 8380
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Email:	diversionsservice@act.gov.au
Website:	www.health.act.gov.au
Location:	Health Directorate Building, Level 1, 1 Moore St, Canberra City
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate
Opening hours:	8.30am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Female and male Aboriginal and Torres Strait Islander people, including young people aged 12–18 years.

Area serviced: ACT; however, support can be provided to interstate services wishing to refer clients to ACT ATOD services.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: No.

Medication: People accessing the service can be on prescription medications, including pharmacotherapies.

Parents with accompanying children: Yes.

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone or email, 8.30am – 5pm, Monday – Friday.

Referral: Self or worker referral. Referrals are accepted for people on court orders.

Waiting list: No waiting list.

INTAKE AND ASSESSMENT

Through the 24 hour Intake Line. An appointment for an over-the-phone or face-to-face assessment will be scheduled.

PROGRAM/S

Provides support to Aboriginal and Torres Strait Islander people to access and participate in ATOD services. Provides assessment, information, education, case management, and support. Information and support to ATOD and Aboriginal and Torres Strait Islander services is also provided.

COMORBIDITY

Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Services and the Comorbidity Program at Winnunga Nimmityjah Aboriginal Health Services.

ALEXANDER MACONOCHIE CENTRE

Provides ATOD assessments, case management and support to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre and post release. Support can also be provided to families and carers.

BIMBERI YOUTH JUSTICE CENTRE

Provides ATOD assessments, case management and support to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre and post release. Support can also be provided to families and carers.

ABORIGINAL AND TORRES STRAIT ISLANDER

Aboriginal and Torres Strait Islander specific position. Provides Aboriginal and Torres Strait Islander cultural awareness training to ADS staff. Aboriginal and Torres Strait Islander specific information and referrals are provided. The ADS has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

COST

Free.

STAFF

Aboriginal and Torres Strait Islander staff member.

FAMILIES/CARERS

Families and carers can attend assessment or case management appointments for support. Information and referrals to other ATOD services or support groups for families and carers are also provided.

OTHER

At the time of print, this position was not filled, please contact for further information.

Comorbidity Officer, Alcohol and Drug Service (ADS)

Provides consultation, liaison and clinical work for people experiencing comorbid ATOD and mental health issues.

Phone:	(02) 6244 2591
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate
Opening hours:	8.30am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Females and males experiencing both ATOD and mental health issues.

Area serviced: ACT.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: No.

Medication: People accessing the service can be on prescription medications, including pharmacotherapies.

Parents with accompanying children: Yes.

Couples: Yes; however, they would be treated as individuals.

HOW TO ACCESS / REFERRALS

Contact: By phone or email, 9am – 5pm, Monday – Friday.

Referral: Self or worker referral.

Waiting list: No waiting list.

INTAKE AND ASSESSMENT

Assessment completed following referral.

PROGRAM/S

Provides comorbidity specific information, resources, secondary consultations, training, clinical planning, assessments, liaison, advocacy and referrals. Works closely with the Comorbidity Officer position in Mental Health Services and provides sector and organisational development. Outreach is provided to the Althea Wellness Centre, DIRECTIONS ACT and Karralika Programs Inc.

COMORBIDITY

Program designed and delivered specifically for people experiencing comorbid issues. In-services and support can be provided to Health Directorate and external services.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

COST

Free.

STAFF

Psychologist.

FAMILIES/CARERS

Families and carers can access information and referrals to other services.

Consultation Liaison Service, Alcohol and Drug Service (ADS)

Provides support, information and referrals for people in the ACT's acute hospitals who are experiencing ATOD dependencies.

Phone:	(02) 6244 2591
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Email:	adp.liaison@act.gov.au
Website:	www.health.act.gov.au
Location:	Building 7, Canberra Hospital, Palmer Street, Garran
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate
Opening hours:	8.30am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Females and males admitted to The Canberra Hospital, including pregnant women.

Area serviced: Services are provided to all areas of The Canberra Hospital and phone advice can be given to Calvary Hospital. People from interstate can also be seen whilst in ACT hospitals.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: No.

Medication: People accessing the service can be on prescription medications, including pharmacotherapies. The service will liaise with the ADS Medical Officers to ensure people in The Canberra Hospital are receiving the correct dose.

Parents with accompanying children: Yes.

Couples: Yes; however, they would be treated as individuals.

HOW TO ACCESS / REFERRALS

Contact: By phone, 8.30am – 5pm, Monday – Friday.

Referral: Referrals are accepted from The Canberra Hospital, the Community Health Intake Line, Withdrawal Unit, Opioid Treatment Service and other services. If the person needs to be seen by an ADS Medical Officer, a request for consultation should be written in the client's notes in the hospital.

Waiting list: No waiting list. People are generally seen on the day of referral.

INTAKE AND ASSESSMENT

An assessment is completed after a referral is made. Workers will see the person on the ward for assessment.

PROGRAM/S

Provides support, information and referrals for people in ACT hospitals who are experiencing ATOD dependencies. Self-help groups and relapse prevention groups are also provided. An antenatal drop-in clinic is held at Building 7 on Wednesdays from 9am – 12pm.

COMORBIDITY

Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Services and non-government mental health services.

ALEXANDER MACONOCHIE CENTRE

Provides services to the Hume Health Centre at the Alexander Maconochie Centre to assist pregnant inmates who are on pharmacotherapies and liaises with the antenatal clinic and IMPACT Program. The coordination of appointments for antenatal care is arranged for people post release. In-services to staff at the Hume Health Centre are provided on a fortnightly basis.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco Management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the Health Directorate Smoke-Free Policy.

COST

Free.

STAFF

Registered Nurses.

FAMILIES/CARERS

Families and carers can access information and referrals to other services.

Counselling and Treatment Service, Alcohol and Drug Service (ADS)

Provides ATOD counselling for adults, young people, family members and carers, including a range of therapeutic and educational groups.

Phone:	(02) 6207 9977 (Intake) • (02) 6205 4515 (Reception)
Fax:	(02) 6205 0951
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Email:	adp.counselling@act.gov.au
Website:	www.health.act.gov.au
Location:	Health Directorate Building, Level 1, 1 Moore St, Canberra City
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate
Opening hours:	9am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Females and males over 18 years of age inclusively. The Young People's Alcohol and Drug Program (YADP) provides a service to young people from 12 years of age with complex ATOD issues.

Area serviced: ACT residents given priority; however, referrals are accepted from interstate.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: Personal identification.

Medication: People accessing the service can be on prescription medications, including pharmacotherapies.

Parents with accompanying children: Yes.

Couples: Yes; however, they would be treated as individuals.

HOW TO ACCESS / REFERRALS

Contact: By phone, 8am – 5pm, Monday to Friday.

Referral: Self or worker referral.

Waiting list: People are seen within 2 – 14 days. If at times this is not possible, referral options are provided.

INTAKE AND ASSESSMENT

Through the 24 hour Intake Line. An appointment for a face-to-face assessment will be scheduled. To access groups, contact reception 9am – 5pm, Monday – Friday for information and intake process.

PROGRAM/S

Provides counselling and the following range of therapeutic and educational groups to individuals, families and carers:

Relapse Prevention Program:

An ongoing, closed group for adults with ATOD issues, who wish to develop and maintain healthier lifestyles. Requires a minimum of six weeks attendance.

Controlling Your Drinking:

Four hour program over two weeks designed to help people assess their alcohol use and possible barriers that prevent them from reducing their use.

Effective Weed Control:

Four hour program over two weeks for cannabis users wanting information, or who want to change their cannabis use.

Mindfulness, Meditation and Stress Management Group:

Five week group program designed for individuals with, or caring for someone with, ATOD issues who want to learn: meditation and other mindfulness techniques; how to identify and let go of unhelpful thoughts, feelings, sensations and urges; and how to better manage stress and uncomfortable emotions.

Advanced Mindfulness and Meditation:

A weekly session for participants who have completed the five week Mindfulness, Meditation and Stress Management Group. It provides regular practice of longer meditations for 30 minutes to an hour and an ongoing opportunity to connect with other participants.

Supporting Families and Friends:

Six week skills-based program for families, friends and carers of people with substance use issues designed to help them manage stress and facilitate healthier relationships with loved ones. A supportive and safe environment to share personal experiences and wisdom. Information and support to ATOD and Aboriginal and Torres Strait Islander services is also provided.

COMORBIDITY

Provides comorbidity and mental health specific information and referrals. Counsellors are trained in trauma counselling, acceptance and commitment therapy, narrative therapy, motivational interviewing, cognitive behavioural therapy, psychodynamic psychotherapy, and dialectical behaviour therapy. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists. Assessments include a mental health component and active referrals are made to Mental Health Services and non-government mental health services.

ALEXANDER MACONOCHIE CENTRE

Provides counselling as required to people in on opioid maintenance therapy at the Alexander Maconochie Centre to ensure continuity of treatment. Referrals to counselling and groups are accepted from Community Based Corrections as part of parole conditions.

BIMBERI YOUTH JUSTICE CENTRE

YDAP is engaged with the youth justice sector to provide services for young people with complex ATOD issues.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

COST

Free.

STAFF


Counsellors, Nurses, Psychologists and Social Workers.

FAMILIES/CARERS

Families and carers can access the counselling service for individual support. The Supporting Families and Friends Group and referrals to other services are also provided.

Diversion Services, Alcohol and Drug Service (ADS)

Provides programs that aim to divert people apprehended for ATOD use or ATOD related offences from the judicial system into the health system.

Phone:	(02) 6207 9977	
Fax:	(02) 6205 8380	
Mailing Address:	GPO Box 825, Canberra City ACT 2601	
Email:	diversionsservice@act.gov.au	
Website:	www.health.act.gov.au	
Location:	Health Directorate Building, Level 1, 1 Moore St, Canberra City	
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate	
Opening hours:	8.30am – 5pm, Monday – Friday	
Treatment approach:	Harm minimisation	

ACCESS CRITERIA

Target Group: Females and males who have been apprehended or charged with an ATOD related offence. This includes access to a clinician working within the Children's Court for offenders 12 – 18 years of age.

Area serviced: For people apprehended for offences within the ACT.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: No.

Medication: People accessing the service can be on prescription medications, including pharmacotherapies.

HOW TO ACCESS / REFERRALS

Contact: By phone to make an appointment, 8.30am – 5pm, Monday – Friday.

Referral: Referrals are only accepted from the Australian Federal Police (AFP) or by Court Order (Magistrate's Court, Children's Court or Supreme Court). People can request a referral from the Magistrate or Justice at court hearing. An appointment for assessment is scheduled and referral to treatment is made at this time. Case management and support can be accessed by phone, appointment or drop-in during the course of the legal matter.

Community Youth Justice Service is able to request ATOD assessments, treatment plans and referrals to treatment services; however, the Court Alcohol and Drug Assessment Service (CADAS) do not monitor attendance with these requests.

Waiting list: No waiting list.

INTAKE AND ASSESSMENT

Available from 8.30am – 5pm, Monday – Friday. Assessment is conducted on referral by the AFP, courts or Community Youth Justice Service. Process varies. While the AFP and courts can make a referral to Diversion Services, assessment and case management can only proceed with the consent of the client.

PROGRAM/S

Provides programs that aim to divert people apprehended for ATOD use or ATOD related offences from the judicial system into the health system:

Police Early Diversion (PED):

For people who have been apprehended by the AFP for possession of a small amount of illicit drugs (2 cannabis plants or amount less than 25 grams; 25% of trafficable amount of all other illicit drugs). The AFP can divert offenders following arrest for assessment and referral to treatment. Treatment is provided by an approved ACT agency and can include education, counselling, withdrawal, pharmacotherapy or residential rehabilitation. Compliance with treatment is determined by the Diversion Service workers, and if compliant, a report is made to the AFP and no conviction is recorded. Non-compliance is reported back to the AFP, and the AFP determines what action should be taken (if any), but can result in a charge proceeding to court.

Early Intervention Pilot Project (EIPP):

A Commonwealth funded initiative to provide AFP with alternatives in apprehension of young people (12 – 17 years) found to be intoxicated or in possession of alcohol. Current funding runs to 2013. The AFP can divert young people to attend for assessment and education/brief intervention with Diversion Service workers. Non-compliance is reported back to the AFP, and the AFP determines what action should be taken (if any), but can result in a charge proceeding to court. Information related to alcohol and support is also provided to parents and families. Young Aboriginal and Torres Strait Islander people can be assessed by the Aboriginal Liaison Officer and referred to culturally appropriate agencies for education/brief intervention.

Court Alcohol and Drug Assessment Service (CADAS):

A pre-sentencing and sentencing treatment option for people charged with ATOD related offences. The goals are to reduce recidivism during the court period and to engage the client in treatment. CADAS staff service the Supreme, Magistrate and Children's Courts, and provide an immediate ATOD assessment and recommend an appropriate treatment plan. Case management, referral and support are provided for the length of court proceedings or orders. For people engaged with a treatment plan, while being released on bail or with CADAS supervision conditions noted on their Good Behaviour Order (GBO), attendance will be monitored and reported to the court. Non-compliance does not necessarily result in a penalty but is taken into account by the court at sentencing or by the Justice and Community Safety Directorate — who also supervise on GBO.

COMORBIDITY

Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Services and non-government mental health services.

ALEXANDER MACONOCHIE CENTRE

Provides assessments requested by courts and for case management in relation to treatment plans in the Alexander Maconochie Centre. Works with Community Based Corrections to supervise ATOD treatment plans of shared clients on court orders. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.

BIMBERI YOUTH JUSTICE CENTRE

Provides assessments requested by the courts and for case management in relation to treatment plans for young people in Bimberi. Works with Community Youth Justice Services to supervise ATOD treatment plans of shared clients on court orders. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

COST

Free.

STAFF

Alcohol and Other Drug Workers.

FAMILIES/CARERS

Families and carers can access information and referrals to other services.

Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Service (ADS)

Provides support to people who are receiving opioid maintenance therapy who are pregnant or have a child under the age of 2 years.

Phone:	(02) 6244 2591 or 1800 211 274 (Toll free)
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate
Opening hours:	8.30am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Females and males who are clients of Mental Health Services or are receiving opioid maintenance therapy who are pregnant or have a child under the age of 2 years.

Area serviced: ACT.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: No.

Medication: The program is specifically designed for people on pharmacotherapies.

Parents with accompanying children: Yes, for children under two years of age.

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone, 8.30am – 5pm, Monday – Friday.

Referral: Self or worker referral. A referral form is to be faxed to the IMPACT Coordinators. People can contact the toll free number to discuss referrals with the Coordinator.

Waiting list: No waiting list.

INTAKE AND ASSESSMENT

Available from 8.30am – 5pm, Monday – Friday. The person is contacted over the phone once a referral is received and a time is made to visit them at home to sign consent to participate in the program.

PROGRAM/S

A multi-agency team provides support to identify needs and brings together professionals and services that will work to support the family. The program is a partnership between the Health Directorate, the Community Services Directorate, general practice and community pharmacies.

COMORBIDITY

Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Service and non-government mental health services.

ALEXANDER MACONOCHIE CENTRE

Support can be provided to people in the Alexander Maconochie Centre who meet the access criteria for the IMPACT Program. Support can also be provided to families and carers of the person if it is required as part of the treatment plan.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit. The ADS has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are offered. Specific resources related to smoking and pregnancy is provided. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

COST

Free.

STAFF


Registered Nurses and Social Workers.

FAMILIES/CARERS

Families and carers can access information and referrals to other services.

Opioid Treatment Service, Alcohol and Drug Service (ADS)

Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use; and coordinated care by working with other health and pharmacotherapy services.

Phone:	(02) 6207 9977	
Fax:	(02) 6244 4622	
Mailing Address:	GPO Box 825, Canberra City ACT 2601	
Email:	adp.ots@act.gov.au	
Website:	www.health.act.gov.au	
Location:	Wruwallin Clinic, Building 7, Canberra Hospital, Palmer Street, Garran	
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate	
Opening hours:	8.30am – 4.51pm, Monday – Friday	
Treatment approach:	Harm minimisation	

ACCESS CRITERIA

Target Group: Females and males over 18 years of age who have an opioid dependency and are suitable for pharmacotherapies. People under 18 years of age may be considered after consultation with Medical Officers.

Area serviced: ACT only.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: Yes, photo identification required.

Medication: Yes; however, a consultation with an ADS Medical Officer is required prior to commencement on pharmacotherapies

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone for appointment from 8:30am – 4.51pm, Monday – Friday.

Referral: Self or worker referral.

Waiting list: Varies, waiting list dependent on appointment availability.

INTAKE AND ASSESSMENT

Through the 24 hour Intake Line. People will be booked in for assessment by an ADS Medical Officer to determine if they are suitable for treatment. This involves taking a history and conducting a physical examination. If suitable, an induction process will be started, usually the day of the medical assessment.

PROGRAM/S

Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use. Case management is also provided and people continue to be reviewed by a Medical Officer while on pharmacotherapies. Prescriptions are reviewed every three months and more frequently if required. Also provides coordinated care by working with other health and pharmacotherapy services.

COMORBIDITY

Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Service and non-government mental health services.

ALEXANDER MACONOCHIE CENTRE

Provides assistance to people in, and post release from, the Alexander Maconochie Centre to ensure the continuity of care, including case management provided to Opioid Treatment Service clients.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides referrals to the ADS Aboriginal liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff are required to undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit. The ADS has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

COST

No charge for medical appointments or for dosing at Wruwallin Clinic. Charges apply to people receiving their doses at a community pharmacy.

STAFF

Medical Officers, Nurses, Pharmacists and Social Workers.

FAMILIES/CARERS

Family and carers can access information and referrals to other services.


OTHER

This program is provided in line with the ACT Opioid Maintenance Treatment Guidelines available online at <http://health.act.gov.au/health-services/community-health/community-health-services/alcohol-other-drugs/opioid-maintenance-treatment>.

Withdrawal Unit, Alcohol and Drug Service (ADS)

Provides up to seven days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from ATOD.

Phone:	(02) 6207 9977
Fax:	(02) 6244 2744
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Email:	adp.withdrawal@act.gov.au
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent organisation:	Alcohol and Drug Service (ADS), Health Directorate
Opening hours:	24 hours
Treatment approach:	Harm minimisation; however, people need to be abstinent while in the program.



ACCESS CRITERIA

Target Group: Females and males over 18 years of age inclusively. People under 18 years of age can be assessed for suitability and may be referred to youth services.

Area serviced: ACT residents given priority; however, referrals are accepted from interstate.

Income required: No.

Disability access: Yes, access ramps, lifts and disabled toilets.

Detox required before accessing program: No.

Documentation required: No.

Medication: Yes; however, a consultation with an ADS Medical Officer is required prior to admission.

Parents with accompanying children: No. Phone contact while in unit is facilitated to maintain contact with children.

Couples: No. People will be admitted as individuals.

HOW TO ACCESS / REFERRALS

Contact: By phone, 24 hours.

Referral: Self or worker referral. Referrals are accepted for people on court orders, but cannot specify an admission date.

Waiting list: Varies from zero – three weeks.

INTAKE AND ASSESSMENT

Through the 24 hour Intake Line and the request for admission is referred to a Triage Nurse within the unit. If they are unable to speak with the Triage Nurse at time of intake, a follow up call will be made by the unit within 24 hours. Admission to the unit is prioritised on medical need. A nursing and medical assessment will be completed on admission. Belongings are searched on admission. No mobile phones are permitted and will be locked securely until discharge.

PROGRAM/S

Provides up to seven days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from ATOD. Therapeutic support, education, referrals, follow up specialist services and counselling are available.

COMORBIDITY

Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Service and non-government mental health services.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit. Aboriginal clients may nominate workers from other agencies to support them while they are in the Withdrawal Unit.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Nicotine replacement therapy may also be provided. Some staff undertake tobacco management training. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

COST

Free.

STAFF

Medical Officers, Nurses, Psychologists and Social Workers.

FAMILIES/CARERS

Family and carers can access information and referrals to other services.