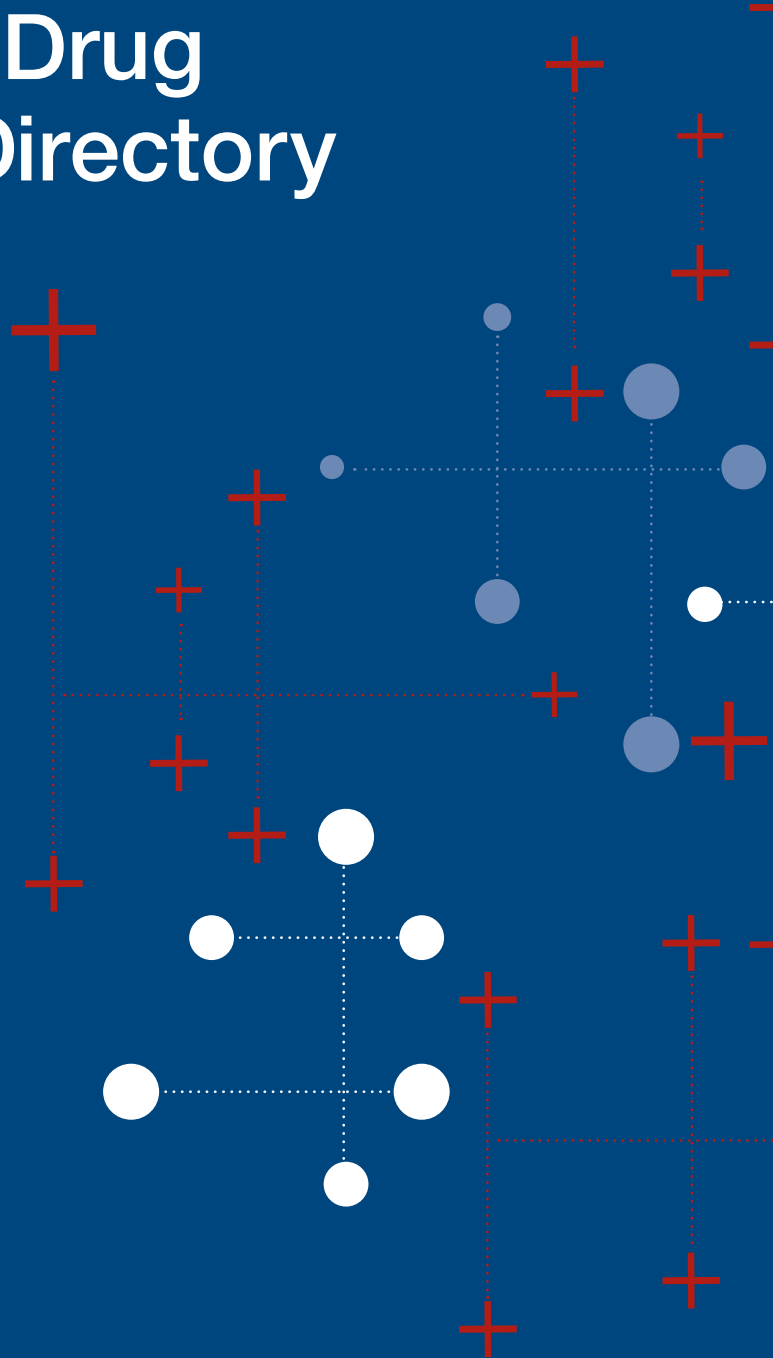
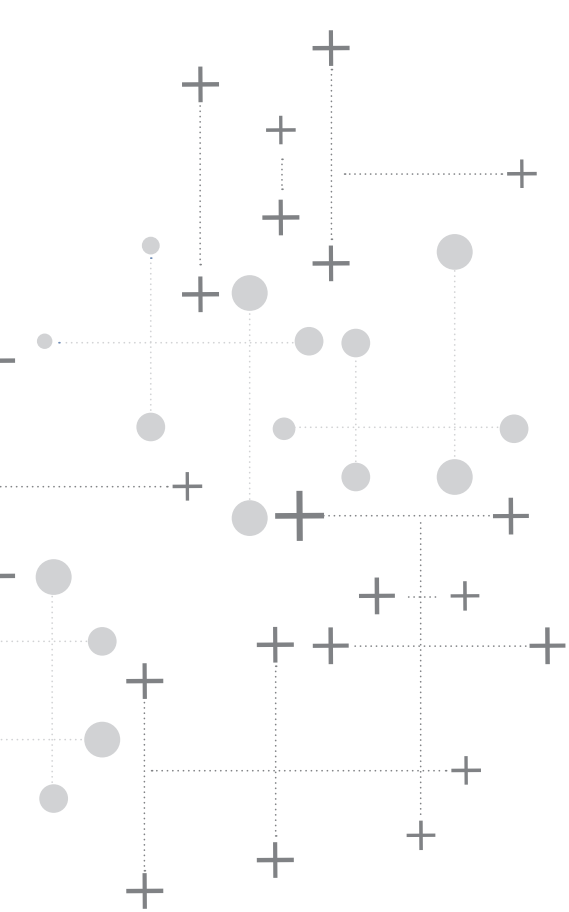


ACT Alcohol and Other Drug Services Directory

June 2010



Version **5**



We acknowledge the Ngunnawal people as the traditional owners and continuing custodians of the lands of the ACT and we pay our respect to the Elders, their families and ancestors.

**ACT Alcohol and Other Drug Sector Project
Auspiced by the Youth Coalition of the ACT**
Web: www.aodsector.org.au
Email: info@aodsector.org.au

www.aodsector.org.au

Acknowledgements

The ACT Alcohol and Other Drug (AOD) Sector Project would like to thank all of the services and individuals who gave their time and effort to contributing to the *ACT Alcohol and Other Drug Services Directory: Version 5*. It would not have been possible without:

The ACT AOD Sector Project Team:

- Amanda Bode
- Ben Frommel
- Carrie Fowlie
- David McDonald, Consultant

The ACT AOD Workers Group including:

- AOD Policy Unit, ACT Health
- Alcohol and Drug Foundation ACT
- Alcohol and Drug Program, ACT Health
- Canberra Alliance for Harm Minimisation and Advocacy
- CatholicCare Canberra and Goulburn
- DIRECTIONS ACT
- Gugan Gulwan Youth Aboriginal Corporation
- Salvation Army
- Ted Noffs Foundation ACT
- Toora Women Inc.
- Winnunga Nimmityjah Aboriginal Health Service

The ACT AOD Executive Directors Group

The ACT Comorbidity Strategic Working Group

Youth Coalition of the ACT

The ACT Alcohol and Other Drug Services Directory

The *ACT Alcohol and Other Drug Services Directory* (the Directory) aims to support workers to make referrals to alcohol and other drug (AOD) services in the ACT, increase cross and intra-sectoral knowledge and foster collaborations. It also aims to better communicate the diverse range of services and programs in the ACT AOD sector.

The Directory was developed in response to the identified need of the AOD sector, and has been produced as a partnership between the ACT AOD Sector Project and the ACT AOD Workers Group.

About the ACT Alcohol and Other Drugs Sector Project

The ACT AOD Sector Project (the Project) is a capacity building project that began in July 2007, and is funded by ACT Health. The Project is auspiced by the Youth Coalition of the ACT.

The Project aims to build the capacity and identity of the AOD sector in the ACT, foster intra and cross-sectoral relationships, and improve outcomes while maintaining respect for the diversity of services and for people who are affected by AOD.

For more information visit www.aodsector.org.au or contact:

Amanda Bode ACT AOD Sector Project Officer amanda@aodsector.org.au	Ben Frommel ACT AOD Sector Project Officer ben@aodsector.org.au	Carrie Fowlie ACT AOD Sector Project Director carrie@aodsector.org.au
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History and Process

The *ACT AOD Services Directory* began in September 2007, as an activity of the ACT AOD Workers Group. Information on the history and process is available in each version of the Directory. The services in this Directory were actively involved in the development of Version 5 of this resource in the following ways:

- The ACT AOD Sector Project Team presented information on the Directory at an ACT AOD Workers Group meeting, and workshopped ideas to progress the collection of information for Version 5 of the Directory.
- Draft service profiles for Version 5 were provided to the ACT AOD Workers Group members in March 2010.
- Final service profiles were sent to each service's Executive Director for endorsement in April 2010.
- Version 5 of the *ACT AOD Services Directory* was launched in hardcopy and electronically on www.aodsector.org.au in June 2010.

What's Not in Here

The ACT AOD Sector Project acknowledges the gaps in this resource. Limited resources meant that only the 12 AOD services that are funded by ACT Health could be profiled. These services encompass the 38 programs that are profiled within this Directory.

Disclaimer

The *ACT AOD Services Directory* is for information purposes only and should not be taken as advice. Every effort has been made to ensure that information is accurate at the time of publication.

Feedback

The *ACT AOD Services Directory* is updated biannually, and feedback will inform its ongoing development. To provide suggestions, updates or comments please contact a member of the ACT AOD Sector Project Team:

ACT AOD Sector Project

Email: info@aodsector.org.au

Web: www.aodsector.org.au

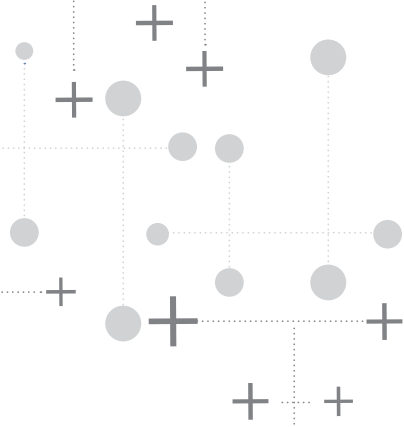
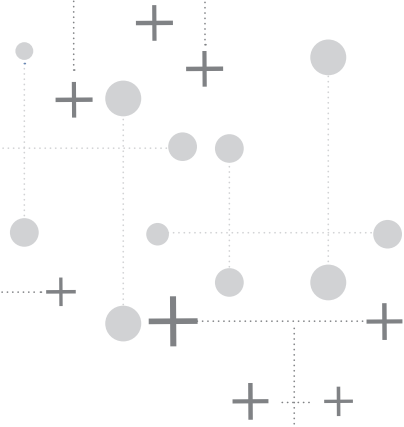


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Tips for Engaging with the ACT Alcohol and Other Drug Sector

The ACT AOD sector is comprised of a diverse range of non-government and government services that work to reduce the harm caused by the use of AOD in the ACT community. ACT Health funds the services in this Directory to provide a range of primary, secondary and tertiary services including:

- Assessments and referrals
- Case management and support
- Community information and education
- Counselling
- Detoxification
- Family support services
- Needle and syringe programs
- Outreach support
- Pharmacotherapies
- Recreational and cultural activities
- Rehabilitation
- Relapse prevention; and,
- Resilience and life skills training

Source: Siggins Miller, (2007), External Review of the ACT Alcohol and Other Drug Services System, Report to ACT Health.

For more information on treatment types and definitions download:

Australian Institute of Health and Welfare (AIHW), (2008), *Alcohol and other drug treatment services in Australia 2007 - 08: Report on the National Minimum Data Set*, Drug Treatment Series, no.9, Cat. no. HSE 73, Canberra: AIHW.

Available online at www.aihw.gov.au/publications/index.cfm/subject/3040

Seeking Advice From an ACT Alcohol and Other Drug Service

Each sector in the ACT is engaged in the delivery of services that respond to different members of the community who may be affected by AOD issues.

The literature overwhelmingly states that in order to better support people affected by AOD issues, the service system needs to take a holistic approach and work in collaboration across sectors.

Early recognition of AOD related problems is important. It can enable intervention to occur before dependence has developed, or before problems become more complex and difficult to treat. However, AOD problems can be difficult to detect.

By working together, services and sectors can take many practical steps to better support and improve the health and wellbeing of the ACT community.

The AOD sector provides resources that can be utilised across sectors including information, education and support on treatment planning. The many programs listed in this Directory provide a contact point for cross sectoral workers to gain assistance regarding the identification, treatment and management of AOD issues.

Tip: If you are not sure which service may best suit someone, call an ACT AOD service for information and advice.

Making an Effective Referral to an ACT Alcohol and Other Drug Service

People are presenting at AOD and allied services with increasingly complex issues. This increasing demand on the service system requires workers to offer appropriate and effective support and referrals. Although this Directory provides a useful tool to support referrals, it is vital that workers also further familiarise themselves with individual services and their referral processes.

Making an effective referral to an ACT AOD service requires an up to date knowledge of the diverse and multidisciplinary range of services that work with people who are experiencing AOD issues. This will ensure that accurate and clear information is provided to people about what services are available to them.

Workers must also be aware of barriers that people may face when accessing an AOD service to ensure that a timely and suitable referral is provided.

The choice of referral processes depends on the needs of the person, organisational policies and individual agencies' referral processes. Referral processes can take many forms, from a facilitated over the phone referral to the utilisation of shared referral tools.

Below are some tips that may help a worker when providing a referral to an ACT AOD service:

What is a referral?

A referral is a process by which a worker works with a person / client to:

- Assess and prioritise their immediate needs; and,
- Provide assistance to identify and access services (such as setting up appointments and providing transportation).

Why engage in the referral process?

It is important to fully engage in the referral process as often people who have been referred have:

- A high attrition rate following their first appointment;
- A high rate of 'no shows';
- No guarantee of a good match between person / client and the service to which they have been referred; and,
- Reluctance to return to the place of initial contact (ie: your service).

Who do I refer?

A worker can refer any person / client who may benefit from treatments or services that their service may not be able or willing to provide. Remember that for the person / client, referral is a voluntary process that should always involve them.

What type of services do I refer to?

This Directory contains a range of AOD specific referral options. For a list of the range of primary, secondary and tertiary services provided in the ACT see the *Tips for Engaging with the ACT Alcohol and Other Drug Sector* section (see page 7).

How can I support an effective referral?

When making a referral it is important to liaise with a relevant AOD service and find out more about what they do and how they provide their service (such as, what is their treatment philosophy? what general or specialist services do they offer? what is their access criteria?)

With the consent of the person / client, provide information to support the referral. High involvement in referral has been associated with higher uptake and retention in treatment.

Some tips to support a referral can include:

- Arranging appointments for the person / client and giving them instructions on how to get there;
- Providing information to the person about the service they have been referred to;
- Building expectations of good outcomes; and
- Asking permission to call person / client to follow up with the outcome of the referral.

When to make a referral to an AOD service?

It is important to refer when the person / client requests a referral or when a service is unable to respond to the specific needs of that individual. AOD may be the primary presenting issue; however, these issues are often identified when the person presents for another matter. Your role in making an effective referral will depend on:

- Your specific skills, knowledge and abilities to intervene with AOD issues;
- The amount of time you are prepared to invest in responding to these issues;
- Your decision to engage in a shared care relationship with other service providers; and,
- Your relationship and willingness to continue providing support to the person / client.

Adapted From: National Centre for Education and Training on Addiction (2004). Resource Kit for GP Trainers on Illicit Drug Issues, prepared for the Australian Government Department of Health and Ageing.

How to use this Directory

The profiles in this Directory are listed alphabetically and grouped according to service name. For services that have multiple programs, each program has an individual profile that is listed alphabetically under the service name.

Note: People accessing AOD services will be assessed on a case by case basis; however, the information in this Directory can help guide appropriate referrals.

Explaining Service Profiles

Each profile, where relevant, has information listed for:

+ Service Description:

A brief description of the general type of service provided.

+ Contact Details:

Includes the service / program phone number, fax number, mailing address, email address, location and website where applicable.

+ Parent Organisation:

Listed if the service is administered, managed and / or auspiced by a service or organisation of another name.

+ Opening hours:

States the opening hours of the service.

+ Treatment Approach:

States the treatment approach the service uses, such as a harm minimisation or abstinence approach.

+ Access Criteria:

Describes with whom the service works. Addresses target group, income requirements, disability access, required documentation, prescription medication, parents with accompanying children and couples. Also outlines whether people are required to detoxify before accessing the service.

+ How to Access:

Explains when and how to access the service, how to provide a referral and whether there is a current waiting list.

+ Intake & Assessment:

Describes intake and assessment processes and times where relevant.

+ Programs:

Details what is offered by the service.

+ Comorbidity:

Provides information on the extent of services provided for people experiencing comorbid alcohol and other drug and mental health issues.

+ Alexander Maconochie Centre:

Provides information on the extent of services provided to people in, or post release from, the Alexander Maconochie Centre.

+ Bimberi Youth Justice Centre:

Provides information on the extent of services provided to young people in, or post release from, Bimberi Youth Justice Centre.

+ Aboriginal and Torres Strait Islander:

Provides information on the extent of services provided to Aboriginal and Torres Strait Islander people.

+ Culturally and Linguistically Diverse:

Provides information on the extent of services provided to people from culturally and linguistically diverse backgrounds.

+ Cost:

Provides information on costs of programs, if any.

+ Staffing:

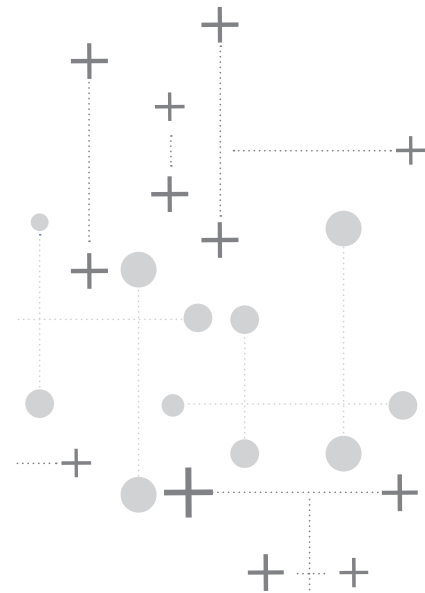
Lists the specialist staff that can be accessed through the service.

+ Families / Carers:

Describes the level to which the service works with family and carers.

+ Other:

Lists any other information that may be relevant.



ACT AOD Services Quick Reference Guide: June 2010

The table below contains a snapshot of ACT AOD services and lists the service name, program name, description and phone number. Services are listed alphabetically.

+ ACT Alcohol and Other Drug Sector Project

ACT Alcohol and Other Drug Sector Project	Aims to build the capacity and identity of the AOD sector in the ACT, foster intra and cross-sectoral relationships, and improve outcomes while maintaining respect for the diversity of services and for people who are affected by alcohol and other drugs. <i>Note: From 1 July 2010, the ACT Alcohol and Other Drug Sector Project will be transitioned into the Alcohol, Tobacco and Other Drug Association ACT (the new ACT AOD sector peak body).</i>	6247 3540
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+ Alcohol and Drug Foundation ACT (ADFACT)

Karralika Adult Program	Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for single adults and couples with alcohol and other drug dependencies.	6292 2733
Karralika Family Program	Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for adults with alcohol and other drug dependencies and accompanying children.	
Sober Driver Program	Provides a 9 week education program for people who have been convicted of or are facing charges for drink driving offences.	6163 0200
Solaris Therapeutic Community, Alexander Maconochie Centre	Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by alcohol and other drug use and related dependencies using the therapeutic community approach to treatment.	6207 3446
The Nexus Program	Provides the Men's Halfway House program that offers a community based treatment program for people experiencing alcohol and other drug issues.	6163 0200

+ Alcohol and Drug Program (ADP), ACT Health

Aboriginal Liaison Officer (ALO)	Provides support to Aboriginal and Torres Strait Islander people to access and participate in alcohol and other drug services.	6207 9977
Comorbidity Officer	Provides consultation, liaison and clinical work for people experiencing comorbid alcohol and other drug and mental health issues.	6244 2591
Consultation Liaison Service	Provides support, information and referrals for people in the ACT's acute hospitals who are experiencing alcohol and other drug dependencies	
Counselling and Treatment Service	Provides counselling and care coordination including a range of therapeutic and educational groups to individuals, families and carers.	6207 9977
Diversion Services	Provides programs that aim to divert people apprehended for drug use or drug related offences from the judicial system into the health system.	
Integrated Multi-agencies for Parents and Children Together (IMPACT)	Provides support to people who are receiving opioid replacement therapy who are pregnant or have a child under the age of 2 years.	1800 211 274 (toll free) or 6244 2591
Opioid Treatment Service	Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use; and coordinated care by working with other health and pharmacotherapy services.	6207 9977
Withdrawal Unit	Provides up to 7 days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from alcohol and other drugs.	

+ Alcohol and Other Drug Policy Unit, ACT Health

Alcohol and Other Drug Policy Unit	Provides alcohol and other drug policy through ACT Health, ACT Government.	13 22 81
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+ Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	Provides a peer based users group run by and for past or current illicit / injecting drug users, their families and friends.	6279 1670
The Connection	Provides a peer based support program for Indigenous and non-Indigenous people who are past or present illicit / injecting drug users, their families and friends.	6279 1671

+ CatholicCare Canberra and Goulburn

The Sobering Up Shelter	An overnight facility for men and women over the age of 18 to recover from alcohol and other drug intoxication.	6163 3711
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+ DIRECTIONS ACT

Althea Wellness Centre	Provides primary and secondary health clinics for people with past or current AOD issues.	6122 8080
Arcadia House Withdrawal and Detoxification Service	Provides up to 7 days of non-medicated residential support for people experiencing withdrawal from alcohol and other drugs.	6253 3055
Community Education Program	Provides flexible alcohol and other drug community education programs and support.	6122 8000
Counselling and Advocacy Program	Provides counselling services for individuals, their families and friends affected by alcohol and other drugs.	
Inside-Out Throughcare Program	Provides support to people in, and post release from, the Alexander Maconochie Centre, or on remand and their families and friends to address alcohol and other drug issues.	
Maysoon	Provides support to women with young children who use, or are in recovery from, AOD.	
Needle and Syringe Program (NSP)	Provides clean injecting equipment, information on safer injecting practices, crisis counselling, general health information, referrals, primary health care, NSP training for health workers and advice on harm minimisation.	
Outreach and Promotions Unit	Provides off-site programs and flexible service delivery options and referral pathways into services and programs.	
Party Safe	Provides information, resources and referrals to young people aged 15 – 25 years about alcohol and associated issues.	
Treatment Support Service (TSS)	Provides case management and support to access treatment services. Assists people to understand pharmacotherapy alternatives and identify which treatment best meets their needs.	

+ Gugan Gulwan Youth Aboriginal Corporation

Drug and Alcohol Program	Provides information, support, advocacy, case management and court support to young people aged 12 – 25 years experiencing alcohol and other drug related issues.	6231 9555
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+ Ted Noffs Foundation ACT

Adolescent Drug Withdrawal Unit (ADWU)	Provides up to 14 days of residential support for young people aged 14 – 18 years experiencing withdrawal from alcohol and other drugs.	6123 2400
Community Outreach and Outclient Program (CO-OP)	Supports young people aged 12 – 18 years who are experiencing alcohol and other drug issues in the community, and who do not want or need residential rehabilitation services.	
Program for Adolescent Life Management (PALM)	Provides up to 3 months residential rehabilitation for young people aged 14 – 18 years experiencing alcohol and other drug issues.	

+ The Salvation Army

Canberra City Addiction Support Service	Provides a non-residential rehabilitation program for people aged 12 years and over wanting to address their alcohol and other drug issues, and their families.	6248 7191
Canberra Recovery Service	Provides a 10 month (43 week) residential rehabilitation program for men experiencing alcohol and other drug and / or gambling dependencies.	6295 1256

+ Toora Women Inc

Lesleys Place – Residential and Outreach	Provides recovery based supported accommodation for up to 3 months for women and accompanying children. Outreach support can be provided pre and post alcohol and other drug withdrawal.	6241 7233
Marzena Drug and Alcohol Halfway House for Women	Provides medium to long term recovery based supported accommodation for up to 12 months for women and accompanying children.	
Women's Information, Resources and Education on Drugs and Dependency (WIREDDD)	Provides information, education, counselling and resources to women to minimise the harm associated with dependence.	6248 8600

+ Winnunga Nimmityjah Aboriginal Health Services

Substance Misuse Service	Provides support to Aboriginal and Torres Strait Islander people experiencing alcohol and other drugs issues including counselling, advocacy, community education and referrals.	6284 6222
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ACT Alcohol and Other Drug Sector Project

Aims to build the capacity and identity of the alcohol and other drug sector in the ACT, foster intra and cross-sectoral relationships, and improve outcomes while maintaining respect for the diversity of services and for people who are affected by alcohol and other drugs.

Note: From 1 July 2010, the ACT Alcohol and Other Drug Sector Project will be transitioned into the Alcohol, Tobacco and Other Drug Association ACT (the new ACT AOD sector peak body).

Phone:	(02) 6247 3540
Fax:	(02) 6249 1675
Mailing Address:	PO Box 5232, Lyneham, ACT 2602
Email:	info@aodsector.org.au
Website:	www.aodsector.org.au
Location:	46 Clianthus Street, O'Connor
Parent Organisation:	The Project is auspiced by the Youth Coalition of the ACT
Opening Hours:	9am – 5pm, Monday – Friday

+ Access Criteria

Target Group: ACT alcohol and other drug sector workers. Some activities are only available to alcohol and other drug services funded by ACT Health.

Area serviced: ACT

Disability Access: Yes

+ How to Access / Referrals

Contact: By phone or email, 9am – 5pm, Monday – Friday.

+ Program/s

Provides activities that aim to build the capacity and identity of the AOD sector in the ACT and foster intra and cross sectoral relationships including:

ACT AOD Workers Group:

A group comprised of one nominated representative from each of the 12 ACT Health funded AOD services. The group meets monthly and is involved in the development, implementation and evaluation of the Project.

+ Program/s
(continued)

ACT AOD Sector Website (www.aodsector.org.au):

Provides information about, and is a central contact point for the ACT AOD sector. The website is regularly updated and includes information on the ACT AOD sector and ACT AOD Sector Project activities.

ACT AOD Services Directory (this document):

Provides profiles of AOD services in the ACT. The Directory aims to support workers to make referrals to ACT AOD services, increase cross and intra-sectoral knowledge and foster collaborations. It also aims to better communicate the diverse range of services and programs in the ACT AOD sector. The Directory is available electronically from www.aodsector.org.au and is updated every 6 months.

ACT AOD Sector eBulletin:

Provides a concise summary of information, important developments, publications, events and other information relevant to AOD workers in the ACT. Services and individuals can subscribe to the eBulletin by visiting www.aodsector.org.au.

ACT AOD Sector Forums:

A forum hosted by a different AOD service each month that provides opportunities for workers to network, learn about development in the sector and access professional development opportunities.

ACT Training and Professional Development Calendar:

Compiles training and professional development opportunities available to workers from the AOD and allied sectors.

ACT Drug Action Week Planning Group:

Brings together key stakeholders to plan coordinated activities and develop a calendar of events for Drug Action Week in the ACT.

Annual ACT AOD Sector Conference:

Aims to facilitate access to the latest evidence relating to best practice and seeks to strengthen the capacity, skills and knowledge base of participants.

+ Program/s
(continued)

Annual ACT AOD Awards:

An annual event that aims to recognise, promote and reward outstanding practice in the AOD field in the ACT.

ACT AOD Sector Training and Professional Development Opportunities:

Provides occasional specific training and professional development opportunities for AOD workers.

ACT AOD Minimum Qualification Strategy Project:

Leads the implementation of the ACT AOD Minimum Qualification Strategy and manages a pool of funding to support ACT Health funded AOD workers to reach the ACT AOD Minimum Qualification. The Project aims to ensure the maintenance of a competent and professional AOD workforce in the ACT.

+ Comorbidity

Provides the Comorbidity Project, funded under the Australian Government Improved Services for People with Drug and Alcohol Problems and Mental Illness Initiative (the Improved Services Initiative). The Comorbidity Project aims to assist and support non-government ACT AOD services to undertake service improvement processes to better identify and manage clients experiencing comorbid AOD and mental health issues. The Project also facilitates the ACT Comorbidity Strategic Working Group to provide support and strategic guidance to the Project and the General Practice Engagement Working Group.

+ Cost

Some activities may incur a small cost.

+ Staff

Project Director, 2 x Project Officers and consultancy support.

+ Other

Needs based workforce development activities and projects are provided.

Alcohol and Drug Foundation ACT (ADFACT)

Karralika Adult Program, Alcohol and Drug Foundation ACT (ADFACT)

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for single adults and couples with alcohol and other drug dependencies.

Phone:	(02) 6292 2733
Fax:	(02) 6292 7073
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	adfact@adfact.org
Website:	www.adfact.org
Location:	Confidential
Parent Organisation:	Alcohol and Drug Foundation ACT Inc. (ADFACT)
Opening Hours:	24 hours
Treatment Approach:	Therapeutic Community

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively. Single adults and couples are accepted.
Area serviced:	National, however, priority is given to residents from the ACT and surrounding region.
Income required:	Yes. If residents do not have an income, they will be assisted to access income support.
Disability Access:	Yes, ramps and toilets.
Detox required before accessing program:	Yes
Documentation required:	Yes, determined through assessment.
Medication:	People accessing the service can be on some prescription medications.
Parents with accompanying children:	Parents with accompanying children can access the Karralika Family Program (see page 21).
Couples:	Yes

+ How to Access / Referrals

Contact:	By phone, 9am – 4pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting List:	Varies, support is provided to people waiting to enter the program.

+ Intake & Assessment	An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.
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+ Program/s	Provides up to 12 months of residential rehabilitative care for people with alcohol and other drug dependencies, using the therapeutic community approach to treatment. Education, recreational activities, life skills and accredited training is also provided. Counselling and access to specialist services from other agencies is available. Alcohol and other drug information, support and case management are also available. Support can be provided to parents who do not have custody of their children.
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+ Comorbidity	Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health ACT will continue under a joint case management model.
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+ Aboriginal and Torres Strait Islander	Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
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+ Culturally and Linguistically Diverse	Referrals to multicultural services can be provided. Staff undertake cultural awareness training.
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+ Cost	81% of income.
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+ Staff	Alcohol and Other Drug Workers and Psychologists.
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+ Families / Carers	Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.
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Karralika Family Program, Alcohol and Drug Foundation ACT (ADFACT)

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for adults with alcohol and other drug dependencies and accompanying children.

Phone:	(02) 6292 2733
Fax:	(02) 6292 7073
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	adfact@adfact.org
Website:	www.adfact.org
Location:	Confidential
Parent Organisation:	Alcohol and Drug Foundation ACT Inc. (ADFACT)
Opening Hours:	24 hours
Treatment Approach:	Therapeutic Community

+ Access Criteria

Target Group:	Female and male parents over 18 years of age, inclusively.
Area serviced:	National, however, priority is given to residents from the ACT and surrounding region.
Income required:	Yes. If residents do not have an income, they will be assisted to access income support.
Disability Access:	Yes, ramps and toilets.
Detox required before accessing program:	Yes
Documentation required:	Yes, determined through assessment.
Medication:	People accessing the service can be on some prescription medications.
Parents with accompanying children:	This program is specifically designed for parents with accompanying children aged up to 12 years.
Couples:	Yes

+ How to Access / Referrals

Contact:	By phone, 9am – 4pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting List:	Varies, support is provided to people waiting to enter the program.

+ Intake & Assessment	An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.
+ Program/s	Provides up to 12 months of residential rehabilitative care for people with alcohol and other drug dependencies with accompanying children, using the therapeutic community approach to treatment. Education, recreational activities, life skills and accredited training is also provided. Counselling and access to specialist services from other agencies are available. Alcohol and other drug information, support and case management are also available. Children participate in an early childhood development program either through full-time daycare, after-school care and school holiday programs. Targeted interventions including play therapies, are included in the program as appropriate. Parents also take part in counselling and parenting programs and cognitive behavioural therapies (CBT).
+ Comorbidity	Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, there are Child Psychologists and Psychologists on staff and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health ACT will continue under a joint case management model.
+ Aboriginal and Torres Strait Islander	Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to multicultural services can be provided. Staff undertake cultural awareness training.
+ Cost	81% of income.
+ Staff	Alcohol and Other Drug Workers, Child and Family Support Workers and Child and Family Social Worker.
+ Families / Carers	Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

Sober Driver Program, Alcohol and Drug Foundation ACT (ADFACT)

Provides a 9 week education program for people who have been convicted of or are facing charges for drink driving offences.

Phone:	(02) 6163 0200
Fax:	(02) 6282 7777
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	adfact@adfact.org
Website:	www.adfact.org
Location:	Level 1, 67 Townshend Street, Phillip
Parent Organisation:	Alcohol and Drug Foundation ACT Inc. (ADFACT)
Opening Hours:	The Community Team is contactable from 9am – 5pm, Monday – Friday.
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively who have been charged or who are facing charges for drink driving offences.
Area serviced:	ACT
Income required:	Course fees applicable.
Disability Access:	Yes
Detox required before accessing program:	No; however people must be alcohol and other drug free when attending sessions.
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.

+ How to Access / Referrals

Contact:	By phone or email, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting List	Varies.

+ Intake & Assessment

Program is run on an as needs basis dependent on the number of participants. Completion of registration forms required.

+ Program/s	Provides a 9 week course comprising one x 2 hour session per week. The course is provided 6pm – 8pm on nominated evenings, dependant on demand. The course examines legal, health and social impacts of drink driving and assists participants to develop positive personal skills and attitudes in relation to alcohol and drink driving issues. Confirmation of enrolment for courts and requests for adjournments until after graduation and referrals are available.
+ Aboriginal and Torres Strait Islander	Referrals to Aboriginal and Torres Strait Islander services can be provided.
+ Culturally and Linguistically Diverse	Referrals to multicultural services can be provided.
+ Cost	Full price: \$450 Concession rate: \$300 A non-refundable deposit of \$40 – \$50 must be paid.
+ Staff	2 trained facilitators per course.

Solaris Therapeutic Community, Alexander Maconochie Centre, Alcohol and Drug Foundation ACT (ADFACT) and ACT Corrective Services

Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by alcohol and other drug use and related dependencies using the therapeutic community approach to treatment.

Phone:	(02) 6207 3446 (ADFACT Co-Manager) (02) 6207 0862 (ACT Corrective Services Co-Manager) (02) 6207 2895 (ADFACT Assistant Manager)
Fax:	(02) 6207 2963
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	adfact@adfact.org
Website:	www.adfact.org
Location:	Alexander Maconochie Centre 10400 Monaro Highway, Hume
Parent Organisation:	Alcohol and Drug Foundation ACT Inc. (ADFACT) and ACT Corrective Services
Opening Hours:	Program provided 7 days a week. Office hours are 9am – 5pm, Monday – Friday.
Treatment Approach:	Therapeutic Community

+ Access Criteria

Target Group:	Males over 18 years of age in the Alexander Maconochie Centre experiencing issues related to alcohol and other drug dependencies. Men with a history of sex offences are excluded.
Area serviced:	ACT
Income required:	Occasional expenses are covered through the weekly Alexander Maconochie Centre allowance.
Disability Access:	Ground floor accommodation is available.
Detox required before accessing program:	Yes
Medication:	Medication is available through ACT Corrections Health. Participants on methadone and stable on psychoactive medication can access the program.

+ How to Access / Referrals

Contact:	Individual applications must be made to the Program Manager.
Referral:	Self referral.
Waiting List:	Varies, dependant on program start dates.

+ Intake & Assessment	Interviews and complete assessments are undertaken for each applicant to assess suitability for the program. Intake is undertaken every 3 months.
+ Program/s	<p>Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by alcohol and other drug use and related dependencies using the therapeutic community approach to treatment. The treatment program commences within 6 – 12 months prior to release from the Alexander Maconochie Centre. The Program provides the following levels:</p> <p>Level One: Provides an intensive six month treatment program based on the therapeutic community model; participants are housed together within Alexander Maconochie Centre.</p> <p>Level Two: Provides a program of intensive throughcare to support transition and reintegration into the community, commencing during the treatment phase (continuing afterwards, if still in custody) and then continuing post release according to individual need.</p> <p>Provides intensive psychoeducation and group therapy sessions developing awareness of the impact of using alcohol and other drugs and the origins of addictive or compulsive behaviours, the thinking underlying criminal behaviour, identification of personal strengths and development of new skills to manage life post release. The program also has a focus on relationships, families and financial skills.</p>
+ Comorbidity	Support for people experiencing comorbidity is provided through ACT Corrections Health.
+ Alexander Maconochie Centre	Program specifically designed and delivered for men in the Alexander Maconochie Centre.
+ Aboriginal and Torres Strait Islander	All staff undertake Aboriginal and Torres Strait Islander training to facilitate the program in a culturally sensitive manner.
+ Culturally and Linguistically Diverse	All staff undertake culturally and linguistically diverse training to facilitate the program in the culturally sensitive matter. Basic english skills are required for participants to engage in group activities and written communication
+ Cost	Some activities incur a small cost.
+ Staff	Alcohol and Other Drug Workers and Therapeutic Custodial Officers.
+ Families / Carers	Families and carers can visit on Thursday evenings, Friday, Saturday and Sunday within the restrictions of the Alexander Maconochie Centre Visiting Policy (see http://www.cs.act.gov.au/home/custodial_operations/visitors_information).

The Nexus Program, Alcohol and Drug Foundation ACT (ADFACT)

Provides the Men's Halfway House program that offers a community based treatment program for people experiencing alcohol and other drug issues.

Phone:	(02) 6163 0200
Fax:	(02) 6282 7777
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	adfact@adfact.org
Website:	www.adfact.org
Location:	Level 1, 67 Townshend St, Phillip
Parent Organisation:	Alcohol and Drug Foundation ACT Inc. (ADFACT)
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Males over 18 years of age inclusively, who have completed initial treatment for alcohol and other drug dependency.
Area serviced:	National, however, priority is given to residents from the ACT and surrounding region.
Income required:	Yes. If residents do not have an income, they will be assisted to access income support.
Disability Access:	Yes, determined through assessment.
Detox required before accessing program:	Yes, people are required to have completed a treatment program.
Documentation required:	Determined through assessment.
Medication:	People accessing the service can be on some prescription medications, including pharmacotherapies. Determined through assessment.
Parents with accompanying children:	No
Couples:	No

+ How to Access / Referrals

Contact: By phone, 9am – 5pm, Monday – Friday.

Referral: Self or worker referral. Referrals are accepted for people on court orders.

Waiting List: Varies.

+ Intake & Assessment Initial phone contact must be made to arrange a time for an assessment. Participation in assessment processes is required prior to acceptance into the program.
Intake is provided from 9am – 4pm, Monday – Friday.
Personal items are checked upon entry into the program.

+ Program/s The Men's Halfway House is a community-based treatment program for people with alcohol and other drug issues. Treatment is for 3 – 6 months with case management, support, education, counselling and referrals provided.

+ Comorbidity Provides specialist mental health support. Comorbidity and mental health related groups (including cognitive behavioural therapy), counselling, information and referrals are also provided. Staff are trained in basic mental health and assessments include a mental health component.

+ Alexander Maconochie Centre Assessments are provided on an as needs basis to people in the Alexander Maconochie Centre. Referrals are accepted from Community Based Corrections as part of parole conditions.

+ Aboriginal and Torres Strait Islander Aboriginal and Torres Strait Islander specific information and resources can be accessed as required. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. Referrals to Aboriginal and Torres Strait Islander services can be provided.

+ Culturally and Linguistically Diverse Culturally and linguistically diverse information and resources can be accessed as required. Referrals to multicultural services can be provided. Staff undertake cultural awareness training.

+ Cost \$250 per fortnight which includes food, utilities and local phone calls.

+ Staff Case Managers and Manager.

+ Families / Carers Access visits and overnight stays may be arranged for children of clients. Access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

Alcohol and Drug Program (ADP), ACT Health

Aboriginal Liaison Officer (ALO), Alcohol and Drug Program (ADP)

Provides support to Aboriginal and Torres Strait Islander people to access and participate in alcohol and other drug services.

Phone:	(02) 6207 9977
Fax:	(02) 6205 8380
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	ACT Health Building, Level 1, 1 Moore St, Canberra City
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Female and male Aboriginal and Torres Strait Islander people, including young people aged 12 – 18 years.
Area serviced:	ACT, however, support can be provided to interstate services wishing to refer clients to ACT alcohol and other drug services.
Income required:	No
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone, 24 hours.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting List:	No waiting list.

+ Intake & Assessment	Through the 24 hour Intake Line. An appointment for an over the phone or face to face assessment will be scheduled.
+ Program/s	Provides support to Aboriginal and Torres Strait Islander people to access and participate in alcohol and other drug services. Provides assessment, information, education, case management and support. Information and support to alcohol and other drug services and Aboriginal and Torres Strait Islander services is also provided.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and the Comorbidity Program at Winnunga Nimmityjah Aboriginal Health Services.
+ Alexander Maconochie Centre	Provides services weekly to Aboriginal and Torres Strait Islander people through the Hume Health Centre at the Alexander Maconochie Centre. Alcohol and other drug assessments, case management and support are provided to people in the Alexander Maconochie Centre, and post release and their families and carers.
+ Bimberi Youth Justice Centre	Alcohol and other drug assessments, case management and support are provided to Aboriginal and Torres Strait Islander young people in Bimberi, and post release as required. Support can also be provided to families and carers of young people in Bimberi.
+ Aboriginal and Torres Strait Islander	This is an Indigenous specific position. Provides Aboriginal and Torres Strait Islander cultural awareness training to Alcohol and Drug Program staff as required. Aboriginal and Torres Strait Islander specific information and referrals are provided. The Alcohol and Drug Program has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.
+ Cost	Free
+ Staff	Indigenous staff member.
+ Families / Carers	Families and carers can attend assessment or case management appointments for support. Information and referrals to other alcohol and other drug services or support groups for families and carers are also provided.

Comorbidity Officer, Alcohol and Drug Program (ADP)

Provides consultation, liaison and clinical work for people experiencing comorbid alcohol and other drug and mental health issues.

Phone:	(02) 6244 2591
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males experiencing both alcohol and other drug and mental health issues.
Area serviced:	ACT
Income required:	No
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes
Couples:	Yes; however, they would be treated as individuals.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday, Tuesday, Thursday and Friday.
Referral:	Self and worker referral.
Waiting list:	No waiting list.

+ Intake & Assessment

+ Program/s	Assessment completed following referral. Provides comorbidity specific information, resources, secondary consultations, training, clinical planning, assessments, liaison, advocacy and referrals. Works closely with the Comorbidity Officer position in Mental Health ACT and provides sector and organisational development. Outreach is provided to the Althea Wellness Centre at DIRECTIONS ACT and the Alcohol and Drug Foundation ACT.
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+ Comorbidity	Program designed specifically for and delivered to people experiencing comorbid alcohol and other drug and mental health issues. In services and support can be provided to ACT Health and external services.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 29) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.
+ Cost	Free
+ Staff	Social Worker.
+ Families / Carers	Families and carers can access information and referrals to other services.



Consultation Liaison Service, Alcohol and Drug Program (ADP)

Provides support, information and referrals for people in the ACT's acute hospitals who are experiencing alcohol and other drug dependencies.

Phone:	(02) 6244 2591
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males admitted to the Canberra Hospital, including pregnant women.
Area serviced:	Services are provided to all areas of the Canberra Hospital and phone advice can be given to Calvary Hospital. People from interstate can also be seen whilst in ACT hospitals.
Income required:	No
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies. The service will liaise with the Alcohol and Drug Program Medical Officers to ensure people in the Canberra Hospital are receiving the correct dose.
Parents with accompanying children:	Yes
Couples:	Yes; however, they would be treated as individuals.

+ How to Access / Referrals

Contact: By phone, 8.30am – 5pm, Monday – Friday.

Referral: Referrals are accepted from the Canberra Hospital, the Alcohol and Drug Program Intake Line, Withdrawal Unit, Opioid Replacement Program and other services. If the person needs to be seen by an Alcohol and Drug Program Medical Officer, a request for consultation should be written in the client's notes in the hospital.

Waiting list: No waiting list. People are generally seen on the day of referral.

+ Intake & Assessment An assessment is completed after a referral is made. Workers will see the client on the ward for assessment.

+ Program/s Provides support, information and referrals for people in the ACT's hospitals who are experiencing alcohol and other drug dependencies. Self help groups and relapse prevention groups are also provided.

+ Comorbidity Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.

+ Alexander Maconochie Centre Provides services to the Hume Health Centre at the Alexander Maconochie Centre to assist pregnant inmates who are on pharmacotherapies and liaises with the antenatal clinic and IMPACT Program. The coordination of appointments for antenatal care are arranged for people post release. In-services to staff at the Hume Health Centre are provided on a fortnightly basis.

+ Aboriginal and Torres Strait Islander Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 29) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.

+ Culturally and Linguistically Diverse Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.

+ Cost Free

+ Staff Registered Nurses and Social Workers.

+ Families / Carers Families and carers can access information and referrals to other services.

Counselling and Treatment Service, Alcohol and Drug Program (ADP)

Provides counselling and care coordination including a range of therapeutic and educational groups to individuals, families and carers.

Phone:	(02) 6207 9977
Fax:	(02) 6205 0951
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	ACT Health Building, Level 1, 1 Moore St, Canberra City
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively. People under 18 years of age can be assessed for suitability and may be referred to youth services.
Area serviced:	ACT residents given priority, however, referrals are accepted from interstate.
Income required:	No
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes
Couples:	Yes; however, they would be treated as individuals.

+ How to Access / Referrals

Contact:	By phone, 8am – 5pm, Monday to Friday.
Referral:	Self or worker referral.
Waiting list:	People are seen within 2 – 14 days.

+ Intake & Assessment

Through the 24 hour Intake Line. An appointment for a face to face assessment will be scheduled. To access groups, contact the Intake Line 9am – 5pm, Monday – Friday for inclusion on the list for upcoming groups.

+ Program/s

Provides counselling and care coordination including the following range of therapeutic and educational groups to individuals, families and carers:

Relapse Prevention Program:

2 hour program over 5 weeks for adults with alcohol and other drug issues, who wish to develop and maintain healthier lifestyles.

Controlling Your Drinking:

4 hour program over 2 weeks designed to help people assess their alcohol use and possible barriers that prevent them from reducing their use.

Effective Weed Control:

2 hour group run over 5 weeks for cannabis users wanting information or who want to change their cannabis use.

Mindfulness, Meditation & Stress

Management Group:

5 week group program designed for individuals with, or caring for someone with alcohol and other drug issues who want to learn: meditation and other mindfulness techniques; how to identify and let go of unhelpful thoughts, feelings, sensations and urges; and how to better manage stress and uncomfortable emotions.

Stepping Stones to Success (a Family Drug Support course):

A structured and experiential course for families who are supporting drug dependant family members. Topics covered include coping with stress and anger, tips about communication and limit setting in order to maximise health, so that families have the resources to maximise the help getting to the substance user.

+ Comorbidity

Provides comorbidity and mental health specific information and referrals. Counsellors are trained in trauma counselling, acceptance and commitment therapy, narrative therapy, motivational interviewing, cognitive behavioural therapy, psychodynamic approach and dialectical behaviour therapy. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.

+ Alexander Maconochie Centre	Provides counselling as required to people in the Alexander Maconochie Centre to ensure continuity of treatment. Referrals to counselling and groups are accepted from Community Based Corrections as part of parole conditions.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 29) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.
+ Cost	Free
+ Staff	Counsellors, Nurses, Psychologists and Social Workers.
+ Families / Carers	Families and carers can access the service for individual support. The Stepping Stones group and referrals to other services are also provided.

Diversion Services, Alcohol and Drug Program (ADP)

Provides programs that aim to divert people apprehended for drug use or drug related offences from the judicial system into the health system.

Phone:	(02) 6207 9977
Fax:	(02) 6205 8380
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Email:	diversionsservice@act.gov.au
Website:	www.health.act.gov.au
Location:	ACT Health Building, Level 1, 1 Moore St, Canberra City
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males who have been apprehended or charged with an alcohol and other drug related offence. This includes an office within the Children's Court for offenders 12 – 18 years of age.
Area serviced:	For people apprehended on offences within the ACT.
Income required:	No
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.

+ How to Access / Referrals

Contact:	By phone to make an appointment, 8.30am – 5pm, Monday – Friday.
Referral:	Referrals are only accepted from the Australian Federal Police (AFP) or by Court Order (Magistrate's Court, Children's Court or Supreme Court). People can request a referral from the Magistrate or Justice at Court hearing. An appointment for assessment is scheduled and referral to treatment is made at this time. Case management and support can be accessed by phone, appointment or drop-in during the course of the legal matter.
Waiting list:	No waiting list.

+ Intake & Assessment Available from 8.30am – 5pm, Monday – Friday. Assessment is conducted on referral by the AFP or Courts. Process varies. While the AFP and Courts can make a referral to Diversion Services, assessment and case management can only proceed with the consent of the client.

+ Program/s Provides programs that aim to divert people apprehended for drug use or drug related offences from the judicial system into the health system.

Police Early Diversion (PED):

For people who have been apprehended by the AFP for possession of a small amount of illicit drugs (2 cannabis plants or amount less than 25 grams; 25% of trafficable amount of all other illicit drugs). The AFP can divert offenders following arrest for assessment and referral to treatment. Treatment is provided by an approved ACT agency and can include education, counselling, withdrawal, pharmacotherapy or residential rehabilitation. Compliance with treatment is determined by the Diversion Service staff, and if compliant, a report is made to the AFP and no conviction is recorded. Non-compliance is reported back to the AFP, and the AFP determines what action should be taken (if any), but can result in a charge proceeding to court.

Court Alcohol and Drug Assessment Service (CADAS):

A pre-sentencing treatment option for people charged with alcohol and other drug related offences. The goals are to reduce recidivism during the bail period and to engage the client in treatment. It is therefore designed as an immediate short-term intervention when a person first appears before the Court. The CADAS staff are located at the Magistrate and Children's Court, and provide an immediate alcohol and other drug assessment and recommend an appropriate treatment plan. If the person is released on bail to comply with the treatment plan the CADAS clinician monitors attendance, and reports all outcomes to the Court. Non-compliance does not necessarily result in a penalty but is taken into account by the Magistrate or Justice at sentencing.

+ Program/s
(continued)

Treatment Referral Program (TRP):

A sentencing option for people who have either committed a crime to get drugs, or money for drugs, or while under the influence of drugs. It currently applies only to those drugs which appear in Schedule 4 of the *Drugs of Dependence Act (1989)* [ie. not alcohol].

The Magistrate or Judge may, as part of the sentence imposed, instruct a person to undergo a treatment order rather than receive a custodial sentence or as an option to reduce their custodial time. The treatment is overseen by a Treatment Assessment Panel, and conducted by an approved treatment agency. The treatment can be for a period of 6 months up to 2 years. People who fail to complete their treatment order, may revert to a custodial sentence.

+ Comorbidity

Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.

**+ Alexander
Maconochie Centre**

Attends the Alexander Maconochie Centre to complete assessments requested by Courts and for case management in relation to treatment plans. Works with Community Based Corrections to supervise alcohol and other drug treatment plans of shared clients on Court Orders. Treatment Orders can be ordered as sentence, part sentence or deferred sentence options. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.

**+ Bimberi Youth
Justice Centre**

Attends Bimberi to complete assessments requested by Courts and for case management in relation to treatment plans. Works with Community Youth Justice to supervise alcohol and other drug treatment plans of shared clients on Court Orders. Treatment Orders can be ordered as sentence, part sentence or deferred sentence options. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.

+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 29) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.
+ Cost	Free
+ Staff	Alcohol and Other Drug Workers, Nurses, Psychologists and Social Workers
+ Families / Carers	Families and carers can access information and referrals to other services.



Integrated Multi-agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Program (ADP)

Provides support to people who are receiving opioid replacement therapy who are pregnant or have a child under the age of 2 years.

Phone:	(02) 6244 2591 or 1 800 211 274 (toll free)
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males who are clients of Mental Health ACT or are receiving opioid replacement therapy who are pregnant or have a child under the age of 2 years.
Area serviced:	ACT
Income required:	No
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	The program is specifically designed for people on pharmacotherapies.
Parents with accompanying children:	Yes, for children under 2 years of age.
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone, 8.30am – 5pm, Monday – Friday
Referral:	Self or worker referral. A referral form is to be faxed to the IMPACT Coordinators. People can contact the toll free number to discuss referrals with the Coordinator.
Waiting list:	No waiting list.

+ Intake & Assessment	Available from 8.30am – 5pm, Monday – Friday. The person is contacted over the phone once a referral is received and a time is made to visit them at home to sign consent to participate in the program.
+ Program/s	A multi-agency team provides support to identify needs and brings together professionals and services that will work to support the family. The program is a partnership between ACT Health, The Department of Disability, Housing and Community Services (DHCS), general practice and community pharmacies.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Alexander Maconochie Centre	Support can be provided to people in the Alexander Maconochie Centre who meet the access criteria for the IMPACT Program. Support can also be provided to families and carers of the person if it is required as part of the treatment plan.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 29) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit. The Alcohol and Drug Program has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.
+ Cost	Free
+ Staff	Registered Nurses and Social Worker.
+ Families / Carers	Families and carers can access information and referrals to other services.

Opioid Treatment Service, Alcohol and Drug Program (ADP)

Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use; and coordinated care by working with other health and pharmacotherapy services.

Phone:	(02) 6207 9977
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Wruwallin Clinic, Building 7, Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males over 18 years of age who have an opioid dependency and are suitable for pharmacotherapies. People under 18 years of age may be considered after consultation with Medical Officers.
Area serviced:	ACT only.
Income required:	No
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No
Documentation required:	Yes, photo identification required
Medication:	Yes; however, a consultation with an Alcohol and Drug Program Medical Officer is required prior to commencement on pharmacotherapies.
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone for appointment from 8:30am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	No waiting list.

+ Intake & Assessment	Through the 24 hour Intake Line. People will be placed on a waiting list for assessment by an Alcohol and Drug Program Medical Officer to determine if they are suitable for treatment. This involves taking a history and conducting a physical examination. If suitable, an induction process will be started, usually the day of the medical assessment.
+ Program/s	Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use. Case management is also provided and people continue to be reviewed by a Medical Officer while on pharmacotherapies. Prescriptions are reviewed every 3 months. Also provides coordinated care by working with other health and pharmacotherapy services.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Alexander Maconochie Centre	Provides assistance to people in, and post release from, the Alexander Maconochie Centre to ensure the continuity of care, including case management provided to Opioid Treatment Service clients.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 29) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit. The Alcohol and Drug Program has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.
+ Cost	Cost varies. Free for first 3 months then to a maximum of \$15 per week.
+ Staff	Medical Officers, Nurses, Pharmacists and Social Workers.
+ Families / Carers	Family and carers can be provided with alcohol and other drug information and referrals.

Withdrawal Unit, Alcohol and Drug Program (ADP)

Provides up to 7 days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from alcohol and other drugs.

Phone:	(02) 6207 9977
Fax:	(02) 6244 2744
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	24 hours
Treatment Approach:	Harm minimisation; however, people need to be abstinent while in the program.

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively. People under 18 years of age can be assessed for suitability and may be referred to youth services.
Area serviced:	ACT residents given priority; however, referrals are accepted from interstate.
Income required:	No
Disability Access:	Yes, access ramps, lifts, disabled toilets, and a "steady" walking frame.
Detox required before accessing program:	No
Documentation required:	No
Medication:	Yes; however, a consultation with an Alcohol and Drug Program Medical Officer is required prior to admission.
Children:	No. Phone contact while in unit facilitated to maintain contact with children.
Couples:	No. People will be admitted as individuals.

+ How to Access / Referrals:

Contact:	By phone, 24 hours.
Referral:	Self or worker referral. Referrals are accepted for people on court orders, but cannot specify an admission date.
Waiting list:	Varies from 0 – 3 weeks.

+ Intake & Assessment	Intake to service is made through the 24 hour Intake Line and the request for admission is referred to a Triage Nurse within the Unit. If they are unable to speak with the Triage Nurse at time of intake, a follow up call will be made by the Unit within 24 hours. Admission to the Unit is prioritised on medical need. A nursing and medical assessment will be completed on admission. Belongings are searched on admission. No mobile phones are permitted and will be locked securely until discharge.
+ Program/s	Provides up to 7 days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from alcohol and other drugs. Therapeutic support, education, referrals, follow-up specialist services and counselling are available.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 29) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit. Aboriginal clients may nominate workers from other agencies to support them while they are in the Withdrawal Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided. Spanish and Italian is spoken by some Alcohol and Drug Program Staff.
+ Cost	Free
+ Staff	Medical Officers, Nurses, Psychologists and Social Workers.
+ Families / Carers	Family and carers can be provided with alcohol and other drug information and referrals.

Alcohol and Other Drug Policy Unit, ACT Health

Provides alcohol and other drug policy through ACT Health, ACT Government.

Phone:	13 22 81 (Canberra Connect)
Fax:	(02) 6205 0866
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Level 2, 11 Moore St, Canberra City
Opening Hours:	9am – 5pm, Monday – Friday

The Alcohol and Other Drug Policy Unit is an area within ACT Health's Policy Division. The Unit provides advice to ACT Health and the ACT Government regarding alcohol and other drug policy issues in the ACT and nationally. An important function of the Unit is to negotiate with funding bodies and service providers, and to manage service agreements with non-government organisations and government agencies across the ACT's alcohol and other drug sector.



Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Provides a peer based users group run by and for past or current illicit / injecting drug users, their families and friends.

Phone:	(02) 6279 1670
Fax:	(02) 6279 1610
Mailing Address:	GPO Box 1552, Canberra City, ACT 2601
Email:	info@cahma.org.au
Website:	www.aivl.org.au
Location:	Level 1, Sydney Building, 112 – 116 Alinga Street, Canberra City
Parent Organisation:	Australian Injecting and Illicit Drug Users League (AIVL)
Opening Hours:	10am – 4pm, Monday – Friday
Treatment Approach:	Harm Reduction

+ Access Criteria

Target Group:	Current or past injecting / illicit drugs users of any age.
Area serviced:	ACT and surrounding areas. Interstate residents are welcome.
Income required:	No; however, support is provided to assist people to access income support.
Disability Access:	No
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone or drop-in, 10am – 4pm, Monday – Friday.
Referral:	No referrals necessary.
Waiting list:	No waiting list.

+ Intake & Assessment Workers are available from 10am – 4pm,
Monday – Friday.

+ Program/s Provides a peer based users group run by and for past or current illicit / injecting drug users, their families and friends. Represents the interests of drug users and promotes improved health and reduction of harms associated with illicit / injecting drug use through peer based education workshops, information and policy development. Peer support, advocacy, education, information and referrals are also provided.

Provides consultancy / assistance and training upon request to alcohol and other drug services and other organisations, on issues relating to illicit / injecting drug use.

CAHMA also provides:

Pharmacotherapy Advocacy and Action Team (PHAAT):

Provides a monthly meeting held at 12pm on the last Thursday of the month for pharmacotherapy consumers to have an informal lunch and share information related to treatment options. PHAAT aims to improve treatment service provision to achieve positive outcomes for individuals and consumers, and to support consumers to engage on decisions that impact on themselves and their treatment. Individual support and advocacy is provided for consumers experiencing difficulties with their treatment, and to support people to access treatment.

Peer Education Program:

Provides peer education groups run by and for past or current illicit / injecting drug users and pharmacotherapy consumers. Topics for harm reduction education workshops include: blood borne viruses; sexual health; overdose prevention; safer injecting; drug treatments; mental health and comorbidity. Consultations and focus groups for consumers to input into local and national policy development activities are facilitated, and the program actively promotes health and human rights for drug users.

<p>+ Program/s (continued)</p>	<p>Radio Show: “News from the Drug War Front”: Provides a weekly radio show from 11am on Tuesdays on community radio 2XX 98.3 FM. Reports the latest news about drug use, prohibition politics, health messages and CAHMA updates. The show is presented by CAHMA staff and volunteers.</p> <p>Treatment Support Service: Provides information, support and referral to people wanting to, or considering accessing detoxification, rehabilitation or opioid treatment programs in the ACT or interstate. This peer support program can explain how treatments work and consumer rights or can advocate on behalf of people having treatment difficulties.</p> <p>The Connection: (Indigenous Program of CAHMA) Provides peer based support services for Indigenous people who are past or present illicit / injecting drug users in the ACT and surrounding area (see page 52).</p>
<p>+ Comorbidity</p>	<p>Provides comorbidity and mental health specific information and referrals. Education sessions on mental health related topics are provided in partnership with specialist mental health services. Referral and support can be provided for people to access mental health services through the <i>Better Access Medicare Benefits Schedule (MBS) Initiative</i>. Staff undertake Mental Health First Aid and PsyCheck training.</p>
<p>+ Aboriginal and Torres Strait Islander</p>	<p>Provides a specific Aboriginal and Torres Strait Islander Program (see page 52). All staff undertake working with Aboriginal and Torres Strait Islander People in Drug Users Organisations training. Aboriginal and Torres Strait Islander specific information and referrals are provided.</p>
<p>+ Culturally and Linguistically Diverse</p>	<p>Provides limited culturally and linguistically diverse resources and referrals.</p>
<p>+ Cost</p>	<p>Free for consumers.</p> <p>Fees for consultancy / training and assistance to community organisations are negotiable.</p>
<p>+ Staff</p>	<p>Alcohol and Other Drug Indigenous Peer Support Worker, Alcohol and Other Drug Peer Education Workers, Policy & Advocacy Worker and Treatment Support Worker.</p>
<p>+ Families / Carers</p>	<p>Families and carers can access some programs.</p>

The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Provides a peer based support program for Indigenous and non-Indigenous people who are past or present illicit / injecting drug users, their families and friends.

Phone:	(02) 6279 1671 or (02) 6279 1670
Fax:	(02) 6279 1610
Mailing Address:	GPO Box 1552, Canberra City, ACT 2601
Email:	theconnection@cahma.org.au
Location:	Level 1, Sydney Building, 112 – 116 Alinga Street, Canberra City
Parent Organisation:	Australian Injecting and Illicit Drug Users League (AIVL)
Opening Hours:	10am – 4pm, Monday – Friday
Treatment Approach:	Harm Reduction

+ Access Criteria

Target Group:	Indigenous people who are current or past injecting / illicit drug users. Non-Indigenous people are also welcome to access the program
Area serviced:	ACT and surrounding areas. Interstate residents are welcome.
Income required:	No. Support can be provided to assist people to access income support.
Disability Access:	No
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone or drop-in, 10am – 4pm, Monday – Friday.
Referral:	No referral necessary.
Waiting list:	No waiting list.

+ Intake & Assessment	Workers are available from 10am – 4pm, Monday – Friday.
+ Program/s	<p>Provides a peer based support program for Indigenous people who are past or present illicit / injecting drug users, their families and friends. Services are tailored to meet the specific needs and issues of the Indigenous community. Peer support, education, information, support in accessing treatment programs, referrals, advocacy and individualised support are provided.</p> <p>Provides a <i>Deadly Family BBQ and Art Attack</i> social event for Indigenous individuals and families, with a focus on healthy lunches and Indigenous art lessons. The BBQ is held from 12pm – 2.30pm the first Thursday of the month at the Boomerang Centre, Allawah Flats. The BBQ promotes social inclusion, cultural celebrations and harm reduction education. Information and resources are provided, and allied health services are invited to attend as guests.</p>
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Education sessions on mental health related topics are provided in partnership with specialist mental health services. Referral and support can be provided for people to access mental health services through the <i>Better Access Medicare Benefits Schedule (MBS) Initiative</i> . Staff undertake Mental Health First Aid and PsyCheck training.
+ Aboriginal and Torres Strait Islander	Programs designed and delivered specifically for Aboriginal and Torres Strait Islander people.
+ Culturally and Linguistically Diverse	Provides limited culturally and linguistically diverse resources and referrals.
+ Cost	Free
+ Staff	1 part-time Indigenous Peer Support Worker.
+ Families / Carers	Families and carers can access some programs.

CatholicCare Canberra & Goulburn

The Sobering Up Shelter, CatholicCare Canberra and Goulburn

An overnight facility for men and women over the age of 18 to recover from alcohol and other drug intoxication.

Phone:	(02) 6163 3711
Fax:	(02) 6163 7676
Mailing Address:	PO Box 3167, Manuka, ACT 2603
Email:	soberingupshelter@catholiccare.cg.org.au
Website:	www.catholiccare.cg.org.au
Location:	Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell
Parent Organisation:	CatholicCare Canberra & Goulburn
Opening Hours:	11pm – 11am, Thursday, Friday and Saturday nights – Last admission 6 am
Treatment Approach:	Harm Minimisation, Brief Intervention

+ Access Criteria

Target Group:	Males and females over 18 years of age who are at risk due to intoxication from alcohol or other drugs, and are willing to enter the service voluntarily.
Area serviced:	ACT and surrounding areas, including Queanbeyan.
Income required:	No
Disability Access:	Yes, wheelchair assistance available.
Detox required before accessing program:	No
Documentation required:	No documentation is required for self referrals. An admission statement is required in the case of Police or Ambulance referrals.
Medication:	No medication can be dispensed on the premises, with the exception of ambulance attendance.
Parents with accompanying children:	No
Couples:	Males and females are accommodated separately.

Other:	Persons must be conscious to be eligible for admission. Eligibility is based on the need for care, protection and monitoring due to risk from intoxication. Bed allocation is subject to availability, level of risk and adherence to ACT <i>Intoxicated Persons Care and Protection Act (1994)</i> regarding rules of stay and voluntary admission.
+ How to Access / Referrals:	
Contact:	Admissions received between 11pm – 6am, Thursday, Friday & Saturday nights. Phone before arrival to ensure bed availability. The service can be contacted directly up until 11 am Friday, Saturday and Sunday mornings. For information outside of operational hours contact the Program Manager from 9am – 5pm, Monday – Friday on (02) 6163 7600.
Referral:	Self, Police and Ambulance transports received. Public, community and other services are encouraged to refer.
Waiting list:	Not applicable. 5 bed capacity.
+ Intake & Assessment	Intake admission assessment is required including medical and other information to ensure appropriate care for the person throughout the night. There is also a requirement for people to change clothing and have their property stored for safekeeping.
+ Program/s	Provides confidential overnight support, care, close observation and monitoring for people recovering from alcohol and other drug intoxication. The program is an alternative to police custody for the care and protection of intoxicated persons. Referral and information to relevant services is tailored to individual needs. Brief interventions and motivational interviewing are used within the model of care. Staff may assist the transfer of care of an intoxicated person to a responsible person where appropriate.
+ Comorbidity	Provides comorbidity and mental health specific information. Staff are experienced in motivational interviewing and brief intervention. Referrals within CatholicCare and to external mental health programs can be provided.

+ Aboriginal and Torres Strait Islander	Aboriginal and Torres Strait Islander specific information and referrals are provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and facilitated referrals are provided. All staff undertake cultural awareness training. Access to interpreter services can be provided.
+ Cost	Free
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Where appropriate, liaison and relevant information / resources are provided to families and carers.



DIRECTIONS ACT

Althea Wellness Centre, DIRECTIONS ACT

Provides primary and secondary health clinics for people with past or current alcohol and other drug issues.

Phone:	(02) 6122 8080
Fax:	(02) 6122 8004
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	althea@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males of any age with past or current alcohol and other drug issues and their immediate families.
Area serviced:	ACT and surrounding areas.
Income required:	No, however, there is a small charge for naturopath / herbal remedies.
Disability Access:	Yes, including ground floor access and toilets.
Detox required before accessing program:	No
Documentation required:	People accessing the General Practice Clinic must bring their Medicare Card and Health Care Card if relevant.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children of all ages are welcome under the supervision of parents or carers.
Couples:	Yes

+ How to Access / Referrals:

Contact:	Appointments can be made by phone or drop-in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referrals through DIRECTIONS ACT reception or counsellors.
Waiting list:	Varies, up to 4 weeks for some clinics. 2 days for General Practice Clinic.

+ Intake & Assessment Intake is available from 9am – 5pm, Monday – Friday. New clients will be required to fill out a form on arrival, and should arrive 15 minutes prior to the appointment

+ Program/s Provides health services for people with alcohol and other drug issues through the following clinics:

General Practice (GP) Clinic:
Available 9am – 5pm, Monday – Friday and consists of a General Practitioner and two Clinic Nurses.

Pharmacotherapy Clinic:
Provides case management for Althea clients who are on the pharmacotherapy program.

Liver Clinic:
Available 2pm – 4pm, every second Wednesday and provides testing and clinical assistance for the treatment and management of Hepatitis C.

Mental Health Support Clinic:
Available 10am – 5pm every Friday and provides face to face counselling and support.

Psychology Clinic:
Available 1pm – 5pm every second Monday, and 9am – 5pm every second Thursday and provides face to face psychology services and support.

Naturopath Wellness Clinic:
Available 10am – 11.30am every Thursday. A Naturopath supports people going through detoxification and in recovery to deal with physical and mental symptoms using homeopathic remedies.

Treatment Support Service:
Provides case management planning for clients with complex needs.

Arcadia Aftercare:
Provides post detoxification support for clients that attended Arcadia House Withdrawal and Detoxification Service (see page 60) and are not entering a rehabilitation program.

+ Comorbidity	Provides comorbidity and mental health specific clinics, information and referrals. Staff are trained in basic mental health, there are Counsellors and Psychologists on staff, and workers have expertise in motivational interviewing, expressive therapy and cognitive behavioural therapy. Assessments include a mental health component.
+ Alexander Maconochie Centre	Referrals to medical services and treatment support are accepted from Community Based Corrections as part of parole conditions. Clients may wish to work with the Inside-Out Throughcare Program. Staff at DIRECTIONS ACT who will support treatment and referrals into Althea Wellness Centre.
+ Bimberi Youth Justice Centre	Referrals to medical services and treatment support are accepted from Community Youth Justice as part of a young persons bail conditions.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.
+ Cost	Free for most clinics. Bulk billing available for General Practice Clinic for people with a Health Care Card. A small fee is charged for the Naturopathic Clinic.
+ Staff	Alcohol and Other Drug Workers, General Practitioners, Mental Health Workers, Naturopath, Nurses, Pharmacotherapy Nurse, Psychologists, Treatment Support Service Workers and Social Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.

Arcadia House Withdrawal and Detoxification Service, DIRECTIONS ACT

Provides up to 7 days of non-medicated residential support for people experiencing withdrawal from alcohol and other drugs.

Phone:	(02) 6253 3055
Fax:	(02) 6253 3086
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	arcadia@directionsact.com
Website:	www.directionsact.com
Location:	Calvary Hospital, Mary Potter Circuit, Bruce
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	24 hours
Treatment Approach:	Harm Minimisation; however, people need to be abstinent while in program.

+ Access Criteria

Target Group:	Females and males over 16 years of age inclusively who want to access a non-medicated detoxification. People under 18 years of age can be assessed for suitability and may be referred to youth services.
Area serviced:	ACT and interstate.
Income required:	No
Disability Access:	Yes
Detox required before accessing program:	No
Documentation required:	No
Medication:	Yes, however, a prescription and a dispensing regime must be provided prior to admission. Medication to assist detoxification is not permitted at Arcadia House. People who are assessed to be at risk in a non-medicated detoxification model are referred to the Alcohol and Drug Program, ACT Health.
Parents with accompanying children:	No
Couples:	No

+ How to Access / Referrals:

Contact: By phone 9am – 5pm, Monday – Friday.

Referral: Self or worker referral.

Waiting list: Varies, dependant on the requirements of other clients in the house and bed availability.

People waiting for admission are supported through other DIRECTIONS ACT services.

+ Intake & Assessment Admissions are available 9am – 3pm, Monday – Thursday. An over the phone assessment is required and is available 9am – 4pm, Monday – Friday. Bags will be searched upon entry and money and mobile phones will be held safely until completion of the program.

+ Program/s Provides up to 7 days of non-medicated residential support for people experiencing withdrawal from alcohol and other drugs.

Residents are assigned a Case Manager to help them achieve their desired goal. Counselling, 24 hour crisis support, excursions, herbal remedies, massage, service visits and aftercare support are also provided.

+ Comorbidity Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and motivational interviewing. Assessments include a mental health component. Cognitive group work is provided within the Relapse Prevention Program. If a person is experiencing mental health issues, a mental health care plan may be required prior to admission.

+ Alexander Maconochie Centre Referrals to residential detoxification are accepted from Community Based Corrections as part of parole conditions. Arcadia House does not accept people on bail conditions.

+ Aboriginal and Torres Strait Islander Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. DIRECTIONS ACT has a memorandum of understanding with Gugan Gulwan Youth Aboriginal Corporation for young people accessing detoxification services.

+ Culturally and Linguistically Diverse Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.

+ Cost \$175 on admission to cover all expenses. The fee is non-refundable even if the person decides to leave the program early. If the stay is over 7 days, a daily fee of \$25 is charged.

+ Staff Alcohol and Other Drug Workers and Counsellors.

+ Families / Carers Families and carers can access some DIRECTIONS ACT services.

Community Education Program, DIRECTIONS ACT

Provides flexible alcohol and other drug community education programs and support.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	jos@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden (main office)
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Community and government services, alcohol and other drug workers, and young people aged over 16 years of age inclusively. Education sessions are available for health days and for year 11 and 12 students.
Area serviced:	ACT
Income required:	No
Disability Access:	Yes, including ground floor access and toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, for individual face to face education as required.
Couples:	Yes

+ How to Access / Referrals:

Contact: By phone, 9am – 5pm, Monday – Friday.
Bookings are essential.

Referral: Self or worker referral to the Education Manager.
A request for education form must be completed.

Waiting list: No waiting list

+ Program/s Provides flexible and responsive alcohol and other drug community education programs based on harm minimisation principles.

+ Comorbidity Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and education packages on alcohol and other drugs and comorbidity can be provided.

+ Aboriginal and Torres Strait Islander Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

+ Culturally and Linguistically Diverse Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.

+ Cost Free or at a negotiated cost for education and training.

+ Staff Alcohol and Other Drug Educator / Counsellor.

+ Families / Carers Families and carers can access some DIRECTIONS ACT services.

Counselling and Advocacy Program, DIRECTIONS ACT

Provides counselling services for individuals, their families and friends affected by alcohol and other drugs.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	counselling@directionsact.com
Website:	www.directionsact.com
Location:	<p>Main Office: 1 Bradley Street, Woden</p> <p>City Health Centre: Cnr Alinga and Moore Streets, Canberra City</p> <p>Phillip Health Centre: Cnr Corinna and Keltie Streets, Phillip</p>
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males of any age affected by alcohol and other drug issues, whether they are individuals, friends or family members.
Area serviced:	ACT and surrounding areas
Income required:	No
Disability Access:	Yes, including ground floor access and toilets. Outreach can be provided to people who may not be able to access the office.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children may accompany parents for counselling sessions. Children can also access the Family Counsellor.
Couples:	Yes, however, referrals to relationship counselling may be provided.

+ How to Access / Referrals:

Contact: By phone, 9am – 5pm, Monday – Friday to make an appointment. Crisis counselling is also available by drop-in, 9am – 5pm, Monday – Friday in the main office of the Phillip and City Health Centres.

Referral: Self or worker referral. Referrals are accepted for people on court orders.

Waiting list: No waiting list.

+ Intake & Assessment Intake is available from 9am – 5pm, Monday – Friday. New clients are required to complete an assessment form.

+ Program/s Provides free and confidential counselling services for individuals, their families and friends affected by alcohol and other drug issues including:**Family Support Counselling:**

Family counselling for people experiencing issues associated with their friend or family members alcohol and other drug use. Counselling is available for parents, partners, children, friends or grandparents to develop strategies to cope with alcohol and other drug issues affecting the family.

Alcoholics Anonymous:

A group facilitated by an external provider for people experiencing alcohol issues, available 1pm – 2pm, Thursday.

Narcotics Anonymous:

A group facilitated by an external provider for people experiencing illicit drug issues, available 12.30pm – 1.30pm, Monday.

Compass Support Group:

A group for families to discuss issues and learn strategies to manage alcohol and other drug issues. Provides information, support, resources, and assists people to manage self care and wellbeing. Available 6pm – 8pm, every second Tuesday.

Continuing Care Counselling:

Counselling for those who have recently completed detoxification or rehabilitation and who are looking for strategies to prevent relapsing into past alcohol and other drug habits.

Youth Support Worker:

Information, counselling and referrals to young people around alcohol and other drug issues. Support can be provided to young people involved with Community Youth Justice.

+ Program/s (continued)	SMART Recovery: A cognitive behavioural therapy based group that assists people to recover from addiction. The 90 minute program is based on motivation to abstain, coping with urges, problem solving and lifestyle balance. SMART recovery is provided 10.30am – 12pm and 5.30 – 7pm on Tuesday and 3 – 4.30pm on Thursday.
+ Comorbidity	Provides comorbidity and mental health specific counselling, information and referrals. Staff are trained in mental health and are experienced in motivational interviewing, narrative therapy, expressive therapy and symbol work. Assessments include a mental health component.
+ Alexander Maconochie Centre	Counselling can be provided to existing DIRECTIONS ACT clients within the Alexander Maconochie Centre on an as needs basis. Referrals to counselling are accepted from Community Based Corrections as part of parole conditions.
+ Bimberi Youth Justice Centre	Counselling can be provided to young people who are existing DIRECTIONS ACT clients within Bimberi Youth Justice Centre on an as needs basis. Referrals to the Youth Support Worker are accepted from Community Youth Justice as part of a young person's bail conditions.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.
+ Cost	Free
+ Staff	Alcohol and Other Drug Workers, Counsellors and Social Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.
+ Other	Free crisis counselling is available through DIRECTIONS ACT Needle and Syringe Programs (see page 71) at Civic and Phillip Health Centres.

Inside-Out Throughcare Program, DIRECTIONS ACT

Provides support to people in, and post release from, the Alexander Maconochie Centre, or on remand and their families and friends to address alcohol and other drug issues.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	insideoutprogram@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males over the age of 18 years, who are experiencing alcohol and other drug issues and who are in, or post release from, the Alexander Maconochie Centre, or on remand and their families and friends.
Area serviced:	ACT
Income required:	No
Disability Access:	Yes
Detox required before accessing program:	No
Documentation required:	No
Medication:	No
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone or email, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	Varies

+ Intake & Assessment	Assessment and intake is provided in person for people in the Alexander Maconochie Centre. Appointments for assessment can also be made.
+ Program/s	<p>Provides support to people in, and post release from, the Alexander Maconochie Centre, people on remand and their families and friends to address alcohol and other drug issues in the following ways:</p> <p>Remand: Provides assessments, court advocacy, letter writing, advice on treatment options, support and access to primary health care.</p> <p>Pre Release: Works with ACT Corrective Services to provide case management, throughcare planning and support.</p> <p>Post Release: Provides case management, advice on treatment options, support and access to primary health care. People can also access advocacy and support for employment and housing options.</p>
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and motivational interviewing, and assessments include a mental health component.
+ Alexander Maconochie Centre	Program designed and delivered specifically for people in, or post release from the Alexander Maconochie Centre.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. Interpreters are utilised as required.
+ Cost	Free
+ Staff	Coordinator, Manager and Support Worker.
+ Families / Carers	Program designed and delivered specifically for families and carers to access support.

Maysoon, DIRECTIONS ACT

Provides support to women with young children who use, or are in recovery from, alcohol and other drugs.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	reception@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females who use, or are in recovery from, alcohol and other drugs with young children; including pregnant women and women with children on Care and Protection Orders.
Area serviced:	ACT
Income required:	No
Disability Access:	Yes, including ground floor access and toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	Women accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes. Free childcare can be provided.
Couples:	No

+ How to Access / Referrals:

Contact:	By phone or drop in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referrals.
Waiting list:	Maysoon runs twice a year for 8 weeks. Phone for group dates.

+ Intake & Assessment Contact reception for details regarding admission.

+ Program/s	Provides support, free meals, activities, information and access to services including a Registered Nurse and Counsellors for women with young children who use, or are in recovery from, alcohol and other drugs. Free childcare is available.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals to comorbid services within DIRECTIONS ACT and externally. Staff are trained in basic mental health.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.
+ Cost	Gold coin donation welcome.
+ Staff	Alcohol and Other Drug Worker and Peer Support Worker.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.



Needle & Syringe Program (NSP), DIRECTIONS ACT

Provides clean injecting equipment, information on safer injecting practices, crisis counselling, general health information, referrals, primary health care, NSP training for health workers and advice on harm minimisation.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	nsp@directionsact.com
Website:	www.directionsact.com
Location:	<p>City Health Centre: Cnr Alinga and Moore Streets, Canberra City</p> <p>Phillip Health Centre: Cnr Corinna and Keltie Streets, Phillip</p>
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males who use licit and illicit drugs.
Area serviced:	ACT
Income required:	No
Disability Access:	Yes, including ground floor access.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone or drop in, 9am – 5pm, Monday – Friday.
Referral:	No referral necessary.
Waiting list:	No waiting list.

+ Intake & Assessment No intake or assessment necessary.

+ Program/s	<p>Provides clean injecting equipment, information on safer injecting practices, crisis counselling and referrals, general health information, primary health care, NSP training for health workers and advice on harm minimisation.</p> <p>Primary NSP's at the City and Phillip Health Centres provide a range of sterile injecting equipment, primary health care and crisis counselling.</p> <p>Secondary NSP's distribute free 4 and 8 packs and condoms.</p> <p>Pharmacies throughout the ACT dispense 4 packs at a cost of \$2.</p> <p>Syringe vending machines dispense 4 packs at a cost of \$2 and are located at 4 health centres across the ACT: Belconnen, City, Tuggeranong and Phillip.</p>
+ Comorbidity	<p>Provides comorbidity and mental health specific information and referrals to comorbid services within DIRECTIONS ACT and externally. Crisis counselling and support are available at the City Health Centre. Staff are trained in basic mental health and counsellors are experienced in motivational interviewing and dialectical behaviour therapy.</p>
+ Aboriginal and Torres Strait Islander	<p>Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.</p>
+ Culturally and Linguistically Diverse	<p>Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.</p>
+ Cost	<p>Free to the daily limit. A small fee is charged for equipment over the daily limit as a cost recovery measure.</p>
+ Staff	<p>Alcohol and Other Drug Workers, Counsellors and Needle & Syringe Program Workers.</p>
+ Families / Carers	<p>Families and carers can access some DIRECTIONS ACT services.</p>

Outreach and Promotions Unit, DIRECTIONS ACT

Provides off-site programs and flexible service delivery options and referral pathways into services and programs.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	reception@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males of any age.
Area serviced:	ACT and surrounding areas.
Income required:	No
Disability Access:	Yes, off-site services are provided.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday.
Referral:	No referral necessary
Waiting list:	No waiting list.

+ Intake & Assessment

	No intake or assessment required.
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+ Program/s	Provides off-site programs and flexible service delivery in community spaces. Outreach is provided to Housing ACT tenants including referrals and free lunches. Health promotion activities are held at community events, universities and colleges.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals to comorbid services within DIRECTIONS ACT and externally. Staff are trained in basic mental health.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.
+ Cost	Free
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.



Party Safe, DIRECTIONS ACT

Provides information, resources and referrals to people aged 15 – 25 years about alcohol and associated issues.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	reception@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males aged 15 – 25 years.
Area serviced:	ACT and surrounding areas.
Income required:	No
Disability Access:	Yes; off-site services are provided.
Detox required before accessing program:	No
Documentation required:	No

+ How to Access / Referrals:

Contact:	For information during office hours contact the DIRECTIONS ACT reception by phone, 9am – 5pm, Monday – Friday.
Referral:	No referral necessary.
Waiting list:	No waiting list.

+ Intake & Assessment

+ Program/s	Provides information, resources, alcohol and other drug counselling, support and referrals for young people aged 15 – 25 years about alcohol and associated issues. The purple Party Safe Bus visits venues around Canberra including college and tertiary events. Subsidies for young people to access first aid courses are available.
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+ Comorbidity	Provides comorbidity and mental health specific information and referrals to comorbid services within DIRECTIONS ACT and externally. Staff are trained in basic mental health.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. German and Italian is spoken by some DIRECTIONS ACT staff.
+ Cost	Free
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.

Treatment Support Service, DIRECTIONS ACT

Provides case management and support to access treatment services. Assists people to understand pharmacotherapy alternatives and identify which treatment best meets their needs.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8004
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	tss@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males of any age with alcohol and other drug issues seeking pharmacotherapy or other treatment options.
Area serviced:	ACT and surrounding areas.
Income required:	No
Disability Access:	Yes, including ground floor access and toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes

+ How to Access / Referrals:

Contact:	Appointments can be made by phone, 9am – 5pm, Monday – Friday.
Referral:	Self and worker referral.
Waiting list:	No waiting list.

+ Intake & Assessment

	Intake is available 9am – 5pm, Monday – Friday. An over the phone or face to face assessment is required.
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+ Program/s	<p>Assists people to understand pharmacotherapy alternatives and identify which treatment best meets their needs. Provides access to treatment services, information on alternative therapy options, personal ongoing support, complaint assistance, advocacy and case management.</p> <p>Works closely with the Althea Wellness Centre (see page 57) to provide case management and support.</p> <p>Aftercare support for people leaving Arcadia House Withdrawal and Detoxification Service (see page 60) is also provided.</p>
+ Comorbidity	<p>Provides comorbidity and mental health specific information and referrals. Some alcohol and other drug and mental health counselling is provided. Staff are trained in basic mental health and motivational interviewing, and assessments include a mental health component.</p>
+ Alexander Maconochie Centre	<p>Referrals to case management are accepted from Community Based Corrections as part of parole conditions.</p>
+ Aboriginal and Torres Strait Islander	<p>Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.</p>
+ Culturally and Linguistically Diverse	<p>Referrals to culturally and linguistically diverse services can be provided. Interpreters are utilised as required.</p>
+ Cost	<p>Free</p>
+ Staff	<p>Arcadia Aftercare Worker and Treatment Support Service Manager.</p>
+ Families / Carers	<p>Families and carers can access some DIRECTIONS ACT services.</p>

Gugan Gulwan Youth Aboriginal Corporation

Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation

Provides information, support, advocacy, case management and court support to young people aged 12 – 25 years experiencing alcohol and other drug related issues.

Phone:	(02) 6231 9555
Fax:	(02) 6231 9933
Mailing Address:	PO Box 307, Erindale Centre, ACT 2903
Website:	www.gugan-gulwan.com.au
Location:	Grattan Court, Wanniasa
Parent Organisation:	Gugan Gulwan Youth Aboriginal Corporation
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males 12 – 25 years of age experiencing alcohol and other drug related issues. Aboriginal and Torres Strait Islander young people are given priority.
Area serviced:	ACT and surrounding areas
Income required:	No
Disability Access:	Yes
Detox required before accessing program:	No
Documentation required:	No
Medication:	Young people accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone or drop-in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral. A referral form must be completed.
Waiting list:	No waiting list.

+ Intake & Assessment	Assessments made through referral service and an over the phone and face to face interview.
+ Program/s	Provides a range of support services for Aboriginal and Torres Strait Islander young people, a component of which is the Drug and Alcohol Program. Provides information, support, advocacy, education and case management. Outreach and court support are also available.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. There is a Dual Diagnosis Worker with a case management and outreach focus.
+ Bimberi Youth Justice Centre	Provides fortnightly art therapy groups and regular case management to Aboriginal and Torres Strait Islander young people in Bimberi. Support can be provided to families and carers of young people in Bimberi.
+ Aboriginal and Torres Strait Islander	Programs designed and delivered specifically for Aboriginal and Torres Strait Islander young people. Gugan Gulwan Youth Aboriginal Corporation staff speak Aboriginal languages.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse information and referrals are provided.
+ Cost	Free
+ Staff	Coordinator, Detox Support Worker, Dual Diagnosis Worker and Outreach Worker.
+ Families / Carers	Family and carers can access some programs.

Ted Noffs Foundation ACT

Adolescent Drug Withdrawal Unit (ADWU), Ted Noffs Foundation ACT

Provides up to 14 days of residential support for young people aged 14 – 18 years experiencing withdrawal from alcohol and other drugs.

Phone:	(02) 6123 2400
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson, ACT 2602
Email:	tnfact@noffs.org.au
Website:	www.noffs.org.au
Location:	350 Antill Street, Watson
Parent Organisation:	Ted Noffs Foundation
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation, abstinence while in program.

+ Access Criteria

Target Group:	Females and males 14 – 18 years of age inclusively.
Area serviced:	ACT and surrounding areas, including Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong and Albury – Wodonga.
Income required:	No
Disability Access:	Yes. Ramps to all buildings and disabled toilets in living area.
Detox required before accessing program:	No
Documentation required:	Identification, and any prescriptions for medication.
Medication:	Young people accessing the service can be on prescription medications, however, it is assessed on a case by case basis.
Parents with accompanying children:	No
Couples:	No

+ How to Access / Referrals:	
Contact:	By phone, 9am – 4pm, Monday – Friday.
Referral:	Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.
Waiting list:	Varies, up to 2 weeks.
+ Intake & Assessment	<p>Intake is available 9am – 2pm, Monday – Thursday. The young person will be searched upon entry to the program and will need to provide a urine sample.</p> <p>Assessment may be conducted over the phone or in person from 8am – 3pm. Needs to be informed of any bail conditions or Care and Protection issues.</p>
+ Program/s	Provides up to 14 days of residential support for young people experiencing withdrawal from alcohol and other drugs. Young people are provided with a single room. Social and living skills, sport and recreation, vocational education, alcohol and other drug and safe behaviours information and education are available.
+ Comorbidity	Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and phone assessments include a mental health component.
+ Aboriginal and Torres Strait Islander	Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gudan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.
+ Cost	Free
+ Staff	Alcohol and other Drug Workers and Counsellors.
+ Families / Carers	Young people are able to make phone calls to family and carers and will need a phone card for interstate calls. Family and support people can access the Family and Carers Support Group.

Community Outreach & Outclient Program (CO-OP), Ted Noffs Foundation ACT

Supports young people aged 12 – 18 years who are experiencing alcohol and other drug issues in the community, and who do not want or need residential rehabilitation services.

Phone:	(02) 6123 2400
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson, ACT 2602
Email:	tnfact@noffs.org.au
Website:	www.noffs.org.au
Location:	350 Antill Street, Watson
Parent Organisation:	Ted Noffs Foundation
Opening Hours:	9am – 5pm, Monday – Friday. Day Program runs 10am – 3pm, Monday, Tuesday, Wednesday and Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males 12 – 18 years of age inclusively.
Area serviced:	ACT and Queanbeyan, provided the young person can get to one of the pick up points.
Income required:	No
Disability Access:	Yes. Ramps to all buildings and disabled toilets.
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications.
Parents with accompanying children:	Yes. Young people with children are welcome and assessed on a case by case basis.
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral, with the young person's involvement. Referrals are also accepted from the community.
Waiting list:	Varies, from 2 – 4 weeks.

+ Intake & Assessment	Intake is available from 9am – 12pm, Monday, Wednesday and Friday.
	The young person needs to phone and arrange an appropriate time for an assessment. This preferably occurs face to face, but can be done by phone if necessary. The young person will be contacted within a week regarding their suitability to access the program.
+ Program/s	Supports young people who are experiencing alcohol and other drug issues in the community and who do not want or need residential rehabilitation services. Provides a semi-structured day program on Monday, Tuesday, Wednesday and Friday from 10am – 3pm that offers information and education on substance use, assistance with schooling, cooking classes, auto mechanics, P Plate driving lessons, personal care and self esteem classes and referrals. Also provides one on one outreach, or outreach to schools and other services.
+ Comorbidity	Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available on request. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health.
+ Bimberi Youth Justice Centre	Provides weekly groups and program assessment for young people in Bimberi, and post release outreach.
+ Aboriginal and Torres Strait Islander	Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.
+ Cost	Free
+ Staff	Alcohol and other Drug Workers.
+ Families / Carers	Family and support people can access the Family and Carers Support Group.

Program for Adolescent Life Management (PALM), Ted Noffs Foundation ACT

Provides up to 3 months residential rehabilitation for young people aged 14 – 18 years experiencing alcohol and other drug issues.

Phone:	(02) 6123 2400
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson, ACT 2602
Email:	tnfact@noffs.org.au
Website:	www.noffs.org.au
Location:	350 Antill Street, Watson
Parent Organisation:	Ted Noffs Foundation
Opening Hours:	9am – 5pm, Monday – Friday.
Treatment Approach:	Harm Minimisation, abstinence while in program

+ Access Criteria

Target Group:	Females and males 14 – 18 years of age inclusively.
Area serviced:	ACT and surrounding areas including, Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong and Albury – Wodonga.
Income required:	No
Disability Access:	Yes, ramps to all buildings and disabled toilets in living area.
Detox required before accessing program:	Yes, which can be provided through the Adolescent Drug Withdrawal Unit (ADWU), Ted Noffs Foundation ACT (see page 81).
Documentation required:	Identification, and any prescriptions for medication.
Medication:	People accessing the service can be on prescription medications; however, it is assessed on a case by case basis.
Parents with accompanying children:	No
Couples:	No; however, referrals can be provided for individuals to interstate PALM programs.

+ How to Access / Referrals:

Contact: By phone, 9am – 5pm, Monday – Friday.

Referral: Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.

Waiting list: Varies.

+ Intake & Assessment Intake is available from 9am – 2pm, Monday – Thursday. The young person will be searched upon entry to the program and will need to provide a urine sample.

Assessment may be conducted over the phone or in person from 8am – 3pm. Needs to be informed of any bail conditions or Care and Protection issues.

+ Program/s Provides up to 3 months of residential rehabilitation. Young people are provided with a single room. Information, employment support, training, relationship building, mood management, personal growth and development, relapse prevention skills, life skills and group work are available.

Post program outreach is available through the Community Outreach and Outclient Program (CO – OP), Ted Noffs Foundation ACT (see page 83).

+ Comorbidity Provides comorbidity and mental health related information and referrals. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and assessments include a mental health component.

+ Bimberi Youth Justice Centre Referrals to residential programs are accepted from Community Youth Justice as part of a young persons bail conditions.

+ Aboriginal and Torres Strait Islander Provides mentoring to Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.
+ Cost	\$100 a week for young people receiving income support.
+ Staff	Alcohol and other Drug Workers and Counsellors.
+ Families / Carers	<p>Family are encouraged to arrange a time to visit the young person. Young people are also able to make phone calls to family and carers and will need a phone card for interstate calls. Family and support people can access the Family and Carers Support Group.</p>
	<p>After a young person has been in the program for a suitable length of time and shown progress towards their goals, leave can be arranged with their Counsellor.</p>

The Salvation Army

Canberra City Addiction Support Service, The Salvation Army

Provides a non-residential rehabilitation program for people aged 12 years and over wanting to address their alcohol and other drug issues, and their families.

Phone:	(02) 6248 7191
Fax:	(02) 6249 8166
Mailing Address:	GPO Box 435, Canberra, ACT 2601
Email:	nicole.smith@ae.salvationarmy.org
Location:	1 Elder Street, Braddon
Parent Organisation:	The Salvation Army
Opening Hours:	9am – 5pm, Monday – Friday. After hours appointments are available if staffing allows.
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Males and females, 12 years and over wanting to address their alcohol and other drug issues, and their families.
Area serviced:	ACT and interstate
Income required:	No, support can be provided to access income support.
Disability Access:	Limited access available.
Detox required before accessing program:	No
Documentation required:	Yes, photo identification, Medicare Card and Healthcare Card.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes
Couples:	Partners may access the service for information and education, however, are not able to access it as an individual whilst their partner is undergoing treatment.

+ How to Access / Referrals:

Contact:	By phone or email, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting list:	Dependant on service demand and staffing levels.

+ Intake & Assessment From 9.30am – 4.30pm, Monday – Friday. An appointment is required for an initial face to face or over the phone assessment.

+ Program/s Provides individual counselling, outreach, life skills development, case management, relapse prevention and information for individuals, schools and community groups. Groups may be run on relapse prevention, anxiety, addiction, gambling and anger management as required.

Also provides the Very Important Families (VIFs) support group, 7 – 9.30pm on the first Wednesday of every month, for parents and families affected by familial alcohol or other drug issues.

+ Comorbidity Provides holistic counselling for comorbid issues. Staff are trained in mental health and assessments include a mental health component. Provides comorbidity and mental health specific information and referrals. Access to an intern Psychologist with experience in dialectical behaviour therapy, cognitive behaviour therapy and motivational interviewing is available.

+ Alexander Maconochie Centre: Referrals are accepted from Community Based Corrections as part of parole conditions.

+ Aboriginal and Torres Strait Islander Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. Referrals to Aboriginal and Torres Strait Islander services can be provided.

+ Culturally and Linguistically Diverse Staff undertake basic cultural awareness training.

+ Cost Free for young people. Donations welcome.

+ Staff Alcohol and Other Drug Worker / Intern Psychologist, Family Support Worker and Chaplain.

+ Families / Carers Families and carers can access the program at the consent of the young person. Also provides a support group for parents and families. Chaplaincy and Pastoral Care are provided as required, and families and carers can access the program for support regarding a family member's alcohol and other drug issues.

Canberra Recovery Services, The Salvation Army

Provides a 10 month (43 week) residential rehabilitation program for men experiencing alcohol and other drug and / or gambling dependencies.

Phone:	(02) 6295 1256
Fax:	(02) 6295 3766
Mailing Address:	PO Box 4181, Kingston, ACT 2604
Email:	crs@ae.salvationarmy.org
Website:	www.salvos.org.au
Location:	5 –13 Mildura Street, Fyshwick
Parent Organisation:	The Salvation Army
Opening Hours:	8am – 5pm, Monday – Friday
Treatment Approach:	Abstinence

+ Access Criteria

Target Group:	Males over 18 years of age inclusively, with alcohol, drug and / or gambling dependencies.
Area serviced:	ACT and interstate
Income required:	Yes, assistance to access income support can be provided.
Disability Access:	No
Detox required before accessing program:	Yes
Documentation required:	Medicare and Centrelink numbers are required, other documentation determined through the assessment process.
Medication:	Prescription medications may be taken whilst in program but pharmacotherapies are generally not accepted. Enquiries regarding medications should be directed to the Assessment Officer.
Parents with accompanying children:	No, however ongoing support is available to families.
Couples:	No
Other:	The Salvation Army also provides facilities for women at other centres (some mixed men and women and another exclusively for women).

+ How to Access / Referrals:

Contact:	By phone or in person, 8am – 5pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting list:	Varies. People on the waiting list are encouraged to stay in contact. Additional support services can be arranged while on the waiting list.

+ Intake & Assessment Assessments are usually conducted over the phone. Enquiries should be directed to the Assessment Officer and an appointment for a telephone assessment will be made. All assessments are completed within 24 hours of a request being received. Referrals to other Salvation Army services may be suggested if considered appropriate.

Intake is available from 9am – 3pm, Monday – Thursday, however, intake day and times can be varied according to circumstances.

+ Program/s Provides a 10 month (43 week) residential program involving group and individual support sessions, work therapy, social activities, numeracy and literacy classes and attending Chapel. Participants attend local Alcohol, Narcotics or Gambling Anonymous meetings as part of their program. Participants are required to participate in all program activities, and various community meetings.

+ Comorbidity Provides case management with a focus on alcohol and other drugs and mental health. Some staff are trained in basic mental health and assessments include a mental health component. Comorbidity and mental health specific information and referrals are provided and access to a Psychologist is available.

+ Alexander Maconochie Centre: Referrals to residential treatment are accepted from Community Based Corrections as part of parole conditions

+ Aboriginal and Torres Strait Islander Provides Aboriginal and Torres Strait Islander specific support and referrals. The Visiting Medical Officer is experienced in working with Aboriginal and Torres Strait Islander people.

+ Culturally and Linguistically Diverse	Culturally and linguistically diverse information, resources and referrals can be provided as required. All staff are required to hold appropriate qualifications with a cultural diversity aspect.
+ Cost	One week's rent in advance plus a one-off \$10 chemist fee. Rental fee is based on people's level of income support.
+ Staff	Case Workers, Cook/Housekeeper, Support Workers, Team Leader, Visiting Medical Officer, Visiting Psychologist.
+ Families / Carers	Family and carers are welcome to visit the centre and can be supported to access other Salvation Army Programs such as the Canberra City Addiction Support Service (see page 88). Day leave on weekends is available after completing 4 weeks of the program, fortnightly weekend leave is available to people who have completed 9 weeks of the program.

Toora Women Inc.

Lesley's Place – Residential and Outreach, Toora Women Inc.

Provides recovery based supported accommodation for up to 3 months for women and accompanying children. Outreach support can be provided pre and post alcohol and other drug withdrawal.

Phone:	(02) 6241 7233
Fax:	(02) 6241 8299
Mailing Address:	PO Box 106, Jamison Centre, ACT 2614
Email:	lesleys@toora.org.au
Location:	Confidential
Parent Organisation:	Toora Women Inc.
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Residential Service: Abstinence approach including women on pharmacotherapies. Outreach Service: Both harm minimisation and abstinence approaches

+ Access Criteria

Target Group:	Women over 16 years of age inclusively, and women with accompanying children up to 12 years of age.
Area serviced:	ACT and surrounding areas.
Income required:	No
Disability Access:	Yes, however, suitability will be determined through assessment.
Detox required before accessing program:	Residential Service: Yes, workers provide transportation to women upon completion of withdrawal. Direct access from community to the service is also available. Outreach Service: No
Documentation required:	No
Medication:	Women accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are accepted up to 12 years of age.
Couples:	No

+ How to Access / Referrals:

Contact: By phone, 9am – 5pm, Monday - Friday. If a worker phones on a woman's behalf, an appropriate time and way to speak directly with the woman will be organised.

Referral: Self or worker referral. Referrals are accepted for women on court orders.

Waiting list: No waiting list.

+ Intake & Assessment Upon referral support options will be discussed.

Residential Service:

Assessment conducted once the woman has commenced a supervised withdrawal. Prior to this, support to access a detoxification service will be provided.

Outreach Service:

Assessments conducted in person. Home visits can be arranged. Following an assessment, contact will be made with the woman regarding possible support options. Intake is available from 9am – 5pm, Monday – Thursday.

+ Program/s

Residential Service:

Provides recovery based supported accommodation for up to 3 months. Women develop a recovery plan and support plan. Information, education, advocacy, referral and practical and emotional support is available.

Outreach Service:

Provides support for women who are pre, during and post withdrawal. Information, education, advocacy, referral and practical and emotional support is available.

+ Comorbidity

Provides referrals to, and has established links with a Psychologist. Staff are trained in basic mental health and assessments include a mental health component. Workers have gender specific expertise and are trained in trauma, mindfulness, art therapy, dialectical behaviour therapy and counseling.

+ Alexander Maconochie Centre:

Referrals to residential programs and outreach support are accepted from Community Based Corrections as part of parole conditions.

+ Aboriginal and Torres Strait Islander

Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Resources in other languages are available. All staff undertake cultural awareness training. Some Lesley's Place staff are from culturally diverse backgrounds such as Lebanon and Micronesia. French, Spanish, Croatian and Serbian is spoken by some Toora staff.
+ Cost	<p>Residential Service: \$50 per week for accommodation and food for single women. \$80 per week for accommodation and food for women with accompanying child/ren.</p> <p>Note: This is a standard fee regardless of the number of children. On arrival, women will also need to have \$10 for a refundable key deposit. A deposit of two weeks rent is asked for on arrival, however, alternative arrangements can be made if this is not possible.</p> <p>Outreach Service: Free</p>
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Information and referrals can be provided to families and carers.

Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.

Provides medium to long term recovery based supported accommodation for up to 12 months for women and accompanying children

Phone:	(02) 6241 7233
Fax:	(02) 6241 8299
Mailing Address:	PO Box 106, Jamison Centre, ACT 2614
Email:	marzenna@toora.org.au
Location:	Confidential
Parent Organisation:	Toora Women Inc.
Opening Hours:	8am – 4pm, Monday – Friday
Treatment Approach:	Abstinence, including women on pharmacotherapies

+ Access Criteria

Target Group:	Women over 16 years of age inclusively, and women with accompanying children up to 12 years of age.
Area serviced:	ACT and surrounding areas.
Income required:	No
Disability Access:	Yes, however, suitability will be determined through assessment.
Detox required before accessing program:	Women need to have been in recovery for a period of time (abstinent from alcohol and other drugs, and actively engaged in activities and strategies to maintain their recovery). Women who have been involved in rehabilitation programs or using pharmacotherapies are also suitable.
Documentation required:	No
Medication:	Women accessing the service can be on pharmacotherapies. Currently unable to accept women on benzodiazepines.
Parents with accompanying children:	Yes, children are accepted up to 12 years of age.
Couples:	No

+ How to Access / Referrals:

Contact: By phone, 8am – 4pm, Tuesday – Friday.

Referral: Self or worker referral. Referrals are accepted for women on court orders.

Waiting list: No waiting list.

+ Intake & Assessment Upon referral, support options will be discussed and a time for an assessment will be organised. Contact will be made with the woman following the assessment regarding possible support options.

Intake is available from 9am – 5pm,
Monday – Thursday.

+ Program/s Provides medium to long term recovery based supported accommodation for up to 12 months. Information, education, advocacy, referral and practical and emotional support are also available.

+ Comorbidity Provides referrals to, and has established links with a Psychologist. Staff are trained in basic mental health and assessments include a mental health component. Workers have gender specific expertise and are trained in trauma, mindfulness, art therapy, dialectical behaviour therapy and counseling.

+ Alexander Maconochie Centre: Referrals to residential programs and outreach support are accepted from Community Based Corrections as part of parole conditions.

+ Aboriginal and Torres Strait Islander Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

+ Culturally and Linguistically Diverse Culturally and linguistically diverse specific information and referrals can be provided. Resources in other languages are available. All staff undertake cultural awareness training. Some Marzenna staff speak Lebanese and Micronesian. French, Spanish, Croatian and Serbian is spoken by some Toora staff.

+ Cost 25% of income. A deposit of two weeks rent is asked for on arrival, however, alternative arrangements can be made if this is not possible.

+ Staff Alcohol and Other Drug Workers.

+ Families / Carers Information and referrals can be provided to families and carers.

Women's Information, Resources and Education on Drugs and Dependency (WIREDD), Toora Women Inc.

Provides information, education, counselling and resources to women to minimise the harm associated with dependence.

Phone:	(02) 6248 8600
Fax:	(02) 6257 5257
Email:	wiredd@toora.org.au
Location:	Room G03, Griffin Centre, 20 Genge St, Canberra City, 2601
Parent Organisation:	Toora Women Inc.
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Women of any age.
Area serviced:	ACT and surrounding areas.
Income required:	No
Disability Access:	Yes
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, women with accompanying children can access during drop-in hours.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday - Friday. Drop-in is available 11am – 4pm, Monday, Thursday and Friday, and 2pm – 4pm Tuesday.
Referral:	Self or worker referral. Referrals are accepted for women on court orders.
Waiting list:	No waiting list.

+ Intake & Assessment	By phone, 9am – 5pm, Monday – Friday or in person during drop-in hours. A simple form is to be filled in by women to access counselling.
+ Program/s	<p>Provides information, education and resources to women to minimise the harm associated with dependency. WIREDD also provides:</p> <p>Counselling: Individual counselling for women. Phone to make an appointment.</p> <p>Drop-In: Available 11am – 4pm, Monday, Thursday and Friday, and 2pm – 4pm on Tuesday for women and accompanying children.</p> <p>The Women’s Relapse Prevention Group: Covers topics such as practical strategies, self esteem, stress management, anger, support systems, body image, relationships and more. The group is run from 10.30am – 12.30pm on Tuesday. No booking required.</p> <p>Family of Origin Group: Explores family of origin issues, with a focus on growing up in a dysfunctional family. Bookings required.</p> <p>Beautiful Me Group: Explores women’s journeys with body image, with a focus on women and dependency. Looks at culture, media, self-esteem and more. Bookings required.</p>
+ Comorbidity	Provides comorbidity and mental health related groups, including a focus on body image, counseling, information and referrals. Staff receive clinical supervision from a comorbidity specialist. Workers have gender specific expertise and are trained in basic mental health, trauma, motivational interviewing, narrative therapy and dialectical behaviour therapy. Assessments include a mental health component.
+ Alexander Maconochie Centre:	Provides fortnightly outreach support in the areas of alcohol and other drugs, mental health and wellbeing and housing to women in the Alexander Maconochie Centre, and post release. Phone support is available daily to women in the Alexander Maconochie Centre. Referrals to WIREDD services are accepted from Community Based Corrections as part of parole conditions.

+ Aboriginal and Torres Strait Islander	Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through induction. Aboriginal and Torres Strait Islander specific information and referrals are provided.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse information and referrals are provided. Workers from non-english speaking backgrounds are employed. French, Spanish, Croatian and Serbian is spoken by some WIREDD staff. Other Toora staff speak Lebanese and Micronesian. Staff are required to undertake cultural awareness training through induction.
+ Cost	Free
+ Staff	Alcohol and Other Drug Workers and Counsellors.
+ Families / Carers	Information and referrals can be provided to families and carers.

Winnunga Nimmityjah Aboriginal Health Services

Substance Misuse Service, Winnunga Nimmityjah Aboriginal Health Services

Provides support to Aboriginal and Torres Strait Islander people experiencing alcohol and other drugs issues including counselling, advocacy, community education and referrals.

Phone:	(02) 6284 6222
Fax:	(02) 6284 6200
Mailing Address:	63 Boolimba Cres, Narrabundah, ACT 2604
Email:	winadmin@winnunga.org.au
Website:	www.winnunga.org.au
Location:	63 Boolimba Crescent, Narrabundah
Parent Organisation:	Winnunga Nimmityjah Aboriginal Health Services
Opening Hours:	9am – 4pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Female and male Aboriginal and Torres Strait Islander people of any age.
Area serviced:	ACT and surrounding areas.
Income required:	No
Disability Access:	Yes
Detox required before accessing program:	No
Documentation required:	No
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes
Couples:	Yes

+ How to Access / Referrals:

Contact:	By phone or drop in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	Varies.

+ Program/s	Provides counselling, advocacy, community education and referrals. Support is also provided to people accessing treatment programs. The Substance Misuse Worker also works closely with other Winnunga Nimmityjah staff to ensure holistic service provision.
+ Comorbidity	Provides comorbidity and mental health specific information, support and referrals. There is a Dual Diagnosis Worker on staff.
+ Alexander Maconochie Centre:	Winnunga Nimmityjah provides primary health care to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre through the Hume Health Centre.
+ Bimberi Youth Justice Centre	Alcohol and other drug assessments, case management and support are provided to Aboriginal and Torres Strait Islander young people in Bimberi, and post release as required. Support can also be provided to families and carers of young people in Bimberi.
+ Aboriginal and Torres Strait Islander	Programs designed and delivered specifically for Aboriginal and Torres Strait Islander people.
+ Cost	Free
+ Staff	Alcohol and Other Drug Workers, Bringing Them Home Counsellor, Dual Diagnosis Worker, 2 Social, Emotional Wellbeing Counsellors, Youth Detox Worker.
+ Families / Carers	Provides support, advocacy and referrals for families and carers.

www.aodsector.org.au

