

ACT ALCOHOL,  
TOBACCO AND  
OTHER DRUG  
SERVICES  
DIRECTORY

**December 2011**

8

**We acknowledge the traditional owners and continuing custodians of the lands of the ACT and we pay our respects to the Elders, their families and ancestors.**

**ABOUT THE ALCOHOL TOBACCO AND OTHER DRUG ASSOCIATION ACT**

The Alcohol Tobacco and Other Drug Association ACT (ATODA) is the peak body representing the non-government and government ATOD sector in the ACT. ATODA seeks to promote health through the prevention and reduction of the harms associated with ATOD.

ATODA works collaboratively to provide expertise and leadership in the areas of social policy, sector and workforce development, research, coordination, partnerships, communication, information and resources. ATODA is an evidence informed organisation that is committed to the principles of public health, human rights and social justice.

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## ACKNOWLEDGEMENTS

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► **The Alcohol Tobacco and Other Drug Association ACT Team:**

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- Carrie Fowlie;
- Chris McKay;
- Kathryn Sequoia;
- Luisa Coates;
- David McDonald, Consultant;
- Ray Lovett, Consultant.

► **The ACT ATOD Workers Group including:**

- ACT Corrective Services;
- Alcohol and Drug Services, Health Directorate;
- Alcohol and Other Drug (AOD) Policy Unit, Health Directorate;
- Alcohol Tobacco and Other Drug Association ACT (ATODA);
- Canberra Alliance for Harm Minimisation and Advocacy;
- CatholicCare Canberra and Goulburn;
- DIRECTIONS ACT;
- Gugan Gulwan Youth Aboriginal Corporation;
- Hepatitis Resource Centre ACT;
- Karralika Programs Inc.;
- Ted Noffs Foundation ACT;
- The Salvation Army;
- Toora Women Inc.; and,
- Winnunga Nimmityjah Aboriginal Health Services.

► **The ACT ATOD Executive Directors Group.**

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# THE ACT ALCOHOL, TOBACCO AND OTHER DRUG SERVICES DIRECTORY: **VERSION 8**

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The *ACT Alcohol, Tobacco and Other Drug Services Directory: Version 8* (the Directory) aims to support workers to make referrals to alcohol, tobacco and other drug (ATOD) services in the ACT; increase cross and intra-sectoral knowledge, and foster collaborations. It also aims to better communicate the diverse range of services and programs in the ACT ATOD sector.

The Directory was developed in response to the identified need of the ATOD sector, and has been produced as a partnership between the Alcohol Tobacco and Other Drug Association ACT and the ACT ATOD Workers Group.

## **What's new in version 8**

Version 8 contains the following new information: a map of service locations, profiles of ATOD programs delivered by ACT Corrective Services, and further information regarding Needle and Syringe Programs in the ACT (including sharps disposal and pharmacy outlets).

## **What's not in here**

ATODA acknowledges the gaps in this resource. Full profiles are provided for agencies represented on the ACT ATOD Workers Group. Briefer profiles are included on additional programs that provide ATOD specific programs.

## **Disclaimer**

This Directory is for information purposes only and should not be taken as advice. Every effort has been made to ensure that information is accurate at the time of publication.

## **Feedback**

The *ACT ATOD Services Directory* is updated biannually and feedback will inform its ongoing development. To provide suggestions, updates or comments please contact ATODA:

## **Alcohol Tobacco and Other Drug Association ACT**

**Phone:** (02) 6255 4070

**Email:** [info@atoda.org.au](mailto:info@atoda.org.au)

**Web:** [www.atoda.org.au](http://www.atoda.org.au)

# HOW TO USE THIS DIRECTORY

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This Directory is divided into the following sections:

## **1. Quick reference guide: by service type**

This section provides a snapshot of ACT ATOD services by treatment type. It groups the related services, programs and phone numbers under each service type category and references the page for the full profile. Service type categories are listed alphabetically.

## **2. Quick reference guide: by service name**

This section provides a snapshot of ACT alcohol, tobacco and other drug services by service name. It lists the service name, program name, description and phone number. Services are listed alphabetically.

## **3. Service profiles**

Profiles in this section are listed alphabetically and grouped according to service name. For services that have multiple programs, each program has an individual profile that is listed alphabetically under the service name.

**Note:** People accessing ATOD services will be assessed on a case-by-case basis; however, the information in this Directory can help guide appropriate referrals.

Each profile, where relevant, has information listed for:

### **SERVICE DESCRIPTION:**

A brief description of the general type of service provided.

### **CONTACT DETAILS:**

Includes the service/program phone number, fax number, mailing address, email address, location, and website where applicable.

### **PARENT ORGANISATION:**

Listed if the service is administered, managed and/or auspiced by a service or organisation of another name.

### **OPENING HOURS:**

States the opening hours of the service.

### **TREATMENT APPROACH:**

States the treatment approach the service uses, such as a harm reduction or abstinence approach.

### **ACCESS CRITERIA:**

Describes with whom the service works. Addresses target group, income requirements, disability access, required documentation, prescription medication, parents with accompanying children, and couples. Also outlines whether people are required to detoxify before accessing the service.

### **HOW TO ACCESS:**

Explains when and how to access the service, how to provide a referral and whether there is a current waiting list.

**INTAKE AND ASSESSMENT:**

Describes intake and assessment processes and times where relevant.

**PROGRAMS:**

Details what is offered by the service.

**COMORBIDITY:**

Provides information on the extent of services provided for people experiencing comorbid alcohol, tobacco and other drug and mental health issues.

**ALEXANDER MACONOCHIE CENTRE:**

Provides information on the extent of services provided to people in, or post release from, the Alexander Maconochie Centre.

**BIMBERI YOUTH JUSTICE CENTRE:**

Provides information on the extent of services provided to young people in, or post release from, Bimberi Youth Justice Centre.

**ABORIGINAL AND TORRES STRAIT ISLANDER:**

Provides information on the extent of services provided to Aboriginal and Torres Strait Islander people.

**CULTURALLY AND LINGUISTICALLY DIVERSE:**

Provides information on the extent of services provided to people from culturally and linguistically diverse backgrounds.

**TOBACCO MANAGEMENT:**

Provides information on the extent of services provided to reduce the harms associated with exposure to tobacco.

**COST:**

Provides information on costs of programs, if any.

**STAFFING:**

Lists the specialist staff that can be accessed through the service.

**FAMILIES/CARERS:**

Describes the extent to which the service works with family and carers.

**OTHER:**

Lists any other information that may be relevant.

**4. Additional services that provide ATOD specific programs**

Profiles in this section are listed alphabetically and contain a brief service description, basic contact details, opening hours, and additional service information if relevant.

**5. Needle and syringe programs**

This section provides information about the location and opening hours of primary outlets, secondary outlets, vending machines and pharmacy outlets in the ACT. Additional information is provided on equipment available through primary outlets and sharps disposal.

## TIPS FOR ENGAGING WITH THE ACT ALCOHOL, TOBACCO AND OTHER DRUG SECTOR

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The ACT ATOD sector is comprised of a diverse range of non-government and government services that work to promote health through the prevention and reduction of the harms associated with ATOD in the ACT community. The Health Directorate, ACT Government funds the services fully profiled in this Directory to provide a range of primary, secondary and tertiary services including:

- Assessments and referrals;
- Case management and support;
- Community information and education;
- Counselling;
- Detoxification;
- Family support services;
- Needle and syringe programs;
- Outreach support;
- Pharmacotherapies;
- Recreational and cultural activities;
- Rehabilitation;
- Relapse prevention; and,
- Resilience and life skills training.

*Source: Siggins Miller. (2007). External Review of the ACT Alcohol and Other Drug Services System. ACT: Report to ACT Health.*

For more information on treatment types and definitions visit <http://www.aihw.gov.au/alcohol-and-other-drugs-treatment-services-statistics/>.

### **Seeking advice from an ACT Alcohol, Tobacco and Other Drug Service**

The literature overwhelmingly states that in order to better support people affected by ATOD issues, the service system needs to take a holistic approach and work in collaboration across sectors.

Early recognition of an ATOD related problem is important. It can enable intervention to occur before dependence has developed, or before problems become more complex and difficult to treat.

By working together, services and sectors can take many practical steps to better support and improve the health and wellbeing of the ACT community.

The ATOD sector provides resources that can be utilised across sectors including information, education and support on treatment planning. The many programs listed in this Directory provide a contact point for cross-sectoral workers to gain assistance regarding the identification, treatment and management of ATOD issues.

**Tip:** If you are not sure which service may best suit someone, call the Alcohol and Drug Services, Health Directorate on (02) 6207 9977, 24 hours a day for information and advice.

## **Making an effective referral to an ACT Alcohol, Tobacco and Other Drug Service**

People are presenting at ATOD and allied services with increasingly complex issues. This increasing demand on the service system requires workers to offer appropriate and effective support and referrals. Although this Directory provides a useful tool to support referrals, it is vital that workers also further familiarise themselves with individual services and their referral processes.

Making an effective referral to an ACT ATOD service requires an up-to-date knowledge of the diverse and multi-disciplinary range of services that work with people who are experiencing ATOD issues. This will ensure that accurate and clear information is provided to people about what services are available to them. Workers must also be aware of barriers that people may face when accessing an ATOD service to ensure that a timely and suitable referral is provided.

The choice of referral processes depends on the needs of the person, organisational policies and agencies' referral processes. Referral processes can take many forms, from a facilitated over-the-phone referral to the utilisation of shared referral tools.

Below are some tips that may help a worker when providing a referral to an ACT ATOD service:

### **WHAT IS A REFERRAL?**

A referral is a process by which a worker assists a person/client to:

- Assess and prioritise their immediate needs; and,
- Provide assistance to identify and access services (such as setting up appointments and providing transportation).

### **WHY ENGAGE IN THE REFERRAL PROCESS?**

It is important to fully engage in the referral process as often people who have been referred have:

- A high attrition rate following their first appointment;
- A high rate of 'no shows';
- No guarantee of a good match between person/client and the service to which they have been referred; and,
- Reluctance to return to the place of initial contact (i.e. your service).

### **WHO DO I REFER?**

A worker can refer any person/client who may benefit from treatments or services that their service may not be able or willing to provide. Remember that for the person/client, referral is a voluntary process that should always involve them.

### **HOW CAN I SUPPORT AN EFFECTIVE REFERRAL?**

When making a referral it is important to liaise with a relevant ATOD service and find out more about what they do and how they provide their service (such as: what is their treatment philosophy? What general or specialist services do they offer? What is their access criteria?)

With the consent of the person/client, provide information to support the referral. High involvement in referral has been associated with higher uptake and retention in treatment.

**SOME TIPS TO SUPPORT A REFERRAL CAN INCLUDE:**

- Arranging appointments for the person/client and giving them instructions on how to get there;
- Providing information to the person/client about the service they have been referred to;
- Building expectations of good outcomes; and,
- Asking permission to call the person/client to follow-up with the outcome of the referral.

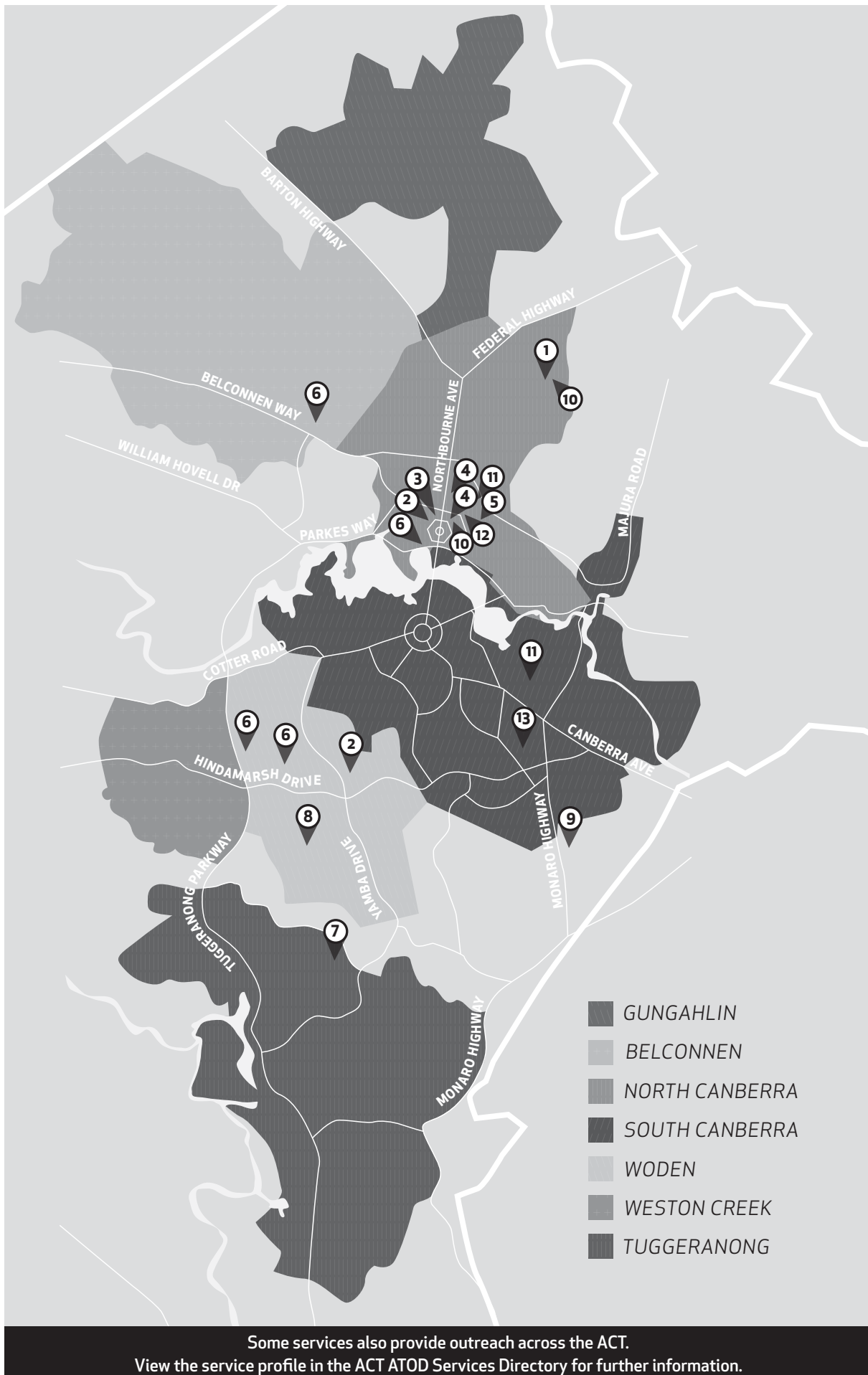
**WHEN TO MAKE A REFERRAL TO AN ATOD SERVICE?**

It is important to refer when the person/client requests a referral, or when a service is unable to respond to the specific needs of that individual. ATOD may be the primary presenting issue; however, these issues are often identified when the person presents for another matter.

Your role in making an effective referral will depend on:

- Your specific skills, knowledge and abilities to intervene with ATOD issues;
- The amount of time you are prepared to invest in responding to these issues;
- Your decision to engage in a shared care relationship with other service providers; and,
- Your relationship and willingness to continue providing support to the person/client.

*Adapted from:* National Centre for Education and Training on Addiction. (2004). *Resource Kit for GP Trainers on Illicit Drug Issues*. South Australia: Prepared for the Australian Government Department of Health and Ageing.



<b>SERVICE</b>	<b>SERVICE BASED FROM THIS LOCATION / SITE</b>
<b>1. ALCOHOL TOBACCO AND OTHER DRUG ASSOCIATION ACT</b>	
350 Antill Street, Watson	N/A
<b>2. ALCOHOL AND DRUG SERVICES, HEALTH DIRECTORATE</b>	
Health Directorate Building, Level 1, 1 Moore St, Canberra City	- Aboriginal Liaison Officer - Counselling and Treatment Service - Diversion Services
Building 7, The Canberra Hospital, Palmer Street, Garran	- Comorbidity Officer - Consultation and Liaison Service - Integrated Multi-agencies for Parents and Children Together (IMPACT) - Opioid Treatment Service - Withdrawal Unit
<b>3. ALCOHOL AND OTHER DRUG POLICY UNIT, HEALTH DIRECTORATE, ACT GOVERNMENT</b>	
Level 2, 11 Moore St, Canberra City	N/A
<b>4. CANBERRA ALLIANCE FOR HARM MINIMISATION AND ADVOCACY (CAHMA)</b>	
Level 1, Sydney Building, 112 – 116 Alinga Street, Canberra City	- CAHMA - The Connection
<b>5. CATHOLICCARE CANBERRA AND GOULBURN</b>	
Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell	- GrogWatch - Sobering Up Shelter
<b>6. DIRECTIONS ACT</b>	
1 Bradley Street, Woden	- Althea Wellness Centre - Community Education Program - Community Health Promotion - Counselling Program - Inside-Out Throughcare Program - Maysoon - Party Safe - Treatment Support Service
Calvary Hospital, Mary Potter Circuit, Bruce	- Arcadia House Withdrawal and Residential Transition Service
Cnr Alinga and Moore Streets, Canberra City (City Health Centre)	- Needle and Syringe Program - Counselling Program
Cnr Corinna and Keltie Streets, Phillip (Phillip Health Centre)	- Needle and Syringe Program - Counselling Program
<b>7. GUGAN GULWAN YOUTH ABORIGINAL CORPORATION</b>	
Grattan Court, Wanniasa	- Drug and Alcohol Program
<b>8. KARRALIKA PROGRAMS INC</b>	
Level 1, 67 Townshend Street, Phillip	- Alcohol and Drug Driving Awareness
Confidential	- Child and Family Services - Karralika Therapeutic Community Adult Program - Karuna Short-Stay Program - The Nexus Program
<b>9. KARRALIKA PROGRAMS INC &amp; ACT CORRECTIVE SERVICES, ACT GOVERNMENT</b>	
Alexander Maconochie Centre, 10400 Monaro Highway, Hume	Solaris Therapeutic Community
<b>10. TED NOFFS FOUNDATION ACT</b>	
23 East Row, Civic	- Continuing Adolescent Life Management (CALM) - Community Outreach and Outclient Program (CO-OP)
350 Antill Street, Watson	Program for Adolescent Life Management (PALM) - Withdrawal Unit, PALM
<b>11. THE SALVATION ARMY</b>	
1 Elder Street, Braddon	- Canberra City Oasis Drug and Alcohol Support Service
5-13 Mildura Street, Fyshwick	- Canberra Recover Services
<b>12. TOORA WOMEN INC</b>	
Confidential	- Lesleys Place (residential and outreach) - Marzenna Drug and Alcohol Halfway House for Women
Room G03, Griffin Centre, 20 Genge St, Canberra City 2601	Women's Information, Resources and Education on Drugs and Dependency (WIREDDD), Toora Women Inc.
<b>13. WINNUNGA NIMMITYJAH ABORIGINAL HEALTH SERVICES</b>	
63 Boolimba Crescent, Narrabundah	- Substance Misuse Service

## ACT ATOD SERVICES QUICK REFERENCE GUIDE: BY SERVICE TYPE

The table below contains a snapshot of ACT ATOD service treatment types. It groups the related services, programs and phone numbers under each service type category. Service type categories are listed alphabetically.

### ABORIGINAL AND TORRES STRAIT ISLANDER SPECIFIC PROGRAMS

Aboriginal Liaison Officer (ALO), Alcohol and Drug Services	(02) 6207 9977 (02) 6205 8387	pg 26
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 76
The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1671 (02) 6279 1670	pg 48
Winnunga Nimmitjiah Aboriginal Health Services	(02) 6284 6222	109 pg

### ATOD SUPPORTED ACCOMMODATION AND HALFWAY HOUSES

Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 102
Marzena Drug and Alcohol Halfway House for Women, Toora Women Inc.	(02) 6241 7233	pg 104
The Nexus Program, Karralika Programs Inc.	(02) 6163 0200	pg 86

### COMMUNITY AND HEALTH PROMOTION PROGRAMS

Community Education Program, DIRECTIONS ACT	(02) 6122 8000	pg 59
Community Health Promotion, DIRECTIONS ACT	(02) 6122 8000	pg 61
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 76
Party Safe, DIRECTIONS ACT	(02) 6122 8000	pg 72
Alcohol and Drug Driving Awareness, Karralika Programs Inc.	(02) 6163 0200	pg 78
Substance Misuse Service, Winnunga Nimmitjiah Aboriginal Health Services	(02) 6284 6222	pg 109

### COMORBIDITY

All services provide comorbidity support; see profiles for the extent. For more information contact the Comorbidity Officer at the Alcohol and Drug Service, Health Directorate on (02) 6244 2591.

### COUNSELLING

Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 98
Counselling and Treatment Service, Alcohol and Drug Service	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 32
Counselling Program, DIRECTIONS ACT	(02) 6122 8000	pg 63
Substance Misuse Service, Winnunga Nimmitjiah Aboriginal Health Services	(02) 6284 6222	pg 109
Women's Information, Resources and Education on Drugs and Dependency (WIREDDD), Toora Women Inc.	(02) 6248 8600	pg 106

**DROP-IN**

Continuing Adolescent Life Management, Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 90
Women's Information, Resources and Education on Drugs and Dependency (WIREDDD), Toora Women Inc.	(02) 6248 8600	pg 106

**FAMILY SPECIFIC PROGRAMS**

Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 98
Child and Family Services, Karralika Programs Inc.	(02) 6292 2733 (Reception) (02) 6163 0200 (Intake and assessment)	pg 80
Counselling and Treatment Service, Alcohol and Drug Service	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 32
Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Service	(02) 6244 2591 1800 211 274 (Toll free)	pg 38
Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 102
Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.	(02) 6241 7233	pg 104
Maysoon, DIRECTIONS ACT	(02) 6122 8000	pg 68

**GROUPS**

Alcohol and Drug Driving Awareness, Karralika Program Inc.	(02) 6163 0200	pg 78
Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 45
Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 92
Counselling and Treatment Services, Alcohol and Drug Service	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 32
Counselling Program, DIRECTIONS ACT	(02) 6122 8000	pg 63
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 76
Maysoon, DIRECTIONS ACT	(02) 6122 8000	pg 65
The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1671 (02) 6279 1670	pg 48
Women's Information, Resources and Education on Drugs and Dependency (WIREDDD), Toora Women Inc.	(02) 6248 8600	pg 106

**JUSTICE**

Alcohol and Drug Driving Awareness, Karralika Programs Inc.	(02) 6163 0200	pg 78
Diversion Services, Alcohol and Drug Service	(02) 6205 4515	pg 35
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 76
Grog Watch, CatholicCare Canberra and Goulburn	(02) 6163 3711 (02) 6163 7600	pg 50
Inside-Out Throughcare Program, DIRECTIONS ACT	(02) 6122 8000	pg 66

Solaris Therapeutic Community, Alexander Maconochie Centre, Karralika Programs Inc. and ACT Corrective Services	(02) 6207 0238 (Karralika Programs Co-Manager)  (02) 6207 0862 (ACT Corrective Services Co-Manager)	pg 88
Substance Misuse Service, Winnunga Nimmityjah Aboriginal Health Services	(02) 6284 6222	pg 109
The Sobering Up Shelter, CatholicCare Canberra and Goulburn	(02) 6163 3711	pg 52
Women's Information, Resources and Education on Drugs and Dependency (WIREDD), Toora Women Inc.	(02) 6248 8600	pg 106

### **MEDICAL SUPPORT**

Althea Wellness Centre, DIRECTIONS ACT	(02) 6122 8080	pg 54
Consultation Liaison Service, Alcohol and Drug Service	(02) 6244 2591	pg 30
Opioid Treatment Service, Alcohol and Drug Service	(02) 6207 9977	pg 40
Winnunga Nimmityjah Aboriginal Health Services	(02) 6284 6222	pg 109
Withdrawal Unit, Alcohol and Drug Service	(02) 6207 9977	pg 42

### **MEN'S SPECIFIC**

Solaris Therapeutic Community, Alexander Maconochie Centre, Karralika Programs Inc. and ACT Corrective Services	(02) 6207 0238 (Karralika Programs Co-Manager)  (02) 6207 0862 (ACT Corrective Services Co-Manager)	pg 88
The Nexus Program, Karralika Programs Inc.	(02) 6163 0200	pg 86

### **NEEDLE AND SYRINGE PROGRAM (NSP)**

Community Health Promotion, DIRECTIONS ACT	(02) 6122 8000	pg 61
Needle and Syringe Program (NSP), DIRECTIONS ACT	(02) 6122 8000	pg 70

*For a full list of primary and secondary NSPs, pharmacies and syringe vending machines, see page 117.*

### **OUTREACH SPECIFIC PROGRAMS**

Aboriginal Liaison Officer, Alcohol and Drug Service	(02) 6207 9977 (02) 6205 8387	pg 26
Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 98
Community Education Program, DIRECTIONS ACT	(02) 6122 8000	pg 59
Community Health Promotion, DIRECTIONS ACT	(02) 6122 8000	pg 61
Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 92
Comorbidity Officer, Alcohol and Drug Service	(02) 6244 2591	pg 28
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 76
Grog Watch, CatholicCare Canberra and Goulburn	(02) 6163 3711 (02) 6163 7600 (Business hours)	pg 50

Inside-Out Throughcare Program, DIRECTIONS ACT	(02) 6122 8000	pg 66
Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 102
Party Safe, DIRECTIONS ACT	(02) 6122 8000	pg 72

### PEER SUPPORT

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 45
The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1671 (02) 6279 1670	pg 48

### PHARMACOTHERAPY SUPPORT

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 45
Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Service	(02) 6244 2591 1800 211 274 (Toll free)	pg 38
Opioid Treatment Service, Alcohol and Drug Service	(02) 6207 9977	pg 40
Treatment Support Service, DIRECTIONS ACT	(02) 6122 8080	pg 74

### POLICY AND SECTOR SUPPORT

Alcohol and Other Drug Policy Unit, Health Directorate	13 22 81	pg 44
Alcohol Tobacco and Other Drug Association ACT	(02) 6255 4070	pg 23

### RESIDENTIAL REHABILITATION

Arcadia House Withdrawal and Residential Transition Services, DIRECTIONS ACT	(02) 6253 3055	pg 57
Canberra Recovery Services, The Salvation Army	(02) 6295 1256	pg 100
Child and Family Services, Karralika Programs Inc.	(02) 6292 2733	pg 80
Karralika Therapeutic Community Adult Program, Karralika Programs Inc.	(02) 6292 2733	pg 82
Karuna Short-Stay Program, Karralika Programs Inc.	(02) 6292 2733	pg 84
Program for Adolescent Life Management, Ted Noffs Foundation ACT	(02) 6123 2400	pg 94

### SOBERING UP SHELTER

The Sobering Up Shelter, CatholicCare Canberra and Goulburn	(02) 6163 3711	pg 52
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### TOBACCO MANAGEMENT

All services provide tobacco management support; see profiles for the extent.

## TREATMENT ADVICE/SUPPORT

Alcohol and Drug Service	(02) 6207 9977	pg 26
Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 45
Inside-Out Throughcare Program, DIRECTIONS ACT	(02) 6122 8000	pg 66
Treatment Support Service, DIRECTIONS ACT	(02) 6122 8080	pg 74

## WITHDRAWAL SUPPORT

Arcadia House Withdrawal and Residential Transition Services, DIRECTIONS ACT	(02) 6253 3055	pg 57
Withdrawal Unit, Alcohol and Drug Service	(02) 6207 9977	pg 42
Withdrawal Unit, Ted Noffs Foundation ACT	(02) 6123 2400	pg 96

## WOMEN'S SPECIFIC

Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 102
Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.	(02) 6241 7233	pg 104
Maysoon, DIRECTIONS ACT	(02) 6122 8000	pg 68
Women's Information, Resources and Education on Drugs and Dependency (WIRED), Toora Women Inc.	(02) 6248 8600	pg 106

## YOUNG PEOPLE

Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 98
Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 92
Continuing Adolescent Life Management (CALM), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 90
Counselling and Treatment Service, Alcohol and Drug Service	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 32
Counselling Program, DIRECTIONS ACT	(02) 6122 8000	pg 63
Grog Watch, CatholicCare Canberra and Goulburn	(02) 6163 3711 (02) 6163 7600 (Business hours)	pg 50
Drug and Alcohol Program, Gagan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 80
Party Safe, DIRECTIONS ACT	(02) 6122 8000	pg 72
Withdrawal Unit, Ted Noffs Foundation ACT	(02) 6123 2400	pg 96

## ACT ATOD SERVICES QUICK REFERENCE GUIDE: BY SERVICE NAME

The table below contains a snapshot of ACT alcohol, tobacco and other drug services by service name. It lists the service name, program name, description and phone number. Services are listed alphabetically.

### ALCOHOL TOBACCO AND OTHER DRUG ASSOCIATION ACT (ATODA)

Alcohol Tobacco and Other Drug Association ACT (ATODA)	Peak body representing the non-government and government ATOD sector in the ACT. Works collaboratively to provide expertise and leadership in the areas of social policy, sector and workforce development, research, coordination, partnerships, communication, information and resources.	(02) 6255 4070
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### ALCOHOL AND DRUG SERVICE (ADS), HEALTH DIRECTORATE

Aboriginal Liaison Officer (ALO)	Provides support to Aboriginal and Torres Strait Islander people to access and participate in ATOD services.	(02) 6207 9977
Comorbidity Officer	Provides consultation, liaison and clinical work for people experiencing comorbid ATOD and mental health issues.	(02) 6244 2591
Consultation Liaison Service	Provides support, information and referrals for people in the ACT's acute hospitals who are experiencing ATOD dependencies.	
Counselling and treatment service	Provides ATOD counselling for adults, young people, family members and carers, including a range of therapeutic and educational groups.	(02) 6207 9977
Diversion Services	Provides programs that aim to divert people apprehended for ATOD use or ATOD related offences from the judicial system into the health system.	
Integrated Multi-agencies for Parents and Children Together (IMPACT)	Provides support to people who are receiving opioid maintenance therapy who are pregnant or have a child under the age of two years.	1800 211 274 (Toll free) or (02) 6244 2591
Opioid Treatment Service	Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use; and coordinated care by working with other health and pharmacotherapy services.	(02) 6207 9977
Withdrawal Unit	Provides up to seven days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from ATOD.	

### ALCOHOL AND OTHER DRUG POLICY UNIT, POLICY AND GOVERNMENT RELATIONS, HEALTH DIRECTORATE

Alcohol and Other Drug Policy Unit	Provides advice in relation to alcohol and other drug policy development through the ACT Government Health Directorate.	13 22 81
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**CANBERRA ALLIANCE FOR HARM MINIMISATION AND ADVOCACY (CAHMA)**

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	Provides a peer based users group run by and for past or current illicit/injecting drug users, their families and friends.	(02) 6279 1670
The Connection	Provides a peer based support program for Aboriginal and Torres Strait Islanders and other people who are past or present illicit/injecting drug users, their families and friends.	(02) 6279 1671

**CATHOLICCARE CANBERRA AND GOULBURN**

Grog Watch	Provides up to three months of outreach support for young people, aged 12 – 24 years, who have come to the attention of ACT Policing, ACT Ambulance Service or other services for problematic behaviours associated with alcohol use.	(02) 6163 3711 or (02) 6163 7600
Sobering Up Shelter	An overnight facility for men and women over the age of 18 to recover from alcohol and other drug intoxication.	

**DIRECTIONS ACT**

Althea Wellness Centre	Provides health clinics for people with past or current ATOD issues.	(02) 6122 8080
Arcadia House Withdrawal and Residential Transition Services	Provides up to seven days of non-medicated residential support for people experiencing withdrawal from ATOD and also offers an eight week residential transition program.	(02) 6253 3055
Community Education Program	Provides flexible ATOD community education programs and support.	(02) 6122 8000
Community Health Promotion	Provides off-site programs and flexible service delivery options and referral pathways into DIRECTIONS ACT services and programs.	
Counselling Program	Provides counselling services for individuals, their families and friends affected by ATOD.	
Inside-Out Throughcare Program	Provides support to people in, and post release from, the Alexander Maconochie Centre, or on remand and their families and friends to address ATOD issues.	
Maysoon	Provides support to women with young children who use, or are in recovery from ATOD.	
Needle and Syringe Program (NSP)	Provides clean injecting equipment, information on safer injecting practices, crisis counselling, general health information, referrals, primary health care, NSP training for health workers and advice on harm minimisation.	
Party Safe	Provides information, resources and referrals to people aged 15 – 25 years about alcohol and associated issues.	
Treatment Support Service (TSS)	Provides case management and support to people to understand and access pharmacotherapies, and other treatment and support options that will best meet their needs.	

**GUGAN GULWAN YOUTH ABORIGINAL CORPORATION**

Drug and Alcohol Program	Provides information, support, advocacy, case management and court support to young people aged 12 – 25 years experiencing ATOD related issues.	(02) 6296 8900
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**KARRALIKA PROGRAMS INC.**

Alcohol and Drug Driving Awareness	Provides an education program for people who have been convicted of or are facing charges for drink-driving offences.	(02) 6163 0200
Child and Family Services	Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for adults with ATOD dependencies and accompanying children.	(02) 6292 2733
Karralika Therapeutic Community Adult Program	Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for single adults and couples with ATOD dependencies.	
Karuna Short-Stay Program	Provides eight weeks of residential rehabilitative care within a therapeutic community setting for single adults and couples with ATOD dependencies.	
The Nexus Program	Provides the Men's Halfway House Program that offers a community based treatment program for people experiencing alcohol and other drug issues.	(02) 6163 0200

**KARRALIKA PROGRAMS INC. AND ACT CORRECTIVE SERVICES, ACT GOVERNMENT**

Solaris Therapeutic Community, Alexander Maconochie Centre	Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by ATOD use and related dependencies using the therapeutic community approach to treatment.	(02) 6207 0238
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**TED NOFFS FOUNDATION ACT**

Continuing Adolescent Life Management	Provides support for young people aged 13 – 21 years experiencing ATOD, comorbidity or criminal justice issues.	(02) 6218 6700
Community Outreach and Outclient Program (CO-OP)	Supports young people aged 12 – 18 years who are experiencing ATOD issues in the community, and who do not want or need residential rehabilitation services.	(02) 6218 6700
Program for Adolescent Life Management (PALM)	Provides up to three months residential rehabilitation for young people aged 14 – 18 years experiencing ATOD issues.	(02) 6123 2400
Withdrawal Unit	Provides up to 14 days of non-medicated residential support for young people aged 14 – 18 years experiencing withdrawal from ATOD.	

**THE SALVATION ARMY**

Canberra City Oasis Drug and Alcohol Support Service	Provides a non-residential rehabilitation program for people aged 12 years and over wanting to address their ATOD issues, and their families.	(02) 6248 7191
Canberra Recovery Service	Provides a ten month (43 week) residential rehabilitation program for men and women experiencing ATOD and/or gambling dependencies.	(02) 6295 1256

**TOORA WOMEN INC.**

Lesley's Place – Residential and Outreach	Provides recovery based supported accommodation for up to three months for women and women with accompanying children. Outreach support can be provided pre and post ATOD withdrawal.	(02) 6241 7233
Marzenna Drug and Alcohol Halfway House for Women	Provides medium to long-term recovery based supported accommodation for up to 12 months for women and accompanying children.	
Women's Information, Resources and Education on Drugs and Dependency (WIREDDD)	Provides information, education, counselling and resources to women to minimise the harm associated with ATOD dependence.	(02) 6248 8600

**WINNUNGA NIMMITYJAH ABORIGINAL HEALTH SERVICE**

Substance Misuse Service	Provides support to Aboriginal and Torres Strait Islander people experiencing ATOD issues including counselling, advocacy, community education and referrals.	(02) 6284 6222
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## ▶ ALCOHOL TOBACCO AND OTHER DRUG ASSOCIATION ACT (ATODA)

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### Alcohol Tobacco and Other Drug Association ACT (ATODA)

Peak body representing the non-government and government ATOD sector in the ACT, works collaboratively to provide expertise and leadership in the areas of social policy, sector and workforce development, research, coordination, partnerships, communication, information and resources.

<b>Phone:</b>	(02) 6255 4070
<b>Fax:</b>	(02) 6255 4649
<b>Mailing Address:</b>	PO Box 7187, Watson ACT 2602
<b>Email:</b>	info@atoda.org.au
<b>Website:</b>	www.atoda.org.au
<b>Location:</b>	350 Antill Street, Watson
<b>Opening Hours:</b>	9am – 5pm, Monday – Friday



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#### ACCESS CRITERIA

**Target Group:** ACT ATOD sector and allied stakeholders.

**Area serviced:** ACT.

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#### HOW TO ACCESS / REFERRALS:

**Contact:** By phone or email, 9am – 5pm, Monday – Friday.

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#### PROGRAM/S

Provides activities that facilitate opportunities for the continual improvement of the ATOD workforce, and that build the capacity of the ACT ATOD service system including:

**ATOD Workers Group:**

A group comprised of one nominated representative from each ATOD treatment service in the ACT. The group meets monthly and participates in the development, implementation and evaluation of key sector support activities.

**ATOD Sector Website ([www.atoda.org.au](http://www.atoda.org.au)):**

Provides information about, and is a central contact point for, the ACT ATOD sector. The website is regularly updated and includes information on the ACT ATOD sector and ATODA activities.

**ATOD Services Directory (this document):**

Provides profiles of ATOD services in the ACT. The Directory aims to support workers to make referrals to ACT ATOD services, increase cross and intra-sectoral knowledge and foster collaborations. It also aims to better communicate the diverse range of services and programs in the ACT ATOD sector. The Directory is produced every 6 months and is available electronically at [www.atoda.org.au](http://www.atoda.org.au).

**ATOD Sector eBulletin:**

Provides a concise summary of information, important developments, publications, events, and other information relevant to ATOD in the ACT. Services and individuals can subscribe to the eBulletin by visiting [www.atoda.org.au](http://www.atoda.org.au).

## **PROGRAM/S (Continued)**

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### **ATOD Sector Forums:**

A forum that provides an opportunity for workers to network, share information, learn about developments in, and relevant to, the sector and access professional development opportunities.

### **Training and Professional Development Calendar:**

Compiles training and professional development opportunities available to workers from the ATOD and allied sectors. The calendar is produced in partnership with the Youth Coalition of the ACT and the Mental Health Community Coalition ACT.

### **ACT Drug Action Week Planning Group:**

Brings together key stakeholders to plan coordinated activities and develop a calendar of events for Drug Action Week in the ACT.

### **ATOD Sector Conference:**

Aims to facilitate access to the latest evidence relating to best practice and seeks to strengthen the capacity, skills and knowledge base of participants.

### **ATOD Awards:**

An annual event that aims to recognise, promote and reward outstanding practice in the ATOD field in the ACT.

### **Training and Professional Development:**

Provides occasional specific training and professional development opportunities for ATOD workers.

### **Comorbidity Bus Tour:**

A professional development opportunity that seeks to increase the capacity of frontline workers to support people experiencing co-occurring ATOD and mental health issues. The tours are run in partnership with the Youth Coalition of the ACT and the Mental Health Community Coalition ACT.

### **ACT ATOD Minimum Qualification Strategy Project:**

Leads the implementation of the ACT ATOD Minimum Qualification Strategy and manages a pool of funding to support ATOD workers to access training to ensure the maintenance of a competent and professional ATOD workforce in the ACT.

### **Dr Peter Sharp Trust:**

Administers a charitable trust in the name of Dr Peter Sharp AM. Funding from the Trust is directed towards Aboriginal and Torres Strait Islanders living and working in the ACT region as well as those working in the area of Aboriginal and Torres Strait Islander health.

### **Social Policy:**

ATODA engages with a range of social policy activities on behalf of the ACT ATOD sector.

## **COMORBIDITY**

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Provides the Comorbidity Project, funded under the Australian Government Improved Services for People with Drug and Alcohol Problems and Mental Illness Initiative (the Improved Services Initiative). The Comorbidity Project aims to assist and support non-government ACT ATOD services to undertake service improvement processes to better identify and manage clients experiencing comorbidity. The project supports the ACT Comorbidity Strategy Working Group, the General Practice Engagement Working Group and the Grant Recipients Network and associated activities.

**TOBACCO MANAGEMENT**

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ATODA is the lead organisation of the Workplace Tobacco Management Project which aims to increase awareness, and support the implementation, of Workplace Tobacco Management Policies. The Project provides support to participating workplaces and staff to develop and implement workplace tobacco management work plans and policies. This includes the provision of smoking cessation support to participating staff. The research component of the Project aims to contribute to the evidence base and has received ethics approval from the Health Directorate Human Research Ethics Committee.

**COST**

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Some activities may incur a small cost.

**STAFF**

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Four full-time staff and research and evaluation consultancy support.

**OTHER**

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Needs-based workforce development activities and projects are provided.

## ▶ ALCOHOL AND DRUG SERVICE, HEALTH DIRECTORATE

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### **Aboriginal Liaison Officer (ALO), Alcohol and Drug Service (ADS)**

Provides support to Aboriginal and Torres Strait Islander people to access and participate in ATOD services.

<b>Phone:</b>	(02) 6207 9977 or (02) 6205 8387
<b>Fax:</b>	(02) 6205 8380
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601
<b>Email:</b>	diversionsservice@act.gov.au
<b>Website:</b>	www.health.act.gov.au
<b>Location:</b>	Health Directorate Building, Level 1, 1 Moore St, Canberra City
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate
<b>Opening hours:</b>	8.30am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



#### **ACCESS CRITERIA**

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**Target Group:** Female and male Aboriginal and Torres Strait Islander people, including young people aged 12–18 years.

**Area serviced:** ACT; however, support can be provided to interstate services wishing to refer clients to ACT ATOD services.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes.

**Couples:** Yes.

#### **HOW TO ACCESS / REFERRALS**

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**Contact:** By phone or email, 8.30am – 5pm, Monday – Friday.

**Referral:** Self or worker referral. Referrals are accepted for people on court orders.

**Waiting list:** No waiting list.

#### **INTAKE AND ASSESSMENT**

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Through the 24 hour Intake Line. An appointment for an over-the-phone or face-to-face assessment will be scheduled.

#### **PROGRAM/S**

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Provides support to Aboriginal and Torres Strait Islander people to access and participate in ATOD services. Provides assessment, information, education, case management, and support. Information and support to ATOD and Aboriginal and Torres Strait Islander services is also provided.

## COMORBIDITY

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Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Services and the Comorbidity Program at Winnunga Nimmityjah Aboriginal Health Services.

## ALEXANDER MACONOCHIE CENTRE

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Provides ATOD assessments, case management and support to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre and post release. Support can also be provided to families and carers.

## BIMBERI YOUTH JUSTICE CENTRE

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Provides ATOD assessments, case management and support to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre and post release. Support can also be provided to families and carers.

## ABORIGINAL AND TORRES STRAIT ISLANDER

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Aboriginal and Torres Strait Islander specific position. Provides Aboriginal and Torres Strait Islander cultural awareness training to ADS staff. Aboriginal and Torres Strait Islander specific information and referrals are provided. The ADS has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.

## CULTURALLY AND LINGUISTICALLY DIVERSE

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

## TOBACCO MANAGEMENT

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Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

## COST

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Free.

## STAFF

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Aboriginal and Torres Strait Islander staff member.

## FAMILIES/CARERS

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Families and carers can attend assessment or case management appointments for support. Information and referrals to other ATOD services or support groups for families and carers are also provided.

## OTHER

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At the time of print, this position was not filled, please contact for further information.

## Comorbidity Officer, Alcohol and Drug Service (ADS)

Provides consultation, liaison and clinical work for people experiencing comorbid ATOD and mental health issues.

<b>Phone:</b>	(02) 6244 2591
<b>Fax:</b>	(02) 6244 4622
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601
<b>Website:</b>	www.health.act.gov.au
<b>Location:</b>	Building 7, The Canberra Hospital, Palmer Street, Garran
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate
<b>Opening hours:</b>	8.30am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males experiencing both ATOD and mental health issues.

**Area serviced:** ACT.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes.

**Couples:** Yes; however, they would be treated as individuals.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone or email, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral.

**Waiting list:** No waiting list.

### INTAKE AND ASSESSMENT

Assessment completed following referral.

### PROGRAM/S

Provides comorbidity specific information, resources, secondary consultations, training, clinical planning, assessments, liaison, advocacy and referrals. Works closely with the Comorbidity Officer position in Mental Health Services and provides sector and organisational development. Outreach is provided to the Althea Wellness Centre, DIRECTIONS ACT and Karralika Programs Inc.

**COMORBIDITY**

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Program designed and delivered specifically for people experiencing comorbid issues. In-services and support can be provided to Health Directorate and external services.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

**TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

**COST**

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Free.

**STAFF**

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Psychologist.

**FAMILIES/CARERS**

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Families and carers can access information and referrals to other services.

## Consultation Liaison Service, Alcohol and Drug Service (ADS)

Provides support, information and referrals for people in the ACT's acute hospitals who are experiencing ATOD dependencies.

<b>Phone:</b>	(02) 6244 2591
<b>Fax:</b>	(02) 6244 4622
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601
<b>Email:</b>	adp.liaison@act.gov.au
<b>Website:</b>	www.health.act.gov.au
<b>Location:</b>	Building 7, Canberra Hospital, Palmer Street, Garran
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate
<b>Opening hours:</b>	8.30am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males admitted to The Canberra Hospital, including pregnant women.

**Area serviced:** Services are provided to all areas of The Canberra Hospital and phone advice can be given to Calvary Hospital. People from interstate can also be seen whilst in ACT hospitals.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies. The service will liaise with the ADS Medical Officers to ensure people in The Canberra Hospital are receiving the correct dose.

**Parents with accompanying children:** Yes.

**Couples:** Yes; however, they would be treated as individuals.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 8.30am – 5pm, Monday – Friday.

**Referral:** Referrals are accepted from The Canberra Hospital, the Community Health Intake Line, Withdrawal Unit, Opioid Treatment Service and other services. If the person needs to be seen by an ADS Medical Officer, a request for consultation should be written in the client's notes in the hospital.

**Waiting list:** No waiting list. People are generally seen on the day of referral.

### INTAKE AND ASSESSMENT

An assessment is completed after a referral is made. Workers will see the person on the ward for assessment.

## **PROGRAM/S**

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Provides support, information and referrals for people in ACT hospitals who are experiencing ATOD dependencies. Self-help groups and relapse prevention groups are also provided. An antenatal drop-in clinic is held at Building 7 on Wednesdays from 9am – 12pm.

## **COMORBIDITY**

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Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Services and non-government mental health services.

## **ALEXANDER MACONOCHIE CENTRE**

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Provides services to the Hume Health Centre at the Alexander Maconochie Centre to assist pregnant inmates who are on pharmacotherapies and liaises with the antenatal clinic and IMPACT Program. The coordination of appointments for antenatal care is arranged for people post release. In-services to staff at the Hume Health Centre are provided on a fortnightly basis.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco Management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the Health Directorate Smoke-Free Policy.

## **COST**

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Free.

## **STAFF**

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Registered Nurses.

## **FAMILIES/CARERS**

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Families and carers can access information and referrals to other services.

## Counselling and Treatment Service, Alcohol and Drug Service (ADS)

Provides ATOD counselling for adults, young people, family members and carers, including a range of therapeutic and educational groups.

<b>Phone:</b>	(02) 6207 9977 (Intake) • (02) 6205 4515 (Reception)
<b>Fax:</b>	(02) 6205 0951
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601
<b>Email:</b>	adp.counselling@act.gov.au
<b>Website:</b>	www.health.act.gov.au
<b>Location:</b>	Health Directorate Building, Level 1, 1 Moore St, Canberra City
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males over 18 years of age inclusively. The Young People's Alcohol and Drug Program (YADP) provides a service to young people from 12 years of age with complex ATOD issues.

**Area serviced:** ACT residents given priority; however, referrals are accepted from interstate.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** Personal identification.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes.

**Couples:** Yes; however, they would be treated as individuals.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 8am – 5pm, Monday to Friday.

**Referral:** Self or worker referral.

**Waiting list:** People are seen within 2 – 14 days. If at times this is not possible, referral options are provided.

### INTAKE AND ASSESSMENT

Through the 24-hour Intake Line. An appointment for a face-to-face assessment will be scheduled. To access groups, contact reception 9am – 5pm, Monday – Friday for information and intake process.

## PROGRAM/S

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Provides counselling and the following range of therapeutic and educational groups to individuals, families and carers:

### **Relapse Prevention Program:**

An ongoing, closed group for adults with ATOD issues, who wish to develop and maintain healthier lifestyles. Requires a minimum of six weeks attendance.

### **Controlling Your Drinking:**

Four hour program over two weeks designed to help people assess their alcohol use and possible barriers that prevent them from reducing their use.

### **Effective Weed Control:**

Four hour program over two weeks for cannabis users wanting information, or who want to change their cannabis use.

### **Mindfulness, Meditation and Stress Management Group:**

Five week group program designed for individuals with, or caring for someone with, ATOD issues who want to learn: meditation and other mindfulness techniques; how to identify and let go of unhelpful thoughts, feelings, sensations and urges; and how to better manage stress and uncomfortable emotions.

### **Advanced Mindfulness and Meditation:**

A weekly session for participants who have completed the five week Mindfulness, Meditation and Stress Management Group. It provides regular practice of longer meditations for 30 minutes to an hour and an ongoing opportunity to connect with other participants.

### **Supporting Families and Friends:**

Six week skills-based program for families, friends and carers of people with substance use issues designed to help them manage stress and facilitate healthier relationships with loved ones. A supportive and safe environment to share personal experiences and wisdom. Information and support to ATOD and Aboriginal and Torres Strait Islander services is also provided.

## COMORBIDITY

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Provides comorbidity and mental health specific information and referrals. Counsellors are trained in trauma counselling, acceptance and commitment therapy, narrative therapy, motivational interviewing, cognitive behavioural therapy, psychodynamic psychotherapy, and dialectical behaviour therapy. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists. Assessments include a mental health component and active referrals are made to Mental Health Services and non-government mental health services.

## ALEXANDER MACONOCHIE CENTRE

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Provides counselling as required to people in on opioid maintenance therapy at the Alexander Maconochie Centre to ensure continuity of treatment. Referrals to counselling and groups are accepted from Community Based Corrections as part of parole conditions.

## BIMBERI YOUTH JUSTICE CENTRE

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YDAP is engaged with the youth justice sector to provide services for young people with complex ATOD issues.

### **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

### **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

### **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

### **COST**

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Free.

### **STAFF**

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Counsellors, Nurses, Psychologists and Social Workers.


### **FAMILIES/CARERS**

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Families and carers can access the counselling service for individual support. The Supporting Families and Friends Group and referrals to other services are also provided.

## Diversion Services, Alcohol and Drug Service (ADS)

Provides programs that aim to divert people apprehended for ATOD use or ATOD related offences from the judicial system into the health system.

<b>Phone:</b>	(02) 6207 9977	
<b>Fax:</b>	(02) 6205 8380	
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601	
<b>Email:</b>	diversionsservice@act.gov.au	
<b>Website:</b>	www.health.act.gov.au	
<b>Location:</b>	Health Directorate Building, Level 1, 1 Moore St, Canberra City	
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate	
<b>Opening hours:</b>	8.30am – 5pm, Monday – Friday	
<b>Treatment approach:</b>	Harm minimisation	

### ACCESS CRITERIA

**Target Group:** Females and males who have been apprehended or charged with an ATOD related offence. This includes access to a clinician working within the Children's Court for offenders 12 – 18 years of age.

**Area serviced:** For people apprehended for offences within the ACT.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone to make an appointment, 8.30am – 5pm, Monday – Friday.

**Referral:** Referrals are only accepted from the Australian Federal Police (AFP) or by Court Order (Magistrate's Court, Children's Court or Supreme Court). People can request a referral from the Magistrate or Justice at court hearing. An appointment for assessment is scheduled and referral to treatment is made at this time. Case management and support can be accessed by phone, appointment or drop-in during the course of the legal matter.

Community Youth Justice Service is able to request ATOD assessments, treatment plans and referrals to treatment services; however, the Court Alcohol and Drug Assessment Service (CADAS) do not monitor attendance with these requests.

**Waiting list:** No waiting list.

## **INTAKE AND ASSESSMENT**

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Available from 8.30am – 5pm, Monday – Friday. Assessment is conducted on referral by the AFP, courts or Community Youth Justice Service. Process varies. While the AFP and courts can make a referral to Diversion Services, assessment and case management can only proceed with the consent of the client.

## **PROGRAM/S**

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Provides programs that aim to divert people apprehended for ATOD use or ATOD related offences from the judicial system into the health system:

### **Police Early Diversion (PED):**

For people who have been apprehended by the AFP for possession of a small amount of illicit drugs (2 cannabis plants or amount less than 25 grams; 25% of trafficable amount of all other illicit drugs). The AFP can divert offenders following arrest for assessment and referral to treatment. Treatment is provided by an approved ACT agency and can include education, counselling, withdrawal, pharmacotherapy or residential rehabilitation. Compliance with treatment is determined by the Diversion Service workers, and if compliant, a report is made to the AFP and no conviction is recorded. Non-compliance is reported back to the AFP, and the AFP determines what action should be taken (if any), but can result in a charge proceeding to court.

### **Early Intervention Pilot Project (EIPP):**

A Commonwealth funded initiative to provide AFP with alternatives in apprehension of young people (12 – 17 years) found to be intoxicated or in possession of alcohol. Current funding runs to 2013. The AFP can divert young people to attend for assessment and education/brief intervention with Diversion Service workers. Non-compliance is reported back to the AFP, and the AFP determines what action should be taken (if any), but can result in a charge proceeding to court. Information related to alcohol and support is also provided to parents and families. Young Aboriginal and Torres Strait Islander people can be assessed by the Aboriginal Liaison Officer and referred to culturally appropriate agencies for education/brief intervention.

### **Court Alcohol and Drug Assessment Service (CADAS):**

A pre-sentencing and sentencing treatment option for people charged with ATOD related offences. The goals are to reduce recidivism during the court period and to engage the client in treatment. CADAS staff service the Supreme, Magistrate and Children's Courts, and provide an immediate ATOD assessment and recommend an appropriate treatment plan. Case management, referral and support are provided for the length of court proceedings or orders. For people engaged with a treatment plan, while being released on bail or with CADAS supervision conditions noted on their Good Behaviour Order (GBO), attendance will be monitored and reported to the court. Non-compliance does not necessarily result in a penalty but is taken into account by the court at sentencing or by the Justice and Community Safety Directorate — who also supervise on GBO.

## **COMORBIDITY**

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Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Services and non-government mental health services.

### **ALEXANDER MACONOCHIE CENTRE**

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Provides assessments requested by courts and for case management in relation to treatment plans in the Alexander Maconochie Centre. Works with Community Based Corrections to supervise ATOD treatment plans of shared clients on court orders. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.

### **BIMBERI YOUTH JUSTICE CENTRE**

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Provides assessments requested by the courts and for case management in relation to treatment plans for young people in Bimberi. Works with Community Youth Justice Services to supervise ATOD treatment plans of shared clients on court orders. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.

### **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit.

### **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

### **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

### **COST**

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Free.

### **STAFF**

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Alcohol and Other Drug Workers.

### **FAMILIES/CARERS**

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Families and carers can access information and referrals to other services.

## Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Service (ADS)

Provides support to people who are receiving opioid maintenance therapy who are pregnant or have a child under the age of 2 years.

<b>Phone:</b>	(02) 6244 2591 or 1800 211 274 (Toll free)
<b>Fax:</b>	(02) 6244 4622
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601
<b>Website:</b>	<a href="http://www.health.act.gov.au">www.health.act.gov.au</a>
<b>Location:</b>	Building 7, The Canberra Hospital, Palmer Street, Garran
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate
<b>Opening hours:</b>	8.30am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males who are clients of Mental Health Services or are receiving opioid maintenance therapy who are pregnant or have a child under the age of 2 years.

**Area serviced:** ACT.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** The program is specifically designed for people on pharmacotherapies.

**Parents with accompanying children:** Yes, for children under two years of age.

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 8.30am – 5pm, Monday – Friday.

**Referral:** Self or worker referral. A referral form is to be faxed to the IMPACT Coordinators. People can contact the toll free number to discuss referrals with the Coordinator.

**Waiting list:** No waiting list.

### INTAKE AND ASSESSMENT

Available from 8.30am – 5pm, Monday – Friday. The person is contacted over the phone once a referral is received and a time is made to visit them at home to sign consent to participate in the program.

### PROGRAM/S

A multi-agency team provides support to identify needs and brings together professionals and services that will work to support the family. The program is a partnership between the Health Directorate, the Community Services Directorate, general practice and community pharmacies.

### **COMORBIDITY**

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Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Service and non-government mental health services.

### **ALEXANDER MACONOCHIE CENTRE**

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Support can be provided to people in the Alexander Maconochie Centre who meet the access criteria for the IMPACT Program. Support can also be provided to families and carers of the person if it is required as part of the treatment plan.

### **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit. The ADS has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.

### **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

### **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are offered. Specific resources related to smoking and pregnancy is provided. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

### **COST**

---

Free.

### **STAFF**

---

Registered Nurses and Social Workers.

### **FAMILIES/CARERS**

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Families and carers can access information and referrals to other services.

## Opioid Treatment Service, Alcohol and Drug Service (ADS)

Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use; and coordinated care by working with other health and pharmacotherapy services.

<b>Phone:</b>	(02) 6207 9977
<b>Fax:</b>	(02) 6244 4622
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601
<b>Email:</b>	adp.ots@act.gov.au
<b>Website:</b>	www.health.act.gov.au
<b>Location:</b>	Wruwallin Clinic, Building 7, Canberra Hospital, Palmer Street, Garran
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate
<b>Opening hours:</b>	8.30am – 4.51pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males over 18 years of age who have an opioid dependency and are suitable for pharmacotherapies. People under 18 years of age may be considered after consultation with Medical Officers.

**Area serviced:** ACT only.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** Yes, photo identification required.

**Medication:** Yes; however, a consultation with an ADS Medical Officer is required prior to commencement on pharmacotherapies

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone for appointment from 8:30am – 4.51pm, Monday – Friday.

**Referral:** Self or worker referral.

**Waiting list:** Varies, waiting list dependent on appointment availability.

### INTAKE AND ASSESSMENT

Through the 24 hour Intake Line. People will be booked in for assessment by an ADS Medical Officer to determine if they are suitable for treatment. This involves taking a history and conducting a physical examination. If suitable, an induction process will be started, usually the day of the medical assessment.

## **PROGRAM/S**

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Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use. Case management is also provided and people continue to be reviewed by a Medical Officer while on pharmacotherapies. Prescriptions are reviewed every three months and more frequently if required. Also provides coordinated care by working with other health and pharmacotherapy services.

## **COMORBIDITY**

---

Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Service and non-government mental health services.

## **ALEXANDER MACONOCHIE CENTRE**

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Provides assistance to people in, and post release from, the Alexander Maconochie Centre to ensure the continuity of care, including case management provided to Opioid Treatment Service clients.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides referrals to the ADS Aboriginal liaison Officer for case management and support accessing ATOD services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff are required to undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit. The ADS has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

## **COST**

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No charge for medical appointments or for dosing at Wruwallin Clinic. Charges apply to people receiving their doses at a community pharmacy.

## **STAFF**

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Medical Officers, Nurses, Pharmacists and Social Workers.

## **FAMILIES/CARERS**

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Family and carers can access information and referrals to other services.

## **OTHER**

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This program is provided in line with the ACT Opioid Maintenance Treatment Guidelines available online at <http://health.act.gov.au/health-services/community-health/community-health-services/alcohol-other-drugs/opioid-maintenance-treatment>.

## Withdrawal Unit, Alcohol and Drug Service (ADS)

Provides up to seven days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from ATOD.

<b>Phone:</b>	(02) 6207 9977
<b>Fax:</b>	(02) 6244 2744
<b>Mailing Address:</b>	GPO Box 825, Canberra City ACT 2601
<b>Email:</b>	adp.withdrawal@act.gov.au
<b>Website:</b>	www.health.act.gov.au
<b>Location:</b>	Building 7, The Canberra Hospital, Palmer Street, Garran
<b>Parent organisation:</b>	Alcohol and Drug Service (ADS), Health Directorate
<b>Opening hours:</b>	24 hours
<b>Treatment approach:</b>	Harm minimisation; however, people need to be abstinent while in the program.



### ACCESS CRITERIA

**Target Group:** Females and males over 18 years of age inclusively. People under 18 years of age can be assessed for suitability and may be referred to youth services.

**Area serviced:** ACT residents given priority; however, referrals are accepted from interstate.

**Income required:** No.

**Disability access:** Yes, access ramps, lifts and disabled toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** Yes; however, a consultation with an ADS Medical Officer is required prior to admission.

**Parents with accompanying children:** No. Phone contact while in unit is facilitated to maintain contact with children.

**Couples:** No. People will be admitted as individuals.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 24 hours.

**Referral:** Self or worker referral. Referrals are accepted for people on court orders, but cannot specify an admission date.

**Waiting list:** Varies from zero – three weeks.

### INTAKE AND ASSESSMENT

Through the 24 hour Intake Line and the request for admission is referred to a Triage Nurse within the unit. If they are unable to speak with the Triage Nurse at time of intake, a follow up call will be made by the unit within 24 hours. Admission to the unit is prioritised on medical need. A nursing and medical assessment will be completed on admission. Belongings are searched on admission. No mobile phones are permitted and will be locked securely until discharge.

**PROGRAM/S**

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Provides up to seven days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from ATOD. Therapeutic support, education, referrals, follow up specialist services and counselling are available.

**COMORBIDITY**

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Provides comorbidity and mental health specific information and referrals. Facilitates access to the ADS Comorbidity Officer, Psychiatric Registrar and psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health Service and non-government mental health services.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides referrals to the ADS Aboriginal Liaison Officer for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and Health Directorate Staff Development Unit. Aboriginal clients may nominate workers from other agencies to support them while they are in the Withdrawal Unit.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.

**TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Nicotine replacement therapy may also be provided. Some staff undertake tobacco management training. ADS programs are provided in line with the Health Directorate Smoke-Free Policy.

**COST**

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Free.

**STAFF**

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Medical Officers, Nurses, Psychologists and Social Workers.

**FAMILIES/CARERS**

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Family and carers can access information and referrals to other services.

## Alcohol and Other Drug Policy Unit, Policy and Government Relations, Health Directorate, ACT Government

Provides advice in relation to alcohol and other drug policy development through the Health Directorate, ACT Government.

**Phone:** 13 22 81 (Canberra Connect)  
**Fax:** (02) 6205 0866  
**Mailing Address:** GPO Box 825, Canberra City ACT 2601  
**Website:** [www.health.act.gov.au](http://www.health.act.gov.au)  
**Location:** Level 2, 11 Moore St, Canberra City  
**Opening hours:** 9am – 5pm, Monday – Friday



The Alcohol and Other Drug Policy Unit is an area within Policy and Government Relations, ACT Government – Health Directorate. The unit provides advice to the Health Directorate and other ACT Government Directorates regarding ATOD policy issues in the ACT and nationally. An important function of the unit is to negotiate with funding bodies and service providers, and to manage service agreements with non-government organisations and government agencies across the ACT's ATOD sector.

► CANBERRA ALLIANCE FOR HARM MINIMISATION AND ADVOCACY (CAHMA)

**Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)**

Provides a peer based users group run by and for past or current illicit/injecting drug users, their families and friends.

<b>Phone:</b>	(02) 6279 1670	
<b>Fax:</b>	(02) 6279 1610	
<b>Mailing Address:</b>	GPO Box 1552, Canberra City ACT 2601	
<b>Email:</b>	info@cahma.org.au	
<b>Website:</b>	www.aivl.org.au	
<b>Location:</b>	Level 1, Sydney Building, 112 – 116 Alinga Street, Canberra City	
<b>Parent organisation:</b>	Australian Injecting and Illicit Drug Users League (AIVL)	
<b>Opening hours:</b>	10am – 4pm, Monday – Friday	
<b>Treatment approach:</b>	Harm reduction	

**ACCESS CRITERIA**

**Target Group:** Current or past injecting/illicit drugs users of any age.

**Area serviced:** ACT and surrounding areas. Interstate residents are welcome.

**Income required:** No; however, support is provided to assist people to access income support.

**Disability access:** No.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes, children are welcome under the supervision of parents or carers.

**Couples:** Yes.

**HOW TO ACCESS / REFERRALS**

**Contact:** By phone or drop-in, 10am – 4pm, Monday – Friday.

**Referral:** No referrals necessary.

**Waiting list:** No waiting list.

**INTAKE AND ASSESSMENT**

Workers are available from 10am – 4pm, Monday – Friday.

## PROGRAM/S

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Provides a peer based users group run by and for past or current illicit/injecting drug users, their families and friends. Represents the interests of drug users and promotes improved health and reduction of harms associated with illicit/injecting drug use through peer based education workshops, information and policy development. Peer support, advocacy, education, information, and referrals are also provided.

Provides consultancy/assistance and training upon request to alcohol and other drug services and other organisations on issues relating to illicit/injecting drug use.

CAHMA also provides:

### **Pharmacotherapy Advocacy and Action Team (PHAAT):**

A group for pharmacotherapy (methadone or buprenorphine including Subutex and Suboxone) consumers that meets at 4pm, on the last Thursday of each month. Snacks and drinks provided. Provides peer support, information, education, and advocacy for issues related to pharmacotherapy treatment. PHAAT aims to improve treatment service provision, provides representation for consumers on decision making forums and provides assistance for consumers to achieve positive outcomes from their treatment. Support is provided to assist people in accessing treatment, and advocacy is provided for consumers experiencing any difficulties with their treatment.

### **Peer Education Program:**

Provides peer education groups run by and for past or current illicit/injecting drug users and pharmacotherapy consumers. Topics for harm reduction education workshops include: blood borne viruses; sexual health; overdose prevention; safer injecting; drug treatments; mental health; and comorbidity. Consultations and focus groups for consumers to input into local and national policy development activities are facilitated, and the program actively promotes health and human rights for drug users.

### **Radio Show "News from the Drug War Front":**

A weekly radio show from 11am on Tuesdays on community radio 2XX 98.3 FM. Reports the latest news about drug use, prohibition politics, health messages, and CAHMA updates. The show is presented by CAHMA staff and volunteers.

### **Treatment Support Service:**

Provides information, support and referral for people accessing drug treatments or those considering entering treatment. Information and support provided for people to access detoxification, rehabilitation or opioid treatment programs in the ACT or interstate. This peer support program provides information on the range of treatment options available, assists people to make informed treatment choices and provides referral and support in accessing treatment services. The service promotes consumer rights and advocates on behalf of people having treatment difficulties.

### **The Connection: (Aboriginal and Torres Strait Islander Program of CAHMA)**

Provides peer based support services for Aboriginal and Torres Strait Islanders and other people who are past or present illicit/injecting drug users in the ACT and surrounding area (see next profile).

## COMORBIDITY

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Provides comorbidity and mental health specific information and referrals. Education sessions on mental health related topics are provided in partnership with specialist mental health services. Referral and support can be provided for people to access mental health services through the *Better Access Medicare Benefits Schedule (MBS) Initiative*. Staff undertake Mental Health First Aid and PsyCheck training.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides a specific Aboriginal and Torres Strait Islander Program (see next profile). All staff undertake training on working with Aboriginal and Torres Strait Islander people in drug users' organisations. Aboriginal and Torres Strait Islander specific information and referrals are provided.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

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Provides limited culturally and linguistically diverse resources and referrals.

**TOBACCO MANAGEMENT**

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Smoking cessation information and resources are offered. Referrals may be provided for tobacco management advice and support.

**COST**

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Free for consumers.

Fees for consultancy/training and assistance to community organisations are negotiable.

**STAFF**

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Alcohol and Other Drug Indigenous Peer Support Worker, Alcohol and Other Drug Peer Education Workers, Policy and Advocacy Worker and Treatment Support Worker.

**FAMILIES/CARERS**

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Families and carers can access some CAHMA programs.

## The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Provides a peer based support program for Aboriginal and Torres Strait Islanders and other people who are past or present illicit/injecting drug users, their families and friends.

<b>Phone:</b>	(02) 6279 1671 or (02) 6279 1670
<b>Fax:</b>	(02) 6279 1610
<b>Mailing Address:</b>	GPO Box 1552, Canberra City ACT 2601
<b>Email:</b>	theconnection@cahma.org.au
<b>Location:</b>	Level 1, Sydney Building, 112 – 116 Alinga Street, Canberra City
<b>Parent organisation:</b>	Australian Injecting and Illicit Drug Users League (AIVL)
<b>Opening hours:</b>	10am – 4pm, Monday – Friday
<b>Treatment approach:</b>	Harm reduction



### ACCESS CRITERIA

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**Target Group:** Aboriginal and Torres Strait Islanders and other people who are current or past injecting/illicit drug users.

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**Area serviced:** ACT and surrounding areas. Interstate residents are welcome.

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**Income required:** No; however, support is provided to assist people to access income support.

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**Disability access:** No.

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**Detox required before accessing program:** No.

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**Documentation required:** No.

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**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

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**Parents with accompanying children:** Yes, children are welcome under the supervision of parents or carers.

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**Couples:** Yes.

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### HOW TO ACCESS / REFERRALS

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**Contact:** By phone or drop-in, 10am – 4pm, Monday – Friday.

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**Referral:** No referral necessary.

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**Waiting list:** No waiting list.

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### INTAKE AND ASSESSMENT

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Workers are available from 10am – 4pm, Monday – Friday.

## PROGRAM/S

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### **Peer Education and Support Service:**

Provides a peer based support program for Aboriginal and Torres Strait Islander people who are past or present illicit/injecting drug users, their families and friends. Services are tailored to meet the specific needs and issues of the community. Peer education, referral, advocacy, and support is provided to access ATOD treatment programs, sexual health information/services, blood borne virus (BBV) information/services and other health and welfare services. Peer education workshops are held regularly on a range of topics including reducing ATOD related harm and health promotion.

### **Family BBQ and Art Group:**

The *Deadly Family BBQ and Art Attack*, held fortnightly 12.30pm to 3.30pm at Boomerang Centre, Currong Flats is a social event for Aboriginal and Torres Strait Islander individuals and families; with a focus on healthy lunches and Indigenous art lessons. The BBQ promotes social inclusion, cultural celebrations and harm reduction education. Provides support and education on health issues affecting the community, including the provision of education sessions from health experts and services.

## COMORBIDITY

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Provides comorbidity and mental health specific information and referrals. Education sessions on mental health related topics are provided in partnership with specialist mental health services. Referral and support can be provided for people to access mental health services through the *Better Access Medicare Benefits Schedule (MBS) Initiative*. Staff undertake Mental Health First Aid and PsyCheck training.

## ABORIGINAL AND TORRES STRAIT ISLANDER

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Programs designed and delivered specifically for Aboriginal and Torres Strait Islander people.

## CULTURALLY AND LINGUISTICALLY DIVERSE

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Provides limited culturally and linguistically diverse resources and referrals.

## TOBACCO MANAGEMENT

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Smoking cessation information and resources are offered. Referrals may be provided for tobacco management advice and support.

## COST

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Free.

## STAFF

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One part-time Indigenous Peer Support Worker.

## FAMILIES/CARERS

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Families and carers can access some programs.

## ► CATHOLICCARE CANBERRA AND GOULBURN

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### Grog Watch, CatholicCare Canberra and Goulburn

Provides up to three months of outreach support for young people, aged 12 – 24 years, who have come to the attention of ACT Policing, ACT Ambulance Service or other services for problematic behaviours associated with alcohol use.

<b>Phone:</b>	(02) 6163 3711 or (02) 6163 7600 (business hours)
<b>Fax:</b>	(02) 6163 7676
<b>Mailing Address:</b>	PO Box 3167, Manuka ACT 2603
<b>Email:</b>	<a href="mailto:grogwatch@catholiccare.cg.org.au">grogwatch@catholiccare.cg.org.au</a>
<b>Website:</b>	<a href="http://www.catholiccare.cg.org.au">www.catholiccare.cg.org.au</a>
<b>Location:</b>	Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell
<b>Parent organisation:</b>	CatholicCare Canberra and Goulburn
<b>Opening hours:</b>	7am – 12pm, Friday, Saturday and Sunday mornings
<b>Treatment approach:</b>	Harm minimisation



#### ACCESS CRITERIA

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**Target Group:** Females and males 12 – 24 years of age inclusively, who have come to the attention of ACT Policing and Ambulance Service, as well as other agencies for problematic behaviours associated with alcohol use and are willing to participate voluntarily.

**Area serviced:** ACT and surrounding areas including Queanbeyan.

**Income required:** No.

**Disability access:** Yes.

**Detox required before accessing program:** No.

**Documentation required:** No documentation is required for self-referrals. A referral form is required in the case of Police or other service referrals.

**Parents with accompanying children:** Yes.

**Couples:** Yes.

#### HOW TO ACCESS / REFERRALS

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**Contact:** The service can be contacted directly up until 12pm Saturday and Sunday mornings. For information outside of these hours please contact the Program Manager 9am – 5pm, Monday – Friday on (02) 6163 7600.

**Referral:** Self, Police and Ambulance referrals. The community and other services are also encouraged to refer.

**Waiting list:** No waiting list.

#### INTAKE AND ASSESSMENT

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Intake and assessment are undertaken to assess suitability for the program.

**PROGRAM/S**

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Provides up to three months of outreach including, information, education, case management, support, and referral.

**COMORBIDITY**

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Provides comorbidity and mental health specific information. Staff are experienced in motivational interviewing and brief intervention. Referrals within CatholicCare and to external mental health programs can be provided.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

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Aboriginal and Torres Strait Islander specific information and referrals are provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse specific information and facilitated referrals are provided. All staff undertake cultural awareness training. Access to interpreter services can be provided.

**TOBACCO MANAGEMENT**

---

Limited smoking cessation information and resources are available.

**COST**

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Free.

**STAFF**

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Youth Alcohol and Other Drug Worker.

**FAMILIES/CARERS**

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Where appropriate, liaison and relevant information/resources are provided to families and carers.

## Sobering Up Shelter, CatholicCare Canberra and Goulburn

An overnight facility for men and women over the age of 18 to recover from ATOD intoxication.

<b>Phone:</b>	(02) 6163 3711 or (02) 6163 7600 (business hours)
<b>Fax:</b>	(02) 6163 7676
<b>Mailing Address:</b>	PO Box 3167, Manuka ACT 2603
<b>Email:</b>	soberingupshelter@catholiccare.cg.org.au
<b>Website:</b>	www.catholiccare.cg.org.au
<b>Location:</b>	Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell
<b>Parent organisation:</b>	CatholicCare Canberra and Goulburn
<b>Opening hours:</b>	11pm – 11am, Thursday, Friday and Saturday nights. Last admission 6am
<b>Treatment approach:</b>	Harm minimisation, brief intervention



### ACCESS CRITERIA

**Target Group:** Males and females over 18 years of age who are at risk due to intoxication from ATOD, and are willing to enter the service voluntarily.

**Area serviced:** ACT and surrounding areas, including Queanbeyan.

**Income required:** No.

**Disability access:** Yes, wheelchair assistance available.

**Detox required before accessing program:** No.

**Documentation required:** No documentation is required for self-referrals. An admission statement is required in the case of ACT Policing or Ambulance referrals.

**Medication:** No medication can be dispensed on the premises, with the exception of ambulance attendance.

**Parents with accompanying children:** No.

**Couples:** Males and females are accommodated separately.

**Other:** Persons must be conscious to be eligible for admission. Eligibility is based on the need for care, protection and monitoring due to risk from intoxication. Bed allocation is subject to availability, level of risk and adherence to ACT *Intoxicated Persons Care and Protection Act (1994)* regarding rules of stay and voluntary admission.

### HOW TO ACCESS / REFERRALS

**Contact:** Admissions received between 11pm – 6am, Thursday, Friday and Saturday nights. Phone before arrival to ensure bed availability.

The service can be contacted directly up until 11am Friday, Saturday and Sunday mornings. For information outside of operational hours please contact the Program Manager 9am – 5pm, Monday – Friday on (02) 6163 7600.

**Referral:** Self, Police and Ambulance transports received. Public, community and other services are encouraged to refer.

**Waiting list:** Not applicable. Five bed capacity.

## **INTAKE AND ASSESSMENT**

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Intake admission assessment is required including medical and other information to ensure appropriate care for the person throughout the night. There is also a requirement for people to change clothing and have their property stored for safekeeping.

## **PROGRAM/S**

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Provides confidential overnight support, care, close observation and monitoring for people recovering from ATOD intoxication. The program is an alternative to police custody for the care and protection of intoxicated persons. Referral and information to relevant services is tailored to individual needs. Brief interventions and motivational interviewing are used within the model of care. Staff may assist the transfer of care of an intoxicated person to a responsible person where appropriate. Follow up is also provided to clients who may require additional support.

## **COMORBIDITY**

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Provides comorbidity and mental health specific information. Staff are experienced in motivational interviewing and mental health brief intervention. Referrals within CatholicCare and to external mental health programs can be provided.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Aboriginal and Torres Strait Islander specific information and referrals are provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse specific information and facilitated referrals are provided. All staff undertake cultural awareness training. Access to interpreter services can be provided.

## **TOBACCO MANAGEMENT**

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Limited smoking cessation information and resources are available. A designated smoking area is onsite.

## **COST**

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Free.

## **STAFF**

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Alcohol and Other Drug Workers.

## **FAMILIES/CARERS**

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Where appropriate, liaison and relevant information/resources are provided to families and carers.

## ► DIRECTIONS ACT

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### **Althea Wellness Centre, DIRECTIONS ACT**

Provides health clinics for people with past or current ATOD issues.

<b>Phone:</b>	(02) 6122 8080
<b>Fax:</b>	(02) 6122 8004
<b>Mailing Address:</b>	PO Box 538, Woden ACT 2606
<b>Email:</b>	althea@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation n



#### **ACCESS CRITERIA**

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**Target Group:** Females and males of any age with past or current ATOD issues and their immediate families.

**Area serviced:** ACT and surrounding areas.

**Income required:** No, however, there is a small charge for naturopath/herbal remedies.

**Disability access:** Yes, including ground floor access.

**Detox required before accessing program:** No.

**Documentation required:** People accessing some clinics must bring their Medicare and concession cards.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes, children of all ages are welcome under the supervision of parents or carers.

**Couples:** Yes.

#### **HOW TO ACCESS / REFERRALS**

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**Contact:** Appointments can be made by phone or in person, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referrals through DIRECTIONS ACT reception or counsellors.

**Waiting list:** Varies.

#### **INTAKE AND ASSESSMENT**

---

Intake is available from 9am – 5pm, Monday – Friday. New clients will be required to fill out a form on arrival, and should arrive 15 minutes prior to the appointment.

## PROGRAM/S

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Provides health services for people with ATOD issues through the following clinics:

### **General Practice (GP) Clinic:**

Consists of a General Practitioner and two Clinic Nurses.

### **Mental Health Support Clinic:**

Provides face-to-face counselling and support.

### **Psychology Clinic:**

Provides face-to-face psychology services and support. A Mental Health Treatment Plan and Access to Allied Psychological Services (ATAPS) referral may be required from a GP.

### **Naturopath Wellness Clinic:**

A herbalist supports people going through withdrawal and in recovery to deal with physical and mental symptoms, using homeopathic remedies (\$15 fee).

Additional support can be accessed through the following DIRECTIONS ACT Program:

### **Treatment Support Service:**

Provides case management planning for clients with complex needs and support for clients leaving Arcadia House through ongoing case management where required.

## COMORBIDITY

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Provides comorbidity and mental health specific clinics, information and referrals. Staff are trained in basic mental health, there are Counsellors and Psychologists on staff, and workers have expertise in motivational interviewing, expressive therapy and cognitive behavioural therapy. Assessments include a mental health component.

## ALEXANDER MACONOCHIE CENTRE

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Referrals to medical services and treatment support are accepted from Community Based Corrections as part of parole conditions. Clients may wish to work with the Inside-Out Throughcare Program. Staff at DIRECTIONS ACT will support treatment and referrals into Althea Wellness Centre.

## BIMBERI YOUTH JUSTICE CENTRE

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Referrals to medical services and treatment support are accepted from Community Youth Justice as part of bail conditions.

## ABORIGINAL AND TORRES STRAIT ISLANDER

---

Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## CULTURALLY AND LINGUISTICALLY DIVERSE

---

Referrals to culturally and linguistically diverse services can be provided.

## TOBACCO MANAGEMENT

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Smoking cessation clinics are held on a one-to-one basis including referral to the Althea General Practitioner for accessing nicotine replacement therapy through the Pharmaceutical Benefits Scheme. A small charge to cover the cost of consumables may apply.

**COST**

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Free for most clinics. Bulk billing available for General Practice Clinic for people with a Health Care Card. A small fee is charged for the Naturopathic Clinic.

**STAFF**

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Alcohol and Other Drug Worker, General Practitioner, Mental Health Workers, Naturopath, Nurse, Clinic Nurse, Psychologist, Treatment Support Service Worker and Social Worker.

**FAMILIES/CARERS**

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Families and carers can access some DIRECTIONS ACT services.


**OTHER**

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Please contact DIRECTIONS ACT for regular clinic times. Support from Centrelink and Legal Aid ACT is also available through Althea.

## Arcadia House Withdrawal and Residential Transition Services, DIRECTIONS ACT

Provides up to seven days of non-medicated residential support for people experiencing withdrawal from ATOD and also offers an eight week residential transition program.

<b>Phone:</b>	(02) 6253 3055	
<b>Fax:</b>	(02) 6253 3086	
<b>Mailing Address:</b>	PO Box 538, Woden, ACT 2606	
<b>Email:</b>	arcadia@directionsact.com	
<b>Website:</b>	www.directionsact.com	
<b>Location:</b>	Calvary Hospital, Mary Potter Circuit, Bruce	
<b>Parent organisation:</b>	DIRECTIONS ACT	
<b>Opening hours:</b>	24 hours	
<b>Treatment approach:</b>	Harm minimisation; however, people need to be abstinent while in program.	

### ACCESS CRITERIA

**Target Group:** Females and males over 18 years of age inclusively who want to access a non-medicated withdrawal service or an eight week transition program.

**Area serviced:** ACT and interstate.

**Income required:** No.

**Disability access:** No.

**Detox required before accessing program:** No.

**Documentation required:** Yes, may need to supply psychologist or mental health report and/or criminal history.

**Medication:** Yes; however, a prescription and a dispensing regime must be provided prior to admission. Medication to assist withdrawal is not permitted at Arcadia House. Medication distributed by Webster Packets.

People who are assessed to be at risk in a non-medicated withdrawal model are referred to Alcohol and Drug Services, Health Directorate.

**Parents with accompanying children:** No.

**Couples:** No.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 10am – 4pm, Monday – Friday.

**Referral:** Self or worker referral.

**Waiting list:** Varies, dependant on the requirements of other clients in the house and bed availability. People waiting for admission are supported through other DIRECTIONS ACT services.

### INTAKE AND ASSESSMENT

Admissions are available 9am – 3pm, Monday – Thursday. An over-the-phone assessment is required and is available 9am – 4pm, Monday – Friday. Bags will be searched upon entry and money and mobile phones will be held safely until completion of the program.

## **PROGRAM/S**

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### **Withdrawal Program:**

Provides up to seven days of non-medicated residential support for people experiencing withdrawal from ATOD.

### **Transition Program:**

Eight week residential program based on therapeutic community principles. Residents take part in living skills, therapeutic and educational groups.

## **COMORBIDITY**

---

Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and motivational interviewing. Assessments include a mental health component. Cognitive behavioural therapy group work is provided alongside the Relapse Prevention Program. If a person is experiencing mental health issues, a mental health care plan or Psychologists report may be required prior to admission.

## **ALEXANDER MACONOCHIE CENTRE**

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Referrals to residential services are accepted from the Alexander Maconochie Centre and Community Based Corrections as part of a person's court orders or conditions. Access to criminal history and other relevant information is required as part of assessment.

## **BIMBERI YOUTH JUSTICE CENTRE**

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Referrals are accepted, suitability will be determined through assessment.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Limited Aboriginal and Torres Strait Islander specific resources are available. Referrals to Aboriginal and Torres Strait Islander specific services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. DIRECTIONS ACT has a memorandum of understanding with Gugan Gulwan Youth Aboriginal Corporation for young people accessing the service.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Referrals to culturally and linguistically diverse services can be provided.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking and smoking cessation information and resources are available, including access to nicotine replacement therapy. Information and education sessions are also provided on a regular basis through the Cancer Council ACT. A designated smoking area is also provided. Referrals may be provided for tobacco management advice and support.

## **COST**

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Both programs are \$170 per week to cover board and lodging. The fee is non-refundable even if the person decides to leave the program early. If the stay is over the designated time for the program, a daily fee of \$25 is charged. For people under 21 years of age the cost per week is \$150 and a daily fee of \$22 is charged for extra days.

## **STAFF**

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Alcohol and Other Drug Workers.

## **FAMILIES/CARERS**

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Families and carers can access some DIRECTIONS ACT services.

## Community Education Program, DIRECTIONS ACT

Provides flexible ATOD community education programs and support.

<b>Phone:</b>	(02) 6122 8000
<b>Fax:</b>	(02) 6122 8001
<b>Mailing Address:</b>	PO Box 538, Woden ACT 2606
<b>Email:</b>	reception@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden (main office)
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Community and government services, ATOD workers, and young people aged over 16 years of age inclusively. Education sessions are available for year 11 and 12 students and health days.

**Area serviced:** ACT.

**Income required:** No.

**Disability access:** Yes, including ground floor access and toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes, for individual face-to-face education as required.

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 9am – 5pm, Monday – Friday. Bookings are essential.

**Referral:** Self or worker referral to the Education Manager. A request for education form must be completed.

**Waiting list:** No waiting list.

### PROGRAM/S

Provides flexible and responsive ATOD community education programs based on harm minimisation principles.

## **COMORBIDITY**

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Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and education packages on ATOD and comorbidity can be provided.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Referrals to culturally and linguistically diverse services can be provided.

## **TOBACCO MANAGEMENT**

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Smoking cessation information and resources are available, including advice on accessing nicotine replacement therapy. Referrals may be provided for tobacco management advice and support.

## **COST**

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Free or at a negotiated cost for education and training.

## **STAFF**

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Alcohol and Other Drug Educator/Counsellor.

## **FAMILIES/CARERS**

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Families and carers can access some DIRECTIONS ACT services.

## Community Health Promotion, DIRECTIONS ACT

Provides off-site programs and flexible service delivery options and referral pathways into DIRECTIONS ACT services and programs.

<b>Phone:</b>	(02) 6122 8000
<b>Fax:</b>	(02) 6122 8001
<b>Mailing Address:</b>	PO Box 538, Woden, ACT 2606
<b>Email:</b>	reception@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

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**Target Group:** Females and males of any age.

**Area serviced:** ACT and surrounding areas.

**Income required:** No.

**Disability access:** Yes, off-site services are provided.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

### HOW TO ACCESS / REFERRALS

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**Contact:** By phone, 9am – 5pm, Monday – Friday.

**Referral:** No referral necessary.

**Waiting list:** No waiting list.

### INTAKE AND ASSESSMENT

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No intake or assessment required.

### PROGRAM/S

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Provides off-site programs and flexible service delivery in community spaces. Outreach is provided to Housing and Community Services ACT tenants including referrals and free lunches. Health promotion activities are held at community events, universities and colleges.

### COMORBIDITY

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Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health.

**ALEXANDER MACONOCHIE CENTRE**

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Staff are available to provide services to people in the Alexander Maconochie Centre.

**BIMBERI YOUTH JUSTICE CENTRE**

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Staff are available to provide services to young people in Bimberi Youth Justice Centre.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

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Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided.  
Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Referrals to culturally and linguistically diverse services can be provided.

**TOBACCO MANAGEMENT**

---

Smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.

**COST**

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Free.

**STAFF**

---

Alcohol and Other Drug Workers.

**FAMILIES/CARERS**

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Families and carers can access some DIRECTIONS ACT services.

## Counselling Program, DIRECTIONS ACT

Provides counselling services for individuals, their families and friends affected by ATOD.

<b>Phone:</b>	(02) 6122 8000
<b>Fax:</b>	(02) 6122 8001
<b>Mailing Address:</b>	PO Box 538, Woden ACT 2606
<b>Email:</b>	counselling@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden (main office) Cnr Alinga and Moore Streets, Canberra City (City Health Centre) Cnr Corinna and Keltie Streets, Phillip (Phillip Health Centre)
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males of any age affected by ATOD issues, whether they are individuals, friends or family members.

**Area serviced:** ACT and surrounding areas.

**Income required:** No.

**Disability access:** Yes, including ground floor access and toilets. Outreach can be provided to people who may not be able to access the office.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes, children may accompany parents for counselling sessions. Children can also access the Family Counsellor.

**Couples:** Yes; however, referrals to relationship counselling may be provided.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 9am – 5pm, Monday – Friday to make an appointment. Crisis counselling is also available by drop-in, 9am – 5pm, Monday – Friday in the main office of the Phillip and City Health Centres.

**Referral:** Self or worker referral. Referrals are accepted for people on court orders.

**Waiting list:** No waiting list.

### INTAKE AND ASSESSMENT

Intake is available from 9am – 5pm, Monday – Friday. New clients are required to complete an assessment form.

## **PROGRAM/S**

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Provides free and confidential counselling services for individuals, their families and friends affected by ATOD issues including:

### **Continuing Care Counselling:**

Counselling for those who have recently completed detoxification or rehabilitation and who are looking for strategies to prevent relapsing into past ATOD habits.

### **Youth Support Worker:**

Information, counselling and referrals to young people around ATOD issues. Support can be provided to young people involved with Community Youth Justice.

### **Family Support Counselling:**

Family counselling for people experiencing issues associated with their friend or family member's ATOD use. Counselling is available for parents, partners, children, friends or grandparents to develop strategies to cope with ATOD issues affecting the family.

### **Crisis Counselling:**

Offered as a drop-in facility, 9am - 5pm at both Woden premises and Civic Needle and Syringe Program.

### **Alcoholics Anonymous:**

A group facilitated by an external provider for people with alcohol issues, available 1pm - 2pm, Thursdays.

### **Narcotics Anonymous:**

A group facilitated by an external provider for people experiencing illicit drug issues, available 12.30pm - 1.30pm, Mondays.

### **Compass Support Group:**

A group for families to discuss issues and learn strategies to manage ATOD issues. Provides information, support, resources, and assists people to manage self-care and wellbeing. Available 6pm - 8pm, every second Tuesday.

### **SMART Recovery:**

A cognitive behavioural therapy based group that assists people to recover from addiction. The 90 minute program is based on motivation to abstain, coping with urges, problem solving and lifestyle balance. SMART Recovery is provided 10.30am - 12pm and 5.30pm - 7pm, Tuesdays, and 3pm - 4.30pm, Thursdays.

## **COMORBIDITY**

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Provides comorbidity and mental health specific counselling, information and referrals. Staff are trained in mental health and are experienced in motivational interviewing, narrative therapy, expressive therapy and symbol work. Assessments include a mental health component.

## **ALEXANDER MACONOCHIE CENTRE**

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Counselling can be provided to existing DIRECTIONS ACT clients within the Alexander Maconochie Centre on an as-needs basis. Referrals to counselling are accepted from Community Based Corrections as part of parole conditions.

**BIMBERI YOUTH JUSTICE CENTRE**

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Counselling can be provided to young people who are existing DIRECTIONS ACT clients within Bimberi Youth Justice Centre on an as-needs basis. Referrals to the Youth Support Worker are accepted from Community Youth Justice as part of bail conditions.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

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Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

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Referrals to culturally and linguistically diverse services can be provided.

**TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.

**COST**

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Free.

**STAFF**

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Counsellors and Manager.

**FAMILIES/CARERS**

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Families and carers can access some DIRECTIONS ACT services.

## Inside-Out Throughcare Program, DIRECTIONS ACT

Provides support to people in, and post release from, the Alexander Maconochie Centre or on remand, and their families and friends to address ATOD issues.

<b>Phone:</b>	(02) 6122 8000
<b>Fax:</b>	(02) 6122 8001
<b>Mailing Address:</b>	PO Box 538, Woden, ACT 2606
<b>Email:</b>	insideoutprogram@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males over the age of 18 years, who are experiencing ATOD and who are in, or post release from, the Alexander Maconochie Centre or on remand; and their families and friends.

**Area serviced:** ACT.

**Income required:** No.

**Disability access:** Yes.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** No.

**Parents with accompanying children:** Yes, children are welcome under the supervision of parents or carers.

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone or email, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral.

**Waiting list:** Varies.

### INTAKE AND ASSESSMENT

Assessment and intake is provided in person for people in the Alexander Maconochie Centre. Appointments for assessment can also be made.

## **PROGRAM/S**

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Provides support to people in, and post release from, the Alexander Maconochie Centre, people on remand, and their families and friends to address ATOD issues in the following ways:

### **Remand:**

Provides assessments, court advocacy, letter writing, advice on treatment options, support, and access to primary health care.

### **Pre-Release:**

Works with ACT Corrective Services to provide case management, throughcare planning and support.

### **Post-Release:**

Provides case management, advice on treatment options, support and access to primary health care through Althea Wellness Centre. People can also access advocacy and support for employment and housing options.

## **COMORBIDITY**

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Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and motivational interviewing, and assessments include a mental health component.

## **ALEXANDER MACONOCHIE CENTRE**

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Program designed and delivered specifically for people in, or post release from the Alexander Maconochie Centre.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Referrals to culturally and linguistically diverse services can be provided. Interpreters are utilised as required.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.

## **COST**

---

Free.

## **STAFF**

---

Manager, Coordinator and Support Worker.

## **FAMILIES/CARERS**

---

Program designed and delivered specifically for families and carers to access support.

## Maysoon, DIRECTIONS ACT

Provides support to women with young children who use, or are in recovery from, ATOD.

<b>Phone:</b>	(02) 6122 8000
<b>Fax:</b>	(02) 6122 8001
<b>Mailing Address:</b>	PO Box 538, Woden, ACT 2606
<b>Email:</b>	reception@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

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**Target Group:** Females who use, or are in recovery from ATOD, who also have young children; including pregnant women and women with children on Care and Protection Orders.

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**Area serviced:** ACT.

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**Income required:** No.

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**Disability access:** Yes, including ground floor access and toilets.

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**Detox required before accessing program:** No.

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**Documentation required:** No.

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**Medication:** Women accessing the service can be on prescription medications, including pharmacotherapies.

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**Parents with accompanying children:** Yes. Free childcare is provided.

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**Couples:** No.

---

### HOW TO ACCESS / REFERRALS

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**Contact:** By phone or drop-in, 9am – 5pm, Monday – Friday.

---

**Referral:** Self or worker referrals.

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**Waiting list:** Maysoon runs each school term for eight weeks. Phone for group dates and registration.

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### INTAKE AND ASSESSMENT

---

Contact DIRECTIONS ACT reception for details regarding admission.

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### PROGRAM/S

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Provides support, free meals, activities, information, and access to services including Counsellors and medical services for women with young children who use, or are in recovery from, ATOD. Free childcare is provided.

**COMORBIDITY**

---

Provides comorbidity and mental health specific information and referrals to services within DIRECTIONS ACT and externally. Staff are trained in basic mental health.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Referrals to culturally and linguistically diverse services can be provided.

**TOBACCO MANAGEMENT**

---

Smoking cessation information and resources are available, including guest sessions from the Cancer Council ACT. Referrals may be provided for tobacco management advice and support.

**COST**

---

Free.

**STAFF**

---

Alcohol and Other Drug Workers.


**FAMILIES/CARERS**

---

Families and carers can access some DIRECTIONS ACT services.

## Needle and Syringe Program (NSP), DIRECTIONS ACT

Provides clean injecting equipment, information on safer injecting practices, crisis counselling, general health information, referrals, primary health care, NSP training for health workers and advice on harm minimisation.

<b>Phone:</b>	(02) 6122 8000	
<b>Fax:</b>	(02) 6122 8001	
<b>Mailing Address:</b>	PO Box 538, Woden, ACT 2606	
<b>Email:</b>	nsp@directionsact.com	
<b>Website:</b>	www.directionsact.com	
<b>Location:</b>	Cnr Alinga and Moore Streets, Canberra City (City Health Centre) Cnr Corinna and Keltie Streets, Phillip (Phillip Health Centre)	
<b>Parent organisation:</b>	DIRECTIONS ACT	
<b>Opening hours:</b>	9am – 5pm, Monday – Friday	
<b>Treatment approach:</b>	Harm minimisation	

### ACCESS CRITERIA

---

**Target Group:** Females and males of any age who use licit and illicit drugs.

---

**Area serviced:** ACT.

---

**Income required:** No.

---

**Disability access:** Yes, including ground floor access.

---

**Detox required before accessing program:** No.

---

**Documentation required:** No.

---

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

---

**Parents with accompanying children:** Yes.

---

**Couples:** Yes.

---

### HOW TO ACCESS / REFERRALS

---

**Contact:** By phone or drop-in, 9am – 5pm, Monday – Friday.

---

**Referral:** No referral necessary.

---

**Waiting list:** No waiting list.

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### INTAKE AND ASSESSMENT

---

No intake or assessment necessary.

## **PROGRAM/S**

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Provides clean injecting equipment, information on safer injecting practices, crisis counselling and referrals, general health information, primary health care, NSP training for health workers and advice on harm minimisation. See the NSP section of this Directory for further details regarding NSP provision in the ACT.

Primary NSPs at the City and Phillip Health Centres provide a range of sterile injecting equipment, primary health care and crisis counselling.

Secondary NSPs distribute free four and eight packs and condoms.

Some pharmacies dispense four packs at a cost of \$2.

Syringe vending machines dispense four packs at a cost of \$2 and are located at Winnunga Nimmityjah Aboriginal Health Services and four health centres across the ACT: Belconnen, City, Tuggeranong and Phillip.

Frozen meals are also provided through the Healthy Me Healthy Food Program for eligible individuals.

## **COMORBIDITY**

---

Provides comorbidity and mental health specific information and referrals. Crisis counselling and support are available at the City Health Centre. Staff are trained in basic mental health and Counsellors are experienced in motivational interviewing and dialectical behaviour therapy.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Referrals to culturally and linguistically diverse services can be provided.

## **TOBACCO MANAGEMENT**

---

Smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.

## **COST**

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Free to the daily limit. A small fee is charged for equipment over the daily limit as a cost recovery measure.

## **STAFF**

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Alcohol and Other Drug Workers, Counsellors and Needle and Syringe Program Workers.

## **FAMILIES/CARERS**

---

Families and carers can access some DIRECTIONS ACT services.

## Party Safe, DIRECTIONS ACT

Provides information, resources and referrals to people aged 12 – 24 years about alcohol and associated issues.

<b>Phone:</b>	(02) 6122 8000
<b>Fax:</b>	(02) 6122 8001
<b>Mailing Address:</b>	PO Box 538, Woden, ACT 2606
<b>Email:</b>	reception@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

---

**Target Group:** Females and males aged between 12 – 24 years.

---

**Area serviced:** ACT and surrounding areas.

---

**Income required:** No.

---

**Disability access:** Yes, off-site services are provided.

---

**Detox required before accessing program:** No.

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**Documentation required:** No.

### HOW TO ACCESS / REFERRALS

---

**Contact:** For information during office hours contact the DIRECTIONS ACT reception by phone, 9am – 5pm, Monday – Friday.

---

**Referral:** No referral necessary.

---

**Waiting list:** No waiting list.

### INTAKE AND ASSESSMENT

---

No intake or assessment required.

### PROGRAM/S

---

Provides information, resources, ATOD counselling, support and referrals for young people aged 12 – 24 years about alcohol and associated issues. The purple Party Safe Bus visits venues around Canberra including college and tertiary events.

### COMORBIDITY

---

Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided.  
Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Referrals to culturally and linguistically diverse services can be provided.

**TOBACCO MANAGEMENT**

---

Smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.

**COST**

---

Free.

**STAFF**

---

Alcohol and Other Drug Workers.

**FAMILIES/CARERS**

---

Families and carers can access some DIRECTIONS ACT services.

## Treatment Support Service, DIRECTIONS ACT

Provides case management and support to people to understand and access pharmacotherapies, and other treatment and support options that will best meet their needs

<b>Phone:</b>	(02) 6122 8000
<b>Fax:</b>	(02) 6122 8001
<b>Mailing Address:</b>	PO Box 538, Woden, ACT 2606
<b>Email:</b>	tss@directionsact.com
<b>Website:</b>	www.directionsact.com
<b>Location:</b>	1 Bradley Street, Woden
<b>Parent organisation:</b>	DIRECTIONS ACT
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males of any age with ATOD issues seeking pharmacotherapy, other treatment options, or case management support.

**Area serviced:** ACT and surrounding areas.

**Income required:** No.

**Disability access:** Yes, including ground floor access and toilets.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes. Children are welcome under the supervision of parents or carers.

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** Appointments can be made by phone, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral.

**Waiting list:** No waiting list.

### INTAKE AND ASSESSMENT

Intake is available 9am – 5pm, Monday – Friday. An over-the-phone or face-to-face assessment is required.

## **PROGRAM/S**

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Offers assistance to people to understand and access pharmacotherapies, and other treatment and support options that will best meet their needs. Provides ongoing support, complaint assistance, advocacy, outreach and case management.

Works closely with other DIRECTIONS ACT programs to provide case management and support.

Provides throughcare support to people leaving Arcadia House Withdrawal and Residential Transition Services.

## **COMORBIDITY**

---

Provides comorbidity and mental health specific information and referrals. Some ATOD and mental health counselling is provided. Staff are trained in basic mental health assessment and intervention and motivational interviewing.

## **ALEXANDER MACONCHIE CENTRE**

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Referrals for case management are accepted from Community Based Corrections as part of a person's parole conditions.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Referrals to culturally and linguistically diverse services can be provided. Interpreters are utilised as required.

## **TOBACCO MANAGEMENT**

---

Smoking cessation information and resources are available. Specific assistance is provided regarding the range of tobacco management treatment and support options. Referrals may be provided for tobacco management advice and support.

## **COST**

---

Free.

## **STAFF**

---

Treatment Support Service Manager.

## **FAMILIES/CARERS**

---

Families and carers can access some DIRECTIONS ACT services.

## ► GUGAN GULWAN YOUTH ABORIGINAL CORPORATION

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### Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation

Provides information, support, advocacy, case management and court support to young people aged 12 – 25 years experiencing ATOD related issues.

<b>Phone:</b>	(02) 6296 8900
<b>Fax:</b>	(02) 6231 9933
<b>Mailing Address:</b>	PO Box 307, Erindale Centre, ACT 2903
<b>Website:</b>	www.gugan-gulwan.com.au
<b>Location:</b>	Grattan Court, Wanniasa
<b>Parent organisation:</b>	Gugan Gulwan Youth Aboriginal Corporation
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



#### ACCESS CRITERIA

---

**Target Group:** Females and males 12 – 25 years of age experiencing ATOD related issues. Aboriginal and Torres Strait Islander young people are given priority.

**Area serviced:** ACT and surrounding areas.

**Income required:** No.

**Disability access:** Yes.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** Young people accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes, children are welcome under the supervision of parents or carers.

**Couples:** Yes.

#### HOW TO ACCESS / REFERRALS

---

**Contact:** By phone, email or drop-in, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral. A referral form must be completed.

**Waiting list:** No waiting list.

#### INTAKE AND ASSESSMENT

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Assessments made through referral service and an over-the-phone and face-to-face interview.

## **PROGRAM/S**

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Provides a range of support services for Aboriginal and Torres Strait Islander young people, a component of which is the Drug and Alcohol Program. Provides information, support, advocacy, education, and case management. Outreach and court support are also available.

A Street Beat program operates from 6pm – 3am two nights a week (rotating over Thursday/Friday/Saturday) providing outreach with a focus on harmful drinking, sexual health and smoking cessation.

## **COMORBIDITY**

---

Provides comorbidity and mental health specific information and referrals. There is a Dual Diagnosis Worker with a case management and outreach focus.

## **ALEXANDER MACONOCHIE CENTRE**

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Provides support to Aboriginal and Torres Strait Islander young people aged 12 – 25 years in Alexander Maconochie Centre.

## **BIMBERI YOUTH JUSTICE CENTRE**

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Provides weekly art therapy groups and support to Aboriginal and Torres Strait Islander young people in Bimberi.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Programs designed and delivered specifically for Aboriginal and Torres Strait Islander young people.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Culturally and linguistically diverse information and referrals are provided.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and smoking cessation information and resources are available. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.

## **COST**

---

Free.

## **STAFF**

---

Coordinator, Detox Support Worker, Dual Diagnosis Worker, Social Emotional and Wellbeing Worker, and Outreach Worker.

## **FAMILIES/CARERS**

---

Families and carers can access some programs.

► KARRALIKA PROGRAMS INC.  
(formerly trading as Alcohol and Drug Foundation ACT Inc.)

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## **Alcohol and Drug Driving Awareness (including Sober Driver Program), Karralika Programs Inc.**

Provides an education program for people who have been convicted of or are facing charges for drink-driving offences.

<b>Phone:</b>	(02) 6163 0200
<b>Fax:</b>	(02) 6282 7777
<b>Mailing Address:</b>	PO Box 2230, Tuggeranong ACT 2901
<b>Email:</b>	info@karralika.org.au
<b>Website:</b>	www.karralika.org.au
<b>Location:</b>	Level 1, 67 Townshend Street, Phillip
<b>Parent organisation:</b>	Karralika Programs Inc.
<b>Opening hours:</b>	The Community Team is contactable from 9am – 5pm, Monday – Friday.
<b>Treatment approach:</b>	Harm minimisation



### **ACCESS CRITERIA**

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**Target Group:** Females and males over 18 years of age inclusively who have been charged, or who are facing charges for, drink-driving offences.

**Area serviced:** ACT.

**Income required:** Course fees applicable.

**Disability access:** Yes.

**Detox required before accessing program:** No; however people must be alcohol and other drug free when attending sessions.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

### **HOW TO ACCESS / REFERRALS**

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**Contact:** By phone or email, 9am – 5pm, Monday – Friday.

**Referral:** Self, agency or court referral.

**Waiting list:** Varies.

### **INTAKE AND ASSESSMENT**

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Program is run on an as-needs basis dependent on the number of participants.  
Completion of registration forms required.

**PROGRAM/S**

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Provides an education course comprising sessions covering legal, health and social impacts of drink-driving and assists participants to develop positive personal skills and attitudes in relation to alcohol and drink-driving issues. Confirmation of enrolment for courts, requests for adjournments until after graduation and referrals are available.

**ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Referrals to Aboriginal and Torres Strait Islander services can be provided.

**CULTURALLY AND LINGUISTICALLY DIVERSE**

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Referrals to multicultural services can be provided.

**COST**

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Fees apply.

**STAFF**

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Two trained facilitators per course.

## Child and Family Services, Karralika Programs Inc.

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for adults with ATOD dependencies and accompanying children.

<b>Phone:</b>	(02) 6292 2733 (Reception) (02) 6163 0200 (Intake and assessment)
<b>Fax:</b>	(02) 6292 7073
<b>Mailing Address:</b>	PO Box 2230, Tuggeranong, ACT 2901
<b>Email:</b>	info@karralika.org.au
<b>Website:</b>	www.karralika.org.au
<b>Location:</b>	Confidential
<b>Parent organisation:</b>	Karralika Programs Inc.
<b>Opening hours:</b>	24 hours
<b>Treatment approach:</b>	Therapeutic community



### ACCESS CRITERIA

---

**Target Group:** Female and male parents over 18 years of age, inclusively.

---

**Area serviced:** National; however, priority is given to residents from the ACT and surrounding region.

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**Income required:** Yes. If residents do not have an income, they will be assisted to access income support.

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**Disability access:** Yes, ramps and toilets.

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**Detox required before accessing program:** Yes.

---

**Documentation required:** Yes, determined through assessment.

---

**Medication:** People accessing the service can be on some prescription medications.

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**Parents with accompanying children:** This program is specifically designed for parents with accompanying children aged up to 12 years.

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**Couples:** Yes.

---

### HOW TO ACCESS / REFERRALS

---

**Contact:** By phone, 9am – 4pm, Monday – Friday.

---

**Referral:** Self or worker referral. Referrals are accepted for people on court orders.

---

**Waiting list:** Varies, support is provided to people waiting to enter the program.

---

### INTAKE AND ASSESSMENT

---

An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

## **PROGRAM/S**

---

Provides up to 12 months of residential rehabilitative care for people with ATOD dependencies with accompanying children, using the therapeutic community approach to treatment. Education, recreational activities, life skills, and accredited training are also provided. Counselling and access to specialist services from other agencies are available. ATOD information, support and case management are also available.

Children participate in an early childhood development program either through full-time daycare, after-school care and school holiday programs. Targeted interventions including play therapies are included in the program as appropriate. Parents also take part in counselling and parenting programs and cognitive behavioural therapies.

## **COMORBIDITY**

---

Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, there is a Social Worker on staff and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health Services, Health Directorate will continue under a joint case management model.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Referrals to multicultural services can be provided. Staff undertake cultural awareness training.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a General Practitioner for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

---

Fees apply.

## **STAFF**

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Alcohol and Other Drug Workers, Child and Family Support Workers and Child and Family Social Worker.

## **FAMILIES/CARERS**

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Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

## Karralika Therapeutic Community Adult Program, Karralika Programs Inc.

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for single adults and couples with ATOD dependencies.

<b>Phone:</b>	(02) 6292 2733 (02) 6163 0200 (Intake and assessment)
<b>Fax:</b>	(02) 6292 7073
<b>Mailing Address:</b>	PO Box 2230, Tuggeranong ACT 2901
<b>Email:</b>	info@karralika.org.au
<b>Website:</b>	www.karralika.org.au
<b>Location:</b>	Confidential
<b>Parent organisation:</b>	Karralika Programs Inc.
<b>Opening hours:</b>	24 hours
<b>Treatment approach:</b>	Therapeutic community



### ACCESS CRITERIA

**Target Group:** Females and males over 18 years of age inclusively. Single adults and couples are accepted.

**Area serviced:** National, however, priority is given to residents from the ACT and surrounding region.

**Income required:** Yes. If residents do not have an income, they will be assisted to access income support.

**Disability access:** Yes, ramps and toilets.

**Detox required before accessing program:** Yes.

**Documentation required:** Yes, determined through assessment.

**Medication:** People accessing the service can be on some prescription medications.

**Parents with accompanying children:** Parents with accompanying children can access the Karralika Family Program.

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 9am – 4pm, Monday – Friday.

**Referral:** Self or worker referral. Referrals are accepted for people on court orders.

**Waiting list:** Varies, support is provided to people waiting to enter the program.

### INTAKE AND ASSESSMENT

An over-the-phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

## **PROGRAM/S**

---

Provides up to 12 months of residential rehabilitative care for people with ATOD dependencies, using the therapeutic community approach to treatment. Education, recreational activities, life skills and accredited training is also provided. Counselling and access to specialist services from other agencies is available. ATOD information, support and case management are also available. Support can be provided to parents who do not have custody of their children.

## **COMORBIDITY**

---

Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health Services, Health Directorate will continue under a joint case management model.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Referrals to multicultural services can be provided. Staff undertake cultural awareness training.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a General Practitioner for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

---

Fees apply.

## **STAFF**

---

Alcohol and Other Drug Workers, Diversional Therapist, Registered Nurse and Social Worker.

## **FAMILIES/CARERS**

---

Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

## Karuna Short-Stay Program - Karralika Therapeutic Community Adult Program, Karralika Programs Inc.

Provides eight weeks of residential rehabilitative care within a therapeutic community setting for single adults and couples with ATOD dependencies.

<b>Phone:</b>	(02) 6292 2733 (02) 6163 0200 (Intake and assessment)
<b>Fax:</b>	(02) 6292 7073
<b>Mailing Address:</b>	PO Box 2230, Tuggeranong ACT 2901
<b>Email:</b>	info@karralika.org.au
<b>Website:</b>	www.karralika.org.au
<b>Location:</b>	Confidential
<b>Parent organisation:</b>	Karralika Programs Inc.
<b>Opening hours:</b>	24 hours
<b>Treatment approach:</b>	Therapeutic community



### ACCESS CRITERIA

**Target Group:** Females and males over 18 years of age inclusively. Single adults and couples are accepted.

**Area serviced:** National; however, priority is given to residents from the ACT and surrounding region.

**Income required:** Yes. If residents do not have an income, they will be assisted to access income support.

**Disability access:** Yes, ramps and toilets.

**Detox required before accessing program:** Yes.

**Documentation required:** Yes, determined through assessment.

**Medication:** People accessing the service can be on some prescription medications.

**Parents with accompanying children:** No. Children can accompany parents when they complete the Karuna Short-Stay Program and move into the long-stay residential program at Karralika Therapeutic Community.

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 9am – 4pm, Monday – Friday.

**Referral:** Self or worker referral. Referrals are accepted for people on court orders.

**Waiting list:** Varies, support is provided to people waiting to enter the program.

### INTAKE AND ASSESSMENT

An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

## **PROGRAM/S**

---

Provides eight weeks of residential rehabilitative care for people with ATOD dependencies, using the therapeutic community approach to treatment. ATOD information, support and case management are also available. Support can be provided to parents who do not have custody of their children. Pathways from Karuna Short-Stay include Karralika Therapeutic Community Adult Program, Child and Family Services Program, and the Nexus Program (with a further assessment) including Men's Halfway House and Aftercare program. Outreach support is also available for participants who return to the community. Referral to other community services is also provided as appropriate.

## **COMORBIDITY**

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Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health Services, Health Directorate will continue under a joint case management model.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Referrals to multicultural services can be provided. Staff undertake cultural awareness training.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a General Practitioner for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

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Fees apply.

## **STAFF**

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Alcohol and Other Drug Workers, Diversional Therapist, Registered Nurse and Social Worker.

## **FAMILIES/CARERS**

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Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

## The Nexus Program, Karralika Programs Inc.

Provides the Men's Halfway House Program offering a community based treatment program for men experiencing ATOD issues.

<b>Phone:</b>	(02) 6163 0200
<b>Fax:</b>	(02) 6282 7777
<b>Mailing Address:</b>	PO Box 2230, Tuggeranong ACT 2901
<b>Email:</b>	info@karralika.org
<b>Website:</b>	www.karralika.org
<b>Location:</b>	Level 1, 67 Townshend St, Phillip
<b>Parent organisation:</b>	Karralika Programs Inc.
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

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**Target Group:** Males over 18 years of age inclusively, who have completed initial treatment for ATOD dependency.

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**Area serviced:** National; however, priority is given to residents from the ACT and surrounding region.

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**Income required:** Yes. If residents do not have an income, they will be assisted to access income support.

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**Disability access:** Yes, determined through assessment.

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**Detox required before accessing program:** Yes, people are required to have completed a treatment program.

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**Documentation required:** Determined through assessment.

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**Medication:** People accessing the service can be on some prescription medications, including pharmacotherapies. Determined through assessment.

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**Parents with accompanying children:** No.

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**Couples:** No.

### HOW TO ACCESS / REFERRALS

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**Contact:** By phone, 9am – 5pm, Monday – Friday.

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**Referral:** Self or worker referral. Referrals are accepted for people on court orders.

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**Waiting list:** Varies.

### INTAKE AND ASSESSMENT

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Initial phone contact must be made to arrange a time for an assessment. Participation in assessment processes is required prior to acceptance into the program. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

## **PROGRAM/S**

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Provides a community based treatment program for people with ATOD issues. Treatment is for three – six months with case management, support, education, counselling, and referrals provided.

## **COMORBIDITY**

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Comorbidity and mental health related groups (including cognitive behavioural therapy) counselling, information and referrals are provided. Staff are trained in basic mental health and assessments include a mental health component.

## **ALEXANDER MACONOCHIE CENTRE**

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Assessments are provided on an as-needs basis to people in the Alexander Maconochie Centre. Referrals are accepted from Community Based Corrections as part of parole conditions.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. Aboriginal and Torres Strait Islander specific information and resources can be accessed as required.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Referrals to multicultural services can be provided. Staff undertake cultural awareness training. Culturally and linguistically diverse information and resources can be accessed as required.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and access to smoking cessation information and support is offered. Some staff undertake tobacco management training. Referrals may be provided to a GP or to Quitline for tobacco management advice and support. Smoking cessation resources are also available and specific groups are available periodically.

## **COST**

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Fortnightly contribution to cover rent, food, utilities and local phone calls.

## **STAFF**

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Case Managers and Manager.

## **FAMILIES/CARERS**

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Access visits and overnight stays may be arranged for children of clients. Access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

## ► KARRALIKA PROGRAMS INC. AND ACT CORRECTIVE SERVICES, ACT GOVERNMENT

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### **Solaris Therapeutic Community, Alexander Maconochie Centre**

Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by ATOD use and related dependencies using the therapeutic community approach to treatment.

<b>Phone:</b>	(02) 6207 0238 (Karralika Programs Co-Manager) (02) 6207 0862 (ACT Corrective Services Co-Manager) (02) 6207 2895 (Karralika Programs Assistant Manager)	
<b>Fax:</b>	(02) 6207 2963	
<b>Mailing Address:</b>	PO Box 2230, Tuggeranong ACT 2901	
<b>Email:</b>	info@karralika.org.au	
<b>Website:</b>	www.karralika.org.au	
<b>Location:</b>	Alexander Maconochie Centre, 10400 Monaro Highway, Hume	
<b>Parent organisation:</b>	Karralika Programs Inc. and ACT Corrective Services	
<b>Opening hours:</b>	Program provided seven days a week. Office hours are 9am – 5pm, Monday – Friday.	
<b>Treatment approach:</b>	Therapeutic community	

#### **ACCESS CRITERIA**

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**Target Group:** Males over 18 years of age in the Alexander Maconochie Centre with offences linked to substance dependence. Detainees with a history of sex offences are excluded.

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**Area serviced:** ACT.

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**Income required:** Occasional expenses are covered through the weekly Alexander Maconochie Centre allowance.

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**Disability access:** Ground floor accommodation is available.

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**Detox required before accessing program:** Yes.

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**Medication:** Medication is available through Justice Health, Health Directorate. Participants on methadone and stable on other pharmacotherapies can access the program.

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#### **HOW TO ACCESS / REFERRALS**

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**Contact:** By phone, 9am – 5pm, Monday – Friday.

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**Referral:** Through sentence planning, self-referral or through the case management team

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**Waiting list:** Varies, subject to sentence expiration, classification and bed availability. Dependant on program start dates.

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#### **INTAKE AND ASSESSMENT**

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Provides bio-psychosocial assessment to establish eligibility. Intakes occur every six weeks.

## **PROGRAM/S**

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Provides a psycho-educational and therapeutic program based on the therapeutic community theory, model and method of treatment for substance abuse. Designed as an interim to pre-release treatment program for detainees in their last six months of custody.

### **Level One: Readiness Phase**

Program components designed to enhance motivation and support readiness to participate in ongoing treatment.

### **Level Two: Treatment Phase**

Provides intensive psycho-education and group therapy sessions that aim to assist participants to develop personal insight into the impact of using ATOD. This includes the origins of dependent or compulsive behaviours, the thinking underlying criminal behaviour, identification of personal strengths and development of new skills to manage life post release. The program also has a focus on relationships, families and financial skills.

A separate program is currently being piloted in the women's neighbourhood.

## **COMORBIDITY**

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Support for people experiencing comorbidity is provided through Justic Health, Health Directorate.

## **ALEXANDER MACONOCHIE CENTRE**

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Program designed and delivered specifically for men in the Alexander Maconochie Centre.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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All staff undertake Aboriginal and Torres Strait Islander training to facilitate the program in a culturally sensitive manner.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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All staff undertake culturally and linguistically diverse training to facilitate the program in a culturally sensitive manner. Basic English skills are required for participants to engage in group activities and written communication.

## **TOBACCO MANAGEMENT**

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Provides information and support for tobacco management, including referrals to smoking cessation support. A designated smoking area is provided onsite.

## **COST**

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Some activities incur a small cost.

## **STAFF**

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Alcohol and Other Drug Case Managers and Therapeutic Correctional Officers.

## **FAMILIES/CARERS**

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Families and carers can visit from Thursday evenings to Sunday within the restrictions of the Alexander Maconochie Centre Visiting Policy (see [www.cs.act.gov.au/home/custodial\\_operations/visitors\\_information](http://www.cs.act.gov.au/home/custodial_operations/visitors_information)).

## ▶ TED NOFFS FOUNDATION ACT

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### **Continuing Adolescent Life Management (CALM), Ted Noffs Foundation ACT**

Provides support for young people aged 13 – 21 years experiencing ATOD, comorbidity or criminal justice issues.

<b>Phone:</b>	(02) 6218 6700 or 0429 524221
<b>Fax:</b>	(02) 6247 0623
<b>Mailing Address:</b>	PO Box 7132, Watson ACT 2602
<b>Email:</b>	monckl@noffs.org.au
<b>Website:</b>	www.noffs.org.au
<b>Location:</b>	23 East Row, Civic
<b>Parent organisation:</b>	Ted Noffs Foundation
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



#### **ACCESS CRITERIA**

---

**Target Group:** Females and males 13 – 21 years of age inclusively.

**Area serviced:** ACT and surrounding areas.

**Income required:** No.

**Disability access:** No.

**Detox required before accessing program:** No.

**Documentation required:** Identification.

**Medication:** Young people accessing the service can be on prescription medications.

**Parents with accompanying children:** No.

**Couples:** No.

#### **HOW TO ACCESS / REFERRALS**

---

**Contact:** By phone or drop-in, 9am – 4.30pm, Monday – Friday.

**Referral:** Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.

**Waiting list:** No waiting list.

#### **INTAKE AND ASSESSMENT**

---

The young person needs to phone and arrange an appropriate time for an assessment. This preferably occurs face-to-face, but can be done by phone if necessary.

## **PROGRAM/S**

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Provides support for young people aged 13 – 21 years experiencing ATOD, comorbidity or criminal justice issues. Life coaching, mentoring, music, art and community connection are key components of the program.

## **COMORBIDITY**

---

Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and phone assessments include a mental health component.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

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Free.

## **STAFF**

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Alcohol and other Drug Workers and Counsellors.

## **FAMILIES/CARERS**

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Support and information can be provided for families and carers. Referrals for family support can also be provided.

## Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT

Supports young people aged 12 – 18 years who are experiencing ATOD issues in the community, and who do not want or need residential rehabilitation services.

<b>Phone:</b>	(02) 6218 6700 or 0414 924 205
<b>Fax:</b>	(02) 6247 0623
<b>Mailing Address:</b>	PO Box 7132, Watson ACT 2602
<b>Email:</b>	tealc@noffs.org.au
<b>Website:</b>	www.noffs.org.au
<b>Location:</b>	23 East Row, Civic
<b>Parent organisation:</b>	Ted Noffs Foundation
<b>Opening hours:</b>	9am – 5pm, Monday – Friday Day Program runs 10am – 3pm, Monday, Tuesday, Wednesday and Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

**Target Group:** Females and males 12 – 18 years of age inclusively.

**Area serviced:** ACT and Queanbeyan.

**Income required:** No.

**Disability access:** No.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications.

**Parents with accompanying children:** Yes. Young people with children are welcome and assessed on a case-by-case basis.

**Couples:** Yes.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral, with the young person's involvement. Referrals are also accepted from the community.

**Waiting list:** Varies, from two – four weeks.

### INTAKE AND ASSESSMENT

Intake is available from 9am – 12pm, Monday, Wednesday and Friday. The young person needs to phone and arrange an appropriate time for an assessment. This preferably occurs face-to-face, but can be done by phone if necessary. The young person will be contacted within a week regarding their suitability to access the program.

## **PROGRAM/S**

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Supports young people who are experiencing ATOD issues in the community and who do not want or need residential rehabilitation services. Provides a semi-structured day program on Monday, Tuesday, Wednesday and Friday from 10am – 3pm that offers information and education on substance use, assistance with schooling, cooking classes, auto mechanics, driving lessons, personal care and self-esteem classes and referrals. Also provides one-on-one outreach, or outreach to schools and other services.

## **COMORBIDITY**

---

Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available on request. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health.

## **BIMBERI YOUTH JUSTICE CENTRE**

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Provides throughcare for young people in Bimberi, and post release outreach.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

---

Free.

## **STAFF**

---

Alcohol and Other Drug Workers.

## **FAMILIES/CARERS**

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Families and support people can access the Family and Carers Support Group.

## Program for Adolescent Life Management (PALM), Ted Noffs Foundation ACT

Provides up to three months residential rehabilitation for young people aged 14 – 18 years experiencing ATOD issues.

<b>Phone:</b>	(02) 6123 2400
<b>Fax:</b>	(02) 6123 2424
<b>Mailing Address:</b>	PO Box 7132, Watson ACT 2602
<b>Email:</b>	tnfact@noffs.org.au
<b>Website:</b>	www.noffs.org.au
<b>Location:</b>	350 Antill Street, Watson
<b>Parent organisation:</b>	Ted Noffs Foundation
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation, abstinence while in program.



### ACCESS CRITERIA

**Target Group:** Females and males 14 – 18 years of age inclusively.

**Area serviced:** ACT and surrounding areas including: Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong, and Albury–Wodonga.

**Income required:** No.

**Disability access:** Yes, ramps to all buildings and disabled toilets in living area.

**Detox required before accessing program:** Determined through assessment. This can be provided through the Withdrawal Unit (see next profile).

**Documentation required:** Identification and any prescriptions for medication.

**Medication:** People accessing the service can be on prescription medications; however, it is assessed on a case-by-case basis.

**Parents with accompanying children:** No.

**Couples:** No; however, referrals can be provided for individuals to interstate PALM programs.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.

**Waiting list:** Varies.

### INTAKE AND ASSESSMENT

Intake is available from 9am – 2pm, Monday – Thursday. The young person will be searched upon entry to the program and will need to provide a urine sample. Assessment may be conducted over the phone or in person from 8am – 3pm. The service needs to be informed of any bail conditions or Care and Protection issues.

## **PROGRAM/S**

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Provides up to three months of residential rehabilitation. Young people are provided with a single room. Information, employment support, training, relationship building, mood management, personal growth and development, relapse prevention skills, life skills, and group work are available.

Post program aftercare is available through the Ted Noffs CALM program for up to three years.

## **COMORBIDITY**

---

Provides comorbidity and mental health related information and referrals. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and assessments include a mental health component.

## **BIMBERI YOUTH JUSTICE CENTRE**

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Referrals to residential programs are accepted from Community Youth Justice as part of bail conditions.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides mentoring to Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

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\$140 a week for young people receiving income support.

## **STAFF**

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Alcohol and Other Drug Workers and Counsellors.

## **FAMILIES/CARERS**

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Family are encouraged to arrange a time to visit the young person. Young people are also able to make phone calls to family and carers and will need a phone card for interstate calls. Family and support people can access the Family and Carers Support Group.

After a young person has been in the program for a suitable length of time and shown progress towards their goals, leave can be arranged with their Counsellor.

## Withdrawal Unit, Program for Adolescent Life Management (PALM), Ted Noffs Foundation ACT

Provides up to 14 days of non-medicated residential support for young people aged 14 – 18 years experiencing withdrawal from ATOD.

<b>Phone:</b>	(02) 6123 2400
<b>Fax:</b>	(02) 6123 2424
<b>Mailing Address:</b>	PO Box 7132, Watson ACT 2602
<b>Email:</b>	tnfact@noffs.org.au
<b>Website:</b>	www.noffs.org.au
<b>Location:</b>	350 Antill Street, Watson
<b>Parent organisation:</b>	Ted Noffs Foundation
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation, abstinence while in program.



### ACCESS CRITERIA

**Target Group:** Females and males 14 – 18 years of age inclusively.

**Area serviced:** ACT and surrounding areas, including: Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong, and Albury–Wodonga.

**Income required:** No.

**Disability access:** Yes, ramps to all buildings and disabled toilets in living area.

**Detox required before accessing program:** No.

**Documentation required:** Identification and any prescriptions for medication.

**Medication:** Young people accessing the service can be on prescription medications; however, it is assessed on a case-by-case basis.

**Parents with accompanying children:** No.

**Couples:** No.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 9am – 4pm, Monday – Friday.

**Referral:** Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.

**Waiting list:** Varies, clients at high risk in the community will be given priority.

### INTAKE AND ASSESSMENT

Intake is available 9am – 2pm, Monday – Thursday. The young person will be searched upon entry to the program and will need to provide a urine sample. Assessment may be conducted over the phone or in person from 8am – 3pm. The service will need to be informed of any bail conditions or Care and Protection issues.

## **PROGRAM/S**

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Provides up to 14 days of non-medicated residential support for young people experiencing withdrawal from ATOD. The withdrawal program is incorporated into the three month residential program (see previous profile). Young people participate in daily program activities and those completing the withdrawal component have the option of staying on to complete further treatment. Young people are provided with a single room. Social and living skills, sport and recreation, vocational education, ATOD, and safe behaviours information and education are available.

## **COMORBIDITY**

---

Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and phone assessments include a mental health component.

## **BIMBERI YOUTH JUSTICE CENTRE**

---

Referrals to residential programs are accepted from Community Youth Justice as part of bail conditions.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

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Free.

## **STAFF**

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Alcohol and Other Drug Workers and Counsellors.

## **FAMILIES/CARERS**

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Young people are able to make phone calls to family and carers and will need a phone card for interstate calls. Family and support people can access the Family and Carers Support Group.

## ▶ THE SALVATION ARMY

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### Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army

Provides a non-residential rehabilitation program for people aged 12 years and over wanting to address their ATOD issues, and their families.

<b>Phone:</b>	(02) 6248 7191
<b>Fax:</b>	(02) 6249 8166
<b>Mailing Address:</b>	GPO Box 435, Canberra ACT 2601
<b>Email:</b>	nicole.smith@aue.salvationarmy.org
<b>Location:</b>	1 Elder Street, Braddon
<b>Parent organisation:</b>	The Salvation Army
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



#### ACCESS CRITERIA

---

**Target Group:** Females and males, 12 years and over wanting to address their ATOD issues, and their families.

**Area serviced:** ACT and interstate.

**Income required:** No, support can be provided to access income support.

**Disability access:** Limited access available.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes.

**Couples:** Partners may access the service for information and education; however, are not able to access it as an individual whilst their partner is undergoing treatment.

#### HOW TO ACCESS / REFERRALS

---

**Contact:** By phone or email, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral. Referrals are accepted for people on court orders.

**Waiting list:** Dependant on service demand and staffing levels.

#### INTAKE AND ASSESSMENT

---

From 9.30am – 4.30pm, Monday – Friday. An appointment is required for an initial face-to-face or over-the-phone assessment.

## **PROGRAM/S**

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Provides individual counselling, outreach, life skills development, case management, relapse prevention and information for individuals, schools and community groups. Groups may be run on relapse prevention, anxiety, addiction, gambling, and anger management as required.

Also provides the Very Important Families (VIFs) support group, 7pm – 9.30pm on the first Wednesday of every month, for parents and families affected by familial ATOD issues.

## **COMORBIDITY**

---

Provides holistic counselling for comorbidity issues. Staff are trained in mental health and assessments include a mental health component. Provides comorbidity and mental health specific information and referrals. Access to a Provisional Psychologist with experience in acceptance commitment therapy, cognitive behaviour therapy and motivational interviewing is available.

## **ALEXANDER MACONCHIE CENTRE**

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Referrals are accepted from Community Based Corrections as part of parole conditions.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

---

Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. Referrals to Aboriginal and Torres Strait Islander services can be provided.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

---

Staff undertake basic cultural awareness training.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and smoking cessation information and resources are available. Cognitive behavioural strategies to support smoking cessation may also be discussed. Referrals may be provided for tobacco management advice and support.

## **COST**

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Free for young people. Donations welcome.

## **STAFF**

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Alcohol and Other Drug Worker/Provisional Psychologist, Family Support Worker and Chaplain.

## **FAMILIES/CARERS**

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Families and carers can access the program at the consent of the young person. Also provides a support group for parents and families. Chaplaincy and Pastoral Care are provided as required, and families and carers can access the program for support regarding a family member's ATOD issues.

## Canberra Recovery Services, The Salvation Army

Provides a 10 month (43 week) residential rehabilitation program for men and women experiencing ATOD and/or gambling dependencies.

<b>Phone:</b>	(02) 6295 1256
<b>Fax:</b>	(02) 6295 3766
<b>Mailing Address:</b>	PO Box 4181, Kingston ACT 2604
<b>Email:</b>	crs@aue.salvationarmy.org
<b>Website:</b>	www.salvos.org.au
<b>Location:</b>	5-13 Mildura Street, Fyshwick
<b>Parent organisation:</b>	The Salvation Army
<b>Opening hours:</b>	8am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Abstinence



### ACCESS CRITERIA

**Target Group:** Males and females over 18 years of age inclusively, with ATOD and/or gambling dependencies.

**Area serviced:** ACT and interstate.

**Income required:** Yes, assistance to access income support can be provided.

**Disability access:** No.

**Detox required before accessing program:** Yes.

**Documentation required:** Medicare and Centrelink numbers are required, other documentation determined through the assessment process.

**Medication:** Prescription medications may be taken whilst in program. Enquiries regarding medications should be directed to the Assessment Officer.

**Parents with accompanying children:** No; however, ongoing support is available to families.

**Couples:** No.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone or in person, 8am – 5pm, Monday – Friday.

**Referral:** Worker referral. Referrals are accepted for people on court orders.

**Waiting list:** Varies, people on the waiting list are encouraged to stay in contact. Additional support services can be arranged while on the waiting list.

### INTAKE AND ASSESSMENT

Assessments are usually conducted over the phone. Enquiries should be directed to the Assessment Officer and an appointment for a telephone assessment will be made. All assessments are completed within 24 hours of a request being received. Referrals to other Salvation Army services may be suggested if considered appropriate. Intake is available from 9am – 3pm, Monday – Thursday; however, intake day and times can vary according to circumstances.

## **PROGRAM/S**

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Provides a long-term residential program with staged and case managed exit points involving group and individual support sessions, work therapy, social activities, numeracy and literacy classes and attending Chapel. Participants attend local Alcohol, Narcotics or Gambling Anonymous meetings as part of their program. Participants are required to participate in all program activities, and various community meetings.

## **COMORBIDITY**

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Provides case management with a focus on ATOD and mental health. Some staff are trained in basic mental health and assessments include a mental health component. Comorbidity and mental health specific information and referrals are provided and access to a Psychologist is available.

## **ALEXANDER MACONCHIE CENTRE**

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Referrals to residential treatment are accepted from Community Based Corrections as part of parole conditions.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Provides Aboriginal and Torres Strait Islander specific support and referrals, working with Winnunga Nimmityjah Aboriginal Health Service.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse information, resources and referrals can be provided as required. All staff are required to hold appropriate qualifications with a cultural diversity aspect.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and access to smoking cessation support and resources is offered. Weekly smoking cessation lectures and groups are provided. A designated smoking area is also provided. All staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.

## **COST**

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One week's rent in advance plus a one-off \$10 chemist fee. Rental fee is based on people's level of income support.

## **STAFF**

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Manager, Assistant Manager, Team Leader, Case Workers, Cook/Housekeeper and Support Workers. Access and referrals to Medical services and Mental Health is also available.

## **FAMILIES/CARERS**

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Families and carers are welcome to visit the centre and can be supported to access other Salvation Army Programs such as the Canberra City Oasis Drug and Alcohol Support Service. Day leave on weekends is available after completing four weeks of the program, fortnightly weekend leave is available to people who have completed nine weeks of the program.

## **OTHER**

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This program is potentially undergoing a number of developments in the coming months.

## Lesley's Place – Residential and Outreach, Toora Women Inc.

Provides recovery-based supported accommodation for up to three months for women, and women with accompanying children. Outreach support can be provided pre and post ATOD withdrawal.

<b>Phone:</b>	(02) 6241 7233
<b>Fax:</b>	(02) 6241 8299
<b>Mailing Address:</b>	PO Box 106, Jamison Centre ACT 2614
<b>Email:</b>	lesleys@toora.org.au
<b>Location:</b>	Confidential
<b>Parent organisation:</b>	Toora Women Inc
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	<b>Residential Service:</b> Abstinence within a harm minimisation approach. <b>Outreach Service:</b> Harm minimisation.



### ACCESS CRITERIA

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**Target Group:** Females over 16 years of age inclusively and females with accompanying children up to 12 years of age.

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**Area serviced:** ACT and surrounding areas.

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**Income required:** No.

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**Disability access:** Yes, however, suitability will be determined through assessment.

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#### **Detox required before accessing program:**

**Residential Service:** Yes, workers provide transport for women upon completion of withdrawal. Direct access from community to the service is also available.

**Outreach Service:** No.

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**Documentation required:** No.

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**Medication:** Women accessing the service can be on prescription medications, including pharmacotherapies.

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**Parents with accompanying children:** Yes, children are accepted up to 12 years of age.

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**Couples:** No.

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### HOW TO ACCESS / REFERRALS

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**Contact:** By phone, 9am to 5pm, Monday – Friday. If a worker phones on a woman's behalf, an appropriate time and way to speak directly with the woman will be organised.

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**Referral:** Self or worker referral. Referrals are accepted for women on court orders.

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**Waiting list:** No waiting list.

## INTAKE AND ASSESSMENT

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Assessments conducted wherever possible in person, phone assessments can be arranged if need be. Following an assessment, contact will be made regarding possible support options. Intake is available from 9am – 5pm, Monday – Thursday.

## PROGRAM/S

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**Residential Service:** Provides recovery-based support for up to three months. Women develop a recovery and support plan and participate in the house structure. Information, education, advocacy, referral, practical and emotional support is available.

**Outreach Service:** Provides support for women who are pre, during and post withdrawal. Information, education, advocacy, referral and practical and emotional support is available.

## COMORBIDITY

---

Provides referrals to, and has established links with, a Clinical Psychologist. Staff are trained in basic mental health and assessments include a mental health component. Workers have gender specific expertise and are trained in trauma, post traumatic stress disorder, mindfulness, self-harming behaviours, dialectical behaviour therapy and other counselling modes.

## ALEXANDER MACONCHIE CENTRE

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Referrals to residential programs and outreach support are accepted from Community Based Corrections as part of parole conditions.

## ABORIGINAL AND TORRES STRAIT ISLANDER

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Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff attend Aboriginal and Torres Strait Islander cultural awareness training and White Privilege Training.

## CULTURALLY AND LINGUISTICALLY DIVERSE

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Culturally and linguistically diverse specific information and referrals can be provided. Resources in other languages are available. All staff undertake cultural awareness training and Toora Women Inc. conducts cultural safety audits across its programs. Some Lesley's Place staff are from culturally diverse backgrounds such as Lebanon and Micronesia. French, Spanish, Croatian, and Serbian are spoken by some Toora staff.

## TOBACCO MANAGEMENT

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Assessments include a component related to smoking, and smoking cessation information and resources are available. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.

## COST

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**Residential Service:** \$50 per week for accommodation (includes food at Lesley's Place House) and key deposit. A deposit of two weeks rent is asked for on arrival; however, alternative arrangements can be made if this is not possible.

**Outreach Service:** Free.

## STAFF

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Alcohol and Other Drug Workers.

## FAMILIES/CARERS

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Information and referrals can be provided to families and carers.

## Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.

Provides medium to long-term recovery based supported accommodation for up to 12 months for women and accompanying children.

<b>Phone:</b>	(02) 6241 7233
<b>Fax:</b>	(02) 6241 8299
<b>Mailing Address:</b>	PO Box 106, Jamison Centre ACT 2614
<b>Email:</b>	marzenna@toora.org.au
<b>Location:</b>	Confidential
<b>Parent organisation:</b>	Toora Women Inc
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Abstinence within a harm minimisation approach



### ACCESS CRITERIA

**Target Group:** Females over 16 years of age inclusively, and females with accompanying children up to 12 years of age.

**Area serviced:** ACT and surrounding areas.

**Income required:** No.

**Disability access:** Yes, however, suitability will be determined through assessment.

**Detox required before accessing program:** Women need to have been in recovery for a period of time (abstinent from alcohol and other drugs, and actively engaged in activities and strategies to maintain their recovery).

**Documentation required:** No.

**Medication:** Women accessing the service can be on pharmacotherapies. Currently unable to accept women on benzodiazepines.

**Parents with accompanying children:** Yes, children are accepted up to 12 years of age.

**Couples:** No.

### HOW TO ACCESS / REFERRALS

**Contact:** By phone, 8am – 4pm, Tuesday – Friday.

**Referral:** Self or worker referral. Referrals are accepted for women on court orders.

**Waiting list:** No waiting list.

### INTAKE AND ASSESSMENT

Upon referral, support options will be discussed and a time for an assessment will be organised. Contact will be made with the woman following the assessment regarding possible support options. Intake is available from 9am – 5pm, Monday – Thursday.

## **PROGRAM/S**

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Provides medium to long-term recovery based supported accommodation for up to 12 months. Information, education, advocacy, referral, and practical and emotional support are also available.

## **COMORBIDITY**

---

Provides referrals to, and has established links with, a Clinical Psychologist. Staff are trained in basic mental health and assessments include a mental health component. Workers have gender specific expertise and are trained in trauma, mindfulness, art therapy, and dialectical behaviour therapy and counselling.

## **ALEXANDER MACONCHIE CENTRE**

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Referrals to residential programs and outreach support are accepted from Community Based Corrections as part of parole conditions.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## **CULTURALLY AND LINGUISTICALLY DIVERSE**

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Culturally and linguistically diverse specific information and referrals can be provided. Resources in other languages are available. All staff undertake cultural awareness training. French, Spanish, Croatian Lebanese, Micronesian and Serbian is spoken by some Toora staff.

## **TOBACCO MANAGEMENT**

---

Assessments include a component related to smoking, and smoking cessation information and resources are available. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.

## **COST**

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\$50 per week. A deposit of two weeks rent is asked for on arrival; however, alternative arrangements can be made if this is not possible.

## **STAFF**

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Alcohol and Other Drug Workers.

## **FAMILIES/CARERS**

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Information and referrals can be provided to families and carers.

## Women's Information, Resources and Education on Drugs and Dependency (WIREDD), Toora Women Inc.

Provides information, education, counselling and resources to women to minimise the harm associated with dependence.

<b>Phone:</b>	(02) 6248 8600
<b>Fax:</b>	(02) 6257 5257
<b>Email:</b>	wiredd@toora.org.au
<b>Location:</b>	Room G03, Griffin Centre, 20 Genge St, Canberra City
<b>Parent organisation:</b>	Toora Women Inc
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Harm minimisation



### ACCESS CRITERIA

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**Target Group:** Females.

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**Area serviced:** ACT and surrounding areas.

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**Income required:** No.

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**Disability access:** Yes.

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**Detox required before accessing program:** No.

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**Documentation required:** No.

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**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

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**Parents with accompanying children:** Yes, women with accompanying children can access during drop-in hours.

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### HOW TO ACCESS / REFERRALS

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**Contact:** By phone, 9am – 5pm, Monday - Friday. Drop-in is available 11am – 4pm, Monday, Thursday and Friday, and 2pm – 4pm, Tuesday.

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**Referral:** Self or worker referral. Referrals are accepted for women on court orders.

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**Waiting list:** No waiting list.

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### INTAKE AND ASSESSMENT

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By phone, 9am – 5pm, Monday – Friday, or in person during drop-in hours. A form is to be filled in by women to access counselling.

## PROGRAM/S

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Provides information, education and resources to women to minimise the harm associated with dependency. WIREDD also provides:

### **Counselling:**

Individual counselling for women. Phone to make an appointment.

### **Drop-In:**

Available 11am – 4pm, Monday, Thursday and Friday, and pm – 4pm on Tuesday for women and accompanying children.

### **The Women's Relapse Prevention Group:**

Covers topics such as practical strategies, self-esteem, stress management, anger, support systems, body image, relationships and more. The group is run from 10.30am – 12.30pm on Tuesdays. No booking required.

### **Family of Origin Group:**

Explores family of origin issues, for example, growing up in a dysfunctional family and society, cultural differences and impacts on thought processes. Bookings required.

### **Beautiful Me Group:**

Explores women's journeys with body image, with a focus on women and dependency. Looks at culture, media, self-esteem and more. Bookings required.

## COMORBIDITY

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Provides comorbidity and mental health related groups, including a focus on body image, counselling, information and referrals. Staff receive clinical supervision from a comorbidity specialist. Workers have gender specific expertise and are trained in basic mental health, trauma, motivational interviewing and narrative therapy. Assessments include a mental health component.

## ALEXANDER MACONOCHIE CENTRE

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Provides fortnightly outreach support in the areas of ATOD, mental health and wellbeing and housing to women in the Alexander Maconochie Centre, and post release. Phone support is available daily to women in the Alexander Maconochie Centre. Referrals to WIREDD services are accepted from Community Based Corrections as part of parole conditions.

## ABORIGINAL AND TORRES STRAIT ISLANDER

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Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

## CULTURALLY AND LINGUISTICALLY DIVERSE

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Culturally and linguistically diverse information and referrals are provided. Workers from non-English speaking backgrounds are employed. Staff are required to undertake cultural awareness training through induction. French, Spanish, Croatian, Lebanese, Micronesian, and Serbian are spoken by some Toora staff.

## **TOBACCO MANAGEMENT**

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Some smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support. WIREDD is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

## **COST**

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Free.

## **STAFF**

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Alcohol and Other Drug Workers and Counsellors.

## **FAMILIES/CARERS**

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Information and referrals can be provided to families and carers.

## ► WINNUNGA NIMMITYJAH ABORIGINAL HEALTH SERVICES

### Substance Misuse Service, Winnunga Nimmityjah Aboriginal Health Services

Provides support to Aboriginal and Torres Strait Islander people experiencing ATOD issues including counselling, advocacy, community education and referrals.

<b>Phone:</b>	(02) 6284 6222
<b>Fax:</b>	(02) 6284 6200
<b>Mailing Address:</b>	63 Boolimba Cres, Narrabundah ACT 2604
<b>Email:</b>	winadmin@winnunga.org.au
<b>Website:</b>	www.winnunga.org.au
<b>Location:</b>	63 Boolimba Crescent, Narrabundah
<b>Parent organisation:</b>	Winnunga Nimmityjah Aboriginal Health Services
<b>Opening hours:</b>	9am – 5pm, Monday – Friday
<b>Treatment approach:</b>	Ham minimisation.



#### ACCESS CRITERIA

**Target Group:** Female and male Aboriginal and Torres Strait Islander people of any age.

**Area serviced:** ACT and surrounding areas.

**Income required:** No.

**Disability access:** Yes.

**Detox required before accessing program:** No.

**Documentation required:** No.

**Medication:** People accessing the service can be on prescription medications, including pharmacotherapies.

**Parents with accompanying children:** Yes.

**Couples:** Yes.

#### HOW TO ACCESS / REFERRALS

**Contact:** By phone or drop-in, 9am – 5pm, Monday – Friday.

**Referral:** Self or worker referral.

**Waiting list:** Varies.

#### PROGRAM/S

Provides counselling, advocacy, community education and referrals. Support is also provided to people accessing treatment programs. A secondary Needle and Syringe Program and syringe vending machine is also available. The Substance Misuse Worker also works closely with other Winnunga Nimmityjah staff to ensure holistic service provision.

## **COMORBIDITY**

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Provides comorbidity and mental health specific information, support and referrals. There is a Dual Diagnosis Worker on staff.

## **ALEXANDER MACONOCHIE CENTRE**

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Winnunga Nimmityjah provides primary health care to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre through the Hume Health Centre.

## **BIMBERI YOUTH JUSTICE CENTRE**

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ATOD assessments, case management and support are provided to Aboriginal and Torres Strait Islander young people in Bimberi, and post release as required. Support can also be provided to families and carers of young people in Bimberi.

## **ABORIGINAL AND TORRES STRAIT ISLANDER**

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Programs designed and delivered specifically for Aboriginal and Torres Strait Islander people.

## **TOBACCO MANAGEMENT**

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Assessments include a component related to smoking, and access to smoking cessation support and resources are offered, including those provided through a General Practitioner. A weekly smoking cessation support group and a specific Quit Smoking Program are available. A designated smoking area is also provided. Tobacco Action Workers are available who have undertaken tobacco management training and can provide brief interventions. Referrals may be provided for tobacco management advice and support.

## **COST**

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Free.

## **STAFF**

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Alcohol and Other Drug Workers; Bringing Them Home Counsellor; Dual Diagnosis Worker; two Social, Emotional Wellbeing Counsellors; Youth Detox Worker; Child and Adolescent Mental Health Workers; and Tobacco Action Workers.

## **FAMILIES/CARERS**

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Provides support, advocacy and referrals for families and carers.

## ADDITIONAL SERVICES THAT PROVIDE ATOD SPECIFIC PROGRAMS

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### **ACT Hepatitis Resource Centre**

The ACT Hepatitis Resource Centre provides information and health promotion activities to raise awareness about Hepatitis C and other hepatitises to people in the Canberra community. Activities include workshops on a variety of Hepatitis related topics for the community sector, as well as information and referral services for people affected by Hepatitis.

**Phone:** (02) 6230 6344 or 1300 301 383

**Mailing address:** PO Box 6259, O'Connor ACT 2602

**Email:** project@hepatitisresourcecentre.com.au

**Website:** www.hepatitisresourcecentre.com.au

**Location:** 36 David St, Turner ACT 2612

**Opening hours:** 9.30am – 4.30pm, Monday – Friday.

### **AIDS Action Council of the ACT**

Provides health promotion and support for people living with AIDS or HIV and others at risk. Activities include quit smoking support for the Gay, Lesbian, Bisexual and Sex and Gender Diverse Communities.

**Phone:** (02) 6257 2855

**Fax:** (02) 6257 4838

**Mailing address:** GPO Box 229, Canberra ACT 2601

**Website:** www.aidsaction.org.au

**Location:** Westlund House, 16 Gordon Street, Acton ACT 2601

**Opening hours:** 9am – 5pm, Monday – Friday.

### **Alcoholics Anonymous (AA)**

Provides a number of peer based support groups throughout the ACT for people experiencing alcohol issues, using a 12 step model. People can drop in to meetings; however, it is advised to call first.

**Phone:** (02) 6287 3020

**Mailing address:** Central Service Office, PO Box 3898, Weston Creek ACT 2611

**Email:** information@aacanberra.org

**Website:** www.aacanberra.org

**Location:** Grant Cameron Community Centre, 27 Mulley Street, Holder

**Parent organisation:** Alcoholics Anonymous Australia

**Opening hours:** 10am – 3pm, Monday – Friday.

Meetings are held at various times and locations around the ACT (Meeting times and venues are subject to changes, please visit [www.aacanberra.org](http://www.aacanberra.org) for further information):

### MONDAYS

7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group.'
12.30pm	Jetty Room, Tuggeranong Community Centre, 245 Cowlshaw St, Tuggeranong. 'Lunchtime Meeting.'
6.00pm	Canberra Baptist Church Hall, Currie Crescent, Kingston. 'Recovery Group (Big Book Study).'
7.30pm	Salvation Army Building, Cnr Reed and Anketell Streets, Tuggeranong. 'The 6th Chapter Men's Group (Big Book Study)'. This meeting is not held on the first Monday of each month.
7.30pm	Old school hall off Church Lane, behind the church, off Rutledge Street. 'Queanbeyan Group (ID Meeting).'
7.30pm	Ngunnawal Community Centre, Cnr Wanganeen Ave and Jabanungga Ave, Ngunnawal. 'Courage to Change Group.'
8.00pm	Kippax Uniting Community Centre, Cnr Hardwick Crescent and Luke Street, Holt. 'Stayers Group.'
8.00pm	Richardson Community House, 33 Prichard Circuit, Richardson. 'South Tuggeranong Group.'

### TUESDAYS

7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group.'
1.00pm	St Marks Library, Blackall Street, Barton. 'Barton Lunchtime.'
5.30pm	Canberra Baptist Church Hall, Currie Crescent, Kingston. 'Pathways Group.'
7.30pm	Woden Community Centre, Corinna St, Woden. 'Steps Meeting.'
8.00pm	Lewisham Building, Calvary Hospital, Haydon Drive, Bruce. 'Community Group.'
8.00pm	Library, Dickson Shopping Centre, Antill Street, Dickson. 'Dickson Group.'

### WEDNESDAYS

7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group.'
12.30pm	Tutorial Room, Building 2, The Canberra Hospital, Garran. 'Back to Basics.'
12.30pm	Room 1 (Upstairs), Belconnen Community Centre, Swanson St, Belconnen. 'The Interchange Group.'
7.30pm	Community Centre, Cooleman Court, Weston. 'Weston Creek Meeting.'
7.30pm	Old school hall off Church Lane, behind the church, off Rutledge St. '(12 Steps Meeting) Queanbeyan Group.'
8.00pm	Guides Hall, 44 Clianthus St, Lyneham. 'City Group.'
8.00pm	Jetty Room, Tuggeranong Community Centre, 245 Cowlshaw St, Tuggeranong. 'Staying Sober Group.'

**THURSDAYS**

7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group.'
1.00pm	DIRECTIONS ACT Building, 1 Bradley Street, Woden. 'Keep it Simple.'
5.30pm	Canberra Baptist Church Hall, Currie Cr, Kingston. 'Pathways Group (Daily Reflections).'
7.30pm	Wesley Uniting Church, Cnr Fitzroy St and National Cct, Forrest. 'Spiritual Concepts.'
8.00pm	Holy Family Catholic Presbytery, 167 Bugden Ave, Gowrie. 'Brindabella Group.'
8.00pm	Library, Dickson Shopping Centre, Antill St, Dickson. 'Dickson Group (Living Sober Meeting).'

**FRIDAYS**

7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group.'
12.30pm	Old school hall off Church Lane, behind the church, off Rutledge St. 'Queanbeyan Group.'
12.30pm	Church of Christ Hall, Marrawah St, Lyons. 'Survivors Group.'
8.00pm	Erindale Neighbourhood Centre, Cnr Comrie St and Sternberg Cres, Wanniasa. 'North Tuggeranong Group.'

**SATURDAYS**

10.00am	Salvation Army Church Hall, next to Swinger Hill shops, Ainsworth St, Swinger Hill. 'Beginners' Meeting.'
7.00pm	Immanuel Lutheran Church Hall, Cnr Melrose Drive, Corinna and Burnie St, Lyons. 'Canberra Speakers Group (Speaker Meeting).'
8.00pm	Scout Hall, Corner Macarthur Avenue and Hovea Street, O'Connor. 'Northside Group.'

**SUNDAYS**

10.00am	Youth Centre, Cnr Chandler and Swanson St, Belconnen. 'Ginninderra Group.'
10.30am	Scout Hall, Springbett St, Kambah. 'Kambah Group.'
6.30pm	Guides Hall, 44 Clianthus St, Lyneham. 'Central Group (Steps meeting).'
8.00pm	Seminar Rooms 1 and 2, Level 2, Building 2, The Canberra Hospital, Garran. 'Woden Valley Group.'

Information sourced from [www.aacanberra.org/week.html](http://www.aacanberra.org/week.html) and was accurate at time of publishing.

## **Cancer Council ACT**

Provides a number of smoking prevention and cessation services including information, advice and cessation support in the form of group quit smoking courses and seminars, individual counselling and training for health professionals.

**Phone:** (02) 6257 9999 (Office), 13 11 20 (Helpline), 13 78 48 (Quitline)

**Fax:** (02) 6257 5055

**Mailing address:** PO Box 143, Fyshwick ACT 2609

**Email:** reception@actcancer.org

**Website:** www.actcancer.org

**Location:** 5 Richmond Avenue, Fairbairn ACT 2609

**Parent organisation:** Cancer Council Australia

**Opening hours:** 9am – 5pm, Monday – Friday.

## **Families and Friends for Drug Law Reform (FFDLR)**

FFDLR believes that prohibition laws are more the problem than the solution. Its main focus is to raise awareness in the community that problematic drug use should be treated as health and social issues not a criminal justice one. It seeks laws and policies that cause the least possible harm. Activities include advocacy for change in laws and policies and advocacy on behalf of families, policy development, monthly meetings, monthly newsletter, and public forums. An annual remembrance ceremony 'for those who lose their life to illicit drugs' is held during October. Meetings are held 7:30pm – 9pm, every 4th Thursday of the month except for December and January.

**Phone:** (02) 6254 2961

**Mailing address:** PO Box 36, Higgins ACT 2615

**Email:** mcconnell@ffdlr.org.au

**Website:** www.ffdlr.org.au

## **Family Drug Support (FDS)**

Provides a 24/7 support line and the Stepping Stones to Success Course to assist families throughout Australia to deal with ATOD issues in a way that strengthens relationships and achieves positive outcomes.

**Phone:** 1300 368 186 (24 hours)

**Email:** admin@fds.ngo.org.au

**Website:** www.fds.org.au

**Opening hours:** 24 hours

### headspace ACT

Provides support, information and assistance for young people aged 12 - 25 years who are experiencing emotional or mental health issues and/or a substance use issue. Includes access to youth workers, psychologists, social workers and alcohol and other drug workers.

**Phone:** (02) 6201 5343

**Fax:** (02) 6201 5666

**Email:** [headspaceACT@canberra.edu.au](mailto:headspaceACT@canberra.edu.au)

**Website:** [www.headspace.org.au/ACT](http://www.headspace.org.au/ACT)

**Location:** Room 40, Level B, Building 12, University Canberra, Bruce 2601.

**Parent organisation:** headspace National Youth Mental Health Foundation.

**Opening hours:** 10am – 5pm, Monday and Friday. 10am – 7pm, Tuesday and Thursday.

### Junction Youth Health Service

Provides a free health service for at risk and homeless young people aged 12 – 25 years and their children including access to youth friendly doctors, nurses, midwives, counsellors, and youth workers; and information, support, advocacy and referral to a range of other health and support workers.

**Phone:** (02) 6232 2423

**Fax:** (02) 6232 2424

**Mailing address:** PO Box 287, Civic Square ACT 2608

**Email:** [junctioninfo@anglicare.com.au](mailto:junctioninfo@anglicare.com.au)

**Website:** [www.thejunction.org.au](http://www.thejunction.org.au)

**Location:** Corner of Scotts Crossing and Cooyong St, Canberra City

**Parent organisation:** Anglicare Canberra and Goulburn

**Opening hours:** 10am – 5pm, Monday – Friday.

### Kids in Focus Program

The Kids in Focus Program provides integrated, long-term and intensive support for families and carers experiencing complications arising because of ATOD misuse.

**Phone:** (02) 6228 9500 or 1300 884 186 (Kids in Focus Advice Line, 10am – 4pm, Fridays only)

**Fax:** (02) 6255 5233

**Mailing address:** PO Box 384, Dickson ACT 2602

**Email:** [mfitzgerald@barnardos.org.au](mailto:mfitzgerald@barnardos.org.au)

**Website:** [www.barnardos.org.au](http://www.barnardos.org.au)

**Location:** 2 Atherton Street, Downer ACT 2602

**Parent organisation:** Barnardos Australia

## **Narcotics Anonymous (NA)**

Provides a number of peer based support groups throughout the ACT for people experiencing illicit drug issues, using a 12 step model. People can drop in to meetings; however, it is advised to call first.

**Phone:** (02) 9565 1453

**Fax:** (02) 9519 7554

**Email:** canberra@na.org.au

**Website:** www.naoz.org.au

**Parent organisation:** Narcotics Anonymous Australia

Meetings are held at various times and locations around the ACT (meeting times and venues are subject to change, please visit [www.naoz.org.au](http://www.naoz.org.au) for further information):

### **MONDAYS**

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12.30pm	DIRECTIONS ACT, 1 Bradley Street, Woden.
8.00pm	Uniting Church Hall, Coranderrk St, Reid. 'Beginners/Steps'

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### **TUESDAYS**

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12.30pm	Pilgrim House, Uniting Church, 69 Northbourne Ave, Canberra City. 'Daily meditation reading'
5.30pm	Room 7, Level 1, Griffin Centre, 20 Genge St, Canberra City. 'Women's Group'

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### **WEDNESDAYS**

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12.30pm	Pilgrim House, Uniting Church, 69 Northbourne Ave, Canberra City. 'Daily Meditation Reading'
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### **THURSDAYS**

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8.00pm	Anglican Church Hall, Cnr Canberra Ave and Captain Cook Cres, Manuka.
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### **FRIDAYS**

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8.00pm	Corroboree Park, Paterson St, Ainslie. 'ID/Birthday'
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### **SATURDAYS**

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1.00pm	Woden Youth Centre, Callam Street, Woden.
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### **SUNDAYS**

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1.00pm	Richardson Community House, 33 Pritchard Circuit, Richardson.
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## NEEDLE AND SYRINGE PROGRAMS (NSPS) IN THE ACT

Needle and Syringe Programs (NSPs) are a public health measure, consistent with ACT Alcohol Tobacco and Other Drug Strategy and the National Drug Strategy's harm minimisation framework, to reduce the spread of infections such as HIV and Hepatitis C among people who inject drugs. They provide a range of services that include provision of sterile injecting equipment, education on reducing drug use, health information, and referral to drug treatment, medical care and legal and social services. The injecting equipment provided includes needles and syringes, swabs, vials of sterile water and 'sharps bins' for the safe disposal of used needles and syringes.

Source: Dolan, K., MacDonald, M., Silins, E. & Topp, L. 2005. *Needle and syringe programs: A review of the evidence*. Canberra: Australian Government Department of Health and Ageing.

### Primary NSPs

Primary NSPs are services dedicated to the provision of an extended range of injecting equipment and other services to people who inject drugs. They deliver information and education on issues relating to injecting drug use and health, and make referrals to a range of health and social services, including drug treatment services.

Source: Commonwealth of Australia. 2010. *National Needle and Syringe Program National Strategic Framework 2010 – 2014*. Commonwealth of Australia, Canberra.

PRIMARY NSPS	Open (Monday – Friday)	Close (Monday – Friday)
<b>Civic Health Centre</b> (closes for lunch 1 – 1.30pm) 1 Moore St, Canberra City Ph: (02) 6247 5230	9am	5pm
<b>Phillip Health Centre</b> (closes for lunch 1 – 1.30pm) Cnr Corrina and Keltie St, Woden Ph: (02) 6285 3223	8.30am	5pm

### INJECTING EQUIPMENT AVAILABLE AT THE PRIMARY NSPS

Needle and Syringes	Barrels	Tips	Butterfly	Filters	Packs	Other
29G, 1ml	3ml	27G	25G	Blue 0.20	4 packs	Alcohol wipes
27G, 1ml	5ml	25G, 1" and 5/8	23G	Red 1.20	8 packs	Waters
	5ml LL	23G		Brown 5.00		Loose spoons
	10ml	21G		Green 0.80		Tourniquet
	10ml LL	19G				
	20ml					
	20ml LL					

Source: Needle and Syringe Program, DIRECTIONS ACT.

## Secondary NSPs

Secondary NSPs operate within an existing health or community service and may provide the same range of services as primary NSPs but typically have a limited capacity to deliver services in addition to injecting equipment and disposal facilities. Secondary NSPs in the ACT only distribute four and eight packs, disposal containers and condoms (not additional specialised equipment available through primary NSPs).

Source: Commonwealth of Australia. 2010. *National Needle and Syringe Program National Strategic Framework 2010 – 2014*. Commonwealth of Australia, Canberra.

<b>SECONDARY NSPS</b>	<b>Open</b> (Monday – Friday)	<b>Close</b> (Monday – Friday)
<b>AIDS Action Council ACT</b> Westlund House – 16 Gordon St, Acton Ph: (02) 6257 2855	9am	5pm
<b>Alcohol and Drug Services, Health Directorate</b> Level 1, 1 Moore St, Canberra City Ph: (02) 6207 9977	9am	5pm
<b>Belconnen Health Centre</b> Swanson St and Belconnen Way, Belconnen Ph: (02) 6284 6222	8.30am	5pm
<b>Phillip Health Centre</b> Cnr Corrina and Keltie St, Woden Ph: (02) 6207 9977	8.30am	5pm
<b>Tuggeranong Health Centre</b> Cnr Anketell and Pittman St, Tuggeranong Ph: (02) 6207 9977	8.30am	5pm
<b>Winnunga Nimmityjah Aboriginal Health Services</b> 63 Boolimba Cres, Narrabundah Ph: (02) 6284 6222	9am	5pm

## Syringe Vending Machines

Syringe Vending Machines (SVMs) are self-contained units that dispense injecting equipment mostly for a small fee. SVMs operate after NSP service hours or provide 24 hour access to injecting equipment.

*Source: Commonwealth of Australia. 2010. National Needle and Syringe Program National Strategic Framework 2010 – 2014. Commonwealth of Australia, Canberra.*

### **Belconnen Health Centre:**

Cnr Swanson Street and Belconnen Way, Belconnen, Ph: (02) 6207 9977

### **Civic Health Centre:**

1 Moore St, Canberra City, Ph: (02) 6207 9977

### **Phillip Health Centre:**

Cnr Corrina and Keltie St, Woden, Ph: (02) 6207 9977

### **Tuggeranong Health Centre:**

Cnr Anketell and Pittman St, Tuggeranong, Ph: (02) 6207 9977

### **Winnunga Nimmityjah Aboriginal Health Services:**

63 Boolimba Crescent, Narrabundah, Ph: (02) 6284 6222

## Pharmacy NSPs

Pharmacy NSPs are community retail pharmacies that distribute a range of injecting equipment. Pharmacy NSPs may be supplied injecting equipment and disposal containers free of charge for either sale or distribution to NSP clients. As with other NSPs, pharmacy NSPs may collect data, and offer disposal facilities, information and referral. Some pharmacy NSPs also dispense opioid substitution treatment.

*Source: Commonwealth of Australia. 2010. National Needle and Syringe Program National Strategic Framework 2010 – 2014. Commonwealth of Australia, Canberra.*

A range of pharmacies participate in the ACT NSP program. Please contact the individual pharmacy for opening hours and further advice as information provided is subject to change:

**Ainslie Pharmacy:** 7 Edgar St, Ainslie, Ph: (02) 6248 7708

**Campbell Pharmacy:** 32 Blamey Pl, Campbell, Ph: (02) 6248 0783

**Charnwood Capital Chemist:** Lotsky St, Charnwood, Ph: (02) 6258 4949

**Chisholm Capital Chemist:** Benham St, Chisholm, Ph: (02) 6292 2427

**City Market Chemmart Chemist:** Canberra Centre, Bunda St, Canberra City, Ph: (02) 6249 8074

**David Moses Pharmacy:** Shop 1, Canberra Arcade, West Row, Canberra City, Ph: (02) 6247 4664

**Develins Pharmacy:** Garema Place, Canberra City, Ph: (02) 6248 8989

**Curtin Capital Chemist:** 45 Curtin Pl, Curtin, Ph: (02) 6281 1058

**Deakin Pharmacy:** 2 Duff Pl, Deakin, Ph: (02) 6281 3420

**Fyshwick Pharmacy:** 10 Paragon Mall, Fyshwick, Ph: (02) 6280 4074

**Higgins Pharmacy:** Shop 3, Higgins Pl, Higgins, Ph: (02) 6254 0484

**Holder Pharmacy:** Blackwood Tce, Holder, Ph: (02) 6288 4888

**Hughes Capital Chemist:** 22 Hughes Pl, Hughes, Ph: (02) 6281 2581

**Kippax Pharmacy:** Shop 8, Kippax Centre, Hardwick Cres, Holt, Ph: (02) 6254 8550

**Lanyon Australian Pharmacy:** Shop 17, Lanyon Market Place, Box Hill Dr, Lanyon, Ph: (02) 6284 8555

**Lyneham Capital Chemist:** Wattle St, Lyneham, Ph: (02) 6247 7004

**Manuka Australian Pharmacy:** Shop 8, Manuka Arcade, Franklin St, Manuka, Ph: (02) 6295 0059

**Mawson Pharmacy:** Shop 9, Mawson Pl, Mawson, Ph: (02) 6286 3737

**Narrabundah Pharmacy:** 18 Iluka St, Narrabundah, Ph: (02) 6295 8274

**Ngunnawal Pharmacy:** Shop 5, Wanganeen Ave, Ngunnawal, Ph: (02) 6242 4331

**O'Connor Capital Chemist:** Sargood St, O'Connor, Ph: (02) 6248 7050

**Redhill Pharmacy:** Shop 4, Duyfken Pl, Redhill, Ph: (02) 6295 8046

**Southlands Capital Chemist:** Southland Shopping Centre, Mawson Pl, Mawson, Ph: (02) 6286 3644

**Waramanga Capital Chemist:** Shop 3, Damala Street and Waramanga Place, Waramanga,  
Ph: (02) 6288 1334

**Woden Priceline Pharmacy:** Westfield, Woden, Ph: (02) 6282 1414

*Source:* Needle and Syringe Program, DIRECTIONS ACT.

## **Needle and Syringe Disposal**

If you find a needle or syringe (also called a sharp) in a public place or on your private property, call the **Sharps Hotline on 13 22 81**, who will arrange for its collection and disposal.

If you find a sharp, do not touch it, and if possible, stand guard, particularly if there are children around. Be prepared to give the Sharps Hotline accurate information on the location of the item. A City Ranger from ACT Government Territory and Municipal Services will come and pick it up as soon as possible.

*Source:* Canberra Connect, 2011, *Needle and Syringe Disposal*, ACT Government.

[WWW.ATODA.ORG.AU](http://WWW.ATODA.ORG.AU)