

**ACT Alcohol, Tobacco
and Other Drug
Services Directory**

JUNE 2011

VERSION

7

ATODA

Alcohol Tobacco & Other Drug
Association ACT

We acknowledge the traditional owners and continuing custodians of the lands of the ACT and we pay our respects to the Elders, their families and ancestors.



About the Alcohol Tobacco and Other Drug Association ACT

The Alcohol Tobacco and other Drug Association ACT (ATODA) is the peak body representing the non-government and government alcohol, tobacco and other drug (ATOD) sector in the ACT.

ATODA works collaboratively to provide expertise and leadership in the areas of social policy, sector and workforce development, research, coordination, partnerships, communication, information and resources. ATODA is an evidence informed organisation that is committed to the principles of public health, human rights and social justice.

Alcohol Tobacco and Other Drug Association ACT (ATODA)

Phone: (02) 6255 4070

Fax: (02) 6255 4649

Web: www.atoda.org.au

Email: info@atoda.org.au

Location: 350 Antill Street, Watson, ACT 2602

Mailing Address: PO Box 7187, Watson, ACT 2602

Acknowledgements

The Alcohol Tobacco and Other Drug Association ACT would like to thank all of the services and individuals who gave their time and effort to contributing to the *ACT Alcohol, Tobacco and Other Drug Services Directory: Version 7*. It would not have been possible without:

+ The Alcohol Tobacco and Other Drug Association ACT Team:

- Amanda Bode;
- Ben Frommel;
- Carrie Fowlie;
- Luisa Coates;
- Steve Byrne;
- David McDonald, Consultant; and
- Ray Lovett, Consultant.

+ The ACT ATOD Workers Group including:

- Alcohol and Other Drug (AOD) Policy Unit, ACT Health
- Alcohol and Drug Program, ACT Health;
- Canberra Alliance for Harm Minimisation and Advocacy;
- CatholicCare Canberra and Goulburn;
- DIRECTIONS ACT;
- Gugan Gulwan Youth Aboriginal Corporation;
- Karralika Programs Inc.;
- Ted Noffs Foundation ACT;
- The Salvation Army;
- Toora Women Inc.; and,
- Winnunga Nimmityjah Aboriginal Health Services.

+ The ACT ATOD Executive Directors Group.



Contents

Acknowledgements	2
The ACT Alcohol, Tobacco and Other Drug Services Directory: Version 7	5
What's new in version 7	5
What's not in here	5
Disclaimer	5
Feedback	5
How to use this Directory	6
+ SECTION 1	
ACT ATOD services quick reference guide: by service type	8
+ SECTION 2	
ACT ATOD services quick reference guide: by service name	13
+ SECTION 3: Service Profiles	
Alcohol Tobacco and Other Drug Association ACT	17
Alcohol and Drug Program, ACT Health	20
Aboriginal Liaison Officer (ALO), Alcohol and Drug Program (ADP)	20
Comorbidity Officer, Alcohol and Drug Program (ADP)	22
Consultation Liaison Service, Alcohol and Drug Program (ADP)	24
Counselling & Treatment Service, Alcohol and Drug Program (ADP)	26
Diversion Services, Alcohol and Drug Program (ADP)	29
Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Program (ADP)	32
Opioid Treatment Service, Alcohol and Drug Program (ADP)	34
Withdrawal Unit, Alcohol and Drug Program (ADP)	36
Alcohol and Other Drug Policy Unit, ACT Health	38
Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	39
Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	39
The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	42
CatholicCare Canberra & Goulburn	44
Grog Watch, CatholicCare Canberra and Goulburn	44
The Sobering Up Shelter, CatholicCare Canberra and Goulburn	46
DIRECTIONS ACT	48
Althea Wellness Centre, DIRECTIONS ACT	48
Arcadia House Withdrawal and Residential Transition Services, DIRECTIONS ACT	51
Community Education Program, DIRECTIONS ACT	53
Counselling Program, DIRECTIONS ACT	55
Inside-Out Throughcare Program, DIRECTIONS ACT	58

Maysoon, DIRECTIONS ACT	60
Needle & Syringe Program (NSP), DIRECTIONS ACT	62
Community Health Promotion, DIRECTIONS ACT	64
Party Safe, DIRECTIONS ACT	66
Treatment Support Service, DIRECTIONS ACT	68
Gugan Gulwan Youth Aboriginal Corporation	70
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	70
Karralika Programs Inc	72
Karralika Therapeutic Community Adult Program, Karralika Programs Inc.	72
Child & Family Services, Karralika Programs Inc	74
Sober Driver Program, Karralika Programs Inc	76
Solaris Therapeutic Community, Alexander Maconochie Centre, Karralika Programs Inc and ACT Corrective Services	78
The Nexus Program, Karralika Programs Inc	80
Ted Noffs Foundation ACT	82
Adolescent Drug Withdrawal Unit (ADWU), Ted Noffs Foundation ACT	82
Continuing Adolescent Life Management (CALM), Ted Noffs Foundation ACT	83
Community Outreach & Outclient Program (CO-OP), Ted Noffs Foundation ACT	85
Program for Adolescent Life Management (PALM), Ted Noffs Foundation ACT	87
The Salvation Army	89
Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	89
Canberra Recovery Services, The Salvation Army	91
Toora Women Inc.	93
Lesley's Place – Residential and Outreach, Toora Women Inc.	93
Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.	95
Women's Information, Resources and Education on Drugs and Dependency (WIREDDD), Toora Women Inc.	97
Winnunga Nimmityjah Aboriginal Health Services	99
Substance Misuse Service, Winnunga Nimmityjah Aboriginal Health Services	99
+ SECTION 4	
Additional services that provide ATOD specific programs	101
+ SECTION 5	
Needle and Syringe Programs (NSPs) in the ACT	104
+ SECTION 6	
Appendix 1 – History and Process	107
Appendix 2 – Tips for Engaging with the ACT Alcohol, Tobacco and Other Drug Sector	108
Appendix 3 – Alcoholics Anonymous Meeting Times	111
Appendix 4 – Narcotics Anonymous Meeting Times	113

The ACT Alcohol, Tobacco and Other Drug Services Directory: Version 7

The *ACT Alcohol, Tobacco and Other Drug Services Directory: Version 7* (the Directory) aims to support workers to make referrals to ATOD services in the ACT, increase cross and intra-sectoral knowledge, and foster collaborations. It also aims to better communicate the diverse range of services and programs in the ACT ATOD sector.

The Directory was developed in response to the identified need of the ATOD sector, and has been produced as a partnership between the Alcohol Tobacco and Other Drug Association ACT and the ACT ATOD Workers Group.

For more information about the history and processes for the development of this Directory see **Appendix 1**.

For more information about engaging with the ACT ATOD Sector see **Appendix 2**.

What's new in version 7

In addition to content developed for other directories, Version 7 contains: a reference guide by service type, profiles of a number of additional services that provide ATOD specific programs and a list of Needle and Syringe Programs in the ACT.

What's not in here

ATODA acknowledges the gaps in this resource. Limited resources meant that not all ATOD services in the ACT could be profiled. Priority has been given to the 12 ATOD Services funded by ACT Health.

Disclaimer

This Directory is for information purposes only and should not be taken as advice. Every effort has been made to ensure that information is accurate at the time of publication.

Feedback

The ACT ATOD Services Directory is updated biannually, and feedback will inform its ongoing development. To provide suggestions, updates or comments please contact ATODA:

Alcohol Tobacco and Other Drug Association ACT

Phone: (02) 6255 4070

Fax: (02) 6255 4649

Email: info@atoda.org.au

Web: www.atoda.org.au

How to use this Directory

This Directory is divided into the following six sections:

1. Reference guide: by service type

This section provides a snapshot of ACT ATOD service treatment types. It groups the related services, programs and phone numbers under each service type category. Service type categories are listed alphabetically.

2. Reference guide: by service name

This section provides a snapshot of ACT ATOD services by service name. It lists the service name, program name, description and phone number. Services are listed alphabetically.

3. Service profiles

Profiles in this section are listed alphabetically and grouped according to service name. For services that have multiple programs, each program has an individual profile that is listed alphabetically under the service name.

Note: People accessing ATOD services will be assessed on a case-by-case basis; however, the information in this Directory can help guide appropriate referrals.

Each profile, where relevant, has information listed for:

+ Service description:

A brief description of the general type of service provided.

+ Contact details:

Includes the service/program phone number, fax number, mailing address, email address, location and website where applicable.

+ Parent organisation:

Listed if the service is administered, managed and/or auspiced by a service or organisation of another name.

+ Opening hours:

States the opening hours of the service.

+ Treatment approach:

States the treatment approach the service uses, such as a harm reduction or abstinence approach.

+ Access criteria:

Describes with whom the service works. Addresses target group, income requirements, disability access, required documentation, prescription medication, parents with accompanying children and couples. Also outlines whether people are required to detoxify before accessing the service.

+ How to access:

Explains when and how to access the service, how to provide a referral and whether there is a current waiting list.

+ Intake and assessment:

Describes intake and assessment processes and times where relevant.

+ Programs:

Details what is offered by the service.

+ Comorbidity:

Provides information on the extent of services provided for people experiencing comorbid alcohol, tobacco and other drug and mental health issues.

+ Alexander Maconochie Centre:

Provides information on the extent of services provided to people in, or post release from, the Alexander Maconochie Centre.

+ Bimberi Youth Justice Centre:

Provides information on the extent of services provided to young people in, or post release from, Bimberi Youth Justice Centre.

+ Aboriginal and Torres Strait Islander:

Provides information on the extent of services provided to Aboriginal and Torres Strait Islander people.

+ Culturally and linguistically diverse:

Provides information on the extent of services provided to people from culturally and linguistically diverse backgrounds.

+ Tobacco management:

Provides information on the extent of services provided to reduce the harms associated with exposure to tobacco.

+ Cost:

Provides information on costs of programs, if any.

+ Staffing:

Lists the specialist staff that can be accessed through the service.

+ Families/carers:

Describes the level to which the service works with family and carers.

+ Other:

Lists any other information that may be relevant.

4. Additional services that provide ATOD specific programs

Services in this section are listed alphabetically and contain a brief service description, basic contact details, opening hours, and additional service information if relevant.

5. Needle and Syringe Programs (NSPs) in the ACT

This section provides information about the location and opening hours of primary and secondary NSPs, syringe vending machines and pharmacy outlets in the ACT.

6. Appendices

This section provides four appendices including: history and process, tips for engaging with the ACT ATOD sector, alcoholics anonymous meeting times and narcotics anonymous meeting times.

ACT ATOD services quick reference guide: by service type

The table below contains a snapshot of ACT alcohol, tobacco and other drug service treatment types. It groups the related services, programs and phone numbers under each service type category. Service type categories are listed alphabetically.

+ ABORIGINAL AND TORRES STRAIT ISLANDER		
Aboriginal Liaison Officer (ALO), Alcohol and Drug Program (ADP)	(02) 6207 9977 (02) 6205 8387	pg 20
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 70
The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1671 (02) 6279 1670	pg 39
Winnunga Nimmitjiah Aboriginal Health Services	(02) 6284 6222	pg 99
+ AOD SUPPORTED ACCOMMODATION AND HALFWAY HOUSE		
Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 93
Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.	(02) 6241 7233	pg 95
The Nexus Program, Karralika Programs Inc.	(02) 6163 0200	pg 80
+ COMMUNITY AND HEALTH PROMOTION PROGRAMS		
Community Education Program, DIRECTIONS ACT	(02) 6122 8000	pg 53
Community Health Promotion, DIRECTIONS ACT	(02) 6122 8000	pg 64
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 70
Party Safe, DIRECTIONS ACT	(02) 6122 8000	pg 66
Sober Driver Program, Karralika Programs Inc.	(02) 6163 0200	pg 76
Substance Misuse Service, Winnunga Nimmitjiah Aboriginal Health Services	(02) 6284 6222	pg 99
+ COMORBIDITY		
All services provide comorbidity support; see profiles for the extent. For more information contact the Comorbidity Officer at the Alcohol and Drug Program, ACT Health on (02) 6244 2591. All services provide comorbidity support; see profiles for the extent. For more information contact the Comorbidity Officer at the Alcohol and Drug Program, ACT Health on (02) 6244 2591.		

+ COUNSELLING					
Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 89	Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Program (ADP)	(02) 6244 2591 1800 211 274 (Toll free)	pg 32
Counselling and Treatment Service, Alcohol and Drug Program (ADP)	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 26	Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 93
Counselling Program, DIRECTIONS ACT	(02) 6122 8000	pg 55	Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.	(02) 6241 7233	pg 95
Substance Misuse Service, Winnunga Nimmityjah Aboriginal Health Services	(02) 6284 6222	pg 99	Maysoon, DIRECTIONS ACT	(02) 6122 8000	pg 60
Women's Information, Resources and Education on Drugs and Dependency (WIRED), Toora Women Inc.	(02) 6248 8600	pg 97	+ GROUPS		
+ DROP IN			Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 39
Continuing Adolescent Life Management, Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 83	Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 85
Women's Information, Resources and Education on Drugs and Dependency (WIRED), Toora Women Inc.	(02) 6248 8600	pg 97	Counselling and Treatment Services, Alcohol and Drug Program (ADP)	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 26
+ FAMILY SPECIFIC PROGRAMS			Counselling Program, DIRECTIONS ACT	(02) 6122 8000	pg 55
Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 89	Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 70
Child and Family Services, Karrailka Programs Inc.	(02) 6292 2733 (Reception) (02) 6163 0200 (Intake and assessment)	pg 74	Maysoon, DIRECTIONS ACT	(02) 6122 8000	pg 60
Counselling and Treatment Service, Alcohol and Drug Program (ADP)	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 26	Sober Driver Program, Karrailka Program Inc.	(02) 6163 0200	pg 76
			The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1671 (02) 6279 1670	pg 42
			Women's Information, Resources and Education on Drugs and Dependency (WIRED), Toora Women Inc.	(02) 6248 8600	pg 97

+ JUSTICE		
Diversion Services, Alcohol and Drug Program (ADP)	(02) 6205 4515	pg 29
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 70
Grog Watch, CatholicCare Canberra and Goulburn	(02) 6163 3711	pg 44
	(02) 6163 7600 (Business hours)	
Inside-Out Throughcare Program, DIRECTIONS ACT	(02) 6122 8000	pg 58
Sober Driver Program, Karralika Programs Inc.	(02) 6163 0200	pg 76
Solaris Therapeutic Community, Alexander Maconochie Centre, Karralika Programs Inc. and ACT Corrective Services	(02) 6207 0238 (Karralika Programs Co-Manager)	pg 78
	(02) 6207 0862 (ACT Corrective Services Co-Manager)	
	(02) 6207 2895 (Karralika Programs Assistant Manager)	
Substance Misuse Service, Winnunga Nimmitjiah Aboriginal Health Services	(02) 6284 6222	pg 99
The Sobering Up Shelter, CatholicCare Canberra and Goulburn	(02) 6163 3711	pg 46
Women's Information, Resources and Education on Drugs and Dependency (WIRED), Toora Women Inc.	(02) 6248 8600	pg 97

+ MEDICAL SUPPORT		
Althea Wellness Centre, DIRECTIONS ACT	(02) 6122 8080	pg 48
Consultation Liaison Service, Alcohol and Drug Program (ADP)	(02) 6244 2591	pg 24
Opioid Treatment Service, Alcohol and Drug Program (ADP)	(02) 6207 9977	pg 34
Winnunga Nimmitjiah Aboriginal Health Services	(02) 6284 6222	pg 99
Withdrawal Unit, Alcohol and Drug Program (ADP)	(02) 6207 9977	pg 36
+ MEN'S SPECIFIC		
*Canberra Recovery Services, The Salvation Army	(02) 6295 1256	pg 91
The Nexus Program, Karralika Programs Inc.	(02) 6163 0200	pg 80
<i>* As of 30 June 2011, Canberra Recovery Service will also accept women.</i>		
+ NSP's		
Community Health Promotion, DIRECTIONS ACT	(02) 6122 8000	pg 64
Needle and Syringe Program (NSP), DIRECTIONS ACT	(02) 6122 8000	pg 62
<i>For a full list of Primary and Secondary NSP's, Pharmacies and Vending Machines, see page 104.</i>		

+ PHARMACOTHERAPY SUPPORT		
Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 39
Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Program (ADP)	(02) 6244 2591 1800 211 274 (Toll free)	pg 32
Opioid Treatment Service, Alcohol and Drug Program (ADP)	(02) 6207 9977	pg 34
Treatment Support Service, DIRECTIONS ACT	(02) 6122 8080	pg 68
+ POLICY AND SECTOR SUPPORT		
Alcohol and Other Drug Policy Unit, ACT Health	13 22 81	pg 38
Alcohol Tobacco and Other Drug Association ACT	(02) 6255 4070	pg 17
+ RESIDENTIAL REHABILITATION		
Arcadia House Withdrawal and Residential Transition Services, DIRECTIONS ACT	(02) 6253 3055	pg 51
Canberra Recovery Services, The Salvation Army	(02) 6295 1256	pg 91
Child and Family Services, Karralika Programs Inc.	(02) 6292 2733 (Reception) (02) 6163 0200 (Intake and assessment)	pg 74
Karralika Therapeutic Community Adult Program, Karralika Programs Inc.	(02) 6292 2733	pg 72
Program for Adolescent Life Management, Ted Noffs Foundation ACT	(02) 6123 2400	pg 87
+ OUTREACH SPECIFIC PROGRAMS		
Aboriginal Liaison Officer, Alcohol and Drug Program (ADP)	(02) 6207 9977 (02) 6205 8387	pg 20
Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 89
Community Education Program, DIRECTIONS ACT	(02) 6122 8000	pg 53
Community Health Promotion, DIRECTIONS ACT	(02) 6122 8000	pg 64
Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 05	pg 85
Comorbidity Officer, Alcohol and Drug Program (ADP)	(02) 6244 2591	pg 23
Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 70
Grog Watch, CatholicCare Canberra and Goulburn	(02) 6163 3711 (02) 6163 7600 (Business hours)	pg 44
Inside-Out Throughcare Program, DIRECTIONS ACT	(02) 6122 8000	pg 58
Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 93
Party Safe, DIRECTIONS ACT	(02) 6122 8000	pg 66
+ PEER SUPPORT		
Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 39
The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1671 (02) 6279 1670	pg 42

+ SOBERING UP SHELTER		
The Sobering Up Shelter, CatholicCare Canberra and Goulburn	(02) 6163 3711	pg 46
+ TOBACCO MANAGEMENT		
All services provide tobacco management support; see profiles for the extent.		
+ TREATMENT ADVICE/SUPPORT		
Alcohol and Drug Program (ADP)	(02) 6244 2591	pg 20
Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	(02) 6279 1670	pg 39
Inside-Out Throughcare Program, DIRECTIONS ACT	(02) 6122 8000	pg 58
Treatment Support Service, DIRECTIONS ACT	(02) 6122 8080	pg 68
+ WITHDRAWAL SUPPORT		
Adolescent Drug Withdrawal Unit, Ted Noffs Foundation ACT	(02) 6123 2400	pg 82
Arcadia House Withdrawal and Residential Transition Services, DIRECTIONS ACT	(02) 6253 3055	pg 51
Withdrawal Unit, Alcohol and Drug Program (ADP)	(02) 6207 9977	pg 36
+ WOMEN'S SPECIFIC		
Lesley's Place – Residential and Outreach, Toora Women Inc.	(02) 6241 7233	pg 93
Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.	(02) 6241 7233	pg 95
Maysoon, DIRECTIONS ACT	(02) 6122 8000	pg 60
Women's Information, Resources and Education on Drugs and Dependency (WIRED), Toora Women Inc.	(02) 6248 8600	pg 97
+ YOUNG PEOPLE		
Adolescent Drug Withdrawal Unit (ADWU), Ted Noffs Foundation ACT	(02) 6123 2400	pg 82
Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army	(02) 6248 7191	pg 89
Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 83
Continuing Adolescent Life Management (CALM), Ted Noffs Foundation ACT	(02) 6123 2400 0429 192 054	pg 83
Counselling and Treatment Service, Alcohol and Drug Program (ADP)	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)	pg 26
Counselling Program, DIRECTIONS ACT	(02) 6122 8000	pg 55
Grog Watch, CatholicCare Canberra and Goulburn	(02) 6163 3711 (02) 6163 7600 (Business hours)	pg 44
Gugan Gulwan Youth Aboriginal Corporation	(02) 6296 8900	pg 70
Party Safe, DIRECTIONS ACT	(02) 6122 8000	pg 66

ACT ATOD services quick reference guide: by service name

The table below contains a snapshot of ACT alcohol, tobacco and other drug services by service name. It lists the service name, program name, description and phone number. Services are listed alphabetically.

+ Alcohol and Drug Program (ADP), ACT Health

Aboriginal Liaison Officer (ALO)	Provides support to Aboriginal and Torres Strait Islander people to access and participate in alcohol and other drug services.	(02) 6207 9977
Comorbidity Officer	Provides consultation, liaison and clinical work for people experiencing comorbid alcohol and other drug and mental health issues.	(02) 6244 2591
Consultation Liaison Service	Provides support, information and referrals for people in ACT acute hospitals who are experiencing alcohol and other drug dependencies.	
Counselling and treatment service	Provides alcohol and other drug counselling for adults, young people, family members and carers, including a range of therapeutic and educational groups.	(02) 6207 9977
Diversion Services	Provides programs that aim to divert people apprehended for drug use or drug related offences from the judicial system into the health system.	
Integrated Multi-agencies for Parents and Children Together (IMPACT)	Provides support to people who are receiving opioid replacement therapy who are pregnant or have a child under the age of 2 years.	1800 211 274 (Toll free) or (02) 6244 2591
Opioid Treatment Service	Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use; and coordinated care by working with other health and pharmacotherapy services.	(02) 6207 9977
Withdrawal Unit	Provides up to 7 days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from alcohol and other drugs.	

+ Alcohol and Other Drug Policy Unit, ACT Health

Alcohol and Other Drug Policy Unit	Alcohol and other drug policy development through ACT Health, ACT Government.	13 22 81
------------------------------------	---	----------

+ Alcohol Tobacco and Other Drug Association ACT (ATODA)

Alcohol Tobacco and Other Drug Association ACT	The Alcohol Tobacco and Other Drug Association ACT (ATODA) is a sector peak body that seeks to promote health through the prevention and reduction of the harms associated with ATOD. ATODA works collaboratively to provide expertise and leadership in the areas of social policy, sector and workforce development, research, coordination, partnerships, communication, information, and resources.	6255 4070
--	---	-----------

+ Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)	Provides a peer based users group run by and for past or current illicit/injecting drug users, their families and friends.	(02) 6279 1670
The Connection	Provides a peer based support program for Indigenous and non-Indigenous people who are past or present illicit/injecting drug users, their families and friends.	(02) 6279 1671

+ CatholicCare Canberra and Goulburn

Grog Watch	Provides up to 3 months of outreach support for young people, aged 12 – 24 years, who have come to the attention of ACT Policing, ACT Ambulance Service or other services for problematic behaviours associated with alcohol use.	(02) 6163 3711 or (02) 6163 7600
The Sobering Up Shelter	An overnight facility for men and women over the age of 18 to recover from alcohol and other drug intoxication.	(02) 6163 3711

+ DIRECTIONS ACT

Althea Wellness Centre	Provides primary and secondary health clinics for people with past or current alcohol and other drug issues.	(02) 6122 8080
Arcadia House withdrawal and residential transition services	Provides up to 7 days of non-medicated residential support for people experiencing withdrawal from alcohol and other drugs and also offers an eight week residential transition program.	(02) 6253 3055
Community Education Program	Provides flexible alcohol and other drug community education programs and support.	(02) 6122 8000
Counselling Program	Provides counselling services for individuals affected by alcohol and other drugs, and their families and friends	
Inside-Out Throughcare Program	Provides support to people in, and post release from, the Alexander Maconochie Centre, or on remand, and their families and friends to address alcohol and other drug issues.	
Maysoon	Provides support to women with young children who use, or are in recovery from, alcohol and other drugs.	
Needle and Syringe Program (NSP)	Provides clean injecting equipment, information on safer injecting practices, crisis counselling, general health information, referrals, primary health care, NSP training for health workers and advice on harm minimisation.	
Community Health Promotion	Provides off-site programs and flexible service delivery options and referral pathways into services and programs.	
Party Safe	Provides information, resources and referrals to people aged 15 – 25 years about alcohol and associated issues.	
Treatment Support Service (TSS)	Provides case management and support to access treatment services. Assists people to understand pharmacotherapy alternatives and identify which treatment best meets their needs.	

+ Gugan Gulwan Youth Aboriginal Corporation

Drug and Alcohol Program	Provides information, support, advocacy, case management and court support to young people aged 12 – 25 years experiencing alcohol and other drug related issues.	(02) 6231 9555
--------------------------	---	----------------

+ Karralika Programs Inc

Karralika Therapeutic Community Adult Program	Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for single adults and couples with alcohol and other drug dependencies.	(02) 6292 2733
Child and Family Services	Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for adults with alcohol and other drug dependencies and accompanying children.	
Sober Driver Program	Provides a 9 week education program for people who have been convicted of, or are facing charges for drink-driving offences.	(02) 6163 0200
Solaris Therapeutic Community, Alexander Maconochie Centre	Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by alcohol and other drug use and related dependencies using the therapeutic community approach to treatment.	(02) 6207 3446
The Nexus Program	Provides the Men's Halfway House Program that offers a community based treatment program for people experiencing alcohol and other drug issues.	(02) 6163 0200

+ Ted Noffs Foundation ACT

Adolescent Drug Withdrawal Unit (ADWU)	Provides up to 14 days of residential support for young people aged 14 – 18 years experiencing withdrawal from alcohol and other drugs.	(02) 6123 2400
Community Outreach and Outclient Program (CO-OP)	Supports young people aged 12 – 18 years who are experiencing alcohol and other drug issues in the community, and who do not want or need residential rehabilitation services.	
Continuing Adolescent Life Management	Provides up to 3 years of support for young people aged 13 – 21 years experiencing alcohol and other drug, comorbidity or criminal issues.	
Program for Adolescent Life Management (PALM)	Provides up to 3 months residential rehabilitation for young people aged 14 – 18 years experiencing alcohol and other drug issues.	

+ The Salvation Army

Canberra City Oasis Drug and Alcohol Support Service	Provides a non-residential rehabilitation program for people aged 12 years and over wanting to address their alcohol and other drug issues, and their families	(02) 6248 7191
Canberra Recovery Service	Provides a 10 month (43 week) residential rehabilitation program for men experiencing alcohol and other drug and/or gambling dependencies.	(02) 6295 1256

+ Toora Women Inc.

Lesley's Place – Residential and Outreach	Provides recovery based supported accommodation for up to 3 months for women, and women with accompanying children. Outreach support can be provided pre and post alcohol and other drug withdrawal.	(02) 6241 7233
Marzenna Drug and Alcohol Halfway House for Women	Provides medium to long term recovery based supported accommodation for up to 12 months for women and accompanying children.	
Women's Information, Resources and Education on Drugs and Dependency (WIREDDD)	Provides information, education, counselling and resources to women to minimise the harm associated with dependence.	(02) 6248 8600

+ Winnunga Nimmityjah Aboriginal Health Service

Substance Misuse Service	Provides support to Aboriginal and Torres Strait Islander people experiencing alcohol and other drug issues including counselling, advocacy, community education and referrals.	(02) 6284 6222
--------------------------	---	----------------

Alcohol Tobacco and Other Drug Association ACT

ATODA is the newly established peak body representing the non-government and government ATOD sector in the ACT. ATODA works collaboratively to provide expertise and leadership in the areas of social policy, sector and workforce development, research, coordination, partnerships, communication, information and resources.

Phone:	(02) 6255 4070
Mailing Address:	PO Box 7187, Watson, ACT 2602
Email:	info@atoda.org.au
Website:	www.atoda.org.au
Location:	350 Antill Street, Watson
Opening Hours:	9am – 5pm, Monday – Friday

+ Access Criteria

Target Group:	ACT ATOD sector and allied stakeholders.
Area serviced:	ACT.

+ How to Access / Referrals

Contact:	By phone or email, 9am – 5pm, Monday – Friday.
----------	--

+ Program/s

Provides activities that aim to facilitate opportunities for the continual improvement of the ATOD workforce, and that build the capacity of the ACT ATOD service system including:

ATOD Workers Group:

A group comprised of one nominated representative from each of the 12 ACT Health funded ATOD services. The group meets monthly and participates in the development, implementation, guidance, evaluation and promotion of key sector support activities.

ATOD Sector Website (www.atoda.org.au):

Provides information about, and is a central contact point for, the ACT ATOD sector. The website is regularly updated and includes information on the ACT ATOD sector and ATODA activities.

ATOD Services Directory (this document):

Provides profiles of ATOD services in the ACT.

The Directory aims to support workers to make referrals to ACT ATOD services, increase cross and intra-sectoral knowledge and foster collaborations. It also aims to better communicate the diverse range of services and programs in the ACT ATOD sector. The directory is produced every 6 months and is available electronically at www.atoda.org.au.

+ Program/s
(continued)**ACT ATOD Sector eBulletin:**

Provides a concise summary of information, important developments, publications, events and other information relevant to ATOD Workers in the ACT. Services and individuals can subscribe to the eBulletin by visiting www.atoda.org.au.

ATOD Sector Forums:

A forum for ATOD workers that aims to provide an opportunity for workers to network, share information, learn about developments in, and relevant to, the sector and access professional development opportunities.

Training and Professional Development Calendar:

Compiles training and professional development opportunities available to workers from the ATOD and allied sectors. The calendar is produced in partnership with the Youth Coalition of the ACT and the Mental Health Community Coalition ACT. Individuals and services are invited to contribute to the calendar by emailing info@atoda.org.au. The calendar is available for download from www.atoda.org.au.

ACT Drug Action Week Planning Group:

Brings together key stakeholders to plan coordinated activities and develop a calendar of events for Drug Action Week in the ACT.

ATOD Sector Conference:

Aims to facilitate access to the latest evidence relating to best practice and seeks to strengthen the capacity, skills and knowledge base of participants.

ATOD Awards:

An annual event that aims to recognise, promote and reward outstanding practice in the ATOD field in the ACT.

Training and Professional Development:

Provides occasional specific training and professional development opportunities for ATOD workers.

ATOD Minimum Qualification Strategy Project:

Leads the implementation of the ACT ATOD Minimum Qualification Strategy and manages a pool of funding to support ACT Health funded ATOD workers to reach the ACT ATOD minimum qualification. The project aims to ensure the maintenance of a competent and professional ATOD workforce in the ACT.

+ Comorbidity	Provides the Comorbidity Project, funded under the Australian Government Improved Services for People with Drug and Alcohol Problems and Mental Illness Initiative (the Improved Services Initiative). The Comorbidity Project aims to assist and support non-government ACT ATOD services to undertake service improvement processes to better identify and manage clients experiencing comorbid ATOD and mental health issues. The project facilitates the ACT Comorbidity Strategic Working Group to provide support and strategic guidance to the project, the General Practice Engagement Working Group, the Grant Recipients Network and associated activities.
+ Tobacco Management:	ATODA is the lead organisation of the Workplace Tobacco Management Project (the Project), which aims to increase the awareness, and support the implementation, of Workplace Tobacco Management Policies; and to address the impacts of harms associated with smoking behaviours for the staff in nine programs within the mental health, alcohol, tobacco and other drug (ATOD) and youth sectors. The Project provides support to participating workplaces and staff to develop and implement workplace tobacco management work plans and policies. This includes the provision of NRT to participating staff. The research component of the Project aims to contribute to the evidence base regarding smoking cessation. This Project has received ethics approval from the ACT Health Human Research Ethics Committee.
+ Cost	Some activities may incur a small cost.
+ Staff	4 full-time staff and research and evaluation consultancy support.
+ Other	Needs-based workforce development activities and projects are provided.

Alcohol and Drug Program, ACT Health

Aboriginal Liaison Officer (ALO), Alcohol and Drug Program (ADP)

Provides support to Aboriginal and Torres Strait Islander people to access and participate in alcohol and other drug services.

Phone:	(02) 6207 9977 or (02) 6205 8387
Fax:	(02) 6205 8380
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Email:	diversionsservice@act.gov.au
Website:	www.health.act.gov.au
Location:	ACT Health Building, Level 1, 1 Moore St, Canberra City
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Female and male Aboriginal and Torres Strait Islander people, including young people aged 12 – 18 years.
Area serviced:	ACT, however, support can be provided to interstate services wishing to refer clients to ACT alcohol and other drug services.
Income required:	No.
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone, 24 hours.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting List:	No waiting list.

+ Intake & Assessment	Through the 24 hour Intake Line. An appointment for an over-the-phone or face-to-face assessment will be scheduled.
+ Program/s	Provides support to Aboriginal and Torres Strait Islander people to access and participate in alcohol and other drug services. Provides assessment, information, education, case management and support. Information and support to alcohol and other drug services and Aboriginal and Torres Strait Islander services is also provided.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and the Comorbidity Program at Winnunga Nimmityjah Aboriginal Health Services.
+ Alexander Maconochie Centre	Provides alcohol and other drug assessments, case management and support to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre, and post release, and their families and carers.
+ Bimberi Youth Justice Centre	Alcohol and other drug assessments, case management and support are provided to Aboriginal and Torres Strait Islander young people in Bimberi, and post release as required. Support can also be provided to families and carers of young people in Bimberi.
+ Aboriginal and Torres Strait Islander	This is an Indigenous specific position. Provides Aboriginal and Torres Strait Islander cultural awareness training to Alcohol and Drug Program staff as required. Aboriginal and Torres Strait Islander specific information and referrals are provided. The Alcohol and Drug Program has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some ADP staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the ACT Health smoke-free policy.
+ Cost	Free.
+ Staff	Indigenous staff member.
+ Families / Carers	Families and carers can attend assessment or case management appointments for support. Information and referrals to other alcohol and other drug services or support groups for families and carers are also provided.

Comorbidity Officer, Alcohol and Drug Program (ADP)

Provides consultation, liaison and clinical work for people experiencing comorbid alcohol and other drug and mental health issues.

Phone:	(02) 6244 2591
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males experiencing both alcohol and other drug and mental health issues.
Area serviced:	ACT.
Income required:	No.
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes.
Couples:	Yes; however, they would be treated as individuals.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday.
Referral:	Self and worker referral.
Waiting list:	No waiting list.

+ Intake & Assessment Assessment completed following referral.

+ Program/s	Provides comorbidity specific information, resources, secondary consultations, training, clinical planning, assessments, liaison, advocacy and referrals. Works closely with the Comorbidity Officer position in Mental Health ACT and provides sector and organisational development. Outreach is provided to the Althea Wellness Centre at DIRECTIONS ACT and the Karralika Programs Inc. (see page 48).
+ Comorbidity	Program designed specifically for and delivered to people experiencing comorbid alcohol and other drug and mental health issues. In-services and support can be provided to ACT Health and external services.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 20) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some ADP staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the ACT Health smoke-free policy.
+ Cost	Free.
+ Staff	Psychologist.
+ Families / Carers	Families and carers can access information and referrals to other services.



Consultation Liaison Service, Alcohol and Drug Program (ADP)

Provides support, information and referrals for people in the ACT's acute hospitals who are experiencing alcohol and other drug dependencies.

Phone:	(02) 6244 2591
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Email:	adp.liaison@act.gov.au
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males admitted to The Canberra Hospital, including pregnant women.
Area serviced:	Services are provided to all areas of The Canberra Hospital and phone advice can be given to Calvary Hospital. People from interstate can also be seen whilst in ACT hospitals.
Income required:	No.
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies. The service will liaise with the Alcohol and Drug Program Medical Officers to ensure people in The Canberra Hospital are receiving the correct dose.
Parents with accompanying children:	Yes.
Couples:	Yes; however, they would be treated as individuals.

+ How to Access / Referrals

Contact:	By phone, 8.30am – 5pm, Monday – Friday.
Referral:	Referrals are accepted from The Canberra Hospital, the Alcohol and Drug Program Intake Line, Withdrawal Unit, Opioid Replacement Program and other services. If the person needs to be seen by an Alcohol and Drug Program Medical Officer, a request for consultation should be written in the client's notes in the hospital.
Waiting list:	No waiting list. People are generally seen on the day of referral.

+ Intake & Assessment	An assessment is completed after a referral is made. Workers will see the client on the ward for assessment.
+ Program/s	Provides support, information and referrals for people in ACT hospitals who are experiencing alcohol and other drug dependencies. Self-help groups and relapse prevention groups are also provided. An antenatal drop-in clinic is held at Building 7 on Wednesdays from 9am – 12pm.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Alexander Maconochie Centre	Provides services to the Hume Health Centre at the Alexander Maconochie Centre to assist pregnant inmates who are on pharmacotherapies and liaises with the antenatal clinic and IMPACT Program. The coordination of appointments for antenatal care is arranged for people post release. In-services to staff at the Hume Health Centre are provided on a fortnightly basis.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 20) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco Management can be included in treatment plans as required. Some ADP staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the ACT Health smoke-free policy.
+ Cost	Free.
+ Staff	Registered Nurses.
+ Families / Carers	Families and carers can access information and referrals to other services.

Counselling & Treatment Service, Alcohol and Drug Program (ADP)

Provides alcohol and other drug counselling for adults, young people, family members and carers, including a range of therapeutic and educational groups.

Phone:	(02) 6207 9977 (Intake) (02) 6205 4515 (Reception)
Fax:	(02) 6205 0951
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Email:	adp.counselling@act.gov.au
Website:	www.health.act.gov.au
Location:	ACT Health Building, Level 1, 1 Moore Street, Canberra City
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively. The Young People's Alcohol and Drug Program (YADP) provides a service to young people from 12 years of age with complex alcohol and other drug issues.
Area serviced:	ACT residents given priority, however, referrals are accepted from interstate.
Income required:	No.
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No.
Documentation required:	Identification.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes.
Couples:	Yes; however, they would be treated as individuals.

+ How to Access / Referrals

Contact:	By phone, 8am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	People are seen within 2 – 14 days. If at times this is not possible, referral options are provided.

+ Intake & Assessment

Through the 24 hour Intake Line. An appointment for a face-to-face assessment will be scheduled.

To access groups, contact reception 9am – 5pm, Monday – Friday for information and Intake process.

<p>+ Program/s</p>	<p>Provides counselling and the following range of therapeutic and educational groups to individuals, families and carers:</p> <p>Relapse Prevention Program: An ongoing, closed group for adults with alcohol and other drug issues, who wish to develop and maintain healthier lifestyles. Requires a minimum of six weeks attendance.</p> <p>Controlling Your Drinking: 4 hour program over 2 weeks designed to help people assess their alcohol use and possible barriers that prevent them from reducing their use.</p> <p>Effective Weed Control: 4 hour program over 2 weeks for cannabis users wanting information, or who want to change their cannabis use.</p> <p>Mindfulness, Meditation & Stress Management Group: 5 week group program designed for individuals with, or caring for someone with, alcohol and other drug issues who want to learn: meditation and other mindfulness techniques; how to identify and let go of unhelpful thoughts, feelings, sensations and urges; and how to better manage stress and uncomfortable emotions.</p> <p>Advanced Mindfulness and Meditation: A weekly session for participants who have completed the 5 week Mindfulness, Meditation and Stress Management Group. It provides regular practice of longer meditations for 30 minutes to an hour and an ongoing opportunity to connect with other participants.</p> <p>Supporting Families and Friends: 6 week skills-based program for families, friends and carers of people with substance use issues designed to help them manage stress and facilitate healthier relationships with loved ones. A supportive and safe environment to share personal experiences and wisdom.</p>
<p>+ Comorbidity</p>	<p>Provides comorbidity and mental health specific information and referrals. Counsellors are trained in trauma counselling, acceptance and commitment therapy, narrative therapy, motivational interviewing, cognitive behavioural therapy, psychodynamic psychotherapy, and dialectical behaviour therapy. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.</p>
<p>+ Alexander Maconochie Centre</p>	<p>Provides counselling as required to people in the Alexander Maconochie Centre to ensure continuity of treatment. Referrals to counselling and groups are accepted from Community Based Corrections as part of parole conditions.</p>
<p>+ Bimberi Youth Justice Centre:</p>	<p>YDAP is engaged with the youth justice sector to provide services for young people with complex AOD issues.</p>
<p>+ Aboriginal and Torres Strait Islander</p>	<p>Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 20) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.</p>

+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some ADP staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the ACT Health Smokefree Policy.
+ Cost	Free.
+ Staff	Counsellors, Nurses, Psychologists and Social Workers.
+ Families / Carers	Families and carers can access the counselling service for individual support. The Supporting Families and Friends group and referrals to other services are also provided.

Diversion Services, Alcohol and Drug Program (ADP)

Provides programs that aim to divert people apprehended for alcohol and other drug use or alcohol and other drug related offences from the judicial system into the health system.

Phone:	(02) 6207 9977
Fax:	(02) 6205 8380
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Email:	diversionsservice@act.gov.au
Website:	www.health.act.gov.au
Location:	ACT Health Building, Level 1, 1 Moore Street, Canberra City
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males who have been apprehended or charged with an alcohol and other drug related offence. This includes access to a clinician working within the Children's Court for offenders 12 – 18 years of age.
Area serviced:	For people apprehended on offences within the ACT.
Income required:	No.
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.

+ How to Access / Referrals

Contact:	By phone to make an appointment, 8.30am – 5pm, Monday – Friday.
Referral:	<p>Referrals are only accepted from the Australian Federal Police (AFP) or by Court Order (Magistrate's Court, Children's Court or Supreme Court). People can request a referral from the Magistrate or Justice at Court hearing. An appointment for assessment is scheduled and referral to treatment is made at this time. Case management and support can be accessed by phone, appointment or drop-in during the course of the legal matter.</p> <p>Community Youth Justice Service are able to request AOD assessment, treatment plan and referral to treatment services be completed, however, the Court Alcohol and Drug Assessment Service (CADAS) does not monitor attendance with these requests.</p>
Waiting list:	No waiting list.

+ Intake & Assessment	Available from 8.30am – 5pm, Monday – Friday. Assessment is conducted on referral by the AFP, Courts or Community Youth Justice Service. Process varies. While the AFP and Courts can make a referral to Diversion Services, assessment and case management can only proceed with the consent of the client.
----------------------------------	--

+ Program/s	<p>Provides programs that aim to divert people apprehended for drug use or drug related offences from the judicial system into the health system:</p> <p>Police Early Diversion (PED): For people who have been apprehended by the AFP for possession of a small amount of illicit drugs (2 cannabis plants or amount less than 25 grams; 25% of trafficable amount of all other illicit drugs). The AFP can divert offenders following arrest for assessment and referral to treatment. Treatment is provided by an approved ACT agency and can include education, counselling, withdrawal, pharmacotherapy or residential rehabilitation. Compliance with treatment is determined by the Diversion Service AOD workers, and if compliant, a report is made to the AFP and no conviction is recorded. Non-compliance is reported back to the AFP, and the AFP determines what action should be taken (if any), but can result in a charge proceeding to court.</p> <p>Early Intervention Pilot Project (EIPP): A Commonwealth funded initiative to provide AFP alternatives in apprehension of young people (12 – 17 years) found to be intoxicated or in possession of alcohol. Current funding runs to 2013. The AFP can divert young people to attend for assessment and education/brief intervention with Diversion Service AOD workers. Non-compliance is reported back to the AFP, and the AFP determines what action should be taken (if any), but can result in a charge proceeding to Court. Information related to alcohol and support is also provided to parents and families. Young Aboriginal and Torres Strait Islander people can be assessed by the ADP ALO (see page 20) and referred to culturally appropriate agencies for the education/brief intervention.</p> <p>Court Alcohol and Drug Assessment Service (CADAS): A pre-sentencing and sentencing treatment option for people charged with alcohol and other drug related offences. The goals are to reduce recidivism during the Court period and to engage the client in treatment. CADAS staff service the Supreme, Magistrate and Children’s Courts, and provide an immediate alcohol and other drug assessment and recommend an appropriate treatment plan. Case management, referral and support are provided for the length of Court proceedings or Orders. For people engaged with a treatment plan, while being released on bail or with CADAS supervision conditions noted on their Good Behaviour Order (GBO), attendance will be monitored and reported to the Court. Non-compliance does not necessarily result in a penalty but is taken into account by the Court at sentencing or by the Department of Justice and Community Safety – who also supervise on GBO.</p>
--------------------	--

+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Alexander Maconochie Centre	Attends the Alexander Maconochie Centre to complete assessments requested by Courts and for case management in relation to treatment plans. Works with Community Based Corrections to supervise alcohol and other drug treatment plans of shared clients on court orders. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.
+ Bimberi Youth Justice Centre	Attends Bimberi to complete assessments requested by the courts and for case management in relation to treatment plans. Works with Community Youth Justice Services to supervise alcohol and other drug treatment plans of shared clients on court orders. Support and referrals can also be provided to families and carers in relation to a client's treatment plan.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 20) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some ADP staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the ACT Health smoke-free policy.
+ Cost	Free.
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Families and carers can access information and referrals to other services.

Integrated Multi-Agencies for Parents and Children Together (IMPACT) Program, Alcohol and Drug Program (ADP)

Provides support to people who are receiving opioid replacement therapy who are pregnant or have a child under the age of 2 years.

Phone:	(02) 6244 2591 or 1800 211 274 (Toll free)
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males who are clients of Mental Health ACT or are receiving opioid replacement therapy who are pregnant or have a child under the age of 2 years.
Area serviced:	ACT.
Income required:	No.
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	The program is specifically designed for people on pharmacotherapies.
Parents with accompanying children:	Yes, for children under 2 years of age.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone, 8.30am – 5pm, Monday – Friday.
Referral:	Self or worker referral. A referral form is to be faxed to the IMPACT Coordinators. People can contact the toll free number to discuss referrals with the Coordinator.
Waiting list:	No waiting list.

+ Intake & Assessment

	Available from 8.30am – 5pm, Monday – Friday. The person is contacted over the phone once a referral is received and a time is made to visit them at home to sign consent to participate in the program.
--	--

+ Program/s	A multi-agency team provides support to identify needs and brings together professionals and services that will work to support the family. The program is a partnership between ACT Health, The Department of Disability, Housing and Community Services (DHCS), general practice and community pharmacies.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Alexander Maconochie Centre	Support can be provided to people in the Alexander Maconochie Centre who meet the access criteria for the IMPACT Program. Support can also be provided to families and carers of the person if it is required as part of the treatment plan.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 20) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit. The Alcohol and Drug Program has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are offered. Specific resources related to smoking and pregnancy are provided. Some ADP staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the ACT Health smoke-free policy.
+ Cost	Free.
+ Staff	Registered nurses and social workers.
+ Families / Carers	Families and carers can access information and referrals to other services.

Opioid Treatment Service, Alcohol and Drug Program (ADP)

Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use; and coordinated care by working with other health and pharmacotherapy services.

Phone:	(02) 6207 9977
Fax:	(02) 6244 4622
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Email:	adp.ots@act.gov.au
Website:	www.health.act.gov.au
Location:	Wruwallin Clinic, Building 7, The Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	8.30am – 4.51pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males over 18 years of age who have an opioid dependency and are suitable for pharmacotherapies. People under 18 years of age may be considered after consultation with Medical Officers.
Area serviced:	ACT only.
Income required:	No.
Disability Access:	Yes, access ramps, lifts and disabled toilets.
Detox required before accessing program:	No.
Documentation required:	Yes, photo identification required
Medication:	Yes; however, a consultation with an Alcohol and Drug Program Medical Officer is required prior to commencement on pharmacotherapies.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone for appointment from 8.30am – 4.51pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	Varies, waiting list dependent on appointment availability.

+ Intake & Assessment

	Through the 24 hour Intake Line. People will be booked in for assessment by an Alcohol and Drug Program Medical Officer to determine if they are suitable for treatment. This involves taking a history and conducting a physical examination. If suitable, an induction process will be started, usually the day of the medical assessment.
--	--

+ Program/s	Provides prescriptions and dosing of pharmacotherapies for people seeking to manage opioid use. Case management is also provided and people continue to be reviewed by a Medical Officer while on pharmacotherapies. Prescriptions are reviewed every 3 months and more frequently if required. Also provides coordinated care by working with other health and pharmacotherapy services.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and Psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Alexander Maconochie Centre	Provides assistance to people in, and post release from, the Alexander Maconochie Centre to ensure the continuity of care, including case management provided to Opioid Treatment Service clients.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 20) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff are required to undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit. The Alcohol and Drug Program has a memorandum of understanding with Winnunga Nimmityjah Aboriginal Health Services regarding clients accessing opioid treatment services.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Some ADP staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support. Alcohol and Drug Program services are provided in line with the ACT Health smoke-free policy.
+ Cost	No charge for medical appointments or for dosing at Wruwallin Clinic. Charges apply to people receiving their doses at community pharmacy.
+ Staff	Medical officers, nurses, pharmacists and social workers.
+ Families / Carers	Family and carers can access information and referrals to other services.

Withdrawal Unit, Alcohol and Drug Program (ADP)

Provides up to 7 days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from alcohol and other drugs.

Phone:	(02) 6207 9977
Fax:	(02) 6244 2744
Mailing Address:	GPO Box 825, Canberra City, ACT 2601
Email:	adp.withdrawal@act.gov.au
Website:	www.health.act.gov.au
Location:	Building 7, The Canberra Hospital, Palmer Street, Garran
Parent Organisation:	Alcohol and Drug Program (ADP), ACT Health
Opening Hours:	24 hours
Treatment Approach:	Harm minimisation; however, people need to be abstinent while in the program

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively. People under 18 years of age can be assessed for suitability and may be referred to youth services.
Area serviced:	ACT residents given priority, however, referrals are accepted from interstate.
Income required:	No.
Disability Access:	Yes, access ramps, lifts, disabled toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	Yes; however, a consultation with an Alcohol and Drug Program Medical Officer is required prior to admission.
Children:	No. Phone contact while in unit is facilitated to maintain contact with children.
Couples:	No. People will be admitted as individuals.

+ How to Access / Referrals:

Contact:	By phone, 24 hours.
Referral:	Self or worker referral. Referrals are accepted for people on court orders, but cannot specify an admission date.
Waiting list:	Varies, from 0 – 3 weeks.

+ Intake & Assessment	Through the 24 hour Intake Line and the request for admission is referred to a Triage Nurse within the unit. If they are unable to speak with the Triage Nurse at time of intake, a follow up call will be made by the Unit within 24 hours. Admission to the unit is prioritised on medical need. A nursing and medical assessment will be completed on admission. Belongings are searched on admission. No mobile phones are permitted and will be locked securely until discharge.
+ Program/s	Provides up to 7 days of medicated residential (inpatient) or non-residential (outpatient) support for people experiencing withdrawal from alcohol and other drugs. Therapeutic support, education, referrals, follow-up specialist services and counselling are available.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Facilitates access to the Alcohol and Drug Program Comorbidity Officer, Psychiatric Registrar and psychologists through the Counselling and Treatment Service. Assessments include a mental health component and active referrals are made to Mental Health ACT and other mental health services.
+ Aboriginal and Torres Strait Islander	Provides referrals to the Alcohol and Drug Program Aboriginal Liaison Officer (see page 20) for case management and support accessing alcohol and other drug services. Aboriginal and Torres Strait Islander specific resources and referrals are provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training through the Aboriginal Liaison Officer and ACT Health Staff Development Unit. Aboriginal clients may nominate workers from other agencies to support them while they are in the Withdrawal Unit.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse resources and referrals are provided. Access to interpreter services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are offered. Tobacco management can be included in treatment plans as required. Nicotine replacement therapy may also be provided. Some ADP staff undertake tobacco management training. Alcohol and Drug Program services are provided in line with the ACT Health smoke-free policy.
+ Cost	Free.
+ Staff	Medical officers, nurses, psychologists and social workers.
+ Families / Carers	Family and carers can access information and referrals to other services.

Alcohol and Other Drug Policy Unit, ACT Health

Provides advice in relation to alcohol and other drug policy development through ACT Health, ACT Government.

Phone:	13 22 81 (Canberra Connect)
Fax:	(02) 6205 0866
Mailing Address:	GPO Box 825, Canberra City ACT 2601
Website:	www.health.act.gov.au
Location:	Level 2, 11 Moore Street, Canberra City
Opening Hours:	9am – 5pm, Monday – Friday

The Alcohol and Other Drug Policy Unit is an area within ACT Health's Policy and Government Relations Division. The unit provides advice to ACT Health and the ACT Government regarding alcohol and other drug policy issues in the ACT and nationally. An important function of the unit is to negotiate with funding bodies and service providers, and to manage service agreements with non-government organisations and government agencies across the ACT's alcohol and other drug sector.

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Provides a peer based users group run by and for past or current illicit/injecting drug users, their families and friends.

Phone:	(02) 6279 1670
Fax:	(02) 6279 1610
Mailing Address:	GPO Box 1552, Canberra City, ACT 2601
Email:	info@cahma.org.au
Website:	www.aivl.org.au
Location:	Level 1, Sydney Building, 112 – 116 Alinga Street, Canberra City
Parent Organisation:	Australian Injecting and Illicit Drug Users League (AIVL)
Opening Hours:	10am – 4pm, Monday – Friday
Treatment Approach:	Harm Reduction

+ Access Criteria

Target Group:	Current or past injecting/illicit drugs users of any age.
Area serviced:	ACT and surrounding areas. Interstate residents are welcome.
Income required:	No; however, support is provided to assist people to access income support.
Disability Access:	No.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone or drop-in, 10am – 4pm, Monday – Friday.
Referral:	No referrals necessary.
Waiting list:	No waiting list.

+ Intake & Assessment Workers are available from 10am – 4pm, Monday – Friday.

+ Program/s

Provides a peer based users group run by and for past or current illicit/injecting drug users, their families and friends. Represents the interests of drug users and promotes improved health and reduction of harms associated with illicit/injecting drug use through peer based education workshops, information and policy development. Peer support, advocacy, education, information and referrals are also provided.

Provides consultancy/assistance and training upon request to alcohol and other drug services and other organisations, on issues relating to illicit/injecting drug use.

CAHMA also provides:

Pharmacotherapy Advocacy and Action Team (PHAAT):

A group for pharmacotherapy (methadone or buprenorphine) consumers that meets at 4pm, on the last Thursday of each month. Snacks and drinks provided. Provides peer support, information, education and advocacy for issues related to pharmacotherapy treatment. PHAAT aims to improve treatment service provision, provides representation for consumers on decision making forums and provides assistance for consumers to achieve positive outcomes from their treatment. Support is provided to assist people in accessing treatment and advocacy is provided for consumers experiencing any difficulties with their treatment.

Peer Education Program:

Provides peer education groups run by and for past or current illicit/injecting drug users and pharmacotherapy consumers. Topics for harm reduction education workshops include: blood borne viruses; sexual health; overdose prevention; safer injecting; drug treatments; mental health and comorbidity. Consultations and focus groups for consumers to input into local and national policy development activities are facilitated, and the program actively promotes health and human rights for drug users.

Radio Show “News from the Drug War Front”:

A weekly radio show from 11am on Tuesdays on community radio 2XX 98.3 FM. Reports the latest news about drug use, prohibition politics, health messages and CAHMA updates. The show is presented by CAHMA staff and volunteers.

Treatment Support Service:

Provides information, support and referral for people accessing drug treatments or those considering entering treatment. Information and support provided for people to access detoxification, rehabilitation or opioid treatment programs in the ACT or interstate. This peer support program provides information on the range of treatment options available, assists people to make informed treatment choices and provides referral and support in accessing treatment services. The service promotes consumer rights and advocates on behalf of people having treatment difficulties.

The Connection (Indigenous Program of CAHMA):

Provides peer based support services for Indigenous people who are past or present illicit/injecting drug users in the ACT and surrounding area (see page 42).

+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Education sessions on mental health related topics are provided in partnership with specialist mental health services. Referral and support can be provided for people to access mental health services through the <i>Better Access Medicare Benefits Schedule (MBS) Initiative</i> . Staff undertake Mental Health First Aid and PsyCheck training.
+ Aboriginal and Torres Strait Islander	Provides a specific Aboriginal and Torres Strait Islander Program (see page 20). All staff undertake training on working with Aboriginal and Torres Strait Islander people in Drug Users Organisations training. Aboriginal and Torres Strait Islander specific information and referrals are provided.
+ Culturally and Linguistically Diverse	Provides limited culturally and linguistically diverse resources and referrals.
+ Tobacco Management:	Smoking cessation information and resources are offered. Referrals may be provided for tobacco management advice and support.
+ Cost	Free for consumers. Fees for consultancy/training and assistance to community organisations are negotiable.
+ Staff	Alcohol and Other Drug Indigenous Peer Support Worker, Alcohol and Other Drug Peer Education Workers, Policy & Advocacy Worker and Treatment Support Worker.
+ Families / Carers	Families and carers can access some CAHMA programs.

The Connection, Canberra Alliance for Harm Minimisation and Advocacy (CAHMA)

Provides a peer based support program for Indigenous and non-Indigenous people who are past or present illicit/injecting drug users, their families and friends.

Phone:	(02) 6279 1671 or (02) 6279 1670
Fax:	(02) 6279 1610
Mailing Address:	GPO Box 1552, Canberra City, ACT 2601
Email:	theconnection@cahma.org.au
Location:	Level 1, Sydney Building, 112 – 116 Alinga Street, Canberra City
Parent Organisation:	Australian Injecting and Illicit Drug Users League (AIVL)
Opening Hours:	10am – 4pm, Monday – Friday
Treatment Approach:	Harm Reduction

+ Access Criteria

Target Group:	Indigenous people who are current or past injecting/illicit drug users. Non-Indigenous people are also welcome to access the program.
Area serviced:	ACT and surrounding areas. Interstate residents are welcome.
Income required:	No. Support can be provided to assist people to access income support.
Disability Access:	No.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone or drop-in, 10am – 4pm, Monday – Friday.
Referral:	No referral necessary.
Waiting list:	No waiting list.

+ Intake & Assessment Workers are available from 10am – 4pm, Monday – Friday.

+ Program/s	<p>Peer Education and Support Service Provides a peer based support program for Indigenous people who are past or present illicit/injecting drug users, their families and friends. Services are tailored to meet the specific needs and issues of the Indigenous community. Peer education, referral, advocacy and support is provided to access drug treatment programs, sexual health information/services, blood borne virus (BBV) information/services and other health and welfare services. Peer education workshops are held regularly on a range of topics including reducing drug related harm and health promotion.</p> <p>Family BBQ and Art Group The <i>Deadly Family BBQ</i> and <i>Art Attack</i>, held fortnightly 12.30 to 3.30pm at Boomerang Centre, Currong flats (behind Allawah flats) is a social event for Indigenous individuals and families; with a focus on healthy lunches and Indigenous art lessons. The BBQ promotes social inclusion, cultural celebrations and harm reduction education. Provides support and education on health issues affecting the community, including the provision of education sessions from health experts and services.</p>
+ Comorbidity	<p>Provides comorbidity and mental health specific information and referrals. Education sessions on mental health related topics are provided in partnership with specialist mental health services. Referral and support can be provided for people to access mental health services through the <i>Better Access Medicare Benefits Schedule (MBS) Initiative</i>. Staff undertake Mental Health First Aid and PsyCheck training.</p>
+ Aboriginal and Torres Strait Islander	<p>Programs designed and delivered specifically for Aboriginal and Torres Strait Islander people.</p>
+ Culturally and Linguistically Diverse	<p>Provides limited culturally and linguistically diverse resources and referrals.</p>
+ Tobacco Management:	<p>Smoking cessation information and resources are offered. Referrals may be provided for tobacco management advice and support.</p>
+ Cost	<p>Free.</p>
+ Staff	<p>1 part-time Indigenous Peer Support Worker.</p>
+ Families / Carers	<p>Families and carers can access some programs.</p>

CatholicCare Canberra & Goulburn

Grog Watch, CatholicCare Canberra and Goulburn

Provides up to 3 months of outreach support for young people, aged 12 – 24 years, who have come to the attention of ACT Policing, ACT Ambulance Service or other services for problematic behaviours associated with alcohol use.

Phone:	(02) 6163 3711 or (02) 6163 7600 (business hours)
Fax:	(02) 6163 7676
Mailing Address:	PO Box 3167, Manuka, ACT 2603
Email:	grogwatch@catholiccare.cg.org.au
Website:	www.catholiccare.cg.org.au
Location:	Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell
Parent Organisation:	CatholicCare Canberra and Goulburn
Opening Hours:	7am – 12pm, Friday, Saturday and Sunday mornings
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males 12 – 24 years of age inclusively, who have come to the attention of ACT Policing and Ambulance service, as well as other agencies for problematic behaviours associated with alcohol use and are willing to participate voluntarily.
Area serviced:	ACT and surrounding areas including Queanbeyan.
Income required:	No.
Disability Access:	Yes.
Detox required before accessing program:	No.
Documentation required:	No documentation is required for self-referrals. A referral form is required in the case of Police or other service referrals.
Parents with accompanying children:	Yes.
Couples:	Yes.

+ How to Access / Referrals:

Contact: The service can be contacted directly up until 12pm Saturday and Sunday mornings. For information outside of these hours please contact the Program Manager from 9am – 5pm, Monday – Friday on (02) 6163 7600.

Referral: Self, Police and Ambulance referrals received. The community and other services are also encouraged to refer.

Waiting list: No waiting list.

+ Intake & Assessment Intake and assessment are undertaken to assess suitability for the program.

+ Program/s Provides up to 3 months of outreach including, information, education, case management, support and referral.

+ Comorbidity Provides comorbidity and mental health specific information. Staff are experienced in motivational interviewing and brief intervention. Referrals within CatholicCare and to external mental health programs can be provided.

+ Aboriginal and Torres Strait Islander Aboriginal and Torres Strait Islander specific information and referrals are provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

+ Culturally and Linguistically Diverse Culturally and linguistically diverse specific information and facilitated referrals are provided. All staff undertake cultural awareness training. Access to interpreter services can be provided.

+ Tobacco Management: Limited smoking cessation information and resources are available.

+ Cost Free.

+ Staff Youth Worker / Alcohol and Other Drug Worker.

+ Families / Carers Where appropriate, liaison and relevant information/resources are provided to families and carers.



The Sobering Up Shelter, CatholicCare Canberra and Goulburn

An overnight facility for men and women over the age of 18 to recover from alcohol and other drug intoxication

Phone:	(02) 6163 3711
Fax:	(02) 6163 7676
Mailing Address:	PO Box 3167, Manuka, ACT 2603
Email:	soberingupshelter@catholiccare.cg.org.au
Website:	www.catholiccare.cg.org.au
Location:	Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell
Parent Organisation:	CatholicCare Canberra and Goulburn
Opening Hours:	11pm – 11am, Thursday, Friday and Saturday nights – Last admission 6am
Treatment Approach:	Harm Minimisation, brief intervention

+ Access Criteria

Target Group:	Males and females over 18 years of age who are at risk due to intoxication from alcohol or other drugs, and are willing to enter the service voluntarily.
Area serviced:	ACT and surrounding areas, including Queanbeyan.
Income required:	No.
Disability Access:	Yes, wheelchair assistance available.
Detox required before accessing program:	No.
Documentation required:	No documentation is required for self-referrals. An admission statement is required in the case of Police or Ambulance referrals.
Medication:	No medication can be dispensed on the premises, with the exception of ambulance attendance.
Parents with accompanying children:	No.
Couples:	Males and females are accommodated separately.
Other:	Persons must be conscious to be eligible for admission. Eligibility is based on the need for care, protection and monitoring due to risk from intoxication. Bed allocation is subject to availability, level of risk and adherence to ACT <i>Intoxicated Persons Care and Protection Act (1994)</i> regarding rules of stay and voluntary admission.

+ How to Access / Referrals:

Contact: Admissions received between 11pm – 6am, Thursday, Friday and Saturday nights. Phone before arrival to ensure bed availability.

The service can be contacted directly up until 11am Friday, Saturday and Sunday mornings. For information outside of operational hours please contact the Program Manager from 9am – 5pm, Monday – Friday on (02) 6163 7600.

Referral: Self, Police and Ambulance transports received. Public, community and other services are encouraged to refer.

Waiting list: Not applicable. 5 bed capacity.

+ Intake & Assessment

Intake admission assessment is required including medical and other information to ensure appropriate care for the person throughout the night. There is also a requirement for people to change clothing and have their property stored for safekeeping.

+ Program/s

Provides confidential overnight support, care, close observation and monitoring for people recovering from alcohol and other drug intoxication. The program is an alternative to police custody for the care and protection of intoxicated persons. Referral and information to relevant services is tailored to individual needs. Brief interventions and motivational interviewing are used within the model of care. Staff may assist the transfer of care of an intoxicated person to a responsible person where appropriate.

+ Comorbidity

Provides comorbidity and mental health specific information. Staff are experienced in motivational interviewing and brief intervention. Referrals within CatholicCare and to external mental health programs can be provided.

+ Aboriginal and Torres Strait Islander

Aboriginal and Torres Strait Islander specific information and referrals are provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

+ Culturally and Linguistically Diverse

Culturally and linguistically diverse specific information and facilitated referrals are provided. All staff undertake cultural awareness training. Access to interpreter services can be provided.

+ Tobacco Management:

Limited smoking cessation information and resources are available. A designated smoking area is onsite.

+ Cost

Free.

+ Staff

Alcohol and Other Drug Workers.

+ Families / Carers

Where appropriate, liaison and relevant information/resources are provided to families and carers.

DIRECTIONS ACT

Althea Wellness Centre, DIRECTIONS ACT

Provides primary and secondary health clinics for people with past or current alcohol and other drug issues.

Phone:	(02) 6122 8080
Fax:	(02) 6122 8004
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	althea@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males of any age with past or current alcohol and other drug issues and their immediate families.
Area serviced:	ACT and surrounding areas.
Income required:	No, however, there is a small charge for naturopath/herbal remedies.
Disability Access:	Yes, including ground floor access.
Detox required before accessing program:	No.
Documentation required:	People accessing some clinics must bring their Medicare and Concession cards.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children of all ages are welcome under the supervision of parents or carers.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	Appointments can be made by phone or drop-in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referrals through DIRECTIONS ACT reception or counsellors.
Waiting list:	Varies.

+ Intake & Assessment	Intake is available from 9am – 5pm, Monday – Friday. New clients will be required to fill out a form on arrival, and should arrive 15 minutes prior to the appointment.
+ Program/s	Provides health services for people with alcohol and other drug issues through the following clinics: <p data-bbox="504 376 839 405">General Practice (GP) Clinic:</p> <p data-bbox="504 409 1123 439">Consists of a General Practitioner and two Clinic Nurses.</p> <p data-bbox="504 468 798 497">Pharmacotherapy Clinic:</p> <p data-bbox="504 501 1169 564">Provides case management for Althea clients who are on the pharmacotherapy program.</p> <p data-bbox="504 593 643 622">Liver Clinic:</p> <p data-bbox="504 627 1321 689">Provides testing and clinical assistance for the treatment and management of Hepatitis C.</p> <p data-bbox="504 719 850 748">Mental Health Support Clinic:</p> <p data-bbox="504 752 1015 781">Provides face-to-face counselling and support.</p> <p data-bbox="504 810 722 840">Psychology Clinic:</p> <p data-bbox="504 844 1114 873">Provides face-to-face psychology services and support.</p> <p data-bbox="504 902 831 931">Naturopath Wellness Clinic:</p> <p data-bbox="504 936 1310 999">A herbalist supports people going through detoxification and in recovery to deal with physical and mental symptoms using homeopathic remedies.</p> <p data-bbox="504 1028 703 1057">Centrelink Clinic:</p> <p data-bbox="504 1061 1070 1090">Provides support for Centrelink services and advice.</p> <p data-bbox="504 1120 679 1149">Legal Aid ACT:</p> <p data-bbox="504 1153 992 1182">Provides support for legal issues and advice.</p> <p data-bbox="504 1211 826 1240">Treatment Support Service:</p> <p data-bbox="504 1245 1353 1346">Provides case management planning for clients with complex needs and support for clients leaving Arcadia House through ongoing case management where required.</p>
+ Comorbidity	Provides comorbidity and mental health specific clinics, information and referrals. Staff are trained in basic mental health, there are Counsellors and Psychologists on staff, and workers have expertise in motivational interviewing, expressive therapy and cognitive behavioural therapy. Assessments include a mental health component.
+ Alexander Maconochie Centre	Referrals to medical services and treatment support are accepted from Community Based Corrections as part of parole conditions. Clients may wish to work with the Inside-Out Throughcare Program. Staff at DIRECTIONS ACT will support treatment and referrals into Althea Wellness Centre.
+ Bimberi Youth Justice Centre	Referrals to medical services and treatment support are accepted from Community Youth Justice as part of bail conditions.

+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided.
+ Tobacco Management:	Smoking cessation information and resources are available, including advice on accessing nicotine replacement therapy. Referrals may be provided for tobacco management advice and support.
+ Cost	Free for most clinics. Bulk billing available for General Practice Clinic for people with a Health Care Card. A small fee is charged for the Naturopathic Clinic.
+ Staff	Alcohol and Other Drug Workers, General Practitioners, Mental Health Workers, Naturopath, Nurses, Pharmacotherapy Nurse, Psychologists, Treatment Support Service Workers and Social Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.
+ Other	Please contact DIRECTIONS ACT for regular clinic times.

Arcadia House Withdrawal and Residential Transition Services, DIRECTIONS ACT

Provides up to 7 days of non-medicated residential support for people experiencing withdrawal from alcohol and other drugs and also offers an 8 week residential transition program.

Phone:	(02) 6253 3055
Fax:	(02) 6253 3086
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	arcadia@directionsact.com
Website:	www.directionsact.com
Location:	Calvary Hospital, Mary Potter Circuit, Bruce
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	24 hours
Treatment Approach:	Harm minimisation; however, people need to be abstinent while in program.

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively who want to access a non-medicated detoxification or the 8 week transition program.
Area serviced:	ACT and interstate.
Income required:	No.
Disability Access:	No.
Detox required before accessing program:	No.
Documentation required:	Yes, may need to supply psychologist or mental health report and/or criminal history.
Medication:	Yes, however, a prescription and a dispensing regime must be provided prior to admission. Medication to assist detoxification is not permitted at Arcadia House. Medication distributed by Webster Packets. People who are assessed to be at risk in a non-medicated detoxification model are referred to the Alcohol and Drug Program, ACT Health.
Parents with accompanying children:	No.
Couples:	No.

+ How to Access / Referrals:

Contact:	By phone, 10am – 4pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	Varies, dependant on the requirements of other clients in the house and bed availability. People waiting for admission are supported through other DIRECTIONS ACT services.

+ Intake & Assessment	Admissions are available 9am – 3pm, Monday – Thursday. An over-the-phone assessment is required and is available 9am – 4pm, Monday – Friday. Bags will be searched upon entry and money and mobile phones will be held safely until completion of the program.
+ Program/s	<p>Withdrawal Program: Provides up to 7 days of non-medicated residential support for people experiencing withdrawal from alcohol and other drugs.</p> <p>Transition Program: 8 week residential program based on therapeutic community principles. Residents take part in living skills, therapeutic and educational groups.</p>
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and motivational interviewing. Assessments include a mental health component. Cognitive Behavioural Therapy group work is provided alongside the Relapse Prevention Program. If a person is experiencing mental health issues, a mental health care plan or psychologists report may be required prior to admission.
+ Alexander Maconochie Centre	Referrals to residential services are accepted from the Alexander Maconochie Centre and Community Based Corrections as part of a person's court orders or conditions. Access to criminal history and other relevant information is required as part of assessment.
+ Bimberi Youth Justice Centre	Referrals are accepted, suitability will be determined through assessment.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources. Referrals to Aboriginal and Torres Strait Islander specific services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. DIRECTIONS ACT has a memorandum of understanding with Gugan Gulwan Youth Aboriginal Corporation for young people accessing the service.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking and smoking cessation information and resources are available, including access to nicotine replacement therapy. Information and education sessions are also provided on a regular basis through the Cancer Council ACT. A designated smoking area is also provided. Referrals may be provided for tobacco management advice and support.
+ Cost	Both programs are \$170 per week to cover board and lodging. The fee is non-refundable even if the person decides to leave the program early. If the stay is over the designated time for the program, a daily fee of \$25 is charged. For people under 21 years of age the cost per week is \$150 and a daily fee of \$22 is charged for extra days.
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.

Community Education Program, DIRECTIONS ACT

Provides flexible alcohol and other drug community education programs and support.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	reception@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden (main office)
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Community and government services, alcohol and other drug workers, and young people aged over 16 years of age inclusively. Education sessions are available for Year 11 and 12 students and health days.
Area serviced:	ACT.
Income required:	No.
Disability Access:	Yes, including ground floor access and toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, for individual face-to-face education as required.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday. Bookings are essential.
Referral:	Self or worker referral to the Education Manager. A request for education form must be completed.
Waiting list:	No waiting list.

+ Program/s	Provides flexible and responsive alcohol and other drug community education programs based on harm minimisation principles.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and education packages on alcohol and other drugs and comorbidity can be provided.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided.
+ Tobacco Management:	Smoking cessation information and resources are available, including advice on accessing nicotine replacement therapy. Referrals may be provided for tobacco management advice and support.
+ Cost	Free or at a negotiated cost for education and training.
+ Staff	Alcohol and Other Drug Educator / Counsellor.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.

Counselling Program, DIRECTIONS ACT

Provides counselling services for individuals, their families and friends affected by alcohol and other drugs.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	counselling@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden (main office) Cnr Alinga and Moore Streets, Canberra City (City Health Centre) Cnr Corinna and Keltie Streets, Phillip (Phillip Health Centre)
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males of any age affected by alcohol and other drug issues, whether they are individuals, friends or family members.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes, including ground floor access and toilets. Outreach can be provided to people who may not be able to access the office.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children may accompany parents for counselling sessions. Children can also access the Family Counsellor.
Couples:	Yes, however, referrals to relationship counselling may be provided.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday to make an appointment. Crisis counselling is also available by drop-in, 9am – 5pm, Monday – Friday in the main office of the Phillip and City Health Centres.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting list:	No waiting list.

+ Intake & Assessment	Intake is available from 9am – 5pm, Monday – Friday. New clients are required to complete an assessment form.
----------------------------------	---

+ Program/s	<p>Provides free and confidential counselling services for individuals, their families and friends affected by alcohol and other drug issues including:</p> <p>Continuing Care Counselling: Counselling for those who have recently completed detoxification or rehabilitation and who are looking for strategies to prevent relapsing into past alcohol and other drug habits.</p> <p>Youth Support Worker: Information, counselling and referrals to young people around alcohol and other drug issues. Support can be provided to young people involved with Community Youth Justice.</p> <p>Family Support Counselling: Family counselling for people experiencing issues associated with their friend or family member's alcohol and other drug use. Counselling is available for parents, partners, children, friends or grandparents to develop strategies to cope with alcohol and other drug issues affecting the family.</p> <p>Crisis Counselling: Offered as a drop-in facility, 9am – 5pm at both Woden premises and Civic NSP.</p> <p>Alcoholics Anonymous: A group facilitated by an external provider for people with alcohol issues, available 1pm – 2pm, Thursdays.</p> <p>Narcotics Anonymous: A group facilitated by an external provider for people experiencing illicit drug issues, available 12.30pm – 1.30pm, Mondays.</p> <p>Compass Support Group: A group for families to discuss issues and learn strategies to manage alcohol and other drug issues. Provides information, support, resources, and assists people to manage self-care and wellbeing. Available 6pm – 8pm, every second Tuesday.</p> <p>SMART Recovery: A cognitive behavioural therapy based group that assists people to recover from addiction. The 90 minute program is based on motivation to abstain, coping with urges, problem solving and lifestyle balance. SMART recovery is provided 10.30am – 12pm and 5.30pm – 7pm, Tuesdays, and 3pm – 4.30pm, Thursdays.</p>
--------------------	---

+ Comorbidity	Provides comorbidity and mental health specific counselling, information and referrals. Staff are trained in mental health and are experienced in motivational interviewing, narrative therapy, expressive therapy and symbol work. Assessments include a mental health component.
+ Alexander Maconochie Centre	Counselling can be provided to existing DIRECTIONS ACT clients within the Alexander Maconochie Centre on an as-needs basis. Referrals to counselling are accepted from Community Based Corrections as part of parole conditions.
+ Bimberi Youth Justice Centre	Counselling can be provided to young people who are existing DIRECTIONS ACT clients within Bimberi Youth Justice Centre on an as-needs basis. Referrals to the Youth Support Worker are accepted from Community Youth Justice as part of bail conditions.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Counsellors and Manager.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.
+ Other	Free crisis counselling is available through DIRECTIONS ACT Needle and Syringe Programs (see page 62) at Civic and Phillip Health Centres.

Inside-Out Throughcare Program, DIRECTIONS ACT

Provides support to people in, and post release from, the Alexander Maconochie Centre, or on remand and their families and friends to address alcohol and other drug issues.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	insideoutprogram@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males over the age of 18 years, who are experiencing alcohol and other drug issues and who are in, or post release from, the Alexander Maconochie Centre or on remand; and their families and friends.
Area serviced:	ACT.
Income required:	No.
Disability Access:	Yes.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	No.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone or email, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	Varies.

+ Intake & Assessment	Assessment and intake is provided in person for people in the Alexander Maconochie Centre. Appointments for assessment can also be made.
+ Program/s	<p>Provides support to people in, and post release from, the Alexander Maconochie Centre, people on remand and their families and friends to address alcohol and other drug issues in the following ways:</p> <p>Remand: Provides assessments, court advocacy, letter writing, advice on treatment options, support and access to primary health care.</p> <p>Pre Release: Works with ACT Corrective Services to provide case management, through care planning and support.</p> <p>Post Release: Provides case management, advice on treatment options, support and access to primary health care. People can also access advocacy and support for employment and housing options.</p>
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health and motivational interviewing, and assessments include a mental health component.
+ Alexander Maconochie Centre	Program designed and delivered specifically for people in, or post release from the Alexander Maconochie Centre.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. Interpreters are utilised as required.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Manager, Coordinator and Support Worker.
+ Families / Carers	Program designed and delivered specifically for families and carers to access support.

Maysoon, DIRECTIONS ACT

Provides support to women with young children who use, or are in recovery from, alcohol and other drugs.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	reception@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females who use, or are in recovery from alcohol and other drugs with young children; including pregnant women and women with children on Care and Protection Orders.
Area serviced:	ACT.
Income required:	No.
Disability Access:	Yes, including ground floor access and toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	Women accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes. Free childcare can be provided.
Couples:	No.

+ How to Access / Referrals:

Contact:	By phone or drop-in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referrals.
Waiting list:	Maysoon runs each school term for 8 weeks. Phone for group dates.

+ Intake & Assessment	Contact reception for details regarding admission.
+ Program/s	Provides support, free meals, activities, information and access to services including counsellors and medical services for women with young children who use or are in recovery from alcohol and other drugs. Free childcare is provided.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals to services within DIRECTIONS ACT and externally. Staff are trained in basic mental health.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided.
+ Tobacco Management:	Smoking cessation information and resources are available, including guest sessions from the Cancer Council ACT. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.

Needle & Syringe Program (NSP), DIRECTIONS ACT

Provides clean injecting equipment, information on safer injecting practices, crisis counselling, general health information, referrals, primary health care, NSP training for health workers and advice on harm minimisation.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	nsp@directionsact.com
Website:	www.directionsact.com
Location:	Cnr Alinga and Moore Streets, Canberra City (City Health Centre) Cnr Corinna and Keltie Streets, Phillip (Phillip Health Centre)
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males who use licit and illicit drugs.
Area serviced:	ACT.
Income required:	No.
Disability Access:	Yes, including ground floor access.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone or drop in, 9am – 5pm, Monday – Friday.
Referral:	No referral necessary.
Waiting list:	No waiting list.

+ Intake & Assessment

	No intake or assessment necessary.
--	------------------------------------

+ Program/s	<p>Provides clean injecting equipment, information on safer injecting practices, crisis counselling and referrals, general health information, primary health care, NSP training for health workers and advice on harm minimisation.</p> <p>Primary NSP's at the City and Phillip Health Centres provide a range of sterile injecting equipment, primary health care and crisis counselling.</p> <p>Secondary NSP's distribute free 4 and 8 packs and condoms.</p> <p>Pharmacies throughout the ACT dispense 4 packs at a cost of \$2.</p> <p>Syringe vending machines dispense 4 packs at a cost of \$2 and are located at 4 health centres across the ACT: Belconnen, City, Tuggeranong and Phillip.</p> <p>Frozen meals are also provided through a Healthy Me Healthy Food Program for eligible individuals.</p>
+ Comorbidity	<p>Provides comorbidity and mental health specific information and referrals. Crisis counselling and support are available at the City Health Centre. Staff are trained in basic mental health and counsellors are experienced in motivational interviewing and dialectical behaviour therapy.</p>
+ Aboriginal and Torres Strait Islander	<p>Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.</p>
+ Culturally and Linguistically Diverse	<p>Referrals to culturally and linguistically diverse services can be provided.</p>
+ Tobacco Management:	<p>Smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.</p>
+ Cost	<p>Free to the daily limit. A small fee is charged for equipment over the daily limit as a cost recovery measure.</p>
+ Staff	<p>Alcohol and Other Drug Workers, Counsellors and Needle & Syringe Program Workers.</p>
+ Families / Carers	<p>Families and carers can access some DIRECTIONS ACT services.</p>

Community Health Promotion, DIRECTIONS ACT

Provides off-site programs and flexible service delivery options and referral pathways into services and programs.

Phone:	(02) 6122 8000
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	reception@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males of any age.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes, off-site services are provided.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday.
Referral:	No referral necessary.
Waiting list:	No waiting list.

+ Intake & Assessment

+ Program/s	Provides off-site programs and flexible service delivery in community spaces. Outreach is provided to Housing ACT tenants including referrals and free lunches. Health promotion activities are held at community events, universities and colleges.
-------------	--

+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health.
+ Alexander Maconochie Centre	Staff are available to provide services.
+ Bimberi Youth Justice Centre:	Staff are available to provide services here.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided.
+ Tobacco Management:	Smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.



Party Safe, DIRECTIONS ACT

Provides information, resources and referrals to people aged 15 – 25 years about alcohol and associated issues.

Phone:	(02) 6122 8010
Fax:	(02) 6122 8001
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	reception@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm Minimisation

+ Access Criteria

Target Group:	Females and males aged between 15 – 25 years.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes; off-site services are provided.
Detox required before accessing program:	No.
Documentation required:	No.

+ How to Access / Referrals:

Contact:	For information during office hours contact the DIRECTIONS ACT reception by phone, 9am – 5pm, Monday – Friday.
Referral:	No referral necessary.
Waiting list:	No waiting list.

+ Intake & Assessment

	No intake or assessment required.
--	-----------------------------------

+ Program/s	Provides information, resources, alcohol and other drug counselling, support and referrals for young people aged 15 – 25 years about alcohol and associated issues. The purple Party Safe Bus visits venues around Canberra including college and tertiary events.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Staff are trained in basic mental health.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided.
+ Tobacco Management:	Smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.

Treatment Support Service, DIRECTIONS ACT

Provides case management and support to access treatment services. Assists people to understand pharmacotherapy alternatives and identify which treatment best meets their needs.

Phone:	(02) 6122 8080
Fax:	(02) 6122 8004
Mailing Address:	PO Box 538, Woden, ACT 2606
Email:	tss@directionsact.com
Website:	www.directionsact.com
Location:	1 Bradley Street, Woden
Parent Organisation:	DIRECTIONS ACT
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males of any age with alcohol and other drug issues seeking pharmacotherapy, other treatment options or case management support.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes, including ground floor access and toilets.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes. Children are welcome under the supervision of parents or carers.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	Appointments can be made by phone, 9am – 5pm, Monday – Friday.
Referral:	Self and worker referral.
Waiting list:	No waiting list.

+ Intake & Assessment	Intake is available 9am – 5pm, Monday – Friday. An over-the-phone or face-to-face assessment is required.
+ Program/s	<p>Offers assistance to people to understand pharmacotherapies, and other treatment and support options, and to identify and access treatment and support that will best meets their needs. Provides ongoing support, complaint assistance, advocacy, outreach and case management.</p> <p>Works closely with the Althea Wellness Centre (see page 48), the Counselling Program (see page 55) and the Inside-Out Throughcare Program (see page 58) to provide case management and support.</p> <p>Provides aftercare support for people leaving Arcadia House Withdrawal and Residential Transition Services (see page 51).</p>
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. Some alcohol and other drug and mental health counselling is provided. Staff are trained in basic mental health and motivational interviewing, and assessments include a mental health component.
+ Alexander Maconochie Centre	Referrals for case management are accepted from Community Based Corrections as part of a person's parole conditions.
+ Aboriginal and Torres Strait Islander	Limited Aboriginal and Torres Strait Islander specific resources and referrals can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to culturally and linguistically diverse services can be provided. Interpreters are utilised as required.
+ Tobacco Management:	Smoking cessation information and resources are available. Specific assistance is provided regarding the range of tobacco management treatment and support options. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Treatment Support Service Manager.
+ Families / Carers	Families and carers can access some DIRECTIONS ACT services.

Gugan Gulwan Youth Aboriginal Corporation

Drug and Alcohol Program, Gugan Gulwan Youth Aboriginal Corporation

Provides information, support, advocacy, case management and court support to young people aged 12 – 25 years experiencing alcohol and other drug related issues.

Phone:	(02) 6296 8900
Fax:	(02) 6231 9933
Mailing Address:	PO Box 307, Erindale Centre, ACT 2903
Website:	www.gugan-gulwan.com.au
Location:	Grattan Court, Wanniasa
Parent Organisation:	Gugan Gulwan Youth Aboriginal Corporation
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males 12 – 25 years of age experiencing alcohol and other drug related issues. Aboriginal and Torres Strait Islander young people are given priority.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	Young people accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, children are welcome under the supervision of parents or carers.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone or drop-in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral. A referral form must be completed.
Waiting list:	No waiting list.

+ Intake & Assessment	Assessments made through referral service and an over-the-phone and face-to-face interview.
+ Program/s	Provides a range of support services for Aboriginal and Torres Strait Islander young people, a component of which is the Drug and Alcohol Program. Provides information, support, advocacy, education, and case management. Outreach and court support are also available.
+ Comorbidity	Provides comorbidity and mental health specific information and referrals. There is a Dual Diagnosis Worker with a case management and outreach focus.
+ Alexander Maconochie Centre:	Provides fortnightly art therapy groups and regular case management to Aboriginal and Torres Strait Islander young people in Alexander Maconochie Centre.
+ Bimberi Youth Justice Centre	Provides fortnightly art therapy groups and regular case management to Aboriginal and Torres Strait Islander young people in Bimberi. Support can be provided to families and carers of young people in Bimberi.
+ Aboriginal and Torres Strait Islander	Programs designed and delivered specifically for Aboriginal and Torres Strait Islander young people. Gugan Gulwan Youth Aboriginal Corporation staff speak Aboriginal languages.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse information and referrals are provided.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are available. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Coordinator, Detox Support Worker, Dual Diagnosis Worker and Outreach Worker.
+ Families / Carers	Family and carers can access some programs.

Karralika Programs Inc

[formerly trading as Alcohol and Drug Foundation ACT Inc. (ADFACT)]

Karralika Therapeutic Community Adult Program, Karralika Programs Inc.

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for single adults and couples with alcohol and other drug dependencies.

Phone:	(02) 6292 2733
Fax:	(02) 6292 7073
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	info@karralika.org
Website:	www.karralika.org
Location:	Confidential
Parent Organisation:	Karralika Programs Inc
Opening Hours:	24 hours
Treatment Approach:	Therapeutic community

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively. Single adults and couples are accepted.
Area serviced:	National, however, priority is given to residents from the ACT and surrounding region.
Income required:	Yes. If residents do not have an income, they will be assisted to access income support.
Disability Access:	Yes, ramps and toilets.
Detox required before accessing program:	Yes.
Documentation required:	Yes, determined through assessment.
Medication:	People accessing the service can be on some prescription medications.
Parents with accompanying children:	Parents with accompanying children can access the Karralika Family Program (see page 74).
Couples:	Yes.

+ How to Access / Referrals	
Contact:	By phone, 9am – 4pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting List:	Varies, support is provided to people waiting to enter the program.
+ Intake & Assessment	An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.
+ Program/s	Provides up to 12 months of residential rehabilitative care for people with alcohol and other drug dependencies, using the therapeutic community approach to treatment. Education, recreational activities, life skills and accredited training is also provided. Counselling and access to specialist services from other agencies is available. Alcohol and other drug information, support and case management are also available. Support can be provided to parents who do not have custody of their children.
+ Comorbidity	Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health ACT will continue under a joint case management model.
+ Aboriginal and Torres Strait Islander	Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to multicultural services can be provided. Staff undertake cultural awareness training.
+ Tobacco Management:	Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a Doctor for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.
+ Cost	81% of income.
+ Staff	Alcohol and Other Drug Workers and Psychologists.
+ Families / Carers	Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

Child & Family Services, Karralika Programs Inc

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for adults with alcohol and other drug dependencies and accompanying children.

Phone:	(02) 6292 2733 (Reception) (02) 6163 0200 (Intake and assessment)
Fax:	(02) 6292 7073
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	info@karralika.org
Website:	www.karralika.org
Location:	Confidential
Parent Organisation:	Karralika Programs Inc
Opening Hours:	24 hours
Treatment Approach:	Therapeutic community

+ Access Criteria

Target Group:	Female and male parents over 18 years of age, inclusively.
Area serviced:	National, however, priority is given to residents from the ACT and surrounding region.
Income required:	Yes. If residents do not have an income, they will be assisted to access income support.
Disability Access:	Yes, ramps and toilets.
Detox required before accessing program:	Yes.
Documentation required:	Yes, determined through assessment.
Medication:	People accessing the service can be on some prescription medications.
Parents with accompanying children:	This program is specifically designed for parents with accompanying children aged up to 12 years.
Couples:	Yes.

+ How to Access / Referrals

Contact:	By phone, 9am – 4pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting List:	Varies, support is provided to people waiting to enter the program.

+ Intake & Assessment	An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.
+ Program/s	Provides up to 12 months of residential rehabilitative care for people with alcohol and other drug dependencies with accompanying children, using the therapeutic community approach to treatment. Education, recreational activities, life skills and accredited training is also provided. Counselling and access to specialist services from other agencies are available. Alcohol and other drug information, support and case management are also available. Children participate in an early childhood development program either through full-time daycare, after-school care and school holiday programs. Targeted interventions including play therapies are included in the program as appropriate. Parents also take part in counselling and parenting programs and cognitive behavioural therapies (CBT).
+ Comorbidity	Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, there are Child Psychologists and Psychologists on staff and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health ACT will continue under a joint case management model.
+ Aboriginal and Torres Strait Islander	Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Referrals to multicultural services can be provided. Staff undertake cultural awareness training.
+ Tobacco Management:	Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a Doctor for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.
+ Cost	81% of income.
+ Staff	Alcohol and Other Drug Workers, Child and Family Support Workers and Child and Family Social Worker.
+ Families / Carers	Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

Sober Driver Program, Karralika Programs Inc

Provides a 9 week education program for people who have been convicted of or are facing charges for drink-driving offences.

Phone:	(02) 6163 0200
Fax:	(02) 6282 7777
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	info@karralika.org
Website:	www.karralika.org
Location:	Level 1, 67 Townshend Street, Phillip
Parent Organisation:	Karralika Programs Inc
Opening Hours:	The Community Team is contactable from 9am – 5pm, Monday – Friday.
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males over 18 years of age inclusively who have been charged, or who are facing charges for, drink-driving offences.
Area serviced:	ACT.
Income required:	Course fees applicable.
Disability Access:	Yes.
Detox required before accessing program:	No; however people must be alcohol and other drug free when attending sessions.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.

+ How to Access / Referrals

Contact:	By phone or email, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting List	Varies.

+ Intake & Assessment

	Program is run on an as-needs basis dependent on the number of participants. Completion of registration forms required.
--	---

+ Program/s	Provides a 9 week course comprising a 2 hour session per week. The course is provided 6 pm – 8 pm on nominated evenings, dependant on demand. The course examines legal, health and social impacts of drink-driving and assists participants to develop positive personal skills and attitudes in relation to alcohol and drink-driving issues. Confirmation of enrolment for courts and requests for adjournments until after graduation and referrals are available.
+ Aboriginal and Torres Strait Islander	Referrals to Aboriginal and Torres Strait Islander services can be provided.
+ Culturally and Linguistically Diverse	Referrals to multicultural services can be provided.
+ Cost	Full price: \$450. Concession rate: \$300. A non-refundable deposit of \$40 – \$50 must be paid.
+ Staff	2 trained facilitators per course.



Solaris Therapeutic Community, Alexander Maconochie Centre, Karralika Programs Inc and ACT Corrective Services

Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by alcohol and other drug use and related dependencies using the therapeutic community approach to treatment.

Phone:	(02) 6207 0238 (Karralika Programs Co-Manager) (02) 6207 0862 (ACT Corrective services Co-manager) (02) 6207 2895 (Karralika Programs Assistant Manager)
Fax:	(02) 6207 2963
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	info@karralika.org
Website:	www.karralika.org
Location:	Alexander Maconochie Centre 10400 Monaro Highway, Hume
Parent Organisation:	Karralika Programs Inc and ACT Corrective services
Opening Hours:	Program provided 7 days a week. Office hours are 9am – 5pm, Monday – Friday.
Treatment Approach:	Therapeutic community

+ Access Criteria

Target Group:	Males over 18 years of age in the Alexander Maconochie Centre experiencing issues related to alcohol and other drug dependencies. Men with a history of sex offences are excluded.
Area serviced:	ACT.
Income required:	Occasional expenses are covered through the weekly Alexander Maconochie Centre allowance.
Disability Access:	Ground floor accommodation is available.
Detox required before accessing program:	Yes.
Medication:	Medication is available through ACT Corrections Health. Participants on methadone and stable on psychoactive medication can access the program.

+ How to Access / Referrals

Contact:	Individual applications must be made to the Program Manager.
Referral:	Self referral.
Waiting List:	Varies, dependant on program start dates.

+ Intake & Assessment

	Interviews and complete assessments are undertaken for each applicant to assess suitability for the program. Intake is undertaken every 3 months.
--	---

+ Program/s	<p>Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by alcohol and other drug use and related dependencies using the therapeutic community approach to treatment. The treatment program commences within 6-12 months prior to release from the Alexander Maconochie Centre. The program provides the following levels:</p> <p>Level One: An intensive 6 month treatment program based on the therapeutic community model; participants are housed together within Alexander Maconochie Centre.</p> <p>Level Two: A program of intensive throughcare to support transition and reintegration into the community, commencing during the treatment phase (continuing afterwards, if still in custody), and then continuing post release according to individual need.</p> <p>Provides intensive psychoeducation and group therapy sessions developing awareness of the impact of using alcohol and other drugs, and the origins of addictive or compulsive behaviours, the thinking underlying criminal behaviour, identification of personal strengths and development of new skills to manage life post release. The program also has a focus on relationships, families and financial skills.</p> <p>The program will also provide a Women's in Prisons Project (currently under development).</p>
+ Comorbidity	Support for people experiencing comorbidity is provided through ACT Corrections Health.
+ Alexander Maconochie Centre	Program specifically designed and delivered for men in the Alexander Maconochie Centre.
+ Aboriginal and Torres Strait Islander	All staff undertake Aboriginal and Torres Strait Islander training to facilitate the program in a culturally sensitive manner.
+ Culturally and Linguistically Diverse	All staff undertake culturally and linguistically diverse training to facilitate the program in a culturally sensitive manner. Basic English skills are required for participants to engage in group activities and written communication.
+ Tobacco Management:	Provides information and support for tobacco management, including referrals to smoking cessation support. A designated smoking area is provided onsite.
+ Cost	Some activities incur a small cost.
+ Staff	Alcohol and Other Drug Workers and Therapeutic Custodial Officers.
+ Families / Carers	Families and carers can visit on Thursday evenings, Fridays, Saturdays and Sundays within the restrictions of the Alexander Maconochie Centre Visiting Policy (see http://www.cs.act.gov.au/home/custodial_operations/visitors_information).

The Nexus Program, Karralika Programs Inc

Provides the Men's Halfway House Program offering a community based treatment program for people experiencing alcohol and other drug issues.

Phone:	(02) 6163 0200
Fax:	(02) 6282 7777
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	info@karralika.org
Website:	www.karralika.org
Location:	Level 1, 67 Townshend Street, Phillip
Parent Organisation:	Karralika Programs Inc
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Males over 18 years of age inclusively, who have completed initial treatment for alcohol and other drug dependency.
Area serviced:	National, however, priority is given to residents from the ACT and surrounding region.
Income required:	Yes. If residents do not have an income, they will be assisted to access income support.
Disability Access:	Yes, determined through assessment.
Detox required before accessing program:	Yes, people are required to have completed a treatment program.
Documentation required:	Determined through assessment.
Medication:	People accessing the service can be on some prescription medications, including pharmacotherapies. Determined through assessment.
Parents with accompanying children:	No.
Couples:	No.

+ How to Access / Referrals

Contact:	By phone, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting List:	Varies.

+ Intake & Assessment	Initial phone contact must be made to arrange a time for an assessment. Participation in assessment processes is required prior to acceptance into the program. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.
+ Program/s	The Men's Halfway House is a community-based treatment program for people with alcohol and other drug issues. Treatment is for 3 – 6 months with case management, support, education, counselling and referrals provided.
+ Comorbidity	Comorbidity and mental health related groups (including cognitive behavioural therapy) counselling, information and referrals are provided. Staff are trained in basic mental health and assessments include a mental health component.
+ Alexander Maconochie Centre	Assessments are provided on an as-needs basis to people in the Alexander Maconochie Centre. Referrals are accepted from Community Based Corrections as part of parole conditions.
+ Aboriginal and Torres Strait Islander	Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. Aboriginal and Torres Strait Islander specific information and resources can be accessed as required.
+ Culturally and Linguistically Diverse	Referrals to multicultural services can be provided. Staff undertake cultural awareness training. Culturally and linguistically diverse information and resources can be accessed as required.
+ Tobacco Management:	Assessments include a component related to smoking, and access to smoking cessation information and support is offered. Some staff undertake tobacco management training. Referrals may be provided to a Doctor or to Quitline for tobacco management advice and support. Smoking cessation resources are also available and specific groups are available periodically.
+ Cost	\$250 per fortnight which includes food, utilities and local phone calls.
+ Staff	Case Managers and Manager.
+ Families / Carers	Access visits and overnight stays may be arranged for children of clients. Access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

Ted Noffs Foundation ACT

Adolescent Drug Withdrawal Unit (ADWU), Ted Noffs Foundation ACT

This program is currently undergoing changes. Please contact Ted Noffs Foundation on (02) 6123 2400 for more information.



Continuing Adolescent Life Management (CALM), Ted Noffs Foundation ACT

Provides up to 3 years of support for young people aged 13 – 21 years experiencing alcohol and other drug, comorbidity or criminal issues.

Phone:	(02) 6247 0623 or 0429 192 054
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson, ACT 2602
Email:	aulichj@noffs.org.au
Website:	www.noffs.org.au
Location:	23 East Row, Civic
Parent Organisation:	Ted Noffs Foundation
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation, abstinence while in program

+ Access Criteria

Target Group:	Females and males 13 – 21 years of age inclusively.
Area serviced:	ACT and surrounding areas, including Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong and Albury–Wodonga.
Income required:	No.
Disability Access:	No.
Detox required before accessing program:	No.
Documentation required:	Identification.
Medication:	Young people accessing the service can be on prescription medications.
Parents with accompanying children:	No.
Couples:	No.

+ How to Access / Referrals:

Contact:	By phone or drop-in, 9 am – 4:30 pm, Monday – Friday.
Referral:	Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.
Waiting list:	No waiting list.

+ Intake & Assessment

	The young person needs to phone and arrange an appropriate time for an assessment. This preferably occurs face-to-face, but can be done by phone if necessary.
--	--

+ Program/s	Provides up to 3 years of support for young people aged 13 – 21 years experiencing alcohol and other drug, comorbidity or criminal issues. Life coaching, mentoring, music, art and community connection are available.
+ Comorbidity	Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available from 9 am – 5 pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and phone assessments include a mental health component.
+ Aboriginal and Torres Strait Islander	Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.
+ Tobacco management	Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.
+ Cost	Free.
+ Staff	Alcohol and other Drug Workers and Counsellors.
+ Families / Carers	Support and information can be provided for families and carers. Referrals for family support can also be provided.

Community Outreach & Outclient Program (CO-OP), Ted Noffs Foundation ACT

Supports young people aged 12 – 18 years who are experiencing alcohol and other drug issues in the community, and who do not want or need residential rehabilitation services.

Phone:	(02) 6123 2400 or 0429 192 054
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson, ACT 2602
Email:	tnfact@noffs.org.au
Website:	www.noffs.org.au
Location:	23 East Row, Civic
Parent Organisation:	Ted Noffs Foundation
Opening Hours:	9am – 5pm, Monday – Friday. Day Program runs 10am – 3pm, Monday, Tuesday, Wednesday and Friday.
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males 12 – 18 years of age inclusively.
Area serviced:	ACT and Queanbeyan, provided the young person can get to one of the pick-up points.
Income required:	No.
Disability Access:	No.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications.
Parents with accompanying children:	Yes. Young people with children are welcome and assessed on a case-by-case basis.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral, with the young person's involvement. Referrals are also accepted from the community.
Waiting list:	Varies, from 2 – 4 weeks.

+ Intake & Assessment	Intake is available from 9 am – 12 pm, Monday, Wednesday and Friday. The young person needs to phone and arrange an appropriate time for an assessment. This preferably occurs face-to-face, but can be done by phone if necessary. The young person will be contacted within a week regarding their suitability to access the program.
+ Program/s	Supports young people who are experiencing alcohol and other drug issues in the community and who do not want or need residential rehabilitation services. Provides a semi-structured day program on Monday, Tuesday, Wednesday and Friday from 10 am – 3 pm that offers information and education on substance use, assistance with schooling, cooking classes, auto mechanics, P Plate driving lessons, personal care and self-esteem classes and referrals. Also provides one-on-one outreach, or outreach to schools and other services.
+ Comorbidity	Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available on request. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health.
+ Bimberi Youth Justice Centre	Provides weekly groups and program assessment for young people in Bimberi, and post release outreach.
+ Aboriginal and Torres Strait Islander	Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.
+ Tobacco management	Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.
+ Cost	Free.
+ Staff	Alcohol and other Drug Workers.
+ Families / Carers	Families and support people can access the Family and Carers Support Group.

Program for Adolescent Life Management (PALM), Ted Noffs Foundation ACT

Provides up to 3 months residential rehabilitation for young people aged 14 – 18 years experiencing alcohol and other drug issues.

Phone:	(02) 6123 2400
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson, ACT 2602
Email:	tnfact@noffs.org.au
Website:	www.noffs.org.au
Location:	350 Antill Street, Watson
Parent Organisation:	Ted Noffs Foundation
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation, abstinence while in program

+ Access Criteria

Target Group:	Females and males 14 – 18 years of age inclusively.
Area serviced:	ACT and surrounding areas including, Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong and Albury–Wodonga
Income required:	No.
Disability Access:	Yes, ramps to all buildings and disabled toilets in living area.
Detox required before accessing program:	Determined through assessment.
Documentation required:	Identification and any prescriptions for medication.
Medication:	People accessing the service can be on prescription medications; however, it is assessed on a case-by-case basis.
Parents with accompanying children:	No.
Couples:	No; however, referrals can be provided for individuals to interstate PALM programs.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.
Waiting list:	Varies.

+ Intake & Assessment	Intake is available from 9am – 2pm, Monday – Thursday. The young person will be searched upon entry to the program and will need to provide a urine sample. Assessment may be conducted over the phone or in person from 8am – 3pm. Needs to be informed of any bail conditions or Care and Protection issues.
+ Program/s	Provides up to 3 months of residential rehabilitation. Young people are provided with a single room. Information, employment support, training, relationship building, mood management, personal growth and development, relapse prevention skills, life skills and group work are available. Post program outreach is available through the Community Outreach and Outclient Program (CO–OP), Ted Noffs Foundation ACT (see page 85).
+ Comorbidity	Provides comorbidity and mental health related information and referrals. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and assessments include a mental health component.
+ Bimberi Youth Justice Centre	Referrals to residential programs are accepted from Community Youth Justice as part of bail conditions.
+ Aboriginal and Torres Strait Islander	Provides mentoring to Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.
+ Tobacco management	Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.
+ Cost	\$140 a week for young people receiving income support.
+ Staff	Alcohol and Other Drug Workers and Counsellors.
+ Families / Carers	Family are encouraged to arrange a time to visit the young person. Young people are also able to make phone calls to family and carers and will need a phone card for interstate calls. Family and support people can access the Family and Carers Support Group. After a young person has been in the program for a suitable length of time and shown progress towards their goals, leave can be arranged with their Counsellor.

The Salvation Army

Canberra City Oasis Drug and Alcohol Support Service, The Salvation Army

Provides a non-residential rehabilitation program for people aged 12 years and over wanting to address their alcohol and other drug issues, and their families.

Phone:	(02) 6248 7191
Fax:	(02) 6249 8166
Mailing Address:	GPO Box 435, Canberra, ACT 2601
Email:	nicole.smith@aue.salvationarmy.org
Location:	1 Elder Street, Braddon
Parent Organisation:	The Salvation Army
Opening Hours:	9am – 5pm, Monday – Friday.
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females and males, 12 years and over wanting to address their alcohol and other drug issues, and their families.
Area serviced:	ACT and interstate.
Income required:	No, support can be provided to access income support.
Disability Access:	Limited access available.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes.
Couples:	Partners may access the service for information and education, however, are not able to access it as an individual whilst their partner is undergoing treatment.

+ How to Access / Referrals:

Contact:	By phone or email, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral. Referrals are accepted for people on court orders.
Waiting list:	Dependant on service demand and staffing levels.

+ Intake & Assessment	From 9.30am – 4.30pm, Monday – Friday. An appointment is required for an initial face-to-face or over-the-phone assessment.
+ Program/s	Provides individual counselling, outreach, life skills development, case management, relapse prevention and information for individuals, schools and community groups. Groups may be run on relapse prevention, anxiety, addiction, gambling, and anger management as required. Also provides the Very Important Families (VIFs) support group, 7pm – 9.30pm on the first Wednesday of every month, for parents and families affected by familial alcohol or other drug issues.
+ Comorbidity	Provides holistic counselling for comorbid issues. Staff are trained in mental health and assessments include a mental health component. Provides comorbidity and mental health specific information and referrals. Access to an intern Psychologist with experience in acceptance commitment therapy, cognitive behaviour therapy and motivational interviewing is available.
+ Alexander Maconochie Centre:	Referrals are accepted from Community Based Corrections as part of parole conditions.
+ Aboriginal and Torres Strait Islander	Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. Referrals to Aboriginal and Torres Strait Islander services can be provided.
+ Culturally and Linguistically Diverse	Staff undertake basic cultural awareness training.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are available. Cognitive behavioural strategies to support smoking cessation may also be discussed. Referrals may be provided for tobacco management advice and support.
+ Cost	Free for young people. Donations welcome.
+ Staff	Alcohol and Other Drug Worker/Intern Psychologist, Family Support Worker and Chaplain.
+ Families / Carers	Families and carers can access the program at the consent of the young person. Also provides a support group for parents and families. Chaplaincy and Pastoral Care are provided as required, and families and carers can access the program for support regarding a family member's alcohol and other drug issues.

Canberra Recovery Services, The Salvation Army

Provides a 10 month (43 week) residential rehabilitation program for men (and after 30 June 2011, for women) experiencing alcohol and other drug and/or gambling dependencies.

Phone:	(02) 6295 1256
Fax:	(02) 6295 3766
Mailing Address:	PO Box 4181, Kingston, ACT 2604
Email:	crs@aue.salvationarmy.org
Website:	www.salvos.org.au
Location:	5 – 13 Mildura Street, Fyshwick
Parent Organisation:	The Salvation Army
Opening Hours:	8am – 5pm, Monday – Friday
Treatment Approach:	Abstinence

+ Access Criteria

Target Group:	Males (and females after 30 June 2011) over 18 years of age inclusively, with alcohol, drug and/or gambling dependencies.
Area serviced:	ACT and interstate.
Income required:	Yes, assistance to access income support can be provided.
Disability Access:	No.
Detox required before accessing program:	Yes.
Documentation required:	Medicare and Centrelink numbers are required, other documentation determined through the assessment process.
Medication:	Prescription medications may be taken whilst in program but pharmacotherapies are generally not accepted (enquiries may be made regarding exceptions). Enquiries regarding medications should be directed to the Assessment Officer.
Parents with accompanying children:	No, however ongoing support is available to families.
Couples:	No.
Other:	The Salvation Army also provides facilities for women at other centres (some mixed men and women and another exclusively for women).

+ How to Access / Referrals:

Contact:	By phone or in person, 8am – 5pm, Monday – Friday.
Referral:	Worker referral. Referrals are accepted for people on court orders.
Waiting list:	Varies, people on the waiting list are encouraged to stay in contact. Additional support services can be arranged while on the waiting list.

+ Intake & Assessment	Assessments are usually conducted over the phone. Enquiries should be directed to the Assessment Officer and an appointment for a telephone assessment will be made. All assessments are completed within 24 hours of a request being received. Referrals to other Salvation Army services may be suggested if considered appropriate. Intake is available from 9am – 3pm, Monday – Thursday, however, intake day and times can vary according to circumstances.
+ Program/s	Provides a long term residential program with staged and case managed exit points involving group and individual support sessions, work therapy, social activities, numeracy and literacy classes and attending Chapel. Participants attend local Alcohol, Narcotics or Gambling Anonymous meetings as part of their program. Participants are required to participate in all program activities, and various community meetings.
+ Comorbidity	Provides case management with a focus on alcohol and other drugs and mental health. Some staff are trained in basic mental health and assessments include a mental health component. Comorbidity and mental health specific information and referrals are provided and access to a Psychologist is available.
+ Alexander Maconochie Centre:	Referrals to residential treatment are accepted from Community Based Corrections as part of parole conditions.
+ Aboriginal and Torres Strait Islander	Provides Aboriginal and Torres Strait Islander specific support and referrals. The Visiting Medical Officer is experienced in working with Aboriginal and Torres Strait Islander people.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse information, resources and referrals can be provided as required. All staff are required to hold appropriate qualifications with a cultural diversity aspect.
+ Tobacco Management:	Assessments include a component related to smoking, and access to smoking cessation support and resources is offered. Weekly smoking cessation lectures and groups are provided. A designated smoking area is also provided. All staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.
+ Cost	One week's rent in advance plus a one-off \$10 chemist fee. Rental fee is based on people's level of income support.
+ Staff	Case Workers, Cook/Housekeeper, Support Workers, Team Leader. Access to Medical Centre and Psychologist is also available.
+ Families / Carers	Families and carers are welcome to visit the centre and can be supported to access other Salvation Army Programs such as the Canberra City Oasis Drug and Alcohol Support Service (see page 89). Day leave on weekends is available after completing 4 weeks of the program, fortnightly weekend leave is available to people who have completed 9 weeks of the program.
+ Other	This program is potentially undergoing a number of developments in the coming months. For further information contact Canberra Recovery Services, The Salvation Army on (02) 6295 1256.

Toora Women Inc.

Lesley's Place – Residential and Outreach, Toora Women Inc.

Provides recovery-based supported accommodation for up to 3 months for women and women with accompanying children. Outreach support can be provided pre and post alcohol and other drug withdrawal.

Phone:	(02) 6241 7233
Fax:	(02) 6241 8299
Mailing Address:	PO Box 106, Jamison Centre, ACT 2614
Email:	lesleys@toora.org.au
Location:	Confidential
Parent Organisation:	Toora Women Inc.
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Residential Service: Abstinence within a harm minimisation approach. Outreach Service: Harm minimisation.

+ Access Criteria

Target Group:	Females over 16 years of age inclusively and females with accompanying children up to 12 years of age.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes, however, suitability will be determined through assessment.
Detox required before accessing program:	Residential Service: Yes, workers provide transport for women upon completion of withdrawal. Direct access from community to the service is also available. Outreach Service: No.
Documentation required:	No.
Medication:	Women accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes – children are accepted up to 12 years of age.
Couples:	No.

+ How to Access / Referrals:

Contact:	By phone – 9am to 5pm, Monday – Friday. If a worker phones on a woman's behalf, an appropriate time and way to speak directly with the woman will be organised.
Referral:	Self or worker referral. Referrals are accepted for women on court orders.
Waiting list:	No waiting list.

+ Intake & Assessment	Residential and Outreach Services: Assessments conducted wherever possible in person, phone assessments can be arranged if need be.
	Following an assessment, contact will be made regarding possible support options.
	Intake is available from 9 am – 5 pm, Monday – Thursday.
+ Program/s	<p>Residential Service: Provides recovery-based support for up to 3 months. Women develop a recovery and support plan and participate in the house structure. Information, education, advocacy, referral, practical and emotional support is available.</p>
	<p>Outreach Service: Provides support for women who are pre, during and post withdrawal. Information, education, advocacy, referral and practical and emotional support is available.</p>
+ Comorbidity	Provides referrals to, and has established links with a Clinical Psychologist. Staff are trained in basic mental health and assessments include a mental health component. Workers have gender specific expertise and are trained in trauma, PTSD, mindfulness, self-harming behaviours, dialectical behaviour therapy and other counselling modes.
+ Alexander Maconochie Centre:	Referrals to residential programs and outreach support are accepted from Community Based Corrections as part of a prisoner's parole conditions.
+ Aboriginal and Torres Strait Islander	Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff attend Aboriginal and Torres Strait Islander cultural awareness training and White Privilege Training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Resources in other languages are available. All staff undertake cultural awareness training and Toora Women Inc. conducts cultural safety audits across its programs. Some Lesley's Place staff are from culturally diverse backgrounds such as Lebanon and Micronesia. French, Spanish, Croatian and Serbian is spoken by some Toora staff.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are available. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.
+ Cost	<p>Residential Service: \$50 per week for accommodation (includes food at Lesley's Place House) and key deposit. A deposit of two weeks rent is asked for on arrival; however, alternative arrangements can be made if this is not possible.</p>
	<p>Outreach Service: Free.</p>
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Information and referrals can be provided to families and carers.

Marzenna Drug and Alcohol Halfway House for Women, Toora Women Inc.

Provides medium to long-term recovery based supported accommodation for up to 12 months for women and accompanying children.

Phone:	(02) 6241 7233
Fax:	(02) 6241 8299
Mailing Address:	PO Box 106, Jamison Centre, ACT 2614
Email:	marzenna@toora.org.au
Location:	Confidential
Parent Organisation:	Toora Women Inc.
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Abstinence within a harm minimisation approach

+ Access Criteria

Target Group:	Females over 16 years of age inclusively, and females with accompanying children up to 12 years of age.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes, however, suitability will be determined through assessment.
Detox required before accessing program:	Women need to have been in recovery for a period of time (abstinent from alcohol and other drugs, and actively engaged in activities and strategies to maintain their recovery). Women who have been involved in rehabilitation programs or using pharmacotherapies are also suitable.
Documentation required:	No.
Medication:	Women accessing the service can be on pharmacotherapies. Currently unable to accept women on benzodiazepines.
Parents with accompanying children:	Yes, children are accepted up to 12 years of age.
Couples:	No.

+ How to Access / Referrals:

Contact:	By phone, 8am – 4pm, Tuesday – Friday.
Referral:	Self or worker referral. Referrals are accepted for women on court orders.
Waiting list:	No waiting list.

+ Intake & Assessment	Upon referral, support options will be discussed and a time for an assessment will be organised. Contact will be made with the woman following the assessment regarding possible support options. Intake is available from 9am – 5pm, Monday – Thursday.
+ Program/s	Provides medium to long-term recovery based supported accommodation for up to 12 months. Information, education, advocacy, referral and practical and emotional support are also available.
+ Comorbidity	Provides referrals to, and has established links with a Clinical Psychologist. Staff are trained in basic mental health and assessments include a mental health component. Workers have gender specific expertise and are trained in trauma, mindfulness, art therapy, and dialectical behaviour therapy and counselling.
+ Alexander Maconochie Centre:	Referrals to residential programs and outreach support are accepted from Community Based Corrections as part of parole conditions.
+ Aboriginal and Torres Strait Islander	Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse specific information and referrals can be provided. Resources in other languages are available. All staff undertake cultural awareness training. French, Spanish, Croatian and Serbian is spoken by some Toora staff. Some Marzenna staff speak Lebanese and Micronesian.
+ Tobacco Management:	Assessments include a component related to smoking, and smoking cessation information and resources are available. Some staff undertake tobacco management training. Referrals may be provided for tobacco management advice and support.
+ Cost	25% of income. A deposit of two weeks rent is asked for on arrival, however, alternative arrangements can be made if this is not possible.
+ Staff	Alcohol and Other Drug Workers.
+ Families / Carers	Information and referrals can be provided to families and carers.

Women's Information, Resources and Education on Drugs and Dependency (WIRED), Toora Women Inc.

Provides information, education, counselling and resources to women to minimise the harm associated with dependence.

Phone:	(02) 6248 8600
Fax:	(02) 6257 5257
Email:	wiredd@toora.org.au
Location:	Room G03, Griffin Centre, 20 Genge St, Canberra City,
Parent Organisation:	Toora Women Inc.
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Females of any age.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes, women with accompanying children can access during drop-in hours.

+ How to Access / Referrals:

Contact:	By phone, 9am – 5pm, Monday – Friday. Drop-in is available 11am – 4pm, Monday, Thursday and Friday, and 2pm – 4pm Tuesday.
Referral:	Self or worker referral. Referrals are accepted for women on court orders.
Waiting list:	No waiting list.

+ Intake & Assessment By phone, 9am – 5pm, Monday – Friday, or in person during drop-in hours. A simple form is to be filled in by women to access counselling.

+ Program/s	Provides information, education and resources to women to minimise the harm associated with dependency. WIREDD also provides: Counselling: Individual counselling for women. Phone to make an appointment. Drop-In: Available 11am – 4pm, Monday, Thursday and Friday, and 2pm – 4pm on Tuesday for women and accompanying children. Women’s Relapse Prevention Group: Covers topics such as practical strategies, self-esteem, stress management, anger, support systems, body image, relationships and more. The group is run from 10.30m – 12.30pm on Tuesdays. No booking required. Family of Origin Group: Explores family of origin issues, for example, growing up in a dysfunctional family and society; cultural differences and impacts on thought processes. Bookings required. Beautiful Me Group: Explores women’s journeys with body image, with a focus on women and dependency. Looks at culture, media, self-esteem and more. Bookings required
+ Comorbidity	Provides comorbidity and mental health related groups, including a focus on body image, counselling, information and referrals. Staff receive clinical supervision from a comorbidity specialist. Workers have gender specific expertise and are trained in basic mental health, trauma, motivational interviewing, narrative therapy and dialectical behaviour therapy. Assessments include a mental health component.
+ Alexander Maconochie Centre:	Provides fortnightly outreach support in the areas of alcohol and other drugs, mental health and wellbeing and housing to women in the Alexander Maconochie Centre, and post release. Phone support is available daily to women in the Alexander Maconochie Centre. Referrals to WIREDD services are accepted from Community Based Corrections as part of a prisoners parole conditions.
+ Aboriginal and Torres Strait Islander	Aboriginal and Torres Strait Islander specific information and referrals can be provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.
+ Culturally and Linguistically Diverse	Culturally and linguistically diverse information and referrals are provided. Workers from non-English speaking backgrounds are employed. Staff are required to undertake cultural awareness training through induction. French, Spanish, Croatian and Serbian is spoken by some WIREDD staff. Other Toora staff speak Lebanese and Micronesian.
+ Tobacco Management:	Some smoking cessation information and resources are available. Referrals may be provided for tobacco management advice and support. WIREDD is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.
+ Cost	Free.
+ Staff	Alcohol and Other Drug Workers and Counsellors.
+ Families / Carers	Information and referrals can be provided to families and carers.

Winnunga Nimmitjyah Aboriginal Health Services

Substance Misuse Service, Winnunga Nimmitjyah Aboriginal Health Services

Provides support to Aboriginal and Torres Strait Islander people experiencing alcohol and other drugs issues including counselling, advocacy, community education and referrals.

Phone:	(02) 6284 6222
Fax:	(02) 6284 6200
Mailing Address:	63 Boolimba Crescent, Narrabundah, ACT 2604
Email:	wwinadmin@winnunga.org.au
Website:	www.winnunga.org.au
Location:	63 Boolimba Crescent, Narrabundah
Parent Organisation:	Winnunga Nimmitjyah Aboriginal Health Service
Opening Hours:	9am – 5pm, Monday – Friday
Treatment Approach:	Harm minimisation

+ Access Criteria

Target Group:	Female and male Aboriginal and Torres Strait Islander people of any age.
Area serviced:	ACT and surrounding areas.
Income required:	No.
Disability Access:	Yes.
Detox required before accessing program:	No.
Documentation required:	No.
Medication:	People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children:	Yes.
Couples:	Yes.

+ How to Access / Referrals:

Contact:	By phone or drop in, 9am – 5pm, Monday – Friday.
Referral:	Self or worker referral.
Waiting list:	Varies.

+ Program/s	Provides counselling, advocacy, community education and referrals. Support is also provided to people accessing treatment programs. The Substance Misuse Worker also works closely with other Winnunga Nimmitjyah staff to ensure holistic service provision.
+ Comorbidity	Provides comorbidity and mental health specific information, support and referrals. There is a Dual Diagnosis Worker on staff.
+ Alexander Maconochie Centre:	Winnunga Nimmitjyah provides primary health care to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre through the Hume Health Centre.
+ Bimberi Youth Justice Centre	Alcohol and other drug assessments, case management and support are provided to Aboriginal and Torres Strait Islander young people in Bimberi, and post release as required. Support can also be provided to families and carers of young people in Bimberi.
+ Aboriginal and Torres Strait Islander	Programs designed and delivered specifically for Aboriginal and Torres Strait Islander people.
+ Tobacco Management:	Assessments include a component related to smoking, and access to smoking cessation support and resources are offered, including those provided through a General Practitioner. A weekly smoking cessation support group and a specific Quit Smoking Program are available. A designated smoking area is also provided. Tobacco Action Workers are available who have undertaken tobacco management training and can provide brief interventions. Referrals may be provided for tobacco management advice and support.
+ Cost	Free.
+ Staff	Alcohol and Other Drug Workers; Bringing Them Home Counsellor; Dual Diagnosis Worker; 2 Social, Emotional Wellbeing Counsellors; Youth Detox Worker; Child and Adolescent Mental Health Workers; and Tobacco Action Workers. Dual Diagnosis Worker, 2 Social, Emotional Wellbeing Counsellors, Youth Detox Worker, Child and Adolescent Mental Health Workers, Tobacco Action Workers.
+ Families / Carers	Provides support, advocacy and referrals for families and carers.

Additional services that provide ATOD specific programs

ACT Hepatitis Resource Centre

The ACT Hepatitis Resource Centre provides information and health promotion activities to raise awareness about hepatitis C and other hepatitides to people in the Canberra community. Activities include workshops on a variety of hepatitis related topics for the community sector, as well as information and referral services for people affected by hepatitis.

- + Phone:** (02) 6230 6344 or 1300 301 383
- Mailing address:** PO Box 6259, O'Connor ACT 2602
- Email:** business@hepatitisresourcecentre.com.au
- Website:** www.hepatitisresourcecentre.com.au
- Location:** 36 David Street, Turner ACT 2612
- Opening hours:** 9am – 5pm, Monday – Friday.

AIDS Action Council of the ACT

The AIDS Action Council of the ACT provides health promotion and support for people living with AIDS or HIV and others at risk. Activities include quit smoking courses for the Gay, Lesbian, Bisexual and Sex and Gender Diverse Communities.

- + Phone:** (02) 6257 2855
- Fax:** (02) 6257 4838
- Mailing address:** GPO Box 229, Canberra ACT 2601
- Website:** www.aidsaction.org.au
- Location:** Westlund House, 16 Gordon Street, Acton ACT 2601
- Opening hours:** 9am – 5pm, Monday – Friday.

Alcoholics Anonymous (AA)

Alcoholics Anonymous provides a number of peer based support groups throughout the ACT for people experiencing alcohol issues, using a 12 step model. People can drop-in to meetings; however, it is advised to call first.

- + Phone:** (02) 6287 3020
- Mailing address:** Central Service Office, PO Box 3898, Weston Creek ACT 2611
- Email:** information@aacanberra.org
- Website:** www.aacanberra.org
- Location:** Grant Cameron Community Centre, 27 Mulley Street, Holder
- Parent organisation:** Alcoholics Anonymous Australia
- Opening hours:** 10am – 3pm, Monday – Friday.

Meetings are held at various times and locations around the ACT. See **Appendix 3** for meeting times and details.

Information sourced from www.aacanberra.org/week.html and was accurate at time of publishing.

Cancer Council ACT

The Cancer Council ACT provides a number of services for people who want to quit smoking including information, advice, cessation support and the Quitline.

+ Phone: (02) 6257 9999 (Office), 13 11 20 (Helpline), 13 78 48 (Quitline)

Fax: (02) 6257 5055

Mailing address: 5 Richmond Avenue, Fairbairn ACT 2609

Email: reception@actcancer.org

Website: www.actcancer.org

Location: 5 Richmond Avenue, Fairbairn ACT 2609

Parent organisation: Cancer Council Australia

Opening hours: 9am – 5pm, Monday – Friday.

Families and Friends for Drug Law Reform (FFDLR)

FFDLR believes that prohibition laws are more the problem than the solution. Its main focus is to raise awareness in the community that problematic drug use should be treated as a health and social issue not a criminal justice one. It seeks laws and policies that cause the least possible harm. Activities include advocacy for change in laws and policies and advocacy on behalf of families, policy development, Drug Action Week events, monthly newsletters, and public forums. An annual remembrance ceremony is held during October. Meetings are held 7:30pm – 9pm every 4th Thursday of the month except for December and January.

+ Phone: (02) 6254 2961

Mailing address: PO Box 4736, Higgins ACT 2615

Email: mcconnell@ffdlr.org.au

Website: www.ffdlr.org.au

Family Drug Support (FDS)

Family Drug Support (FDS) provides a 24/7 support line and the Stepping Stones to Success Course to assist families throughout Australia to deal with alcohol and drug issues in a way that strengthens relationships and achieves positive outcomes. Family Drug Support also has links with services in the ACT.

+ Phone: 1300 368 186 (24 hours)

Email: admin@fds.ngo.org.au

Website: www.fds.org.au

Opening hours: 24 hours

headspace ACT

headspace ACT provides support, information and assistance for young people aged 12 – 25 years who are experiencing emotional or mental health issues and/or a substance use issue. Includes access to youth workers, psychologists, social workers and alcohol, tobacco and other drug workers.

+ Phone: (02) 6201 5343

Fax: (02) 6201 5666

Email: headspaceACT@canberra.edu.au

Website: www.headspace.org.au/ACT

Location: Room 40, Level B, Building 12, University Canberra, Bruce 2601.

Parent organisation: headspace National Youth Mental Health Foundation.

Opening hours: 10am – 5pm, Monday and Friday. 10am – 7pm, Tuesday and Thursday.

Junction Youth Health Service

The Junction Youth Health Service provides a free health service for young people aged 12 – 25 years and their children including access to youth friendly doctors, nurses, midwives, counsellors, and youth workers; and information, support, advocacy and referral to a range of other health and support workers.

+ Phone: (02) 6232 2423

Fax: (02) 6232 2424

Mailing address: PO Box 287, Civic Square ACT 2608

Email: junctioninfo@anglicarecg.org.au

Website: www.thejunction.org.au

Location: Corner of Scotts Crossing and Cooyong St, Canberra City

Parent organisation: Anglicare Canberra and Goulburn

Opening hours: 1pm – 5pm, Monday – Friday.

Kids in Focus Program

The Barnardos 'Kids in Focus' (KIF) Program funded by FaHCSIA, provides integrated, long-term and intensive support for families and carer's experiencing complications arising because of AOD misuse.

In addition to a range of child focused interventions, this service utilises a 12 module in-home program (Parents under Pressure) to increase parenting capacity, build healthy relationships with their children and provide safe family environments.

+ Phone: (02) 6228 9500 or 1300 884 186 (Kids in Focus Advice Line, 10am – 4pm, Fridays only)

Fax: (02) 6255 5233

Mailing address: PO Box 384, Dickson ACT 2602

Email: mfitzgerald@barnardos.org.au

Website: www.barnardos.org.au

Location: 2 Atherton Street, Downer ACT 2602

Parent organisation: Barnardos Australia

Narcotics Anonymous (NA)

Narcotics Anonymous provides a number of peer based support groups throughout the ACT for people experiencing illicit drug issues, using a 12 step model. People can drop-in to meetings; however, it is advised to call first.

+ Phone: (02) 9565 1453

Fax: (02) 9519 7554

Email: canberra@na.org.au

Website: www.naoz.org.au

Parent organisation: Narcotics Anonymous Australia

Meetings are held at various times and locations around the ACT. See **Appendix 4** for meeting times and details.

Needle and Syringe Programs (NSPs) in the ACT

Needle and Syringe Programs (NSPs) are a public health measure, consistent with the National Drug Strategy's harm minimisation framework, to reduce the spread of infections such as HIV and hepatitis C among injecting drug users. They provide a range of services that include provision of sterile injecting equipment, education on reducing drug use, health information, and referral to drug treatment, medical care and legal and social services. The injecting equipment provided includes needles and syringes, swabs, vials of sterile water and 'sharps bins' for the safe disposal of used needles and syringes.

Source: Dolan, K. MacDonald, M., Silins, E. & Topp, L. 2005. *Needle and syringe programs: A review of the evidence*. Canberra: Australian Government Department of Health and Ageing.

Primary NSPs

Primary NSPs are services dedicated to the provision of an extended range of injecting equipment and other services to injecting drug users. They deliver information and education on issues relating to injecting drug use and health, and make referrals to a range of health and social services, including drug treatment services.

Source: Commonwealth of Australia. 2010. *National Needle and Syringe Program National Strategic Framework 2010 – 2014*. Commonwealth of Australia, Canberra.

PRIMARY NSPS		MON	TUE	WED	THU	FRI
Civic Health Centre (Closes for lunch 1.30pm – 2pm) 1 Moore Street, Canberra City Ph: (02) 6207 9977	Open	9am	9am	9am	9am	9am
	Closes	5pm	5pm	5pm	5pm	5pm
Phillip Health Centre Cnr. Corrina & Keltie Street, Woden Ph: (02) 6207 9977	Open	8.30am	8.30am	8.30am	8.30am	8.30am
	Closes	5pm	5pm	5pm	5pm	5pm

Secondary NSPs

Secondary NSPs operate within an existing health or community service and may provide the same range of services as primary NSPs but typically have a limited capacity to deliver services in addition to injecting equipment and disposal facilities.

Source: Commonwealth of Australia. 2010. *National Needle and Syringe Program National Strategic Framework 2010 – 2014*. Commonwealth of Australia, Canberra.

SECONDARY NSPS		MON	TUE	WED	THU	FRI
AIDS Action Council ACT Westlund House – 16 Gordon Street, Acton Ph: 6257 2855	Open	9am	9am	9am	9am	9am
	Closes	5pm	5pm	5pm	5pm	5pm
Alcohol and Drug Program, ACT Health Level 1, 1 Moore Street, Canberra City Ph: (02) 6207 9977	Open	9am	9am	9am	9am	9am
	Closes	5pm	5pm	5pm	5pm	5pm
Queanbeyan Community Health Centre 26 Antill Street, Queanbeyan. Ph: (02) 6298 9233	Open	8.30am	8.30am	8.30am	8.30am	8.30am
	Closes	5pm	5pm	5pm	5pm	5pm
Winnunga Nimmityjah Aboriginal Health Services 63 Boolimba Crescent, Narrabundah Ph: (02) 6284 6222	Open	9am	9am	9am	9am	9am
	Closes	5pm	5pm	5pm	5pm	5pm
Belconnen Health Centre Swanson Street and Belconnen Way, Belconnen Ph: 6207 9977	Open	8.30am	8.30am	8.30am	8.30am	8.30am
	Closes	5pm	5pm	5pm	5pm	5pm
Phillip Health Centre Cnr. Corrina & Keltie Street, Woden Ph: (02) 6207 9977	Open	8.30am	8.30am	8.30am	8.30am	8.30am
	Closes	5pm	5pm	5pm	5pm	5pm
Tuggeranong Health Centre Cnr. Anketell & Pittman Streets, Tuggeranong Ph: 6207 9977	Open	8.30am	8.30am	8.30am	8.30am	8.30am
	Closes	5pm	5pm	5pm	5pm	5pm

Syringe Vending Machines

Syringe Vending Machines (SVMs) are self-contained units that dispense injecting equipment mostly for a small fee. SVMs may operate after NSP service hours or provide 24-hour access to injecting equipment.

Source: Commonwealth of Australia. 2010. *National Needle and Syringe Program National Strategic Framework 2010 – 2014*. Commonwealth of Australia, Canberra.

- **Belconnen Health Centre:**
Swanson Street and Belconnen Way, Belconnen, Ph: (02) 6207 9977
- **Civic Health Centre:**
1 Moore Street, Canberra City, Ph: (02) 6207 9977
- **Phillip Health Centre:**
Cnr. Corrina & Keltie Street, Woden, Ph: (02) 6207 9977
- **Queanbeyan Community Health Centre:**
26 Antill Street, Queanbeyan, Ph: (02) 6298 9233
- **Tuggeranong Health Centre:**
Cnr. Anketell & Pittman Streets, Tuggeranong, Ph: (02) 6207 9977
- **Winnunga Medical Centre:**
63 Boolimba Crescent, Narrabundah, Ph: (02) 6284 6222
- **Queanbeyan Hospital Emergency Department:**
Cnr Collette and Erin Streets, Queanbeyan NSW, Ph: (02) 6298 9211

Pharmacy NSPs

Pharmacy NSPs are community retail pharmacies that distribute a range of injecting equipment. Pharmacy NSPs may be supplied injecting equipment and disposal containers free of charge for either sale or distribution to NSP clients. As with other NSPs, pharmacy NSPs may collect data, and offer disposal facilities, information and referral. Some pharmacy NSPs also dispense opioid substitution treatment. Contact your local pharmacy for more information.

Source: Commonwealth of Australia. 2010. *National Needle and Syringe Program National Strategic Framework 2010 – 2014*. Commonwealth of Australia, Canberra.

Appendix 1 – History and Process

The *ACT ATOD Services Directory* began in September 2007, as an activity of the ACT ATOD Workers Group. Information on the history and process is available in each version of the Directory. The services in this Directory were actively involved in the development of Version 7 in the following ways:

- ATODA presented information on the Directory at an ACT ATOD Workers Group meeting and a designated forum, and developed ideas to progress the collection of information for Version 7 of the Directory;
- Draft service profiles for Version 7 were provided to the ACT ATOD Workers Group members in March 2011;
- ATODA engaged with a range of additional services with ATOD specific programs to collect information;
- Final service profiles were sent to each service's Executive Director for endorsement; and,
- Version 7 of the Directory was launched electronically on **www.atoda.org.au** and distributed in hard copy.



Appendix 2 – Tips for Engaging with the ACT Alcohol, Tobacco and Other Drug Sector

The ACT ATOD sector is comprised of a diverse range of non-government and government services that work to promote health through the prevention and reduction of the harms associated with ATOD in the ACT community. ACT Health funds the services in this Directory to provide a range of primary, secondary and tertiary services including:

- Assessments and referrals;
- Case management and support;
- Community information and education;
- Counselling;
- Detoxification;
- Family support services;
- Needle and syringe programs;
- Outreach support;
- Pharmacotherapies;
- Recreational and cultural activities;
- Rehabilitation;
- Relapse prevention; and,
- Resilience and life skills training.

Source: Siggins Miller. (2007). External Review of the ACT Alcohol and Other Drug Services System. ACT: Report to ACT Health.

For more information on treatment types and definitions download:

Australian Institute of Health and Welfare (AIHW). (2008). *Alcohol and Other Drug Treatment Services in Australia 2007-08: Report on the National Minimum Data Set* (Drug Treatment Series No. 9, Cat. No. HSE 73). Canberra: AIHW. Available online at www.aihw.gov.au/publications/index.cfm/subject/3040

Seeking Advice from an ACT Alcohol, Tobacco and Other Drug Service

Each sector in the ACT is engaged in the delivery of services that respond to different members of the community who may be affected by ATOD issues.

The literature overwhelmingly states that in order to better support people affected by ATOD issues, the service system needs to take a holistic approach and work in collaboration across sectors.

Early recognition of an ATOD related problem is important. It can enable intervention to occur before dependence has developed, or before problems become more complex and difficult to treat. However, ATOD problems can be difficult to detect.

By working together, services and sectors can take many practical steps to better support and improve the health and wellbeing of the ACT community.

The ATOD sector provides resources that can be utilised across sectors including information, education and support on treatment planning. The many programs listed in this Directory provide a contact point for cross-sectoral workers to gain assistance regarding the identification, treatment and management of ATOD issues.

Tip: If you are not sure which service may best suit someone, call the Alcohol and Drug Program, ACT Health on (02) 6207 9977 for information and advice.

Making an Effective Referral to an ACT Alcohol, Tobacco and Other Drug Service

People are presenting at ATOD and allied services with increasingly complex issues. This increasing demand on the service system requires workers to offer appropriate and effective support and referrals. Although this Directory provides a useful tool to support referrals, it is vital that workers also further familiarise themselves with individual services and their referral processes.

Making an effective referral to an ACT ATOD service requires an up-to-date knowledge of the diverse and multi-disciplinary range of services that work with people who are experiencing ATOD issues. This will ensure that accurate and clear information is provided to people about what services are available to them. Workers must also be aware of barriers that people may face when accessing an ATOD service to ensure that a timely and suitable referral is provided.

The choice of referral processes depends on the needs of the person, organisational policies and agencies' referral processes. Referral processes can take many forms, from a facilitated over-the-phone referral to the utilisation of shared referral tools.

Below are some tips that may help a worker when providing a referral to an ACT ATOD service:

What is a referral?

A referral is a process by which a worker works with a person/client to:

- Assess and prioritise their immediate needs; and,
- Provide assistance to identify and access services (such as setting up appointments and providing transportation).

Why engage in the referral process?

It is important to fully engage in the referral process as often people who have been referred have:

- A high attrition rate following their first appointment;
- A high rate of 'no shows';
- No guarantee of a good match between person/client and the service to which they have been referred; and,
- Reluctance to return to the place of initial contact (i.e. your service).

Who do I refer?

A worker can refer any person/client who may benefit from treatments or services that their service may not be able or willing to provide. Remember that for the person/client, referral is a voluntary process that should always involve them.

What type of services do I refer to?

This Directory contains a range of ATOD specific referral options. For a list of the range of primary, secondary and tertiary services provided in the ACT see *Tips for Engaging with the ACT Alcohol, Tobacco and Other Drug Sector* (see page 108).

How can I support an effective referral?

When making a referral it is important to liaise with a relevant ATOD service and find out more about what they do and how they provide their service (such as: what is their treatment philosophy? What general or specialist services do they offer? What is their access criteria?)

With the consent of the person/client, provide information to support the referral. High involvement in referral has been associated with higher uptake and retention in treatment.

Some tips to support a referral can include:

- Arranging appointments for the person/client and giving them instructions on how to get there;
- Providing information to the person/client about the service they have been referred to;
- Building expectations of good outcomes; and,
- Asking permission to call the person/client to follow up with the outcome of the referral.

When to make a referral to an ATOD service?

It is important to refer when the person/client requests a referral, or when a service is unable to respond to the specific needs of that individual. ATOD may be the primary presenting issue; however, these issues are often identified when the person presents for another matter. Your role in making an effective referral will depend on:

- Your specific skills, knowledge and abilities to intervene with ATOD issues;
- The amount of time you are prepared to invest in responding to these issues;
- Your decision to engage in a shared care relationship with other service providers; and,
- Your relationship and willingness to continue providing support to the person/client.

Adapted From: National Centre for Education and Training on Addiction. (2004). *Resource Kit for GP Trainers on Illicit Drug Issues*. South Australia: Prepared for the Australian Government Department of Health and Ageing.

Appendix 3 – Alcoholics Anonymous Meeting Times

Meetings are held at various times and locations around the ACT:

MONDAYS	
7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group'.
12.30pm	Jetty Room, Tuggeranong Community Centre, 245 Cowlshaw St, Tuggeranong. 'Lunchtime Meeting'.
6pm	Canberra Baptist Church Hall, Currie Crescent, Kingston. 'Recovery Group (Big Book Study)'.
7pm	Salvation Army Building, Cnr Reed and Anketell Streets, Tuggeranong. 'The 6th Chapter Men's Group (Big Book Study)'. This meeting is not held on the first Monday of each month.
7.30pm	Old school hall off Church Lane, behind the Church, off Rutledge Street. 'Queanbeyan Group (12 Meeting)'.
7.30pm	Ngunnawal Community Centre, Cnr Wanganeen Ave and Jabanungga Ave, Ngunnawal. 'Courage to Change Group'.
8pm	Kippax Uniting Community Centre, Cnr Hardwick Crescent and Luke Street, Holt. 'Stayers Group'.
8pm	Richardson Community House, 33 Prichard Circuit, Richardson. 'South Tuggeranong Group'.
8pm	Salvation Army Building, Cnr Reed and Anketell Streets, Tuggeranong. 'The 6th Chapter Men's Group'.
TUESDAYS	
7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group'.
1pm	St Marks Library, Blackall Street, Barton. 'Barton Lunchtime'.
5.30pm	Canberra Baptist Church Hall, Currie Crescent, Kingston. 'Pathways Group'.
7.30pm	Woden Community Centre, Corinna St, Woden. 'Steps Meeting'.
8pm	Lewisham Building, Calvary Hospital, Haydon Drive, Bruce. 'Community Group'.
8pm	Library, Dickson Shopping Centre, Antill Street, Dickson. 'Dickson Group'.
WEDNESDAYS	
7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group'.
12.30pm	Tutorial Room, Building 2, The Canberra Hospital, Garran. 'Back to Basics'.
12.30pm	Room 1 (Upstairs), Belconnen Community Centre, Swanson St, Belconnen. 'The Interchange Group'.
7.30pm	Community Centre, Cooleman Court, Weston. 'Weston Creek Meeting'.
7.30pm	Old school hall off Church Lane, behind the Church, off Rutledge St. '(12 Steps Meeting) Queanbeyan Group'.
8pm	Guides Hall, 44 Clianthus St, Lyneham. 'City Group'.
8pm	Jetty Room, Tuggeranong Community Centre, 245 Cowlshaw St, Tuggeranong. 'Staying Sober Group'.

THURSDAYS

7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group'.
1pm	Directions ACT Building, 1 Bradley Street, Woden. 'Keep it Simple'.
5.30pm	Canberra Baptist Church Hall, Currie Cr, Kingston. 'Pathways Group (Daily Reflections)'.
7.30pm	Wesley Uniting Church, Cnr Fitzroy St and National Cct, Forrest. 'Spiritual Concepts'.
8pm	Holy Family Catholic Presbytery, 167 Bugden Ave, Gowrie. 'Brindabella Group'.
8pm	Library, Dickson Shopping Centre, Antill St, Dickson. 'Dickson Group (Living Sober Meeting)'.

FRIDAYS

7.15am	Binns Room, Pilgrim House, 69 Northbourne Ave, Canberra City. 'Daily Reprieve Group'.
12.30pm	Old school hall off Church Lane, behind the Church, off Rutledge St. 'Queanbeyan Group'.
12.30pm	Church of Christ Hall, Marawah St, Lyons. 'Survivors Group'.
6pm	Canberra Baptist Church Hall, Currie Crescent, Kingston. 'Women's Meeting'.
8pm	28 Guilfoyle Street, Yarralumla. 'Spanish meeting'.
8pm	Erindale Neighbourhood Centre, Cnr Comrie St and Sternberg Cres, Wanniassa. 'North Tuggeranong Group'.

SATURDAYS

10am	Salvation Army Church Hall, next to Swinger Hill shops, Ainsworth St, Swinger Hill. 'Beginners' Meeting'.
5.30pm	Westlund House, 16 Gordon St, Acton. 'Gay & Lesbian Group'.
7pm	Immanuel Lutheran Church Hall, Corner Melrose Drive, Corinna and Burnie St, Lyons. 'Canberra Speakers Group (Speaker Meeting)'.
8pm	Scout Hall, Corner Macarthur Avenue and Hovea Street, O'Connor. 'Northside Group'.

SUNDAYS

10am	Youth Centre, Cnr Chandler & Swanson St, Belconnen. 'Ginninderra Group'.
10.30am	Scout Hall, Springbett St, Kambah. 'Kambah Group'.
6.30pm	Guides Hall, 44 Clianthus St, Lyneham. 'Central Group (Steps meeting)'.
8pm	Seminar Rooms 1 and 2, Level 2, Building 2, The Canberra Hospital, Garran. 'Woden Valley Group'.

Appendix 4 – Narcotics Anonymous Meeting Times

Meetings are held at various times and locations around the ACT:

MONDAYS

12.30pm	Directions ACT, 1 Bradley Street, Woden.
8pm	Uniting Church hall, Coranderrk St, Reid. 'Beginners/Steps'.

TUESDAYS

12.30pm	Pilgrim House, Uniting Church, 69 Northbourne Ave, Canberra City. 'Daily meditation reading'.
5.30pm	Room 4, Level 1, Griffin Centre, 20 Genge St, Civic. 'Women's Group.'

WEDNESDAYS

12.30pm	Pilgrim House, Uniting Church, 69 Northbourne Ave, Canberra City. 'Daily meditation reading'.
---------	--

THURSDAYS

8pm	Anglican Church Hall, Cnr Canberra Ave and Captain Cook Cres, Manuka.
-----	---

FRIDAYS

8pm	Corroboree Park, Paterson St, Ainslie. 'ID/Birthday'.
-----	---

SATURDAYS

12.30pm	Woden Youth Centre, Callam Street, Woden.
---------	---

SUNDAYS

1pm	Richardson Community House, 33 Pritchard Circuit, Richardson.
-----	---



The background features a repeating pattern of vertical stripes in a medium blue color, set against a lighter blue gradient. Overlaid on this are horizontal, wavy dotted lines in white, creating a textured, grid-like effect.

www.atoda.org.au