

► CATHOLICCARE CANBERRA AND GOULBURN

Grog Watch, CatholicCare Canberra and Goulburn

Provides up to three months of outreach support for young people, aged 12 – 24 years, who have come to the attention of ACT Policing, ACT Ambulance Service or other services for problematic behaviours associated with alcohol use.

Phone:	(02) 6163 3711 or (02) 6163 7600 (business hours)	
Fax:	(02) 6163 7676	
Mailing Address:	PO Box 3167, Manuka ACT 2603	
Email:	grogwatch@catholiccare.cg.org.au	
Website:	www.catholiccare.cg.org.au	
Location:	Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell	
Parent organisation:	CatholicCare Canberra and Goulburn	
Opening hours:	7am – 12pm, Friday, Saturday and Sunday mornings	
Treatment approach:	Harm minimisation	

ACCESS CRITERIA

Target Group: Females and males 12 – 24 years of age inclusively, who have come to the attention of ACT Policing and Ambulance Service, as well as other agencies for problematic behaviours associated with alcohol use and are willing to participate voluntarily.

Area serviced: ACT and surrounding areas including Queanbeyan.

Income required: No.

Disability access: Yes.

Detox required before accessing program: No.

Documentation required: No documentation is required for self-referrals. A referral form is required in the case of Police or other service referrals.

Parents with accompanying children: Yes.

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: The service can be contacted directly up until 12pm Saturday and Sunday mornings. For information outside of these hours please contact the Program Manager 9am – 5pm, Monday – Friday on (02) 6163 7600.

Referral: Self, Police and Ambulance referrals. The community and other services are also encouraged to refer.

Waiting list: No waiting list.

INTAKE AND ASSESSMENT

Intake and assessment are undertaken to assess suitability for the program.

PROGRAM/S

Provides up to three months of outreach including, information, education, case management, support, and referral.

COMORBIDITY

Provides comorbidity and mental health specific information. Staff are experienced in motivational interviewing and brief intervention. Referrals within CatholicCare and to external mental health programs can be provided.

ABORIGINAL AND TORRES STRAIT ISLANDER

Aboriginal and Torres Strait Islander specific information and referrals are provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse specific information and facilitated referrals are provided. All staff undertake cultural awareness training. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Limited smoking cessation information and resources are available.

COST

Free.

STAFF

Youth Alcohol and Other Drug Worker.

FAMILIES/CARERS

Where appropriate, liaison and relevant information/resources are provided to families and carers.

Sobering Up Shelter, CatholicCare Canberra and Goulburn

An overnight facility for men and women over the age of 18 to recover from ATOD intoxication.

Phone:	(02) 6163 3711 or (02) 6163 7600 (business hours)
Fax:	(02) 6163 7676
Mailing Address:	PO Box 3167, Manuka ACT 2603
Email:	soberingupshelter@catholiccare.cg.org.au
Website:	www.catholiccare.cg.org.au
Location:	Ground Floor, 'M' Block, Ainslie Village, Quick Street, Campbell
Parent organisation:	CatholicCare Canberra and Goulburn
Opening hours:	11pm – 11am, Thursday, Friday and Saturday nights. Last admission 6am
Treatment approach:	Harm minimisation, brief intervention



ACCESS CRITERIA

Target Group: Males and females over 18 years of age who are at risk due to intoxication from ATOD, and are willing to enter the service voluntarily.

Area serviced: ACT and surrounding areas, including Queanbeyan.

Income required: No.

Disability access: Yes, wheelchair assistance available.

Detox required before accessing program: No.

Documentation required: No documentation is required for self-referrals. An admission statement is required in the case of ACT Policing or Ambulance referrals.

Medication: No medication can be dispensed on the premises, with the exception of ambulance attendance.

Parents with accompanying children: No.

Couples: Males and females are accommodated separately.

Other: Persons must be conscious to be eligible for admission. Eligibility is based on the need for care, protection and monitoring due to risk from intoxication. Bed allocation is subject to availability, level of risk and adherence to ACT *Intoxicated Persons Care and Protection Act (1994)* regarding rules of stay and voluntary admission.

HOW TO ACCESS / REFERRALS

Contact: Admissions received between 11pm – 6am, Thursday, Friday and Saturday nights. Phone before arrival to ensure bed availability.

The service can be contacted directly up until 11am Friday, Saturday and Sunday mornings. For information outside of operational hours please contact the Program Manager 9am – 5pm, Monday – Friday on (02) 6163 7600.

Referral: Self, Police and Ambulance transports received. Public, community and other services are encouraged to refer.

Waiting list: Not applicable. Five bed capacity.

INTAKE AND ASSESSMENT

Intake admission assessment is required including medical and other information to ensure appropriate care for the person throughout the night. There is also a requirement for people to change clothing and have their property stored for safekeeping.

PROGRAM/S

Provides confidential overnight support, care, close observation and monitoring for people recovering from ATOD intoxication. The program is an alternative to police custody for the care and protection of intoxicated persons. Referral and information to relevant services is tailored to individual needs. Brief interventions and motivational interviewing are used within the model of care. Staff may assist the transfer of care of an intoxicated person to a responsible person where appropriate. Follow up is also provided to clients who may require additional support.

COMORBIDITY

Provides comorbidity and mental health specific information. Staff are experienced in motivational interviewing and mental health brief intervention. Referrals within CatholicCare and to external mental health programs can be provided.

ABORIGINAL AND TORRES STRAIT ISLANDER

Aboriginal and Torres Strait Islander specific information and referrals are provided. All staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse specific information and facilitated referrals are provided. All staff undertake cultural awareness training. Access to interpreter services can be provided.

TOBACCO MANAGEMENT

Limited smoking cessation information and resources are available. A designated smoking area is onsite.

COST

Free.

STAFF

Alcohol and Other Drug Workers.

FAMILIES/CARERS

Where appropriate, liaison and relevant information/resources are provided to families and carers.