


► KARRALIKA PROGRAMS INC. AND
ACT CORRECTIVE SERVICES, ACT GOVERNMENT

Solaris Therapeutic Community, Alexander Maconochie Centre

Provides a voluntary program for adult males in the Alexander Maconochie Centre who have been affected by ATOD use and related dependencies using the therapeutic community approach to treatment.

Phone:	(02) 6207 0238 (Karralika Programs Co-Manager) (02) 6207 0862 (ACT Corrective Services Co-Manager) (02) 6207 2895 (Karralika Programs Assistant Manager)	
Fax:	(02) 6207 2963	
Mailing Address:	PO Box 2230, Tuggeranong ACT 2901	
Email:	info@karralika.org.au	
Website:	www.karralika.org.au	
Location:	Alexander Maconochie Centre, 10400 Monaro Highway, Hume	
Parent organisation:	Karralika Programs Inc. and ACT Corrective Services	
Opening hours:	Program provided seven days a week. Office hours are 9am – 5pm, Monday – Friday.	
Treatment approach:	Therapeutic community	

ACCESS CRITERIA

Target Group: Males over 18 years of age in the Alexander Maconochie Centre with offences linked to substance dependence. Detainees with a history of sex offences are excluded.

Area serviced: ACT.

Income required: Occasional expenses are covered through the weekly Alexander Maconochie Centre allowance.

Disability access: Ground floor accommodation is available.

Detox required before accessing program: Yes.

Medication: Medication is available through Justice Health, Health Directorate. Participants on methadone and stable on other pharmacotherapies can access the program.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 5pm, Monday – Friday.

Referral: Through sentence planning, self-referral or through the case management team

Waiting list: Varies, subject to sentence expiration, classification and bed availability.
Dependant on program start dates.

INTAKE AND ASSESSMENT

Provides bio-psychosocial assessment to establish eligibility. Intakes occur every six weeks.

PROGRAM/S

Provides a psycho-educational and therapeutic program based on the therapeutic community theory, model and method of treatment for substance abuse. Designed as an interim to pre-release treatment program for detainees in their last six months of custody.

Level One: Readiness Phase

Program components designed to enhance motivation and support readiness to participate in ongoing treatment.

Level Two: Treatment Phase

Provides intensive psycho-education and group therapy sessions that aim to assist participants to develop personal insight into the impact of using ATOD. This includes the origins of dependent or compulsive behaviours, the thinking underlying criminal behaviour, identification of personal strengths and development of new skills to manage life post release. The program also has a focus on relationships, families and financial skills.

A separate program is currently being piloted in the women's neighbourhood.

COMORBIDITY

Support for people experiencing comorbidity is provided through Justic Health, Health Directorate.

ALEXANDER MACONOCHIE CENTRE

Program designed and delivered specifically for men in the Alexander Maconochie Centre.

ABORIGINAL AND TORRES STRAIT ISLANDER

All staff undertake Aboriginal and Torres Strait Islander training to facilitate the program in a culturally sensitive manner.

CULTURALLY AND LINGUISTICALLY DIVERSE

All staff undertake culturally and linguistically diverse training to facilitate the program in a culturally sensitive manner. Basic English skills are required for participants to engage in group activities and written communication.

TOBACCO MANAGEMENT

Provides information and support for tobacco management, including referrals to smoking cessation support. A designated smoking area is provided onsite.

COST

Some activities incur a small cost.

STAFF

Alcohol and Other Drug Case Managers and Therapeutic Correctional Officers.

FAMILIES/CARERS

Families and carers can visit from Thursday evenings to Sunday within the restrictions of the Alexander Maconochie Centre Visiting Policy (see www.cs.act.gov.au/home/custodial_operations/visitors_information).