


► KARRALIKA PROGRAMS INC.
(formerly trading as Alcohol and Drug Foundation ACT Inc.)

Alcohol and Drug Driving Awareness (including Sober Driver Program), Karralika Programs Inc.

Provides an education program for people who have been convicted of or are facing charges for drink-driving offences.

Phone:	(02) 6163 0200	
Fax:	(02) 6282 7777	
Mailing Address:	PO Box 2230, Tuggeranong ACT 2901	
Email:	info@karralika.org.au	
Website:	www.karralika.org.au	
Location:	Level 1, 67 Townshend Street, Phillip	
Parent organisation:	Karralika Programs Inc.	
Opening hours:	The Community Team is contactable from 9am – 5pm, Monday – Friday.	
Treatment approach:	Harm minimisation	

ACCESS CRITERIA

Target Group: Females and males over 18 years of age inclusively who have been charged, or who are facing charges for, drink-driving offences.

Area serviced: ACT.

Income required: Course fees applicable.

Disability access: Yes.

Detox required before accessing program: No; however people must be alcohol and other drug free when attending sessions.

Documentation required: No.

Medication: People accessing the service can be on prescription medications, including pharmacotherapies.

HOW TO ACCESS / REFERRALS

Contact: By phone or email, 9am – 5pm, Monday – Friday.

Referral: Self, agency or court referral.

Waiting list: Varies.

INTAKE AND ASSESSMENT

Program is run on an as-needs basis dependent on the number of participants.
Completion of registration forms required.

PROGRAM/S

Provides an education course comprising sessions covering legal, health and social impacts of drink-driving and assists participants to develop positive personal skills and attitudes in relation to alcohol and drink-driving issues. Confirmation of enrolment for courts, requests for adjournments until after graduation and referrals are available.

ABORIGINAL AND TORRES STRAIT ISLANDER

Referrals to Aboriginal and Torres Strait Islander services can be provided.

CULTURALLY AND LINGUISTICALLY DIVERSE

Referrals to multicultural services can be provided.

COST

Fees apply.


STAFF

Two trained facilitators per course.

Child and Family Services, Karralika Programs Inc.

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for adults with ATOD dependencies and accompanying children.

Phone:	(02) 6292 2733 (Reception) (02) 6163 0200 (Intake and assessment)
Fax:	(02) 6292 7073
Mailing Address:	PO Box 2230, Tuggeranong, ACT 2901
Email:	info@karralika.org.au
Website:	www.karralika.org.au
Location:	Confidential
Parent organisation:	Karralika Programs Inc.
Opening hours:	24 hours
Treatment approach:	Therapeutic community



ACCESS CRITERIA

Target Group: Female and male parents over 18 years of age, inclusively.

Area serviced: National; however, priority is given to residents from the ACT and surrounding region.

Income required: Yes. If residents do not have an income, they will be assisted to access income support.

Disability access: Yes, ramps and toilets.

Detox required before accessing program: Yes.

Documentation required: Yes, determined through assessment.

Medication: People accessing the service can be on some prescription medications.

Parents with accompanying children: This program is specifically designed for parents with accompanying children aged up to 12 years.

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 4pm, Monday – Friday.

Referral: Self or worker referral. Referrals are accepted for people on court orders.

Waiting list: Varies, support is provided to people waiting to enter the program.

INTAKE AND ASSESSMENT

An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

PROGRAM/S

Provides up to 12 months of residential rehabilitative care for people with ATOD dependencies with accompanying children, using the therapeutic community approach to treatment. Education, recreational activities, life skills, and accredited training are also provided. Counselling and access to specialist services from other agencies are available. ATOD information, support and case management are also available.

Children participate in an early childhood development program either through full-time daycare, after-school care and school holiday programs. Targeted interventions including play therapies are included in the program as appropriate. Parents also take part in counselling and parenting programs and cognitive behavioural therapies.

COMORBIDITY

Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, there is a Social Worker on staff and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health Services, Health Directorate will continue under a joint case management model.

ABORIGINAL AND TORRES STRAIT ISLANDER

Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Referrals to multicultural services can be provided. Staff undertake cultural awareness training.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a General Practitioner for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

COST

Fees apply.

STAFF

Alcohol and Other Drug Workers, Child and Family Support Workers and Child and Family Social Worker.

FAMILIES/CARERS

Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

Karralika Therapeutic Community Adult Program, Karralika Programs Inc.

Provides up to 12 months of residential rehabilitative care within a therapeutic community setting for single adults and couples with ATOD dependencies.

Phone:	(02) 6292 2733 (02) 6163 0200 (Intake and assessment)
Fax:	(02) 6292 7073
Mailing Address:	PO Box 2230, Tuggeranong ACT 2901
Email:	info@karralika.org.au
Website:	www.karralika.org.au
Location:	Confidential
Parent organisation:	Karralika Programs Inc.
Opening hours:	24 hours
Treatment approach:	Therapeutic community



ACCESS CRITERIA

Target Group: Females and males over 18 years of age inclusively. Single adults and couples are accepted.

Area serviced: National, however, priority is given to residents from the ACT and surrounding region.

Income required: Yes. If residents do not have an income, they will be assisted to access income support.

Disability access: Yes, ramps and toilets.

Detox required before accessing program: Yes.

Documentation required: Yes, determined through assessment.

Medication: People accessing the service can be on some prescription medications.

Parents with accompanying children: Parents with accompanying children can access the Karralika Family Program.

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 4pm, Monday – Friday.

Referral: Self or worker referral. Referrals are accepted for people on court orders.

Waiting list: Varies, support is provided to people waiting to enter the program.

INTAKE AND ASSESSMENT

An over-the-phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

PROGRAM/S

Provides up to 12 months of residential rehabilitative care for people with ATOD dependencies, using the therapeutic community approach to treatment. Education, recreational activities, life skills and accredited training is also provided. Counselling and access to specialist services from other agencies is available. ATOD information, support and case management are also available. Support can be provided to parents who do not have custody of their children.

COMORBIDITY

Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health Services, Health Directorate will continue under a joint case management model.

ABORIGINAL AND TORRES STRAIT ISLANDER

Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Referrals to multicultural services can be provided. Staff undertake cultural awareness training.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a General Practitioner for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

COST

Fees apply.

STAFF

Alcohol and Other Drug Workers, Diversional Therapist, Registered Nurse and Social Worker.

FAMILIES/CARERS

Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

Karuna Short-Stay Program - Karralika Therapeutic Community Adult Program, Karralika Programs Inc.

Provides eight weeks of residential rehabilitative care within a therapeutic community setting for single adults and couples with ATOD dependencies.

Phone:	(02) 6292 2733 (02) 6163 0200 (Intake and assessment)
Fax:	(02) 6292 7073
Mailing Address:	PO Box 2230, Tuggeranong ACT 2901
Email:	info@karralika.org.au
Website:	www.karralika.org.au
Location:	Confidential
Parent organisation:	Karralika Programs Inc.
Opening hours:	24 hours
Treatment approach:	Therapeutic community



ACCESS CRITERIA

Target Group: Females and males over 18 years of age inclusively. Single adults and couples are accepted.

Area serviced: National; however, priority is given to residents from the ACT and surrounding region.

Income required: Yes. If residents do not have an income, they will be assisted to access income support.

Disability access: Yes, ramps and toilets.

Detox required before accessing program: Yes.

Documentation required: Yes, determined through assessment.

Medication: People accessing the service can be on some prescription medications.

Parents with accompanying children: No. Children can accompany parents when they complete the Karuna Short-Stay Program and move into the long-stay residential program at Karralika Therapeutic Community.

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 4pm, Monday – Friday.

Referral: Self or worker referral. Referrals are accepted for people on court orders.

Waiting list: Varies, support is provided to people waiting to enter the program.

INTAKE AND ASSESSMENT

An over the phone assessment is required. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

PROGRAM/S

Provides eight weeks of residential rehabilitative care for people with ATOD dependencies, using the therapeutic community approach to treatment. ATOD information, support and case management are also available. Support can be provided to parents who do not have custody of their children. Pathways from Karuna Short-Stay include Karralika Therapeutic Community Adult Program, Child and Family Services Program, and the Nexus Program (with a further assessment) including Men's Halfway House and Aftercare program. Outreach support is also available for participants who return to the community. Referral to other community services is also provided as appropriate.

COMORBIDITY

Provides specialist mental health support including the provision of a mental health component in client treatment plans. Comorbidity and mental health related groups, counselling, information and referrals are also provided. Staff are trained in basic mental health, and assessments include a mental health component. Workers are trained in motivational interviewing, interactive drawing therapy, narrative therapy, art therapy and cognitive behavioural therapy. Clients who have an existing Mental Health Worker from Mental Health Services, Health Directorate will continue under a joint case management model.

ABORIGINAL AND TORRES STRAIT ISLANDER

Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Referrals to multicultural services can be provided. Staff undertake cultural awareness training.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and access to smoking cessation support is offered. A designated smoking area is onsite. Some staff undertake tobacco management training. Referrals may be provided to a General Practitioner for tobacco management advice and support. Karralika is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

COST

Fees apply.

STAFF

Alcohol and Other Drug Workers, Diversional Therapist, Registered Nurse and Social Worker.

FAMILIES/CARERS

Children, family and support people can visit residents. Outside access for people wanting to visit their families is also available. Support and information can be provided to families and carers.

The Nexus Program, Karralika Programs Inc.

Provides the Men's Halfway House Program offering a community based treatment program for men experiencing ATOD issues.

Phone:	(02) 6163 0200
Fax:	(02) 6282 7777
Mailing Address:	PO Box 2230, Tuggeranong ACT 2901
Email:	info@karralika.org
Website:	www.karralika.org
Location:	Level 1, 67 Townshend St, Phillip
Parent organisation:	Karralika Programs Inc.
Opening hours:	9am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Males over 18 years of age inclusively, who have completed initial treatment for ATOD dependency.

Area serviced: National; however, priority is given to residents from the ACT and surrounding region.

Income required: Yes. If residents do not have an income, they will be assisted to access income support.

Disability access: Yes, determined through assessment.

Detox required before accessing program: Yes, people are required to have completed a treatment program.

Documentation required: Determined through assessment.

Medication: People accessing the service can be on some prescription medications, including pharmacotherapies. Determined through assessment.

Parents with accompanying children: No.

Couples: No.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 5pm, Monday – Friday.

Referral: Self or worker referral. Referrals are accepted for people on court orders.

Waiting list: Varies.

INTAKE AND ASSESSMENT

Initial phone contact must be made to arrange a time for an assessment. Participation in assessment processes is required prior to acceptance into the program. Intake is provided from 9am – 4pm, Monday – Friday. Personal items are checked upon entry into the program.

PROGRAM/S

Provides a community based treatment program for people with ATOD issues. Treatment is for three – six months with case management, support, education, counselling, and referrals provided.

COMORBIDITY

Comorbidity and mental health related groups (including cognitive behavioural therapy) counselling, information and referrals are provided. Staff are trained in basic mental health and assessments include a mental health component.

ALEXANDER MACONOCHIE CENTRE

Assessments are provided on an as-needs basis to people in the Alexander Maconochie Centre. Referrals are accepted from Community Based Corrections as part of parole conditions.

ABORIGINAL AND TORRES STRAIT ISLANDER

Referrals to Aboriginal and Torres Strait Islander services can be provided. Staff undertake Aboriginal and Torres Strait Islander cultural awareness training. Aboriginal and Torres Strait Islander specific information and resources can be accessed as required.

CULTURALLY AND LINGUISTICALLY DIVERSE

Referrals to multicultural services can be provided. Staff undertake cultural awareness training. Culturally and linguistically diverse information and resources can be accessed as required.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and access to smoking cessation information and support is offered. Some staff undertake tobacco management training. Referrals may be provided to a GP or to Quitline for tobacco management advice and support. Smoking cessation resources are also available and specific groups are available periodically.

COST

Fortnightly contribution to cover rent, food, utilities and local phone calls.

STAFF

Case Managers and Manager.

FAMILIES/CARERS

Access visits and overnight stays may be arranged for children of clients. Access for people wanting to visit their families is also available. Support and information can be provided to families and carers.