

# Training and Professional Development Calendar October – November 2013

Produced by the Youth Coalition of the ACT

In partnership with the Alcohol Tobacco and Other Drug Association ACT and the Mental Health Community Coalition ACT



## October

- 1 **Children of Parents with Mental Illness - What about Me?**  
Contact Robyn, Community Services Directorate, (02) 6205 3839 or visit [www.dhcs.act.gov.au/home/community\\_education](http://www.dhcs.act.gov.au/home/community_education)  
Cost: Free
- Youth Housing and Homelessness Forum 9.30 – 10.30am**  
Contact the Youth Coalition of the ACT, (02) 6247 3540 or [info@youthcoalition.net](mailto:info@youthcoalition.net)
- Managing Mental Health in the Workplace**  
Contact WorkSafe ACT, (02) 6207 3000, [worksafetraining@act.gov.au](mailto:worksafetraining@act.gov.au) or visit [www.worksafe.act.gov.au](http://www.worksafe.act.gov.au)  
Cost: Free
- 2 **Child, Youth and Family Services Program (CYFSP) Induction Bus Tour**  
Contact Kate Webb, Youth Coalition of the ACT, (02) 6247 3540 or [kate@youthcoalition.net](mailto:kate@youthcoalition.net)  
Cost: Free for CYFSP employees; \$150 – \$180 for others
- 3 **Supporting Self-Advocacy Training**  
Contact Karen Hedley, Advocacy for Inclusion, (02) 6257 4005, [training@advocacyforinclusion.org](mailto:training@advocacyforinclusion.org) or visit [www.advocacyforinclusion.org](http://www.advocacyforinclusion.org)  
Cost: \$110 – \$150
- 6 – **Mental Health Week 2013**  
13 For information and calendar of ACT events, visit [www.mhccact.org.au](http://www.mhccact.org.au)
- 6 – **Mindscape Festival: Mental Health Music, Arts and Film Festival**  
13 For information, visit [www.mhccact.org.au](http://www.mhccact.org.au) and [www.facebook.com/mindscapefestival](http://www.facebook.com/mindscapefestival)
- 8 **Mental Health & Wellbeing Expo 2013 and ACT Mental Health Week Awards**  
Contact Rachel Muller, Mental Health Community Coalition of the ACT, (02) 6249 7756, [Rachel.Muller@mhccact.org.au](mailto:Rachel.Muller@mhccact.org.au) or visit [www.mhccact.org.au](http://www.mhccact.org.au)  
Cost: Free
- 9 **Building Better Boards: Board Basics**  
Contact Lisa Wells, ACT Council of Social Service (ACTCOSS), (02) 6202 7200, [actcoss@actcoss.org.au](mailto:actcoss@actcoss.org.au) or visit [www.actcoss.org.au](http://www.actcoss.org.au)  
Cost: \$50 – \$60
- 10 **World Mental Health Day**  
For information, visit [www.mhca.org.au](http://www.mhca.org.au)
- HIV Today**  
Contact Esther Ross, AIDS Action Council, (02) 6257 2855, [esther@aidSACTION.org.au](mailto:esther@aidSACTION.org.au)  
Cost: Free
- SoSAFE! Visual and Conceptual Tools to Promote Social Safety**  
Contact Sexual Health and Family Planning ACT (SHFPACT), (02) 6163 3420, [disability@shfpact.org.au](mailto:disability@shfpact.org.au) or visit [www.shfpact.org.au](http://www.shfpact.org.au)  
Cost: \$255
- 10 – **Accidental Counsellor**  
11 Contact Erica Freeman, Lifeline Canberra, (02) 6204 6402 or [erica.freeman@act.lifeline.org.au](mailto:erica.freeman@act.lifeline.org.au)  
Cost: \$400 – \$450
- 11 **ACT ATOD Minimum Qualification Strategy: Remaining Units from the Certificate IV in AOD (Work Health and Safety)** – For Registered Participants  
Contact the Alcohol Tobacco and Other Drug Association (ATODA), (02) 6255 4070, [dianna@atoda.org.au](mailto:dianna@atoda.org.au) or visit [www.atoda.org.au](http://www.atoda.org.au)  
Cost: Subsidised
- Suicide Assessment**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
- 13 – **National Carers Week**  
19 For information, visit [www.carersaustralia.com.au](http://www.carersaustralia.com.au)
- 14 – **Essentials for Volunteer Managers**  
15 Contact Volunteering ACT, customer.service@volunteeringact.org.au or visit [www.volunteeringact.org.au](http://www.volunteeringact.org.au)  
Cost: \$300 – \$400
- 15 **Focus on Resilience**  
Contact Andrew King, Groupwork Solutions, 0437 546 560, [info@groupworksolutions.com.au](mailto:info@groupworksolutions.com.au) or visit [www.groupworksolutions.com.au](http://www.groupworksolutions.com.au)  
Cost: \$220
- Schizophrenia**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free



- Webinar: "If Only I Knew Why" Suicide Prevention in the LGBTI Community**  
Contact MindOUT! LGBTI Mental Health and Suicide Prevention Project, [barry.taylor@lgbthealth.org.au](mailto:barry.taylor@lgbthealth.org.au) or visit [www.lgbthealth.org.au](http://www.lgbthealth.org.au)  
Cost: Free
- 16 **Child, Youth and Family Services Program (CYFSP) Induction Bus Tour**  
Contact Kate Webb, Youth Coalition of the ACT, (02) 6247 3540 or [kate@youthcoalition.net](mailto:kate@youthcoalition.net)  
Cost: Free for CYFSP employees; \$150 – \$180 for others
  - Clinical Supervision**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - 17 **Monthly Youth Coalition Forum and Annual General Meeting 9 – 11am**  
Contact the Youth Coalition of the ACT, (02) 6247 3540 or [info@youthcoalition.net](mailto:info@youthcoalition.net)
  - 17 – **Applied Suicide Intervention Skills Training (ASIST)**  
18 Contact Erica Freeman, Lifeline Canberra, (02) 6204 6402 or [erica.freeman@act.lifeline.org.au](mailto:erica.freeman@act.lifeline.org.au)  
Cost: \$315 – \$350
  - 18 **Bipolar Disorder Workshop**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - 18 – **Planning Alternative Tomorrows with Hope (PATH) Facilitator Training Workshop**  
19 Contact Lou Bannister, Belconnen Community Service, 0488 376 467 or [bospath@act.gov.au](mailto:bospath@act.gov.au)  
Cost: \$120 – \$350
  - 19 – **National Children's Week: Focus on the Right of the Child to Play**  
27 For information, visit [www.actchildrensweek.com.au](http://www.actchildrensweek.com.au) and [www.childrensweek.org.au](http://www.childrensweek.org.au)
  - 22 – **Accidental Counsellor**  
23 Contact Erica Freeman, Lifeline Canberra, (02) 6204 6402 or [erica.freeman@act.lifeline.org.au](mailto:erica.freeman@act.lifeline.org.au)  
Cost: \$400 – \$450
  - MindMatters: Level Two Planning Workshop (mental health)**  
23 Contact Narelle Wickham, MindMatters, 0423 597 846, [narelle.wickham@pai.edu.au](mailto:narelle.wickham@pai.edu.au) or visit [www.mindmatters.edu.au](http://www.mindmatters.edu.au)  
Cost: Free
  - Drug and Alcohol Training**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - 23 **Keeping Children Safe: Mandatory Reporting**  
Contact Centre of Professional Learning and Education, (02) 6293 6500, [rt@commsatwork.org](mailto:rt@commsatwork.org) or visit [www.commsatwork.org](http://www.commsatwork.org)  
Cost: \$95
  - 23 & **Youth Mental Health First Aid**  
4 Contact Jacinta Maddigan, Barnardos Canberra, (02) 6228 9500 or [jmaddigan@barnardos.org.au](mailto:jmaddigan@barnardos.org.au)  
Cost: \$280
  - 24 **'It Takes a Family to Raise a Child' – The Care and Protection of Aboriginal Children**  
Contact Margaret Crawford, ACT and Region Family Law Pathways Network, (02) 6243 3483, 0420 598 120 or [margaret.crawford@legalaidact.org.au](mailto:margaret.crawford@legalaidact.org.au)  
Cost: Free
  - 24 & **Youth Mental Health First Aid**  
5 Contact Jacinta Maddigan, Barnardos Canberra, (02) 6228 9500 or [jmaddigan@barnardos.org.au](mailto:jmaddigan@barnardos.org.au)  
Cost: \$280
  - 25 & **Youth Mental Health First Aid**  
6 Contact Jacinta Maddigan, Barnardos Canberra, (02) 6228 9500 or [jmaddigan@barnardos.org.au](mailto:jmaddigan@barnardos.org.au)  
Cost: \$280
  - 26 **International Intersex Awareness Day**  
For information, visit [www.ii.org.au](http://www.ii.org.au)
  - 28 **Working with Mental Health Consumers**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - 28 & **Aboriginal and Torres Strait Islander Mental Health First Aid**  
4 Contact Canberra Institute of Technology Yurana Centre, (02) 6207 3309, [CIT.YuranaCentre@cit.edu.au](mailto:CIT.YuranaCentre@cit.edu.au) or visit [www.mhfa.com.au](http://www.mhfa.com.au)  
Cost: \$350
  - 30 **Child, Youth and Family Services Program (CYFSP) Induction Bus Tour**  
Contact Kate Webb, Youth Coalition of the ACT, (02) 6247 3540 or [kate@youthcoalition.net](mailto:kate@youthcoalition.net)  
Cost: Free for CYFSP employees; \$150 – \$180 for others
  - MindMatters Focus Module: Communities Do Matter (mental health)**  
Contact Narelle Wickham, MindMatters, 0423 597 846, [narelle.wickham@pai.edu.au](mailto:narelle.wickham@pai.edu.au) or visit [www.mindmatters.edu.au](http://www.mindmatters.edu.au)  
Cost: Free

## November

- Reporting Child Abuse and Neglect**  
Contact Robyn, Community Services Directorate, (02) 6205 3839 or visit [www.dhcs.act.gov.au/home/community\\_education](http://www.dhcs.act.gov.au/home/community_education)  
Cost: Free
- 1 **1 Day Appreciation of Torres Strait Culture Awareness Training**  
Contact Lisa Wells, ACT Council of Social Service (ACTCOSS), (02) 6202 7200, [actcoss@actcoss.org.au](mailto:actcoss@actcoss.org.au) or visit [www.actcoss.org.au](http://www.actcoss.org.au)  
Cost: \$176 – \$325
  - 4 **Reporting Child Abuse and Neglect**  
Contact Robyn, Community Services Directorate, (02) 6205 3839 or visit [www.dhcs.act.gov.au/home/community\\_education](http://www.dhcs.act.gov.au/home/community_education)  
Cost: Free
  - 5 **Clinical Practice Guidelines for Nicotine Replacement Therapy**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - QUIT Skills**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - Suicide Prevention Workshop**  
Contact Wesley LifeForce Suicide Prevention Program, 1800 100 024, [lifeforce@wesleymission.org.au](mailto:lifeforce@wesleymission.org.au) or visit [www.wesleymission.org.au](http://www.wesleymission.org.au)  
Cost: Free
  - Youth Housing and Homelessness Forum 9.30 – 10.30am**  
Contact the Youth Coalition of the ACT, (02) 6247 3540 or [info@youthcoalition.net](mailto:info@youthcoalition.net)
  - 6 **Child, Youth and Family Services Program (CYFSP) Induction Bus Tour**  
Contact Kate Webb, Youth Coalition of the ACT, (02) 6247 3540 or [kate@youthcoalition.net](mailto:kate@youthcoalition.net)  
Cost: Free for CYFSP employees; \$150 – \$180 for others
  - Mandatory Reporting Update**  
Contact Centre of Professional Learning and Education, (02) 6293 6500, [rt@commsatwork.org](mailto:rt@commsatwork.org) or visit [www.commsatwork.org](http://www.commsatwork.org)  
Cost: \$45
  - safeTALK**  
Contact Tricia Eldridge, OzHelp Foundation, (02) 6251 4166, [ocs@ozhelp.org.au](mailto:ocs@ozhelp.org.au) or visit [www.ozhelp.org.au](http://www.ozhelp.org.au)  
Cost: \$71.50 – \$93.50
  - 6 – **MindMatters: Level One Introductory Workshop (mental health)**  
7 Contact Narelle Wickham, MindMatters, 0423 597 846, [narelle.wickham@pai.edu.au](mailto:narelle.wickham@pai.edu.au) or visit [www.mindmatters.edu.au](http://www.mindmatters.edu.au)  
Cost: Free
  - 7 **Anxiety Disorders Workshop**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - 7 – **Applied Suicide Intervention Skills Training (ASIST)**  
8 Contact Erica Freeman, Lifeline Canberra, (02) 6204 6402 or [erica.freeman@act.lifeline.org.au](mailto:erica.freeman@act.lifeline.org.au)  
Cost: \$315 – \$350
  - 8 **ACT ATOD Minimum Qualification Strategy: Remaining Units from the Certificate IV in AOD (Culture)** – For Registered Participants  
Contact the Alcohol Tobacco and Other Drug Association (ATODA), (02) 6255 4070, [dianna@atoda.org.au](mailto:dianna@atoda.org.au) or visit [www.atoda.org.au](http://www.atoda.org.au)  
Cost: Subsidised
  - Post Traumatic Stress Disorder**  
Contact Rachel Wilke, Mental Health, Justice Health and Alcohol and Drug Services, (02) 6205 5137 or [rachel.wilke@act.gov.au](mailto:rachel.wilke@act.gov.au)  
Cost: Free
  - 11 – **Mental Health First Aid**  
12 Contact Emmaline Golding and Pedro Diaz, (02) 8003 3600, [admin@calystabreakthru.com](mailto:admin@calystabreakthru.com) or visit [www.mhfa.com.au](http://www.mhfa.com.au)  
Cost: \$365
  - 12 **HIV Today**  
Contact Esther Ross, AIDS Action Council, (02) 6257 2855, [esther@aidSACTION.org.au](mailto:esther@aidSACTION.org.au)  
Cost: Free
  - Webinar: Social and Psychological Determinants of Mental Health in Gay Men**  
Contact MindOUT! LGBTI Mental Health and Suicide Prevention Project, [barry.taylor@lgbthealth.org.au](mailto:barry.taylor@lgbthealth.org.au) or visit [www.lgbthealth.org.au](http://www.lgbthealth.org.au)  
Cost: Free
  - 13 **Smoking and the Workplace**  
Contact WorkSafe ACT, (02) 6207 3000, [worksafetraining@act.gov.au](mailto:worksafetraining@act.gov.au) or visit [www.worksafe.act.gov.au](http://www.worksafe.act.gov.au)  
Cost: \$35
  - 13 – **MindMatters: Students Experiencing High Support Needs in Mental Health**  
14 Contact Narelle Wickham, MindMatters, 0423 597 846, [narelle.wickham@pai.edu.au](mailto:narelle.wickham@pai.edu.au) or visit [www.mindmatters.edu.au](http://www.mindmatters.edu.au)  
Cost: Free
  - 14 – **Accidental Counsellor**  
15 Contact Erica Freeman, Lifeline Canberra, (02) 6204 6402 or [erica.freeman@act.lifeline.org.au](mailto:erica.freeman@act.lifeline.org.au)  
Cost: \$400 – \$450
  - 19 **International Men's Day: Keeping Men and Boys Safe**  
For information, visit [www.imd-global.org](http://www.imd-global.org)
  - 20 **Child, Youth and Family Services Program (CYFSP) Induction Bus Tour**  
Contact Kate Webb, Youth Coalition of the ACT, (02) 6247 3540 or [kate@youthcoalition.net](mailto:kate@youthcoalition.net)  
Cost: Free for CYFSP employees; \$150 – \$180 for others
  - 21 **Monthly Youth Coalition Forum 9 – 11am**  
Contact the Youth Coalition of the ACT, (02) 6247 3540 or [info@youthcoalition.net](mailto:info@youthcoalition.net)
  - 21 – **Applied Suicide Intervention Skills Training (ASIST)**  
22 Contact Tricia Eldridge, OzHelp Foundation, (02) 6251 4166, [ocs@ozhelp.org.au](mailto:ocs@ozhelp.org.au) or visit [www.ozhelp.org.au](http://www.ozhelp.org.au)  
Cost: \$260 – \$280
  - 22 **ACT ATOD Minimum Qualification Strategy: Remaining Units from the Certificate IV in AOD (Needle and Syringe Services)** – For Registered Participants  
Contact the Alcohol Tobacco and Other Drug Association (ATODA), (02) 6255 4070, [dianna@atoda.org.au](mailto:dianna@atoda.org.au) or visit [www.atoda.org.au](http://www.atoda.org.au)  
Cost: Subsidised
  - 25 **White Ribbon Day: Australia's Campaign to Stop Violence Against Women**  
For information, visit [www.whiteribbon.org.au](http://www.whiteribbon.org.au)
  - 27 – **ACT Youth Affairs Conference**  
28 Contact Katrina Campion, Youth Coalition of the ACT, (02) 6247 3540, [katrina@youthcoalition.net](mailto:katrina@youthcoalition.net) or visit [www.youthcoalition.net](http://www.youthcoalition.net)  
Cost: TBA
  - 28 **Future Thinking – a Health and Social Care Innovation Symposium**  
Contact Medicare Local ACT, (02) 6287 8099, [reception@actml.com.au](mailto:reception@actml.com.au) or visit [www.actml.com.au](http://www.actml.com.au)  
Cost: \$50 – \$75
  - Engaging People to Talk about Problem Gambling Issues**  
Contact Alex Ingham, ACT Gambling Consulting and Support Service, (02) 6207 0305 or [alexander.ingham@act.gov.au](mailto:alexander.ingham@act.gov.au)  
Cost: Free
  - 28 – **Accidental Counsellor**  
29 Contact Erica Freeman, Lifeline Canberra, (02) 6204 6402 or [erica.freeman@act.lifeline.org.au](mailto:erica.freeman@act.lifeline.org.au)  
Cost: \$400 – \$450
- About the Training and Professional Development Calendar**
- The Training and Professional Development Calendar is produced bi-monthly by the Youth Coalition of the ACT in partnership with the Alcohol Tobacco and Other Drug Association ACT (ATODA) and the Mental Health Community Coalition ACT (MHCC ACT).
- The purpose of the calendar is to raise awareness of training and professional development opportunities available to workers from the youth, alcohol, tobacco and other drug, mental health, family support, housing and homelessness and community sectors in the ACT and surrounding regions. For information or to include your training in the next calendar (December – January 2013), contact the Youth Coalition of the ACT on (02) 6247 3540 or [kate@youthcoalition.net](mailto:kate@youthcoalition.net).
- Alcohol Tobacco and Other Drug Association ACT**
- The Alcohol Tobacco and Other Drug Association ACT (ATODA) is the peak body representing the alcohol, tobacco and other drug sector in the ACT. ATODA provides leadership, representation, information, policy, research, and development activities to prevent and reduce the harms associated with alcohol, tobacco and other drugs. For more information visit [www.atoda.org.au](http://www.atoda.org.au) or contact ATODA on (02) 6255 4070 or [info@atoda.org.au](mailto:info@atoda.org.au).
- Mental Health Community Coalition ACT**
- The Mental Health Community Coalition ACT (MHCC ACT) is the peak body representing the not for profit Community Mental Health sector in the ACT. Founded in 2004 the organisation promotes a diverse range of community agencies and local consumer and carer groups that support people recovering from a mental illness in the community. MHCC ACT works inclusively with all stakeholders to support the development of new community based services and promotes the interests of consumers, carers and not for profit community organisations. For more information visit [www.mhccact.org.au](http://www.mhccact.org.au) or contact MHCC ACT on (02) 6249 7756 or [admin@mhccact.org.au](mailto:admin@mhccact.org.au).
- Youth Coalition of the ACT**
- The Youth Coalition is the peak youth affairs body in the ACT and is responsible for representing the interests of people aged between 12 and 25 years of age, and those who work with them. The Youth Coalition is represented on many ACT Government advisory structures and provides advice to the ACT Government on youth issues as well as providing information to youth services about policy and program matters. For more information visit [www.youthcoalition.net](http://www.youthcoalition.net) or contact the Youth Coalition of the ACT on (02) 6247 3540 or [info@youthcoalition.net](mailto:info@youthcoalition.net).