

▶ TED NOFFS FOUNDATION ACT

Continuing Adolescent Life Management (CALM), Ted Noffs Foundation ACT

Provides support for young people aged 13 – 21 years experiencing ATOD, comorbidity or criminal justice issues.

Phone:	(02) 6218 6700 or 0429 524221
Fax:	(02) 6247 0623
Mailing Address:	PO Box 7132, Watson ACT 2602
Email:	monckl@noffs.org.au
Website:	www.noffs.org.au
Location:	23 East Row, Civic
Parent organisation:	Ted Noffs Foundation
Opening hours:	9am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Females and males 13 – 21 years of age inclusively.

Area serviced: ACT and surrounding areas.

Income required: No.

Disability access: No.

Detox required before accessing program: No.

Documentation required: Identification.

Medication: Young people accessing the service can be on prescription medications.

Parents with accompanying children: No.

Couples: No.

HOW TO ACCESS / REFERRALS

Contact: By phone or drop-in, 9am – 4.30pm, Monday – Friday.

Referral: Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.

Waiting list: No waiting list.

INTAKE AND ASSESSMENT

The young person needs to phone and arrange an appropriate time for an assessment. This preferably occurs face-to-face, but can be done by phone if necessary.

PROGRAM/S

Provides support for young people aged 13 – 21 years experiencing ATOD, comorbidity or criminal justice issues. Life coaching, mentoring, music, art and community connection are key components of the program.

COMORBIDITY

Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and phone assessments include a mental health component.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gagan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

COST

Free.

STAFF

Alcohol and other Drug Workers and Counsellors.

FAMILIES/CARERS

Support and information can be provided for families and carers. Referrals for family support can also be provided.

Community Outreach and Outclient Program (CO-OP), Ted Noffs Foundation ACT

Supports young people aged 12 – 18 years who are experiencing ATOD issues in the community, and who do not want or need residential rehabilitation services.

Phone:	(02) 6218 6700 or 0414 924 205
Fax:	(02) 6247 0623
Mailing Address:	PO Box 7132, Watson ACT 2602
Email:	tealc@noffs.org.au
Website:	www.noffs.org.au
Location:	23 East Row, Civic
Parent organisation:	Ted Noffs Foundation
Opening hours:	9am – 5pm, Monday – Friday Day Program runs 10am – 3pm, Monday, Tuesday, Wednesday and Friday
Treatment approach:	Harm minimisation



ACCESS CRITERIA

Target Group: Females and males 12 – 18 years of age inclusively.

Area serviced: ACT and Queanbeyan.

Income required: No.

Disability access: No.

Detox required before accessing program: No.

Documentation required: No.

Medication: People accessing the service can be on prescription medications.

Parents with accompanying children: Yes. Young people with children are welcome and assessed on a case-by-case basis.

Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 5pm, Monday – Friday.

Referral: Self or worker referral, with the young person's involvement. Referrals are also accepted from the community.

Waiting list: Varies, from two – four weeks.

INTAKE AND ASSESSMENT

Intake is available from 9am – 12pm, Monday, Wednesday and Friday. The young person needs to phone and arrange an appropriate time for an assessment. This preferably occurs face-to-face, but can be done by phone if necessary. The young person will be contacted within a week regarding their suitability to access the program.

PROGRAM/S

Supports young people who are experiencing ATOD issues in the community and who do not want or need residential rehabilitation services. Provides a semi-structured day program on Monday, Tuesday, Wednesday and Friday from 10am – 3pm that offers information and education on substance use, assistance with schooling, cooking classes, auto mechanics, driving lessons, personal care and self-esteem classes and referrals. Also provides one-on-one outreach, or outreach to schools and other services.

COMORBIDITY

Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available on request. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health.

BIMBERI YOUTH JUSTICE CENTRE

Provides throughcare for young people in Bimberi, and post release outreach.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides mentoring for Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

COST

Free.

STAFF

Alcohol and Other Drug Workers.

FAMILIES/CARERS

Families and support people can access the Family and Carers Support Group.

Program for Adolescent Life Management (PALM), Ted Noffs Foundation ACT

Provides up to three months residential rehabilitation for young people aged 14 – 18 years experiencing ATOD issues.

Phone:	(02) 6123 2400
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson ACT 2602
Email:	tnfact@noffs.org.au
Website:	www.noffs.org.au
Location:	350 Antill Street, Watson
Parent organisation:	Ted Noffs Foundation
Opening hours:	9am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation, abstinence while in program.



ACCESS CRITERIA

Target Group: Females and males 14 – 18 years of age inclusively.

Area serviced: ACT and surrounding areas including: Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong, and Albury-Wodonga.

Income required: No.

Disability access: Yes, ramps to all buildings and disabled toilets in living area.

Detox required before accessing program: Determined through assessment. This can be provided through the Withdrawal Unit (see next profile).

Documentation required: Identification and any prescriptions for medication.

Medication: People accessing the service can be on prescription medications; however, it is assessed on a case-by-case basis.

Parents with accompanying children: No.

Couples: No; however, referrals can be provided for individuals to interstate PALM programs.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 5pm, Monday – Friday.

Referral: Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.

Waiting list: Varies.

INTAKE AND ASSESSMENT

Intake is available from 9am – 2pm, Monday – Thursday. The young person will be searched upon entry to the program and will need to provide a urine sample. Assessment may be conducted over the phone or in person from 8am – 3pm. The service needs to be informed of any bail conditions or Care and Protection issues.

PROGRAM/S

Provides up to three months of residential rehabilitation. Young people are provided with a single room. Information, employment support, training, relationship building, mood management, personal growth and development, relapse prevention skills, life skills, and group work are available.

Post program aftercare is available through the Ted Noffs CALM program for up to three years.

COMORBIDITY

Provides comorbidity and mental health related information and referrals. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and assessments include a mental health component.

BIMBERI YOUTH JUSTICE CENTRE

Referrals to residential programs are accepted from Community Youth Justice as part of bail conditions.

ABORIGINAL AND TORRES STRAIT ISLANDER

Provides mentoring to Aboriginal and Torres Strait Islander young people through memorandums of understanding with Gugan Gulwan Youth Aboriginal Corporation and Winnunga Nimmityjah Aboriginal Health Services. Aboriginal and Torres Strait Islander specific information and referrals can be provided. Some staff undertake Aboriginal and Torres Strait Islander cultural awareness training.

CULTURALLY AND LINGUISTICALLY DIVERSE

Culturally and linguistically diverse specific information and referrals can be provided. Spanish, Italian and Indian is spoken by some Ted Noffs Foundation ACT staff.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and smoking cessation information and resources are available, including access to nicotine replacement therapy. Referrals may be provided for tobacco management advice and support. Ted Noffs Foundation ACT is a pilot site for the Workplace Tobacco Management Project that aims to review and implement policies related to workplace tobacco management, including the provision of nicotine replacement therapy for staff.

COST

\$140 a week for young people receiving income support.

STAFF

Alcohol and Other Drug Workers and Counsellors.

FAMILIES/CARERS

Family are encouraged to arrange a time to visit the young person. Young people are also able to make phone calls to family and carers and will need a phone card for interstate calls. Family and support people can access the Family and Carers Support Group.

After a young person has been in the program for a suitable length of time and shown progress towards their goals, leave can be arranged with their Counsellor.

Withdrawal Unit, Program for Adolescent Life Management (PALM), Ted Noffs Foundation ACT

Provides up to 14 days of non-medicated residential support for young people aged 14 – 18 years experiencing withdrawal from ATOD.

Phone:	(02) 6123 2400
Fax:	(02) 6123 2424
Mailing Address:	PO Box 7132, Watson ACT 2602
Email:	tnfact@noffs.org.au
Website:	www.noffs.org.au
Location:	350 Antill Street, Watson
Parent organisation:	Ted Noffs Foundation
Opening hours:	9am – 5pm, Monday – Friday
Treatment approach:	Harm minimisation, abstinence while in program.



ACCESS CRITERIA

Target Group: Females and males 14 – 18 years of age inclusively.

Area serviced: ACT and surrounding areas, including: Eden Monaro Shire, Eurobodalla Shire, Shoalhaven, Wollongong, and Albury-Wodonga.

Income required: No.

Disability access: Yes, ramps to all buildings and disabled toilets in living area.

Detox required before accessing program: No.

Documentation required: Identification and any prescriptions for medication.

Medication: Young people accessing the service can be on prescription medications; however, it is assessed on a case-by-case basis.

Parents with accompanying children: No.

Couples: No.

HOW TO ACCESS / REFERRALS

Contact: By phone, 9am – 4pm, Monday – Friday.

Referral: Self or worker referral, with the young person's involvement. Referrals are also accepted from the community and for young people on court orders.

Waiting list: Varies, clients at high risk in the community will be given priority.

INTAKE AND ASSESSMENT

Intake is available 9am – 2pm, Monday – Thursday. The young person will be searched upon entry to the program and will need to provide a urine sample. Assessment may be conducted over the phone or in person from 8am – 3pm. The service will need to be informed of any bail conditions or Care and Protection issues.

PROGRAM/S

Provides up to 14 days of non-medicated residential support for young people experiencing withdrawal from ATOD. The withdrawal program is incorporated into the three month residential program (see previous profile). Young people participate in daily program activities and those completing the withdrawal component have the option of staying on to complete further treatment. Young people are provided with a single room. Social and living skills, sport and recreation, vocational education, ATOD, and safe behaviours information and education are available.

COMORBIDITY

Provides comorbidity and mental health related information and referrals. Groups on stress, anxiety and depression are also provided. Counsellors are available from 9am – 5pm, Monday – Friday. Motivational interviewing, art therapy and dialectical behaviour therapy are offered through onsite and external facilitators. Staff are trained in basic mental health and phone assessments include a mental health component.

BIMBERI YOUTH JUSTICE CENTRE

Referrals to residential programs are accepted from Community Youth Justice as part of bail conditions.

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TOBACCO MANAGEMENT

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COST

Free.

STAFF

Alcohol and Other Drug Workers and Counsellors.

FAMILIES/CARERS

Young people are able to make phone calls to family and carers and will need a phone card for interstate calls. Family and support people can access the Family and Carers Support Group.