

▶ WINNUNGA NIMMITYJAH ABORIGINAL HEALTH SERVICES

3

Substance Misuse Service, Winnunga Nimmityjah Aboriginal Health Services

Provides support to Aboriginal and Torres Strait Islander people experiencing ATOD issues including counselling, advocacy, community education and referrals.

Phone:	(02) 6284 6222	
Fax:	(02) 6284 6200	
Mailing Address:	63 Boolimba Cres, Narrabundah ACT 2604	
Email:	winadmin@winnunga.org.au	
Website:	www.winnunga.org.au	
Location:	63 Boolimba Crescent, Narrabundah	
Parent organisation:	Winnunga Nimmityjah Aboriginal Health Services	
Opening hours:	9am – 5pm, Monday – Friday	
Treatment approach:	Ham minimisation.	

ACCESS CRITERIA

Target Group: Female and male Aboriginal and Torres Strait Islander people of any age.
Area serviced: ACT and surrounding areas.
Income required: No.
Disability access: Yes.
Detox required before accessing program: No.
Documentation required: No.
Medication: People accessing the service can be on prescription medications, including pharmacotherapies.
Parents with accompanying children: Yes.
Couples: Yes.

HOW TO ACCESS / REFERRALS

Contact: By phone or drop-in, 9am – 5pm, Monday – Friday.
Referral: Self or worker referral.
Waiting list: Varies.

PROGRAM/S

Provides counselling, advocacy, community education and referrals. Support is also provided to people accessing treatment programs. A secondary Needle and Syringe Program and syringe vending machine is also available. The Substance Misuse Worker also works closely with other Winnunga Nimmityjah staff to ensure holistic service provision.

COMORBIDITY

Provides comorbidity and mental health specific information, support and referrals. There is a Dual Diagnosis Worker on staff.

ALEXANDER MACONOCHIE CENTRE

Winnunga Nimmitjiah provides primary health care to Aboriginal and Torres Strait Islander people in the Alexander Maconochie Centre through the Hume Health Centre.

BIMBERI YOUTH JUSTICE CENTRE

ATOD assessments, case management and support are provided to Aboriginal and Torres Strait Islander young people in Bimberi, and post release as required. Support can also be provided to families and carers of young people in Bimberi.

ABORIGINAL AND TORRES STRAIT ISLANDER

Programs designed and delivered specifically for Aboriginal and Torres Strait Islander people.

TOBACCO MANAGEMENT

Assessments include a component related to smoking, and access to smoking cessation support and resources are offered, including those provided through a General Practitioner. A weekly smoking cessation support group and a specific Quit Smoking Program are available. A designated smoking area is also provided. Tobacco Action Workers are available who have undertaken tobacco management training and can provide brief interventions. Referrals may be provided for tobacco management advice and support.

COST

Free.

STAFF

Alcohol and Other Drug Workers; Bringing Them Home Counsellor; Dual Diagnosis Worker; two Social, Emotional Wellbeing Counsellors; Youth Detox Worker; Child and Adolescent Mental Health Workers; and Tobacco Action Workers.

FAMILIES/CARERS

Provides support, advocacy and referrals for families and carers.